

DAFTAR PUSTAKA

- Antranik. 2011. *Peripheral Nervous System*. Diakses 8 april 2015. Antranik.org
- Bhownik, Achinta K. 2013. *Natural and Intuitive User Interfaces With perceptual Computing Technologies*. Diakses 8 april 2015. Informationdisplay .org
- Chan, Faizal. 2012. *Strength training (latihan kekuatan)*. Jurnal Cerdas Shifa. Jambi: Fakultas Keguruan dan Ilmu Pengetahuan. Universitas Jambi
- Echols, John M. 2006. Kamus Inggris Indonesia. Jakarta. PT. Gramedia
- Emery, Carolyn A. 2005. Development of a Clinical Static and Dynamic Standing Balance Measurement Tool Appropriate for Use in Adolescents , USA.
- Emily arolyn et.all. 2004. Development of a Clinical Static and Dynamic Staanding Balance easurement Tool Appropriate for Use in Adolescents.Journal of the American Physical Teraphy Association
- Jalalin. 2005. “Hasil Latihan Keseimbangan Berdiri Pada Penghuni Panti Wredha Pucang Gading Jl. Plamongan Sari Semarang” (tesis). Semarang: Universitas Diponegoro
- Khodabakhsi, Mahmoud. 2012. *The Effect of Balancing and Resistive Selected Exercise on Young FootballersDynamic Balance*. European Journal of Sports and Exercise Science
- Konin, Jeff. 2009. Current Trends in Youth Sports Injuries, USF Health Orthopedic and Sports Medicine, USA.
- Kurniawan, A.A., 2013. Pertolongan Pertama Pada Cedera Olahraga (online), (<http://www.ismc.co.id/component/k2/item/2-pertolongan-pertama-pada-cedera-olahraga> diakses tanggal 2/10/2014).
- MacKenzie, Brian. 2005. “101 Performance Evaluation Tests”. London. Electric Word plc.
- Medifast, Inc. 2007. *Exercise guide* . Owing mills. Maryland
- Notoadmodjo, Soekidjo. 2012. Metode Penelitian kesehatan. Jakarta. Rineka Cipta
- Nurhakim, Heri Afdhal. 2013. *Pengaruh Latihan Senam Lantai Terhadap Hasil*

Keseimbangan (Balance) Statis Siswa. skripsi. Pontianak: Fakultas Keguruan dan Ilmu Pendidikan, Universitas Tanjungpura.

Permanente Medical Group. 2009. *Strengthening and Stability Exercise For Your Hips, knees, and ankle in Standing*. Regional Health Education and Physical Therapy.

Ross, Brandi L. 2006. *Proprioceptive Exercise Balance Ankle Stability and Activity*. United Business Media.

Shumway – Cook, A. dan Woollacott, M., 2001; *Motor Control Theory and Practical Applications*; Second Edition, Lippincott Williams and Wilkins, Philadelphia,

Skelton, 2008 *Relationship between Anthropometric Factors, Gender, and Balance under Unstable Conditions in Young Adults* *Research Article BioMed Research International*.

Tang, Aco. 2014. *Gambaran Tingkat Keseimbangan Atlet Sepakbola pusat Pendidikan dan Latihan Olahraga Pelajar Sulawesi Selatan*. Jurnal Ilmiah Kesehatan Diagnosis. Fisioterapi Politeknik Kesehatan Makasar.

Watson, Mary Ann and Owen Black, 2008. *The Human Balance System, Vestibular Disorder Association*, (1-5)

Wissel, Hal. 2000. *Bola Basket: dilengkapi dengan Program Pemahiran Teknik dan Taktik*. Jakarta. PT. Raja Grafindo Persada.