

**DIFFABILITY REFLECTED IN DANIELLE STELL'S *WINNERS* (2013) NOVEL:  
AN INDIVIDUAL PSYCHOLOGICAL APPROACH**



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**ABSTRACT**

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The major problem of this study is diffability. Someone who suddenly gets a diffability, she must experience a big change in her life. The objective of this study is to analyze Danielle steel's *Winners* based on the structural elements and analyze this novel based on the Individual Psychological Approach. The Writer employs qualitative method. The writer uses two data sources: primary and secondary. The primary data source of the study is *Winners novel* by Danielle Steel. Secondary data are the supporting data taken from literary books, criticism, and some articles related to the novel. The secondary data of the study are taken from any information related to the novel. The method of data collection is the reseacher will employ the descriptive qualitative research. Based on the anaylisis, the reseacher gets some conclusions. The study shows that the problem faced by the major character is her diffability. It is proven by her dream that becomes obstructed. She is a skier. She wants to be a winner of ski olympic. Suddenly, she gets diffability because an accident. She gets spinal cord injury. She lose the function of her legs. She must sit in a wheelchair.

Keywords: *Diffability, Accident, Wheelchair.*

## A. Introduction

In this world everything is just temporary. Everything we have is a surrogate of God. God can take all of it whenever He wants, but sometimes it is not easy for humans to accept something that they have for a long time, something that has become a habit and suddenly must change or disappear and never come back. People are not easy to live a new life they always need time to adapt and change their habits. Although perhaps it is not easy but life is struggling and we must always struggle for something that becomes purpose of our life, however the condition. As someone who is injury in an accident and suddenly gets disability there are no limits for her to continue her life.

The term 'disability' often meets with the term 'disabled'. The United Nations and English speaking countries use 'disability' to name those who have different needs and abilities. But recently, in the Indonesian context, the disabled people especially the activists tend to use 'diffability' and 'diffable' (difabel) instead of 'disability' (Nugroho, et al., 2012: 83).

Disability is any temporary or permanent loss or abnormality of body structure or function, whether physiological or psychological (WHO in Ghosh, 2012:2).

There are some of disability Models that have been created to define disability. One of the model is medical disability model.

The medical model considers disability a problem of the individual that is directly caused by a disease, an injury, or some other health condition and requires medical care in the form of treatment and rehabilitation . The medical model attributes the problem to the individual, who has a condition that is unwanted and that places him or her in the "sick role" (Parrsons in Mitra, 2006:237).

The term 'disability' was firstly used by doctor Soeharso when he built the Rehabilitation Centre (RC) Solo in 1946. At that moment, 'disability' refers to 'different in ability' according to Dr. Soeharso's medical approach (in Nugroho, et al., 2012: 83).

Diffable empowerment is the lasting issue of the movement. Long before Dr. Soeharso built the Rehabilitation Centre (RC) in Solo, the serious effort to increase the dignity of the diffable, by increasing their independence, has begun. There were medical services provided to 'cure' the diffable. Even so, based on Dr. Soeharso's experiences, providing medical help alone was not enough to help a diffable become independent. So, the establishment of the Rehabilitation Centre was meant to help with this aim. By providing supporting tools and skills training, the diffables were helped to cope with their inadequacies and become independent. The skills- training was provided as a gateway to expand working ability more extensively. Unfortunately, the government and the caretaker of charitable institutions often became entrapped with a very narrow mindset (Nugroho, et al., 2012: 84).

Mr. Harso [Dr. Soeharso] once thought that if the diffables had artificial limbs, they would be autonomous. But then he knew that artificial limbs alone cannot make the diffable autonomous. ... An idea rose up. [dr. Soeharso thought], "Because there were a lot of spare time, how about if these people [the diffable] are provided with practical skills which were fast and easy to learn. Then, they could develop their skills themselves. ... This skill is just a gateway, but an eagerness to work must be understood more broadly. Unfortunately, the caretaker of the RC never understood this. Neither did the government, Sapto Nugroho, Yayasan Talenta Solo, Interview, 14/12/2011 (in Nugroho, et al., 2012: 84).

In 1996-1997 when the new term was finally found. With the late Mansour Fakhri's suggestion, the new term was 'people with different ability'. The term was then re-formulated in Indonesia as 'difabel'. Since then, the new humanised and non-derogatory term 'diffable' (difabel) was popularised (Nugroho, et al., 2012: 83).

On this occasion the researcher will look beyond a person's character from a novel with a title *Winners* in which people experience disability due to an accident.

*Winners* was written by Danielle steel in 2013. Danielle steel is one of the world's most popular and highly acclaimed authors, with over ninety international bestselling novels in print and more than 600 million copies of her novels sold. She is also the author of *His Bright Light*, *The Story of her*

son Nick Traina's life and death; *A Gift of Hope*, a memoir of her work with the homeless; and *Pure Joe*, about the dog she and her family have loved (Steel, 2013).

