

CHAPTER I

INTRODUCTION

A. Background of the Study

Everyone knows that death is a part of living. No one can escape their life from death. We all will get our turn to die. There is no one who knows when he or she will get their turn. The understanding of death will give the different influence for every people in human life. Death in its existence has many definitions in meaning. In this research, there are four definitions of death. First is adopted from medical dictionary, death is defined as the cessation of all vital functions of the body including the heartbeat, brain activity (including the brain stem), and breathing. Death comes in many forms, whether it is expected after a diagnosis of terminal illness or an unexpected accident or medical condition. When a terminal illness is diagnosed, a person, family, friends, and physicians are all able to prepare for the impending death. A terminally ill individual goes through several levels of emotional acceptance while in the process of dying. First, there is denial and isolation. This is followed by anger and resentment. Thirdly, a person tries to escape the inevitable. With the realization that death is eminent, most people suffer from depression. Lastly the reality of death is realized and accepted. The second one, it is taken from the Free Dictionary. Death based on the Free Dictionary has many definitions; (1) the end of the life of a person or organism, (2) the permanent ending of vital processes in a cell or tissue, (3) the destruction or permanent end of something.

Then, Muslim views on death according to the Quran 45:26, "It is God who gives you life, then causes you to die, and then He gathers you all to the Day of Resurrection of which there is no doubt, though most people do not comprehend." This passage establishes that, as in Christianity, Muslim views of death begin with the premise that the eternal soul is God-given and that after physical death there is an eventual resurrection (qiyamat) and Day of Judgment (yaum al din).

The last but not the least, death in Carl Jung autobiography Memories, Dreams, Reflection, view death from the perspective of the ego and the psyche. Jungian psychology describes the ego as the bridge between the outside world and the rest of the individual's personality. From the ego's perspective, "it (death) appeared as a catastrophe; that is how it strikes us, as if wicked and pitiless powers had put an end to human life" (Jung, 1961:314) the psyche is considered the part of human awareness that provides insight and knowledge. From the perspective of the psyche, "death appears as a joyful event. In the light of eternity, it is a wedding, mysterious conjunction. The soul attains, as it were, its missing half; it achieves wholeness' (Jung, 1961: 314)

Jung advocates that individuals continuously strive to increase their awareness of death to overcome the fear of death. Awareness of death is actualized by the death of a close person. The effect is stronger, the more unexpected the death is, increasing particularly in the case of the death of a young person, or unnatural death caused by an accident or violence. We do not know what comes after death. But as human beings aware of our mortality, we inevitably relate ourselves to our mortality. One output of such relating includes various beliefs about how the life of a person, his/her death and after-death existence are connected. Different beliefs have different ethical consequences and different impact on life.

Jung views that we can be more conscious of life by not denying the reality of death. By this increased consciousness of death, individuals can come to know and accept death as a part of human life. There are many influence of death awareness. According to Paul TP, death awareness can make us kinder and wiser in our daily living.

The death awareness can give influence on someone's goal achievement. According to Michel Fortin, Goal achievement is considered by some to be success, for it is true that success is defined by the achievement of a desired objective. As we can understand, goals are personal adduces is relative to the individual. There are as many types of goals as there are people in the world.

Not only that, but some people consider themselves as successful with or without any goals. If person works and lives with some special purpose, that person may consider himself as successful.

The influence of death awareness, if we relate with people's belief today is suitable with the theory of death presented by Carl Jung. One of many literary works which is appropriate with this Individual Psychology and issue is *Before I Die* written by Jenny Downham.

Before I Die novel was created by Jenny Downham. The novel was created to show Jenny's care about the important of death awareness. It was published in 2007 in United Kingdom. The novel was originally published in Great Britain by David Fickling Books. The novel has 46 chapters and 296 pages. The major character in *Before I Die* is Tessa Scott. Tessa has terminal cancer and creates a list of ten things; she wants to do the best things in her life. *Before I Die* was adopted to *Now is Good* film in 2012. The stars of film are Dakota Fanning and Jeremy Irvine. *Now Is Good* is a 2012 British teen drama film directed by Ol Parker.

The story is about Tessa Walker, a sixteen year old girl who's dying from leukemia. She's made up a list-ten thing she wants to do before she dies. But she quickly finds out that doing the things on her list isn't going to be easy, as well as realizing that all the little things are what are important: hugging your best friend, talking to your brother, holding your father's hand. Medical team help Tessa for four years, but her cancer has spread to her spinal fluid. So, the cancer has spread faster than anyone expected.

Tessa's parent was divorced. Tessa is only at home and hospital. Sometimes Tessa only sleep at her bedroom. Tessa does not have friends, except Zoey. Because Tessa has friend with a girl in hospital. Her name was Angela. They sent email each other every day then one day she stopped. Eventually, Angela's mother told to Tessa's father that Angela had died. So, Tessa decides not to have friend again. She decides to change her life. Tessa has a list of things she wants to do before she dies, and she doesn't have long time.

