

PATIENCE REFLECTED IN JOHN GREEN'S *THE FAULT IN OUR
STARS* (2012) NOVEL:
AN INDIVIDUAL PSYCHOLOGICAL APPROACH.



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by

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ABSTRACT

The object of the research is The Fault in Our Stars novel written by John Green. The major of this study is patience. The objective of the study is to analyze patience reflected in John Green's The Fault in Our Stars based an individual psychological approach. The research is conducted using descriptive qualitative method. The researcher uses two data sources: primary data source and secondary data source. The primary data source is The Fault in Our Stars novel by John Green. The secondary data sources are the books about individual psychological analysis, references about patience theory and the other sources which are have relation to analysis like some books and internet. The technique of data analysis is descriptive analysis, and the method of the data collection is library research. Based on the analysis, the researcher gets some conclusions. The study shows that the problems faced by the major characters are from they own patience and individual psychology condition. It is proved by the patience to makes the dreams come true and patience in daily life becomes cancer patient between Hazel and Augustus.

Keywords: *patience, dream, love, An Imperial Affliction, individualpsychological, The Fault in Our Stars.*

ABSTRAK

Objek dari penelitian ini adalah novel The Fault in Our Stars karya John Green. Masalah utama yang dipelajari adalah kesabaran. Tujuan dari penelitian ini adalah menganalisis kesabaran berdasarkan novel The Fault in Our Stars karya John Green berdasarkan teori psikologi individu. Penulis menggunakan metode deskripsi kualitatif. Penulis menggunakan dua sumber data: primer dan sekunder. Sumber data primer adalah novel The Fault in Our Stars karya John Green. Sumber data sekunder adalah buku teori psikologis individu, referensi teori kesabaran, dan sumber-sumber lainnya yang meyangkut tentang penelitian seperti dari internet atau buku-buku lainnya. Metode menganalisis data adalah menggunakan deskriptif analisis, dan metode pengumpulan data adalah penilitian perpustakaan. Berdasarkan analisis, penulis menemukan beberapa kesimpulan. Penelitian menunjukkan bahwa masalah yang dihadapi oleh karakter utama bersumber dari kesabaran diri mereka dan kondisi psikologi individu. Terbukti dari kesabaran karakter utama dalam mewujudkan impiannya dan kesabaran Augustus dan Hazel dalam menjalani kehidupan sehari-hari menjadi pasien kanker.

Kata kunci: kesabaran, impian, cinta, kemalangan luar biasa, pendekatan psikologi individu, The Fault in Our Stars.

1. INTRODUCTION

Literature is a term used to describe written or spoken material. Not only the visual writing is always pictorial but also the acoustic element, the spoken word, is an integral part of literature, for the alphabet translates spoken words into signs (Klarer, 2004:15).

According to Freud in (Carter, 2006:71) He developed psychoanalysis in the first instance as a means of helping mentally disturbed patients. Psychoanalysis is theory to understand of each person. Individual Psychology is a sentence that attempts to understand the experiences and behavior of each person as an organized entity. (Ryckmen, 1985:95)

Psychoanalytical literary criticism can be broadly divided into four kinds, depending on what it takes as its object of attention. It can attend to the *author* of work; to the work's of *content*; to its *formal construction*; or to the reader. Most of psychoanalytical criticism has been of the first two kinds, which are in fact the most limited and problematical (Eagleton, 1996:155).

In John Green's novel with the title *The Fault in Our Stars* he is telling about cancer patient, who needs great patience to face the cancer because cancer is one of the most dangerous diseases can kill someone. Patience is one of the characteristics that must be possessed by humans. The concept of 'patient' is generally studied in the context of morality and religious.

In daily life cancer patient spends the time with consuming medicine or chemotherapy, patience is very important because everyday the patient must hold sick in the body. Every religion always educates about patience, patience can make a peace, patience is solution in problems.

According to (al Jawziyya, 1997:10) Patience and Grateful have many others names: First, if patience consists of straining sexual desire, it is called honour, the opposite of which is adultery and promiscuity. Second, if it consists of controlling one's stomach, it is called self-control, the opposite of which is greed. Third, if it consists of keeping quiet about that which is not fit to disclose, it is called discretion, the opposite of which is disclosing secrets, lying, slander or libel. Fourth, if it consists of being content with what is sufficient for one's needs, it is called abstemiousness, the opposite of which is covetousness. Fifth, if it consists of controlling one's anger, then it is called forbearance, the opposite of which is impulsiveness and hasty reaction. Sixth, if it consists of refraining from haste, then it called gracefulness and steadiness, the opposite of which is to be hotheaded. Seventh, if it consists of refraining from running away, then it is called courage, the opposite of which is cowardice. Eighth, if it consists of refraining from taking revenge, then it is called forgiveness, the opposite of which is revenge. Ninth, if it consists of refraining from being stingy, then it is called generosity, the opposite of which is miserliness. Tenth, if it consists of refraining from being lazy and helpless, then it is called dynamism and initiative. Eleventh, if it consists of refraining from blaming and accusing other people, then it is called chivalry. Different names may be applied to patience in different situations, but all are covered by the idea of patience.