*Winner's* novel tells about the main characters that had a tragic event in their life. In the picturesque mountains of Sque Valley, Colorado, a girl's dreams are about to be shattered. At just seventeen, Lily Thomas is already a ski champion training for the Olympics, her heart sets on winning the gold. But in one moment, Lily's future is changed forever her hopes for Olympic triumph is swept away in a tragic accident. Her father, Bill, refuses to accept Lily's fate, while her neurosurgeon, Dr. Jessie Matthews, is adamant that all hopes are not lost. But when Jessie endures a tragedy of her own, her spirit is truly tested (Steel, 2013)

There are some reasons why the writer is interested in analyzing this novel. Firstly, the writer was very fascinated with Lily, she had an accident and otherwise can not walk forever but Lily has an incredible zest for life to achieve his dream and she was determined to be able to live like normal people. Secondly, *winners* novel has moral story. It tells us that every lost is not an obstacle to continue life so much better. Everyone ever lost their important thing, but that doesn't mean their life stops at the time, we must continue our lives well. Thirdly, this novel has an inspiration story. It shows how Lily, someone who was sitting in a wheelchair could rise up and live like normal people although initially not easy but she lived with sincerity and passion because she had a dream to be achieved, also the love of Bill Thomas that is extraordinary to her daughter who was sitting in a wheelchair.

Relating to all the reasons above, the writer uses a psychological individual approach. The 'Individual Psychologist' works with an individual as an equal to uncover his values and assumptions. A person is not aware that he is acting according to misperceptions, it becomes the task of the practitioner to not only lead the individual to an insightful exposure of his errors, but also to re-orient him toward a more useful way of living. The practitioner seeks to establish a climate in which learning can take place.

Encouragement and optimism are his key concerns. Adlerian therapy permits the use of a wide variety of techniques, for example, Drama Therapy and Art Therapy. Despite the methods used, techniques are used first to help relieve suffering and second, to promote positive change and empowerment. From the point of view of Mind Development, the most important constant factor is the stress on social interactions and social contribution; the more outgoing social interest, the less feelings of inferiority the individual has. (Alfred Alder, Individual Psychological Terms).

Based on the data above, the researcher analyzes the *Winners* novel by using psychological individual approach to dig up major and minor characters' of thought entitled DIFFABILITY REFLECTED DANIELLE STEEL'S *WINNERS* (2013) NOVEL: AN INDIVIDUAL PSYCHOLOGICAL APPROACH To achieve the purpose of the study, the writer analyzes the novel of its nature of literary, nature of author and nature of society.

## **B. Research Method**

The researcher will employ the descriptive qualitative research. Moleong (1983:3) affirms that qualitative research is research which result in the descriptive data in the form observed people or behaviors. Then, the steps of conducting this qualitative study are (1) determining the object of the study, (2) determining the source of the data, (3) determining the method of data collection, and (4) determining the technique of data analysis.

The object of the study is *Winners novel* by Danielle Steel which is published in 2013. It is analyzed by using an individual psychological approach. There are two data sources which are needed to conduct this research. They are primary data sources and secondary data sources. The primary data are the main data obtained from all the words, dialogues, phrases and sentences in the drama script. The primary data sources of the study are *Winners novel* by Danielle Steel. Secondary data are the supporting data taken from literary books, criticism, and some articles related to the

novel. The secondary data of the study are taken from any information related to the novel. In conducting the study, the writer uses the techniques in collecting the data as follows: (a) Reading the novel repeatedly (b) Taking notes of important part in both primary and secondary data (c) Underlying the important word, phrases and sentences which are related to the study (d) Arranging the data into several part based on its classification (e) Selecting the data by rejecting the irrelevant information which does not support the topic of the study (f) Drawing the conclusion of the analysis that has already done in the former chapter and formulating its pedagogical suggestion.

In analysis data, the writer uses descriptive qualitative analysis of content. The steps of technique of the data analysis are compiled as follows: (a) Analyzing the structural elements of the Novel. Focus will be paid on the structural analysis of the novel (b) Trying to decide the individual psychological analysis of literary work (c) Making discussion of the finding (d) Making conclusion

### **C. Finding and Discussion**

The researcher analyzes one of main characters of the novel namely Lily Thomas. Viewed from psychological aspect. It refers to the application of the individual psychological theory proposed by Alfred Adler. The theory consists of six basic principles of individual psychology; those are fictional finalism, striving for superiority, inferiority feeling, style of life, social interest, and creative power. The reseacher finds some findings.

#### **A. Fictional Finalism**

Fictional finalism deals with individual goal of life, which is unreal in nature or fiction. According to Adler (Hjelle and Ziegler, 1992: 154) each person's quest for superiority is guided by fictional goal that he or she adopted. The person's fictional goal or superiority is self-determined; it is formed by the person's own creative power, therefore making it individually unique. Adler's concept of fictional finalism is the idea that human behavior is

directed toward a future goal of its own making.

