

## **CHAPTER I**

### **INTRODUCTION**

#### **A. Background of the study**

Parenthood is a job whose primary object of attention and action is the child. Parenthood is giving and responsibility, but parenting has its own intrinsic pleasures, privileges, and profits as well as frustrations, fears, and failures. Parenthood can enhance psychological development, self-confidence, and sense of well-being, and parenthood also affords opportunities to confront new challenges and to test and display diverse competencies. (Bornstein, 2002).

According to Hertz (2006: 144) said that “If you’re a single parent, it’s just different, and I think people who are single parents, who have another parent involved, also live a different life than those of us who are parenting, seven days a week, week after week, month after month, and not having the breaks that other folks get whose kids goes off with another parent, even if it’s one or two nights a week. It’s still one or two nights a week that you sort of have yourself back in a way that if you don’t have family or friends who are taking your kid for you regularly, it’s just different, a different life.”

The phenomenological experience of growing up in a single-parent family varies depending on the nature of the family, the experiences of the parent, and the family context. Single parents may be divorced, widowed, or unmarried; they may be teenaged or older; they may have been previously married or not. Although most single parents are women, the number of male single parents is increasing. (Bornstein, 2002:110)

According to Pickhardt (1996:25) For many children, when their parent is widowed, divorced, or abandoned, the changes have just begun. Freed from old constraints of the marriage and faced with new demands, the

single parent begins to grow and change as an individual. Sometimes these changes can be quite dramatic.

Of high priority for single parents after spousal death, divorce, or abandonment is stabilizing the new family structure and helping children recover from the hard change that has taken place. In addition, single parents want to get on with their own lives. They hunger for a better time, and they want children to want that too. Unhappily, one or more of the children may not be in the same state of readiness that they are. Although a single parent can be reaching for a better future, a child can be dwelling on a broken past. This difference creates an incompatibility between them in the present. (Pickhardt, 1996 :19)

Entry into single parenthood primarily results from divorce, widowhood, or abandonment. In consequence of these changes, a mother or father is left in a position of sole parenting responsibility. Immediately, his or her role can become dramatically altered as a host of new demands, as caretaker and supporter, are suddenly created. (Pickhardt, 1996:1)

Sometimes, in reaching the consequence of change, single parent has a weakness called inferiority feeling and it makes them unconfident to do their efforts. The feeling inferiority or a sense of incompleteness is great driving force mankind. In other words, man is pushed by the need to overcome his inferiority and pulled by the desire to be superior (Hall and Lindzey, 1981: 124). Adler says it's a matter of being overwhelmed by our inferiority. If you are moving along, doing well, feeling competent, you can afford to think of others. If you are not, if life is getting the best of you, then your attentions become increasingly focussed on yourself. Obviously, everyone suffers form inferiority in one form or another. (Boeree, 2006).

An actions and different attitude of single-parenthood will influence their activity. There is a part of this novel that tell about the single parenthood. Marc H. Bornstein (in Handbook of Parenting, 1995: vol. 4) states as follows:

Similarly, on the sociological front, single parenthood is a modern-day fact of life, adult-child dependency is on the rise, and parents are ever less certain of their roles, even in the face of rising environmental and institutional demands that they take increasing responsibility for their offspring.

According to the explanation above, literary work has the same significance in meaning as understanding human's existence with this mental and inner-self problem. literary works has close relationship to psychology. Both of them depict the human's behavior and their life experience. The psychology learns the human's behavior that is influenced by their life experience. The experience of life can give inspiration for an author to produce a literary work. The novel as part of literary reflects some realities that happen in the human's life and influence the behavior of the character in the novel. The knowledge of the psychology helps the author to create characters in plays and novels more real as well as situation and plot (Wellek and Warren, 1956: 88-91).

One of this author is Danielle Fernandes Dominique Schuelein-Steel who wrote the winners novel that full of life experience. Danielle Steel is one of the world's most popular and highly acclaimed authors, with over ninety international bestselling novels in print and more than 600 million copies of her novels sold. She is also the author of *His bright light*, the story of her son Nick Traina's life and death; *A Gift of Hope*, a memoir of her work with the homeless; and *Pure Joy*, about the dogs she and her family have love. (Steel, 2013)

Steel also writes a novel on October 29, 2013, the title is "Winners". Steel introduces characters striving to overcome tragedy and discover the inner resources and resilience to win at life. Winners is about a tragic accident that happens for the young woman, her name is Lily. At just seventeen, Lily Thomas is already a ski champion training for the Olympics, her heart set on winning the gold. But in one moment, Lily's future is changed forever—her hopes for Olympic triumph swept away in a tragic accident. Her father, Bill, refuses to accept Lily's fate, while her neurosurgeon, Dr Jessie Matthews, is adamant that all hope is not lost. But when Jessie endures a tragedy of her

own, her spirit is truly tested. Then Bill decides to build a rehab facility for his daughter and transforms countless other lives too.. (Steel, 2013)

There are some reasons why the researcher is interested in analysing this novel. *Firstly*, winner's novel is a depiction of the realities of life with all kinds of problem. So the reader can take some values in the novel, such as appreciating other people, patience, sadness and happiness, responsibility, also about love. It seems like life as generally which are many problems but they have to confront the challenge of life.

*Secondly*, the winners novel deals explicitly with the themes of struggle and responsibility as a single parenthood. So the reader can feel this novel, that everything needs some struggles. When some problems make life so bad, certainly there is another way with make some efforts, and make the situation is better to complete their obligation.