Individual Psychological Theory is suitable theory to identify character in John Green's *The Fault in Our Stars* Novel. In the novel there is not just one cancer patient to identify, and researcher can identify the family of cancer patient.

Written by John Green, it's one of the researcher favorite novels, *The Fault in Our Stars* is about patients with cancer, but it is not too much about cancer, it is a book about Hazel Grace Lancaster who has lived thirteen years with a terminal illness, Now the tumor is controlled in a way by a few drugs which have been tested on her, allowing her to live for a while longer. Although No one knows if her time to die, it will be days, weeks, months or years. Most of her life Hazel has been prepared to die. (*The Fault in Our Stars*: 2012).

This research focus on the study to describe *The Fault in Our Stars* novel (2012) based on structural elements of the novel, and also to analyze patience reflected in *The Fault in Our Stars* novel (2012) based on individual psychological approach.

2. RESEARCH METHOD

The subject of this study is novel from John Green *The Fault in Our Stars* (2012). The object of the study is patience reflected in John Green's *The Fault in Our Stars* (2012). It is analyzed using individual psychological approach. The researcher uses two data sources: primary data source and secondary data source. The primary data source is *The Fault in Our Stars* novel by John Green. The secondary data sources are the books about individual psychological analysis, references about patience theory and the other sources which are have relation to analysis like some books and internet. The technique of data analysis is descriptive analysis, and the method of the data collection is library research. The technique that writer used in analyzing the data is descriptive qualitative analysis of content. The analysis concerns with the structural elements and analysis of the novel on patience reflected John Green *The Fault in Our Stars* (2012) novel based on individual psychological approach.

3. RESEARCH FINDING AND DISCUSSION

In resulting of the research, the researcher would draw some result as follows. They are in the six major principles about individual psychology. They are fiction finalism, inferiority feeling and compensation, striving for superiority, social interest, style of life, and creative power.

3.1 Fictional Finalism

Hazel as the first main character, fictional finalism is to know the clear story of *An Imperial Affliction*; she is describing the novel as her personal bible. *An Imperial Affliction* is novel by Peter Van Houten, the novel is about the girl Anna and her mom who just have one eye for seeing, her mom is gardener and tulips lover. They have a normal lower middle class life in Central California town, until Anna gets rare blood cancer. Anna is starting to build a charity called The Anna Foundation for people with Cancer that wants to Cure Cholera. Throughout the book she called herself *as the side effect*, than Anna gets sick, the treatments are doing to fight her disease. About her mom, she falls in love with Dutch tulip trader usually Anna calls The Dutch Tulip Man. The Dutch Tulip Man is rich and cares with Anna rare blood cancer, but Anna thinks this man is deceiver. In the climax of the story when her mom and the man wants to get married and Anna starts doing her new treatment, the book ends right in the middle of sentence.

It wasn't even that the book was so good or anything it was just that the author, Peter Van Houten, seemed to understand me in weird and impossible ways. *An Imperial Affliction* was my book, in the way my body was my body and my thoughts were my thoughts. (TFIOS, 2012:7)

An Imperial Affliction is about this girl named Anna (who narrates the story) and her one-eyed mom, who is professional gardener obsessed with tulips, and they have normal lower-middle-class life in a little central California town until Anna gets this rare blood cancer. So as the story goes on, she gets sicker, the treatments and disease racing to kill her, and her mom falls in love with this Dutch tulip trader Anna calls the Dutch Tulip Man. Then just as the possibly Dutch guy and her mom are about to get married and Anna is about to start this crazy new treatment regimen involving wheatgrass and low doses of arsenic, the book end right in the middle of sentence. (TFIOS, 2012:12)

Augustus is the second main character; his fictional finalism is he never wants to be oblivion around people when he dies; he wants to lead extraordinary life, being oblivion is his fears. He is afraid if his life means nothing or his death that means nothing.