In *winners*, the fiction finalism of Lily Thomas wasn't stated in the dialogues explicitly. But it can be seen from the problem described in the beginning of the story that is the life's struggle of disability people. Lily wants to win the ski champion but she gets an accident and suffers spinal cord injury so that she loses the function of her legs and she can not join ski again.

..... Lily loved, and good skiing. .... She had won bronze in the junior Olympics three years before, ..... And she training for the next Winter Olympics, in a year This time she was hoping to win the gold (Steel, 2013: 12).

When Lily was practicing ski with Jason, her instructor at the mountain, she had a chairlift accident. The chairlift cord was broken and they fell from a height. The incident makes Lily face a new destiny that is not easy for her.

.... as Lily got on the first available chairlift ..... She didn't even have time to understand that the cable that held the chairlift has just broken, as she plummeted down, into a deep hole in the snow (Steel,2013: 20).

Because of the accident, Lily lost the function of her legs so that she could no longer ski. She suffered a Spinal Cord Injury T10 which caused her legs could no longer function. But her father does not believe and still hope that it is only for a while, Lily will be able to walk again someday.

The spinal cord injury was T10, and was 'complete', which meant that the spinal cord had been severed irreparably. Had it 'incomplete', there would have been hope that Lily could feeling and function her legs....., but there was no way Lily would regain use of her legs with a 'complete' (Steel, 2013: 55).

Based on the problem above, the accident and losing the use of her legs caused Lily lose her fictional goal. She wants to be a winner of the Olympic ski for next winter. To win the ski championship, Lily needs a leg and the accident makes Lily has to sit in a wheelchair. She was forbidden to go to ski again.

'Will she walk again?' It was all she wanted to know. He couldn't imagine Lily living life in a wheelchair, not his beautiful Lily, who was going to win the gold (Steel, 2013: 57)

Lily has a new hope after she sees someone like her playing ski. Her physical therapist shows her a video that contains a wide variety of sports championship and championship of sports displayed. One of the sports that is

showed by her therapist is ski. She sees people like herself playing ski by sitting in a chair. And it makes Lily want to ski again.

..... Lily watched as the film came on. It is explain about paralympics, which was a form of Olympics, held right after the normal Olympic Games, winter and summer and in the same location, only this was for physically impaired people with injuries such as her ..... when she saw people downhill racing on skis, fitted with a seat and device like a chair .....It was an exciting event and didn't look easy to do. Phil turned her after he took the DVD ..... He had read her file carefully and knew she'd been training for Olympics..... You'd have to do a lot of work to train, but you are capable of it, .... Lily was silent for a long moment ..... 'I want to do it', she said ..... (Steel, 2013: 168-169).

From the fact above, it can be seen that the final goal of Lily is becoming a winner of ski championship. It can be seen from the attitude of Lily in the middle of desperation because she loses the function of her legs. She gets new hope when she knows that there is ski championship for people like her. Lily immediately had decided to go ski again although she had to study hard because this game is special ski. After Lily had decided to go skiing again, she trained hard throughout the season. She hopes to win the ski championship, even though the championship that will be followed by her is different from skiing once. The ski uses a chair. It becomes a challenge for Lily because this is the first time she plays ski with sitting in a wheelchair and she should strive to adjust and try to control the chair. It was Lily's effort who wants to maintain her dream of becoming a winner in the game of ski.

## **B. Striving for Superiority**

The striving for superiority is based on the human's ability to be aware of himself, of his ability to remember past experiences and to imagine himself in the future. Each individual is forced by drives to be superior, powerful, and regarded. This is a response to the feeling of inferiority. By inferiority feeling, person will make some efforts to cover it. Person will strive to cover his or her weakness to be perfect, superior, and regarded. The one dynamic force behind the person's activity is the striving

for success or superiority (Feist, 1985: 68).

Striving for superiority constitutes one's effort to become better and achieve ideagoal. The major character Lily shows her striving for superiority by becoming a winner of the ski Olympic.

The main strength of Lily is her legs because she was a skier. Without her legs she can not ski again. Lily gets an accident so that she suffers a spinal cord injury T10. After the accident, she uses a wheelchair because her leg lost some functions and it makes her can not participate in skiing game.

Lily had a powerful lowerbody from skiing. Now they were going to strengthen her upper body, so he could use her arms in ney ways, to guide her wheelchair,.... (Steel, 2013: 93).

Her father believes that Lily will be able to walk again. Because her father was never able to see his beloved child must sit in a wheelchair forever. Her father always says that she would be able to walk again, but Lily knows it could not happen.

My father keeps saying I'm going to walk again, and I know I wan't (Steel, 2013: 94).

Because the people around her care and love Lily, she got a new hope for her dream. Lily began to have new hope when her physical therapist showed videos of people seemed like her playing ski and following the championship, and it was burning her passion to return to ski.

