ANXIETY IN VIOLET WINSPEAR’S *BRIDE’S DILEMMA* :

PSYCHOANALYTIC APPROACH

RESEARCH PAPER

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by

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CHAPTER I
INTRODUCTION

A. Background of the Study

One of literary works is novel. *Bride’s Dilemma* is one of examples. *Bride’s Dilemma* is one of 70 romance novels in Mills & Boon. It is firstly published in 1965 and the 1974 edition consists of 187 pages and 8 chapters. This novel is written and printed in Great Britain by Cox and Wyman Ltd, London, Reading and Fakenham, London.


The story of *Bride’s Dilemma* is very attractive. A novel describes an orphan girl who wants to get pleasant feeling in her life. Tina, the major character really has many problems in her life that must be solved by herself. She is an orphan. She lives with her aunt. She is a woman who feels anxiety because
of many problems in her life. She is twenty years old. She worked as a typist in Chorley. She met John Trecarrel, thirty-nine years old, a widower, who was older than herself. Tina felt in love at first sight. John wanted to marry her in Haste and decided to stay at his home in the Romantic Caribbean. Tina had plenty of time to adapt the situation that she not only had to compete with the memory of John’s beautiful first wife, Joanna, but also with the Joanna’s beautiful cousin, Paula. Tina knews that there was a special relation between Paula and John. One day, Paula made it clear there had been, and still there was nothing between her and John. Moreover, Tina must adapt herself with John’s beautiful daughter, Liza who was young, sensitive and afraid of intruding. Tina as her stepmother must be patient for Liza and make it easy. After a long time, she could show them that she was a good wife and good mother for Liza.

*Bride Dilemma* also has three interesting components. First, the interesting points of the novel itself. *Bride Dilemma* is a romantic novel written by a good author. The chapters and content are more interesting and understandable. Violet Winspear uses archaic style in written novel. Archaic is “a period of time preceding a classical period.” (http://en.wikipedia.org/wiki/Archaic). She can explore the reader knowledge about her languages style in writing a novel, which is different from the other author. She also uses diction to insert some language in this novel, for example “I’m glad to know you, ma’am ( BD: 78)”. Beside that, she uses standard language and simple word to express the character of the novel.
Second, the conflicts that happen in this novel include conflict between Tina and her stepchild, her husband, her cousin and herself. There are more complex conflicts that must be solved. Tina feels afraid to avoid anxious feeling about John first wife memories. Moreover, Liza who is Tina stepchild cannot accept Tina as her second mother for her. Liza is antagonistic. Beside that, Tina fears that Paula who may attract John who is as beautiful as John’s first wife, will enter her new life.

Third, the major character makes this novel interesting. Tina is a beautiful girl, an orphan that lives with her aunt’s family. She is diligent, patient, confident and a hard worker. She works as a typist in Chorley. She can survive and do the best for herself. Although she is an orphan, she can prove that she has good ability like another girl who has a parent. She stands-alone but she can make decision for her life. She is a pretty girl who has a drowsy smile and great love for her family. She loves her husband and her stepchild very much. Moreover, she is early married to a widower but she is able to be a good wife and a mother. Actually, Tina really loves her husband and her stepchild to stop her anxiety feeling.

In the story of *Bride’s Dilemma*, the story is focused on Tina life’s who gives the reader knowledge to make pleasure feeling and learns how to get up from anxiety. The conflict is about the anxiety of a woman who has dilemma in her marriage with a widower who has a child and his wife cousins who is as beautiful as his first wife. In the first time, she cannot adapt herself with her new
life, her dreaming and her conflict in herself that are related to her life journey, especially in major character Tina, in the way she makes a decision in all conflict in different situation. She is kind, patient, brave, and friendly. The anxiety is the point of her problem and she tries to go out from it. From this reason, the researcher interest in how Tina makes her life better.