"The oblivion fear is something else, fear that I won't be able to give anything in exchange for my life. If you don't live a life in service of a greater good, you've gotta at least die a death in service of a greater good, you know? And I fear that I won't get either a life or a death that means anything." (TFIOS, 2012:40)

3.2 Inferiority Feeling and Compensation

The first inferiority feeling of Hazel is her lungs can't work normally and she can't be able to breathe, it is because thyroid cancer in her lungs.

It can be seen as below:

I had surgery called *radical neck dissection*, which is about as pleasant as it sound. Then radiation. Then they tried some chemo for my lungs tumors. The tumors shrank, then grew. By then, I was fourteen. My lungs started to fill up with water. (TFIOS, 2012:5)

In the past eighteen months, my mets have hardly grown, leaving me with lungs that suck at being lungs but could, (TFIOS, 2012:5)

The compensation of this inferiority feeling is Hazel must carry oxygen tank everywhere; to breathe normally she needs oxygen supply and Phalanxiforeveryday.

The cylindrical green tank only weighed a few ponds, and I had this little steel cart to wheel it around behind me. It delivered two liters of oxygen to me each minute through a cannula, a transparent tube that split just beneath my neck, wrapped behind my ears, and then reunited in my nostrils. The contraption was necessary because my lungs sucked at being lungs. (TFIOS, 2012:2)

Augustus; as second main character, inferiority feeling is flying to go to Amsterdam as his first time flight. He feels tight when the airplane ready to fly.

We were picking up speed and suddenly Gus's hand grabbed the armrest, his eyes wide, and I put my hand on top of his and said,

"Okay?" He didn't say anything, just started at me wide-eyed, and I said, "Are you scared of flying?"

"I'll tell you in a minute," he said. (TFIOS, 2012:36)

The compensation of this inferiority feeling is Augustus always takes a cigarette between his mouths, he never lights that cigarette because he is not smokers that is just metaphor. But at the airplanes his metaphor is not permitted.

About nine seconds later, a blond stewardess rushed over to our row and said, "Sir, you can't smoke on this plane. Or any plane."

"I don't smoke," he explained, the cigarette dancing in his mouth as he spoke.

"But—"

"It's a metaphor," I explained. "He puts the killing thing in his mouth but doesn't give it the power to kill him."

The stewardess was flummoxed for only a moment. "Well, that metaphor is prohibited on today's flight, she said. Gus nodded and rejoined the cigarette to its pack. (TFIOS, 2012:36)

3.3 Striving for Superiority

The first Hazel strives for superiority is going to Amsterdam. After meeting with Augustus she got big chance to go to Amsterdam, Augustus said he wants to bring Hazel going to there. Although she gets the chance from Augustus but her mom doesn't give permission, because Augustus is a virtual stranger. Hazel tries to convince her parents if she must going to Amsterdam with Augustus, her parents said if she loves Hazel so much and will do everything she wants, but her parents said if they can't bring cancer patient in international flight and the cost is very expensive. Hazel said to her mom that the cost will be the responsibility of by The Genies Foundation like Augustus said. Finally her parents agree with the recommendation from cancer doctor.

Hazel can't go to Amsterdam without an adult intimately familiar with her cancer, it means Dr. Maria or her Mom must go with her. Finally, her Mom agrees to go to Amsterdam.

"So you'll come," I said. "The Genies will pay for it. The Genies are loaded."

“But your father,” she said. “He would miss us. It wouldn’t be fair to him, and he can’t get time off work.”

“Are you kidding? You don’t think dad would enjoy a few days of watching TV show that are not about inspiring models and ordering pizza every night, using paper towels as plates so he doesn’t have to do the dishes?”

Mom laughed. Finally, she started to get excited, typing tasks into her phone: She’s have call Gus’s parents and talk to the Genies about my medical needs and do they have a hotel yet and what are the best guidebooks and we should do our research is we only have three days, and so on. (TFIOS, 2012:22)

However, Augustus and Hazel have arrived in Amsterdam and going to Peter Van Houten house but Hazel did not get the clear of the story *The Imperial Affliction*, because Peter said if he never wants to continue the story. Hazel feels culpable to Augustus because she has plowed the last wishes from Genie Foundation of Augustus to go to Amsterdam and meets with Peter, but Hazel did not get the answer the clear story of the novel.

“I spent your wish on that doucheface, “I said into his chest.

“Hazel Grace. No. I will grant you that you did spend my one and only wish, but you did not spend it on him. You spend it on us.” (TFIOS, 2012:46)

I only had two days left in Amsterdam with Augustus Waters. I wouldn’t let a sad old man ruin them. (TFIOS, 2012:46)

Next, Augustus striving for superiority is never being oblivion and makes Hazel love him. The first is going never be oblivion, Augustus is friendly person. He is easy to associate with everyone, so he has many friends beside him. Before he gets Osteosarcoma he is basket ball player in his school, he has charismatic face. He never wants to be oblivion if he is gone; he needs everyone always remembering him. So, he always tries to through extra ordinary life.