'My physical therapist here showed me a DVD. And he arraged for me to go skiing (Steel, 2013: 231).

Vigorously she practices ski using the chair. She practices hard. It is not easy because she has to adjust to her to be able to control her chair. She usually used her legs. It is a new thing in her life, skiing with a chair.

'I want to check out how I like chair skiing, and than I'll see. If I can do it, I want to compete in the Paralympic' (Steel, 2013:220).

Highly visible that Lily has a passion to become a champion of ski. She practices very hard. She practices for the Paralympics until the end of the season.

..... She was training for the paralympics, and had skied until the end of the season (Steel, 2013: 247).

Although, Lily's life has changed, even though she has lost most the precious and important thing in her life that is her legs. Lily is not desperate because it was through the people who love her, God shows the way for Lily to achieve her dream. Lily shows effort to become Paralympic champion although she is not able to use her legs and tries hard to learn ski using the chair. She shows her effort sincerity by practicing constantly.

### **C. Inferiority Feeling**

Inferiority feeling originates from one's imperfections like physical defeat, lack of social life, in ability to overcome the life problems. The feeling inferiority or a sense of incompleteness is the great driving force mankind. In other words, man is pushed by the need to overcome his inferiority and pulled by the desire to be superior (Hall and Lindzey, 1981: 124). Adler (in Hjelle and Ziegler, 1992:142) suggests that process of compensate also occurs in the psychological sphere, the people often strive to compensate not only for organ inferiority but also for subjective feeling inferior, those arise from uniquely felt psychological or social disabilities.

In *Winners*, in the inferiority feeling of Lily Thomas is caused by his physical defeat. Something worth of an athlete ski is the leg. Lily is a ski athlete. She had an accident while practicing ski and suffered spinal cord injury that caused her legs do not have function. That causes Lily cannot ski again.

I'll never give up Lily. I'll do whatever I have to, to get you walking again.' He believed it, but Lily no longer did. 'You can't dad', she said still crying. 'My spinal cord is severed, Daddy. My legs will never walk again (Steel, 2013: 101)

Lily wants to be a champion in ski championship, after Lily lost her leg in an accident due to spinal cord injury T10. Lily had to sit in a wheelchair and that means she can no longer ski and realize her goal of being the winner of a ski championship.

He couldn't imagine Lily living live in a wheelchair, not his beautiful Lily, who was going to win the gold (Steel, 2013: 57)

..... She is not going to be skiing again, or going to the Olympics. She will never win a gold medal now, ..... She'll never dance or walk again (Steel, 2013: 74).

Based on her inferiority feelings above, Lily could no longer use her legs so that she could not ski again. It means that she will not be able to be a champion of ski game as she had dreamed.

#### **D. Social Interest**

As social creature, everyone must be involved in the relationship with the others. As reflected in Adler's strong belief that we as social creatures must consider our relationship to other and to the larger socio cultural context in which we live if we are to fully understand ourselves (Hjelle and Ziegler, 1992: 147). According to Adler as quoted by Hall and Lindzey (1970: 71) social interest is the true and inevitable compensation for all human being. Social interest means a striving for a form of community, which must be thought of mankind, had reached the goal of others; we help ourselves toward the same goal (Hall and Lindzey, 1981: 125). In *Winners*, Lily is a sociable person. She is friendly person. She has good relationship with other people who encourage her goal.

While in rehabilitation center, she meets many people who suffer the same fate as her. There she has a close friend named Teddy. Lily always tells the problem to Teddy, after Lily tells him about the situation, the incident that makes her must sit in a wheelchair. She tells that she gets an accident while practicing ski in the mountain for Olympic next season and because of the accident she must sit in a wheelchair, nevertheless she still loves ski so much. Teddy knows Lily likes ski so much and Teddy introduces Lily to his friend from the ski team. So Lily can share all about ski with them.

I'll introduce you to my friends when they come to visit. The kid from my ski team..... (Steel, 2013: 153).

Because she loves ski so much, her physical therapist gives surprise to

her. He shows her the film about ski for people like her. He also gives motivation to Lily to ski again and it burns the spirit of Lily to ski again.

Phil turned to her after he took the DVD out of th machine. 'I though that might be of interest to yo. 'He had read her file carefully and knew she'd been training in the Olympics ..... 'You'll have to work on your balance, and you need to work on your upper body anyway.....He had shown it to inspired her, and interest her in new goals that she could achieve. She had never imagine after her injury that she could ski again. 'I want to do it!' she said .... (Steel, 2013:169).