Tessa has ten things on that list: The first thing on the list is sex. Tessa did with Jake. Jake has a sweeter face. Jake lost her virginity, because Jake wants to meet the first desire of Tessa. Jake met Tessa in the club. Number two is to say 'yes' to everything for one whole day. The next is drug. Number four on her list is to break the law as many times as possible in one day. Number five is drive. Number six on her list is fame. Number seven is travel the world but she changes to Mom and Dad getting back together. Number Eight is love. Tessa loves Adam. Adam is Tessa's boyfriend and neighbor who spend most of his time attending to his mother, who after the death of his father became depressed. Number Nine is Tessa wants to Adam moving in whom beside her. They made love twenty seven times and they shared a bed for sixty two nights. Number Ten is Lauren Tessa Walker

Finally, Tessa is aware that Tessa does not have 10 things on list but she has 10 things more Tessa wants to talk to her family, but Tessa cannot do anything to her life. Tessa cannot talk anymore but she can still hear. She hears her father, Cal, Zoey, her mother, and Adam say good bye to her. Tessa thinks about all the little things in life, she tries to hold on, but she finally doesn't care and knows it's time for her to go, so she gives in.

Sarah A. Wood (<http://www.teenreads.com>), “*BEFORE I DIE* is not an easy book to read. But it does provide a much needed antidote to all the books and articles about places to see and things to eat “before you die.” That is a negative response; because the reader is difficult understand in diction of *Before I Die* novel.

There are four reasons why the researcher is interested in studying this novel: first is the main character of the novel is interesting. Second is the commitment of Tessa to reach ten things that she wants to do before she dies. Third is the influence of the power of love of her family and her friends. The last reasons are this novel was adapted to *Now Is Good* film.

The first reason is main character of *Before I Die* novel. The main character of the novel is interesting. Tessa is the main character of *Before I*

Die novel. Here is a girl who wants, and because her time is limited, her desire has a greater intensity than your average teenager (or, for that matter, adult) will ever know. Tessa has a list of things she wants to do before she dies. Tessa thinks that her list motivates to life.

The second reason is the Tessa's commitment to reach ten things that she wants to do before she dies. Although her desire is not easy and there is much impossibility to do she has still a good commitment. She did one by one ten things that she wants well, though she has limited time. Moreover she could do more than ten things before she dies. So, we should have the more spirit to fight our desire than they who having limited time to life.

The third is the influence of the power of love from her friend namely Zoey and her family especially her father. Zoey is the only one Tessa's best friend. Zoey helps Tessa fulfill her desire. His father is very careful and always does the best for Tessa. So, Tessa has spirit to fight her desire and survive from his cancer. The power of love becomes one of the important factors to fight and survive.

The last reason is *Before I Die* was adapted to *Now is Good* film in 2012. *Now Is Good* is a 2012 British teen drama film directed by Ol Parker. *Before I Die* is not an easy novel to read. There is much difficult diction which is chosen. So, *Now is Good* film is very useful for me to know deeper about the story of the novel.

From all reasons and description above, the researcher is interested in analyzing the novel by using individual psychology approach. The issue of this study is the influence of death awareness on goal achievement. Therefore, the researcher decides to carry out a study entitled: **The Influence of Death Awareness on Goal Achievement Reflected Jenny Downham's Novel *Before I Die* (2007)**

B. Problem Statement

Based on the title and the background of the study, the main problem in this research is how death awareness influenced the major character's goal

achievement. The problem is further broken down into the following research questions:

1. What are the indicators of the approaching the death?
2. How did the major character's response to the approaching death?
3. How did death awareness influence goal achievement?
4. Why did the author address the medical case?

C. Limitation of the Study

The researcher focuses this research on analyzing the influence of death awareness on goal achievement in *Before I Die* novel (2007) written by Jenny Downham based on an Individual Psychology approach.

D. Objective of the Study

The researcher formulates the objectives of the study is to analyze how death awareness influenced the major character's goal achievement in *Before I Die* (2007) novel was written by Jenny Downham. The objective of the study is further broken down into the following objectives of the study as follows:

1. To identify the indicator of approaching death.
2. To describe how the major character respond to approaching death in *Before I Die* (2007) novel written by Jenny Downham by using Individual Psychology approach.
3. To analyze how death awareness influence goal achievement.
4. To reveal the reason why the author adressed the medical case?

E. Benefits of the Study

The benefits of this study will be distinguished into two benefits:

1. Theoretical Benefits

The result of this study is expected to be able to give information and contribution the development of the knowledge, an academic reference by other researchers to conduct further research and particularly the literary studies on *Before I Die* novel.

2. Practical Benefits

The study is expected to enrich knowledge and experience the researcher and another student of Muhammadiyah University of Surakarta or another university who have interest in literary study on the novel from an Individual Psychology approach.

F. Research Paper Organization

The organization of this study is explained in order the reader can understand the content of the paper easier. The organizations are as follows:

Chapter I is introduction, which contains background of the study, problem statements, objectives of the study, limitation of the study, the benefit of the study, and paper organization. Chapter II is literature review; it describes underlying theory, previous studies, and novelty. Chapter III is research method; it contains type of research, object of the study, type of data source, technique of data collection, and technique of data analysis. Chapter IV is the analysis. Chapter V is the last chapter of this research paper of this research that consists of conclusion and suggestion.