The oblivion fear is something else; fear that I won’t be able to give anything in exchange for my life. If you don’t live a life in service of a greater good, you’ve gotta at least die a death in service of a greater good, you know? And I fear that I won’t get either a life or a death that means anything. (TFIOS, 2012:40)

Second is Augustus needs Hazel to love him. Augustus is falling in love with Hazel from the first meeting at Support Group, he knows if Hazel has same feeling with him but she is difficult to accept Augustus Waters. Augustus is going to Hospital before Hazel returns home, she gets treatment a few days in hospital because her cancer has suffered a relapse. He is trying to show his sympathy, he holds Hazel’s hands but Hazel shocks the head.

“I miss you,” Augustus said.

I laughed. “I missed you, too. I just don’t want you to see ... all this. I just want, like ... It doesn’t matter. You don’t always get what you want.” (TFIOS, 2012:27)

“Turns out that is not the case,” I said. He was so beautiful. He reached for my hand but I shock my head. “No,” I said quietly. “If we’re gonna hang out, it has to be, like, not that.” (TFIOS, 2012:27)

Then Augustus goes to Amsterdam with Hazel, in Amsterdam Hazel decides to love Augustus starting at that time, Hazel can’t stay away from Augustus. Romantic story between Augustus and Hazel in Amsterdam is proven if Augustus gets true love from Hazel Grace.

3.4 Social Interest

Augustus and Hazel are attending Support Group of cancer every Wednesday in basement Episcopal Church. There are many cancer survivors, they become Augustus and Hazel friends, such as Isaac, Michael, Lida, and Patrick as the leader of Support Group.

“Yeah,” Isaac said. “I’m Isaac. I’m seventeen. And it’s looking like I have to get surgery in a couple weeks, ... (TFIOS, 2012:2)

Michael was next, he was twelve. He had leukemia. (TFIOS, 2012:2)

Lida was sixteen, and pretty enough to be object of the hot boy’s eye.
(TFIOS, 2012:2)

I noticed this because Patrick, the Support Group Leader and only person over eighteen in the room, ... (TFIOS, 2012:1)

Hazel is attending Augustus funeral, she reads aloud her eulogy to Augustus in front of people there. Augustus parents hug everybody as they passed and they smile and shuffle over and hugging Hazel Grace.

I got up and hugged first his dad and then his mom, who held on to me too tight, like Gus used to, squeezing my shoulder blades. They both looked so old their eye sockets hollowed, the skin sagging from their exhausted faces. They had reached the end of a hurdling sprint, too.
(TFIOS, 2012:68)

3.5 Style of Life

Hazel Grace is categorizing into the person who shy away herself from many people who don’t have a business with her, she likes reading a book and stays at home everyday. Cancer makes her think about the death everyday, she doesn’t have purpose to a life.

Late in the winter of my seventeenth year, my mother decided I was depressed, presumably because I rarely left the house, spent quite a lot of time in bed, read the same book over and over, ate infrequently, and devoted quite a bit of my abundant free time to thinking about death. (TFIOS, 2012:1)

Besides that, Hazel has sensitive sense, at Support Group Lida said if Hazel is such inspiration to her, because Hazel fights with her cancer everyday, and Lida wishes that she has strength as Hazel’s, but Hazel perceived Lida with bad sentence.

“Hazel is such inspiration to me, she really is. She just keeps fighting the battle, waking up every morning and going to war without complaint. She’s so much stronger than I am. I just wish I had her strength.”

“Hazel?” Patrick asked. “How does that make you feel?”

I shrugged and looked over at Lida. “I’ll give my strength if I can have your remission.” I felt guilty as soon as I said it. (TFIOS, 2012:32)

Augustus is categorizing into a loyal friend, when Isaac asks him to attend Support Group, Augustus is accepting that.

I had a little touch of Osteosarcoma a year and a half ago, but I’m just here today at Isaac request.” (TFIOS, 2012:2)

Augustus is person who likes to give commendation, he said to Hazel if she is beautiful and Augustus likes to see a beautiful people like Hazel.

“Why are you looking at me like that?”

Augustus half smiled. “Because you’re beautiful. I enjoy looking at beautiful people, and I decided a while ago not to deny myself the simpler pleasure of existence.” A brief awkward silence ensued. (TFIOS, 2012:3)

Augustus is humorist person, when Augustus and Hazel are getting conversation in the Support Group he jokes with Hazel, and when Hazel is visiting Augustus house, he jokes again with his Dad about motivation sentence and pillow decoration.