The fact above shows that Lily creates the relationship with other characters in order to support her goal. She meets with many people who care about her and understand the expectations. She meets new people in the new environment. Her relationship with new people is very good. One of her close friend is also sitting in a wheelchair seems like her named Teddy. He has more experience because he has a longer stay in the rehabilitation than her. Because Teddy is a good friend he always gives support to the Lily's dreams. When he knows Lily likes ski so much, he introduces her to his friend from ski club, someone who has the same hobby with her. She also meets with a phisical therapist who very concerned about her dreams. In fact, he gives her the motivation and new hope for Lily. He introduces Lily ski using the chair and it makes Lily want to ski again.

#### **E. Style of Life**

The style of life originally called "life plan" or "guarding image" refers to the unique ways in which people pursue their goal (Ryckman, 1985: 98). According to Adler (in Hjelle and Ziegler, 1992: 153) the style of life encompasses the unique patterns of traits, behaviors and habits which, when taken together, defines the flavor of a person's existence. The Individual's style of life is largely determined by the specific inferiorities, either fancied or real, that person has. The style of life is a compensation for a particular inferiority (Adler in Hall and Lindzey, 1981: 126).

Her father loves Lily so much. Her father will do anything for the happiness of Lily. He even brings Lily around the world. He hopes to get better results. Because of his love, he always tells Lily that he can not accept that Lily

has to sit in a wheelchair. He does everything so that Lily can walk again. Although, finally he has to accept the fact that Lily can never walk again. With the condition, Lily must sit in a wheelchair. Her father increasingly focuses on providing attention to Lily and does anything that makes happiness for Lily.

He had achieve remarkable things and was not reay to give up on this. And he would have done anything in the world for Lily (Steel, 2013: 75).

He had been in consultation with neurosurgeos around the world, .... (Steel, 2013: 88).

Her father even builds special place for people who suffer condition like Lily. His father wants people like Lily to get decent facilities so that they can develop their abilities despite their shortcomings. The place is dedicated to Lily. Even the place name uses the name of Lily.

....You could di it in a very high-end way, but on a smaller sscale, and set up scholarship in Lily's name.... And you could keep it smaller and make it a very special place. It might be a wonderful thing to do in Lily's honor (Steel, 2013: 173).

In conclusion, Lily is a child who is fortunate because her father loves her so much and also she can get everything she wants. Her father who loves her so much always does anything to bring happiness to her life, even something that does not make sense of other people, her father will do that for Lily. Lily gets everything which she needs, morally also financially support from her father.

#### **F. Creative Power**

According to Adler as quoted by Hjelle and Ziegler (1992: 150) creative power means the influence of heredity and environments toward a person in over coming the problem of live. This creative of life is responsible for the person's life goal, and contributes to the development of social interest. Creative power implies freedom, free to be what we will.

After Lily had an accident she is not just desperate to become a champion in ski championship like her dream. Although, she lost the function of her legs and it caused her can not ski. But God has other plans for her. Her

therapist introduces her to the ski game using the chair. And Lily is very enthusiastically practicing it. She practices very hard. And she wants to participate in the Paralympic of ski with chair next season.

She was fearless as she flew down the mountains and felt as though she had grown wings instead of legs..... She was laughing and talking and there were tears running down her face. 'I can do it!' she shouted at them. 'I can still ski! I want to do it again!' ... and Lily pick up speed and balance each time as she learned how her weight shifted on the chair (Steel, 2013: 222).

She wants to be a winner in ski championship as her dream. And when the opportunity comes with the conditions that are different, also in different tournaments but also called ski event though the participants sit in a chair. She practices very hard. She wants to be a winner in the Paralympics. She practices throughout the season.

She was training for the paralympic and had skied until the end of season (Steel, 2013: 247).

'Come and watch'. He come to winter park where she skied. She wanted to enter the Alpine skiing event, which was downhill racing, on the monoski fitted with the chair, ..... (Steel, 2013: 332).

She wants to do the best for ski championship that will follow. She practices constantly helped by her instructor. She puts all her abilities for this Olympic. She is very grateful because she also has the support of her friend.

By November Lily was training as intensely as she had for the Olympics, ..... And the day she'd made a breakthrough when Oscar helped her increase her speed, she wanted to tell Teddy all about it ... (Steel, 2013: 334).

Lily is very excited to follow ski Olympic. She wants to prove that she could ski again even without legs. She wants to prove to those who underestimate and she will do her best to make the people who love her proud.

Lily was as excited as she had been when she entered the Junior Olympic, and when she was accepted on the adult Olympic team..... She wants to do well and make everyone proud of her (Steel, 2013: 345).

Finally she could do the best and became the second winner and got the silver medal. All of her efforts that make people around her proud of her

although not a gold medal but it have made her feel very happy. Because it is one of the best moments she would never forget in her life. She never imagines she will go to ski again and to be a winner. But all of that has come true. Her hopes happened.