Relating to all the descriptions above, the researcher uses individual psychological approach. Adler (in Feist, 1985: 64) states as follows:

Individual psychology insists on the fundamental unity of personality. All apparent dichotomies and multiplicities of life are organized in oneself consistently. No definite division can be made between mind and body, between conscious and unconscious, or between reason and emotion. All behavior is seen in relation to the final goal of superiority or success. This goal gives direction and unity to the individual.

In this study, the researcher intends to conduct a study on *Winner's novel* particularly the struggle of the major character by using Alfred Adler's Individual Psychological theory. This study is conducted under the title "**SINGLE PARENTHOOD REFLECTED IN DANIELLE STEEL'S WINNERS ( 2013 ) NOVEL : AN INDIVIDUAL PSYCHOLOGICAL APPROACH.**" To achieve the purpose of the study, the researcher analyzes the novel on its fictional finalism, striving for superiority, inferiority feeling and compensation, social interest, style of life, and creative self.

## B. Literature Review

To prove the original of this research the researcher wants to present the previous researcher that deals with this object research and the analysis.

The researcher looks for the other research as references that have correlation with this research. The researcher finds the reference that it has correlation with this analysis; The research entitled *Father's Love Reflected in Danielle Steel's Winners (2013) Novel: A Humanistic Psychological Approach* but this research is on going research so the researcher has not found yet the result of this research.

The researcher also finds the reference that it has correlation with this analysis. The research is entitled *Diffability Reflected in Danielle Steel's Winners (2013) Novel: An Individual Psychological Approach*.

Based on the description, the first researcher above is different with the researcher because the research uses humanistic psychological as approach to analysis the major character in this novel. And the second researcher above is also different, because the researcher focuses on the single parenthood, and the second researcher focuses on the disability of characteristic of major character in this novel.

The researcher here wants to conduct a study on Danielle Steel's novel based on Individual psychological approach. The researcher focuses on the single parenthood in the winners novel. The similarity of this research is the use of winners novel (2013) as the data source.

### C. Problem Statement

The problem of this research is "How is the single parenthood of the major character in winner's novel?

### D. Objectives of the study

1. To analyze Danielle Steel's winners novel based on structural elements of the novel.
2. To reveal the single parenthood of the major by means of individual psychological perspective.

## **E. Limitation of the study**

The researcher focuses this research in analyzing the single parenthood in one of major character which is reflected in winners novel (2013) based on individual psychological approach by Alfred adler.

## **F. Benefit of the study**

The study is expected to give benefits as follows:

### **1. Theoretical Benefit**

The researcher wishes that this study can give a new contribution and information of knowledge for everyone, especially the literary study on the winners novel (2013).

### **2. Practical Benefit**

The researcher wishes that this study is wished to give deeper understanding of knowledge and experience especially for the researcher, generally for other students it also can be used as reference by other university that is interested in literary study of Winners novel (2013) by Danielle steel based on Individual Psychological Approach.

## **G. Research Method**

In this research, the researcher analyzes Danielle esteel's winners novel (2013). There are five elements that should be taken into account in this research, they are:

### **1. Type of Research**

In writing this study, the researcher uses qualitative research. Moleong (1983: 3) affirms that qualitative research is a research which results in the descriptive data in the form observed people or behaviors. Then, the steps of conducting this qualitative study are (1) determining the object of the study, (2) determining source of the data, (3) determining the method of data collection, and (4) determining the technique of data analysis.

## **2. Object of the Study**

The object of the study is the winners novel by Danielle esteel which is published in 2013. It is analyzed by using individual psychological approach.

## **3. Type of the Data and Data Source**

There are two types of data namely primary data and secondary data that are needed to do this research:

### a. Primary Data

The primary data are the main data obtained from all the words, dialogues, phrases, and sentence in the novel. The primary data sources of the study are Winners novel by Danielle esteel.

### b. Secondary Data

Secondary data are the supporting data taken from literary books, criticism, and some articles related to the novel. The secondary data of the study are taken from any information related to the novel

## **4. Technique of the Data Collection**

In conducting the study, the researcher uses the techniques in collecting the data as follows:

- a. Reading the novel repeatedly
- b. Taking notes of important part in both primary and secondary data.
- c. Underlying the important word, phrases, and sentences which are related to the study
- d. Arranging the data into several part based on its classification.
- e. Selecting the data by rejecting the irrelevant information which does not support the topic of the study.
- f. Make a conclusion of the data analysis that has already done.

## **5. Technique of the Data Analysis**

In analyzing data, the researcher employs the qualitative analysis of content. The first step in analyzing the data of this research is clarifying the obtained data by selecting the necessary ones. The second step is

analyzing the data based on Individual Psychological theory proposed by Alfred Adler.

## **H. Paper Organization**

The organization of this study is explained in order the reader can understand the content of the paper easier. This research is divided into five chapters. The first chapter is introduction that explains the background of the study, literature review, research problem, objective of the study, benefit of the study, research method, and paper organization. The second chapter is dealing with the underlying which covers the notion on individual psychological theory, and basic assumptions of individual psychological of Alfred Adler and the notion of single parenthood. The third chapter contains the structural analysis, which included character and characterization, plot, point of view, setting and theme. The fourth chapter deals with the analysis of individual psychological. The fifth chapter deals with conclusion and suggestion