“We are literally in the heart of Jesus,” he said. “I thought we were in a church basement, but we are literally in the heart of Jesus.”

“Someone should tell Jesus,” I said. “I mean, it’s gotta be dangerous, storing children with cancer in your heart.”

“I would tell him myself,” Augustus said, “but unfortunately I am literally stuck of his heart, so He won’t be able to hear me,” I laughed. He shock his head, just looking at me. (TFIOS, 2012:3)

“Everybody was so kind. Strong, too. In the darkest days, the Lord puts the best people into your life.”

“Quick, give me a throw pillow and some thread because that needs to be an Encouragement,” Augustus said, and his dad looked a little annoyed, but then Gus wrapped his long arm around his dad’s neck and said, “I’m just kidding, Dad. I like the freaking Encouragements. I really do. I just can’t admit it because I’m teenager.” His dad rolled his eyes. (TFIOS, 2012:6)

Augustus is willing sacrifice for his love; Augustus will give his Wish to Hazel Grace. He uses that to bring Hazel to go to Amsterdam.

“Now, I’m not going to give you my Wish or anything. But I also have an interest in meeting Peter Van Houten, and it wouldn’t make sense to meet him without the girl who introduced me to his book.” (TFIOS, 2012:21)

3.6 Creative Power

Creative power is the other basic principle of individual psychological, creative power is needed to overcome what people’s feeling. Hazel told to Augustus about the miracle of diagnosed with thyroid cancer stage IV, but when she tells Augustus, she painted the pain with embellishing the miracle.

Admittedly, my Cancer Miracle had only resulted in a bit of purchased time. (I did not yet know the size of the bit), but when telling Augustus Waters, I painted the rosiest possible picture, embellishing the miraculousness of the miracle. (TFIOS, 2012:5)

Augustus sends an email to Peter Van Houten by his assistant email, he is doing that because Hazel said she sent a dozen letter to Peter Van Houten but she never gets a respond. After Augustus sent an email to his assistant, Augustus gets respond from Peter.

“He has an assistant,” Augustus said. “LidewijVilegenthart. I found her. I emailed her. She gave him the email. He responded via her email account. (TFIOS, 2012:16)

In the Museum Park, Augustus is informing to Hazel if he wants to bring her to go to Amsterdam. He doesn’t inform about that with direct word, but he informs with all of the stuff and meal that he brings is identical with Orange and Netherlands.

“What’s with all the orange?” I asked, still not wanting to let myself imagine that all this would lead to Amsterdam.

“National color of the Netherlands, of course. You remember William Orange and everything?”

“Sandwich?” he asked.

“Let me guess.” I said.

“Dutch cheese.And tomato. (TFIOS, 2012:21)

The big day to meet Peter Van Houten is coming, in the morning after Hazel took a bath she is spending thirty minutes to choose her outfits, because the dress she had planned to wear to meet Peter has been worn for dinner with Augustus. Finally she is wearing dress as much like character Anna in *An Imperial Affliction*.

The dress I'd planned to wear to meet Peter Van Houten had been moved up in the rotation for the Oranje dinner, so after I showered and got my hair to lie halfway flat, I spent like thirty minutes debating with Mom the various benefits and drawbacks of the available outfits before deciding to dress as much like Anna in *An Imperial Affliction*. (TFIOS, 2012:43)

4. Conclusion

The individual theory by Alfred Adler is suitable to analyze the novel. There are some factors which influence how the main characters' patience. The main character Hazel and Augustus have ambition; Hazel wants to know the clear story about *An Imperial Affliction*, and Augustus wants never to be oblivion. Those two are Hazel and Augustus fictional finalism.

Hazel wants to know the clear story about *An Imperial Affliction*, she is describing the novel as her personal bible. *An Imperial Affliction* is novel by Peter Van Houten, the novel is about the girl Anna and her mom who just have one eye for seeing. Hazel has sent a dozen letters to Peter Van Houten by his publisher to ask for some answer about what happens after the end of the story but he never responds anything of her letters. *An Imperial Affliction* is one and only book of Peter Van Houten has written, after his book was published he moved from United States to the Netherlands and becomes kind of reclusive.

Based on analysis above, it can be seen Hazel and Augustus has relation to bring they own dreams comes true. Hazel and Augustus patience has relation with principle of individual psychology. The principle of individual psychological that includes fictional finalism, inferiority feeling and compensation, striving for superiority, social interest, style of life, and creative power in *The Fault in Our Stars* novel.

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