Lily had come in second. she won the silver medal, and suddenly she was sitting in her chair ski as they put ribbo with the medal around her neck....., and when she looked over, so were her father and oscar, and they were hunging, and then everyone she knew come over to kiss her and congratulate her when the medal ceremony was over.... This was one of the gretest moments of her life (Steel, 2013: 354)

Finally, the happiness has come to Lily because of her hard work over the season. Lily who lost function of her legs since the incident never dreams to ski and be a champion. But because of the people around her who care about her, Lily becomes a winner in the ski championship as her dream. All that make the people who love her become amazed and proud of her. With her disability, Lily has a tremendous spirit. Her efforts yield good results. Finally, she is happy with her achievements.

## **G. Discussion**

Based on the analysis above, it can be seen that the character of Lily is influenced by individual psychological aspect that has been explained before. It consists of the fictional finalism, striving superiority, Inferiority feeling and social interest, style of life and creative power.

Lily is a teenager. She is seventeen years old. She lives her life very difficult because of an accident and that causes she lost the function of her legs and she has to sit in a wheelchair. Her fictional finalism appears since she'd started downhill racing when she was a little kid. She had won broze in the Junior Olimpicts three years before, at fourteen. And she was trining for the next Winter Olympic, in a year. That time she was hoping to win the gold. She motivates to become a champion because she loves ski so much and she wants to become a ski athlite.

But the situation changed unexpectedly. Lily gets an accident and she suffers a spinal cord injury T10 that causes Lily lost the function of her legs.

Lily has an accident while training for the winter ski Olympic, and because the incident Lily should accept the fact that she can't ski again. Lily must hospitalize after getting an accident, and after she is aware. She knows the situation that she could not walk again, Lily feels sad but she tries to accept the fact.

Lily tries to stay strong because she doesn't want her father to worry. She said that she was fine. Since the beginning, Lily accepted that she had lost her leg, although it is difficult and she cries. But she does not expect more with her condition. She knows the fact that she would never be able to use her legs again. She is already grateful to still survive from the accident.

Her father who from the beginning can not believe that Lily will not be able to walk again tries to do all the ways to make Lily can walk again. He brings Lily round the world to see the best doctors hoping things would change, but in fact nothing changes, Lily is destined to sit in a wheelchair after an accident forever. Lily knows that her father did it for her. Lily tries to make her father receive the fact that she will never walk again. She will live her life in a wheelchair forever. She makes sure that she was okay with it so that her father does not worry. Reluctantly, her father accepts it.

Later, after all the effort was done Lily has to sit in a wheelchair. Lily decides to go to rehabilitation so that she can adjust to the environment because the conditions are different and people will see it strange. In the rehabilitation she meets with people who suffer the same fate with her. She also meets with someone who later becomes her close friend. This guy is Teddy, has been longer in that place. He also has spinal cord injury. He also sits in a wheelchair. They are peer and they do activities together so that they become close friends. They often share stories and play together. They also support each other.

From the rehabilitation center Lily also gets a new goal of her life, that is becoming skier by sitting in a chair. Her physical therapist has introduced her a ski movie. The movie tells the story of people who have physical limitations perform a wide variety of sports like normal people in general. One of the sports in the show is ski. Lily sees people who have condition like her playing

ski and follow the championship and it burns the spirit of Lily to play ski again.

Lily decides to ski again after see that film, she also wants to follow paralympic. This is the first time she plays ski to use wheelchair so it is little difficult to Lily, but Lily is not despair. She practices hard constantly because she wants to be a champion of pharalympic this season. She practices throughout the season.

The fact that she has to sit in a wheelchair forever makes her father cann't believe. Her father always says that Lily will be able to walk again someday. But Lily knows that it is only the expectations of her father. In fact, she destines to sit in a wheelchair forever. Because of her dissability, Lily is not desperate. Lily still tries to become a champion. Since her phisycal therapist shows videos of people who have same condition with her playing ski, Lily becomes to have a spirit again in her life. She returns to continue her dream of become a champion in ski championship. Although the conditions are different, Lily wants to be a champion in Paralympics this season. She practices very hard. She practices to use her wheelchair to play ski. She spends until the end of the season to practice ski. She practices for the Paralympic. So she can be a champion as she has hoped for this. Her extraordinary zeal to get champion in paralimpic, it can be seen from her effort relentless until she can control her chair to go ski.

Losing of function of the leg, Lily can not achieve her dream to become a champion in ski championship. Because of the most important thing for a skier is a pair of legs. Since Lily has an accident while practicing ski and suffered spinal cord injury and she is diagnosedby a doctor that she will never walk again forever. Lily loses all hope. She can only be grateful because she still saves from death despite she loses her leg.

Her father had done all he could do, but there is no result, all of the doctors say the same thing that Lily will never walk again. His father could never believe that his beloved daughter was no longer able to use her legs and could no longer ski and become Olympic champion in this season as hope of Lily for this.