The approach which is used to analyze the novel is Psychoanalytic because the anxiety is one of important things in our psychological problem. Sigmund Freud, the best-known figure in all of psychology developed a comprehensive theory in which he said personality consisted of three separate in three parts, id, ego and superego. According to Freud in Hjelle and Ziegler (1981: 102), the anxiety “is one of the important concepts in the theory of psychoanalysis.” It means that anxiety plays an important role in the development of the personality. Anxiety is a feeling experience that makes the individual hurt. The condition is presented by the tension of the internal part of the body. The tension is caused by the internal or external drives. For examples, staying alone, left in the dark, and lost behind someone produce strong anxiety reaction.

From the background above, the novel makes the researcher interested in Tina’s life, in the way she makes a decision in some feeling in her life. The writer is interested in conducting in this research entitled “Anxiety in Violet Winspear’s Bride’s Dilemma: Psychoanalytic Approach.”
B. Literature Review

As far as the writer knows, there has been no study on Violet Winspear’s *Bride’s Dilemma*. The present study gives focus on the author’s view on the anxiety in Violet Winspear’s *Bride’s dilemma* based on Psychoanalytic Approach.

C. Problem Statement

The main point of the study is: “what factors cause anxiety in Tina Manson’s personality?”

D. Limitation of the Study

The writer wants to limit the study on the major character of *Bride’s Dilemma* by Violet Winspear’s based on Psychoanalytic Approach.

E. Objective of the Study

Considering the problem statement above, the objectives of the study in the research are:

1. To analyze the novels based on its structural elements, and

2. To analyze the novels based on the Psychoanalytic approach.
F. Benefit of the Study

1. Theoretical Benefit

This study is expected to give a contribution to the anxiety of Tina Manson in Violet Winspear’s *Bride’s Dilemma*.

2. Practical Benefit

The benefits of the study are as follows:

a. To get bachelor degree in School of Teacher Training and Education in English Department of Muhammadiyah University of Surakarta.

b. To enrich the writer’s knowledge and experiences either dealing with literary research, Psychoanalytic *Bride’s Dilemma*.

G. Research Method

1. Type of the Study

The type of the research is a descriptive qualitative research. It is suitable with Surahmat’s opinion (1994: 146) about descriptive method. He states that one characteristic of descriptive method is that the data are collected, described and then analyzed. The data in this research are qualitative data, in form of words, spoken or written of people and analyzed attitudes (Moleong, 1995: 3)

In brief, descriptive qualitative research is research employing the method of collecting, describing, classifying and analyzing the data and then drawing conclusion. The data can be sentences, discourse, pictures diary and
memorandum. By using the descriptive method, this research is aimed to describe anxiety in Violet Winspear’s *Bride’s Dilemma* based on Psychoanalytic Approach.

2. Type of Data

The data in this study can be divided into two kinds of data, namely primary and secondary data. Primary data are the main data consisting of dialogue, action and description about the character of the novel. Secondary data are supporting data consisting of theoretical approach. In this case, the secondary data are the data concerning Psychoanalytic Approach.

3. Data Sources

a. Primary Data Source

Primary data in this study consist of data collected from the novel of Violet Winspear’s *Bride’s Dilemma*. The data are taken from the dialogues, character’s description, plot and all of the statement related to the problems

b. Secondary Data Source

Secondary data are collected from other sources related to the research like the novel and website related to the research in Psychoanalytic approach.

4. Data Collection Technique

Data collecting technique in this study is library research. The necessary steps are as follows:
a. Reading the novel repeatedly.
b. Taking notes of the important parts in both primary and secondary data sources.
c. Browsing to the internet to get some information article that related to the topic.

5. Data Analysis Technique

Data analysis in this study consists of two steps:

a. Classifying and verifying the data
b. Interpreting the data based on psychoanalysis theory conducted by Sigmund Freud.

H. Research Paper Organization

This research paper is divided into five chapters. The first chapter is dealing with introduction, which explains the background of the study, literature review, problem statement, limitation of the study, the objective of the study, the benefit of the study, and research method and thesis organization. The second chapter is dealing with review of underlying theory includes the notion of psychoanalytic, theory of personality, anxiety, and theoretical application. The third chapter is structural analysis includes character and characterization, plot, point of view, setting, theme and style of Bride’s Dilemma by Violet Winspear. The fourth chapter is psychoanalytic analysis and the last chapter consists of conclusion and suggestion.