Although, Lily will not be discouraged by the condition, she still feels sad. She can't imagine what will happen about her life, after she loses her legs forever. She just tries and continues her life. Many people who underestimate to people like Lily even her close friends go away because of the condition of Lily that has to sit in a wheelchair. Nevertheless, Lily still continues her life with passion because many people who support and love her. Her father who does everything to make Lily happy and also she still has a friend who always give support to Lily. It makes Lily has spirits to face her life.

Lily feels lonely because her close friends go away from her. But Lily knows her friends do it because her condition which sits in a wheelchair. But all of that do not make Lily hates them. Now, Lily has to undergo rehabilitation to rebuild her confidence. So she can socialize with different condition. She finds new friends in the rehabilitation. Her friends always support and give new hope for life to Lily.

One of Lily's friends in the rehabilitation is Teddy. He also suffers a spinal cord injury as Lily. He lives in the rehabilitation center because they are same age and eventually they became close friend. Lily tells all the incident, an accident that cause her to lose her leg. Lily told him that she had an accident while practicing ski. From the story of Lily, Teddy understands that Lily loves ski so much and Teddy introduces Lily with his friend who has the same passion with her. His friends are from the ski club. So Lily can share all about ski with them.

In the rehabilitaton center Lily also has a physical therapist named Phil who really understands the dream of Lily who wants to be champion in the Olympic ski next season. One day Phil gives a surprise to Lily. Phil shows Lily a film that evokes the spirit of Lily to play ski again. The film tells the story of people like Lily who play a variety of sports that one of the games is ski. From the film Phil supports Lily to follow Paralympic in the next season. Phil also gives motivation to Lily to achieve her dream becomes a champion in ski championship.

Since Lily meets with people who understand her situation and

understand his desire. Lily starts to get back her life. Her hope to be a winner in the competition of skiing appears again although Lily has a disability now. Her friends underestimate her but that doesn't deter Lily to regain her happiness. Lily tries to discuss with her father about her desire to play ski again. Lily knows that her father will not give permission because skiing which has caused her to sit in a wheelchair. But Lily convinces her father that she must reach her dream. Whatever the case she would be fine. Her desire to be a winner in ski championship looks more real because of her friends who support her. Her condition of sitting in a wheelchair doesn't make her into breaking up there. She is very enthusiastic to learn skiing using the chair. And when Lily tells her father that she will ski again, her father doesn't give permission to Lily. Because her father is afraid that something bad happens to Lily. But Lily makes sure her father that she will be fine. Lily is very strong. Finally, her father reluctantly gives permission to Lily to play ski again.

Since Lily got an accident, her father began focusing more on taking care of Lily. He gives full support to Lily. He gives all of Lily's needs. He gives all of his love to Lily. He is a father and mother to Lily.

Lily just lives with her father because her mother had died and after the accident occurred, her father just focuses to make Lily happy. Her father is a wealthy businessman. He can do whatever he wants because he has connections everywhere. And he uses it for something that makes Lily happy. He can do anything that is not possible to be possible by ordinary people.

She can do everything for Lily's happiness, the only pearl who he has in this world. Therefore, Lily becomes a very lucky girl. She always gets her desire. And Lily is lucky because her father loves her so much. He builds a rehabilitation center for children who have the same fate as her with a wide range of luxury facilities. And the place uses Lily's name. That place is dedicated to Lily as a form of affection of a father who loves his daughter more than anything in this world.

Whatever is done by Lily's father to make Lily happy. Her father is full of fears when he allows Lily to play ski again. With the support of people around

Lily who love Lily, Lily practices ski vigorously for the Olympic next season. She practices very hard and continuously is assisted by her instructor and Lily is supported by friends, family and people who love her.

She wants to actualize her dream that had been lost since she got an accident. She is very happy to have an opportunity to play ski again and she uses this opportunity well. She wants to win the championship this ski season. Although, she has little trouble to use her chair for ski because it is a new thing for her but it does not diminish her spirit. She practices very hard. Her spirit is never lost because people around her give support.

Since her life changes because she has to sit in a wheelchair, she feels her dream is lost. She also loses her friends. But apparently, there is a new hope behind it. She finds new friends who cares her and loves her dearly. She also finds a new way to achieve her dream because her new friend. So she is still grateful. And it doesn't prevent her to achieve her dream. She can still participate in ski championship even though she has to sit in a wheelchair. She can do everything she wants with deficiency conditions.

Finally, the time of game of ski championship arrives. She doesn't believe that she can ski again and follows the Olympic game. Lily is very happy, she gets back her happiness. She becomes the second winner in Olympic game. She gets silver medal.

Although it is not a gold medal but it is enough to make her satisfied. She is very grateful to be able to play ski again. She never thinks that she is given the opportunity to play ski and wins a medal. Because of champion, Lily gets back her happiness. She gets what she envisions. This is one of her dreams. Now, her dream comes true and this is one of the best achievements in her life. Now, she proves to the world that a disability does not preclude a person to reach a dream and make people who have underestimate someone who has disability will think again because it is an incredible achievement. Not everyone can get a chance to be a winner.

Lily starts to get back her life. She starts to get back happiness. She starts to get back her friends and starts to get back her dream. She sees a bright

future waits her with any disability that she has. She also makes people amazed to see her ability especially those who love her, they proud of her. Lily is happy with all the achievements. All her dreams are realized because of hard work, tremendous enthusiasm and support from people around who love her.

#### **D. Conclusion**

After analyzing the story of Danielle Steel's *Winners*, the reseacher will conclude the individual psychological aspects that influencethe major character. The aspects consist of fictional finalism, striving for superiority, inferiority feeling, style of life, social interest, and creative power.

In the *Winner's* novel, it is found a very inspiring figure and vigorously named Lily. She is seventeen years old. She is a girl who got an accident while practicing ski at the mountain. Because of that accident she gets spinal cord injurythat causes her to lose her legs. She is a daughter of Bill Thomas. Bill Thomas is a widower since his wife diedbecause of car accident. Since Lily's mother or his wife died Bill just focuses on Lily, the only daughter who he loves her so much.

Lily is a skier. She has a dream to win a gold medal in the Olympic next season. She practices very hard. One day when Lily is practicing ski at the mountains with her instructor, she gets a Chairlift accident. Lily is still grateful that she can survive in the accident but her instructor died.

Because of that accident Lily gets spinal cord injury and the doctor diagnoses her that she will never walk again. Through her inferiority feelings, she wants to win the gold medal in Olympic next season, but now she can't use her legs since the accident occurred. And it makes Lily sad and gets rid of her dream from her mind. Because the most important thing for a skier is pair of leg and she doesn't have it.

Lily's father can not believe that Lily will sit in a wheelchair forever. He throughs various way to make Lily can walk again. He always says to Lily thatLily will be able to walk again someday. But Lily knows that it will never happen. She knows that she will sit in a wheelchair forever. Because

all the doctors say the same thing that she will never walk again.

Lily tries to convince his father that she can receive her condition. Although Lily is sad to accept her fate because that is difficult for her to face her life, but Lily is strong for the sake of people who love her.

Lily tries to get back her life. She learns to start a new life as someone who must be sit in a wheelchair. The first thing she does, she goes to the rehabilitation center. So that she can learn how to live with different conditions with others. There, she meets with the people who suffer the same fate as her. She also learns a lot how to adapt the environment with the abnormal condition.

Now, Lily's life changed. In the past, she is a beautiful girl who is perfect with all her talents. Now she is a girl who sits in a wheelchair and tries to get back her life. She will actualize her dream. By helping her father, she will reach her dream. Her father is a wealthy business man. He has connection everywhere. All of Lily's desires will become reality because her father will help her. Although Lily can't walk again but Lily lives with luxurious facilities. Not everyone is lucky like Lily, has a very rich father and loves her so much.

Because Bill loves Lily so much, he builds a rehabilitation center which uses the name of Lily and that place for the children who suffers the same fate with Lily. That place has a high-class facility and that place dedicated for Lily.

Previous, Lily met a friend at a rehabilitation center, this person also gets a spinal cord injury. His name is Teddy. They are the same age and then they became close friends. They do almost all activities together. This makes Lily becomes excited. She tells all the incidents that cause her has to sit in a wheelchair. Lily tells that she loves ski so much, then Teddy introduces her to his friends that have the same hobby with her. They are his friend from the ski club. Teddy sincerely hopes Lily can achieve her dream to become winner of gold medal in ski Olympic. Then Lily really gets back her dream when she gets surprise from her physical therapist that shows her a DVD

about people who have same condition with her play a wide variety of sports and championship. And one of the sports is skiing. She sees people who are same with her play ski with a chair. It makes her spirits to play ski again. Her physical therapist also gives her a motivation so that Lily wants to play ski again and participates in Paralympic next season. Here, Lily shows that she has good social relationships with people around her, even people around her always support her and help her to achieve her dreams.

She tells her desire to play ski again to her father. Initially, her father doesn't allow because he is worry. But after her father sees Lily wants it a lot, finally he gives her permission. Then Lily learns to control her chair to go skiing. She is very excited by the support of people who love her.

Finally the day comes, Paralympic will be held. She prepares her chair to start skiing. His father does not think that Lily will play ski again but what he sees today is the fact that Lily play ski again. Her father is very happy.

By the efforts and hard work, finally Lily achieves her dream to become a winner of ski Championship. She has become the second winner in the championship and gets a silver medal. Although it is not gold medal, she is very grateful to win the Olympic. She feels very happy. She brings happiness for people around her who love her. She makes proud people who love her. It is one of the best accomplishment and moment in her life.

Based on the explanation above, it can be seen that desire, effort and support of the people in the environment affect the main characters to achieve her dreams. So the theme of the *Winners* novel is if there is desire and effort, nothing is impossible. Although Lily has disability, she can reach her dream.

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