MARYAM'S SACRIFICE IN THE OUTCAST NOVEL
BY OKKY MADASARI (2014): AN INDIVIDUAL
PSYCHOLOGICAL APPROACH

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ABSTRACT

This research paper aims at knowing the sacrifice of Maryam reflected in The Outcast novel by Okky Madasari which is analyzed by using individual psychological. The objective of the research is to analyze the novel based on the structural elements of the novel and to analyze the novel based on individual psychological proposed by Alfred Adler. The type of this research is descriptive qualitative. Data of the research are taken from primary and secondary data. The primary data of the research is The Outcast novel. The secondary data of the research are taken from books, other source and website that related to the study. The technique of collecting data are reading novel, classifying the data, identifying the data that can be analyzed, taking note, and browsing to the internet. The method to analyze of this data is descriptive analysis. Based on structural elements of the novel, the Writer delivers a moral message that “Sacrifice for love, justice and faith as minority in society”. Based on the individual psychological analysis, the author illustrates a psychological phenomenon which an individual should make every effort to cope with the problem of life. The psychological phenomenon is shown by the sacrifice of Maryam to get her right and protect from government. Maryam uses her creativity to manage her mind. She also arranges her striving for superiority to provide her inferiority feeling to create fictional finalism.

Keywords: Sacrifice, Individual Psychological Approach, The Outcast novel
A. INTRODUCTION

_The outcast_ novel is written by Okky Madasari. It was firstly published in 2014. This novel is about social condition in Indonesia, especially in Lombok. It is very interesting to read, because this novel reveals important issue that is minority people in Lombok. Okky madasari shows the minority of people, who never got their right. _The Outcast_ novel is about beliefs of riot that happen in that year. Maryam who beliefs and grow up as Ahmadi in Lombok never got her right in society. This novel shows Maryam’s sacrifice to get happiness and justice with her family and the minor society in Lombok. In order to they can live peacefully like others (Madasari, 2014).

There are some reasons why the writer interested in analyzing _the outcast_ novel. Firstly, _the outcast_ novel is depiction of the realities of life with all kinds of problems that happen in Indonesia. Secondly, _The Outcast_ is an inspiring book. Thirdly, _the outcast_ novel reflects the minority society in Lombok. Last, sacrifice of Maryam is the main character.

The first reason is the outcast novel is a novel which tells about daily realities of life with all kinds of problems. So, the reader can take some value in the novel, such as don’t misjudge other people, sacrifice, justice. Okky madasari believes in individual freedom and human creativity. For her, ultimate freedom can only be achieved through freeing individual creativity.

The second reason is the outcast novel is not only about love and religion, but also in justify in believes. This novel teaches how to be sacrifice. Maryam should choose one of two choices when her believes never get justice in society.

The third reason is the outcast novel has simple plot of the story. Author pack a story of Maryam's life is detail and simple, making it easier for readers to understand and follow the story. The novel’s true art lies in its details and hidden patterns. Author succeed make the reader interested in the plot is simple and easy to understand.
The last reason is the main character of *The Outcast* novel, Maryam. She resolute and sincere accept what is happening in her life. Disappointment and regret are in the character of Maryam. It does not make Maryam low, because she fails in her domestic and her family. She realizes that she is wrong, she leaves her family. Her family gets in justify because of their beliefs.

Relating to all the description above, the writer uses individual psychological approach. Alfred Adler’s theory individual psychological is a theory of human behavior emphasizing the drive to overcome feelings of inferiority by compensation and the need to achieve personal goals that have value for society.

The problem statement of this research is “How is maryam’s sacrifice reflected in *The Outcast* novel?”

The objectives of the study are mentioned as follows: first, To analyze Okky Maddasari’s “*The Outcast*” novel on the structural elements of the novel. Second, To reveal Maryam’s sacrifice by means of psychological perspective particularly an Individual Psychological Approach.

There is some research that is used by the researcher as a guidance of this study, The first research is Eka Ugi Sutikno (UNS, 2013) entitled “Pluralisme dalam Novel Maryam Karya Okky Madasari” the aim of this research reveals the characters identity, politic identity, pluralism, and factors of the identity conflicts and pluralism. The difference between these researches is the first research focuses on the pluralism and this research focuses on the individual sacrifice as minority society.

The second research is conducted by Susi Lailatul Musarrofah (PGRI Adi Buana University of Surabaya, 2013) entitled “Konflik Sosial Dalam Novel Maryam karya Okky Madasari” the aim of this research is to know the kinds of conflicts reflected in this novel and the different religion become the factor of the conflict. The difference between these researches is the second research focuses on the social conflicts while this research focuses on the individual sacrifice as minority society.
According to Adler as quoted by Ryckman (1985: 95) individual psychology is a science that attempts to understand the experiences and behavior of each person as an organized entity. He believes further that all actions are guided by a person’s undamental attitudes toward life.

Adler (in Hjelle and ziegler, 1982: 141) believes that the major purpose of a personality theory should be to serve as an economical and fruitful guide for therapists and ultimately for everyone, in effecting change toward more psychologically healthy behavior.

Adler’s individual psychology depicts the human being as single, invisible, self-consistent and unfired (Adler in Hjelle and ziegler, 1992: 139). Adler make conciousness of the center of personality, which makes him pioneer in the development of an ego-oriented psychology. Individual psychological is a theory of human behavior emphasizing the drive to overcome feelings of inferiority by compensation and the need to achieve personal goals that have value for society.

According to Adler (in Ryckman, 1985: 95), individual psychology is a science that attempts to understand the experiences and behavior of each personality should be to serve as a fruitful guide for therapist and ultimately for everyone, in affecting change toward more psychologically healthy behavior.

In the other statements, Adler (in Feist, 1985: 64) states that individual psychology insists on fundamental unity of personality. All apparent dichotomies and multiplicities of life are organized in one self-consistent totally. No definite division can be made between mind and body, between consious and unconsious or between reason and emotion: all behavior is seen in relation to the final goal of superiority or success. This goal gives direction and unity to the individual.
B. RESEARCH METHOD

The *Outcast* novel analyzed by using individual psychological. The objective of the research is to analyze the novel based on the structural elements of the novel and to analyze the novel based on individual psychological proposed by Alfred Adler. The type of this research is descriptive qualitative. Data of the research are taken from primary and secondary data. The primary data of the research is *The Outcast* novel. The secondary data of the research are taken from books, other source and website that related to the study. The technique of collecting data are reading novel, classifying the data, identifying the data that can be analyzed, taking note, and browsing to the internet. The method to analyze of this data is descriptive analysis.

C. FINDING AND DISCUSSION

1. FINDING

Inferiority feeling can be largely constructive or largely destructive. Acknowledging that we all feel inferior at some point in our lives could serve as a basis for mutual help and cooperation to overcome problems in living. But if we dwell excessively on our inferiority, real, or imagined, we are less likely to trust others or selves. Just like Maryam, she confuse what should do. She feels different from others, when her friends ask about picture which hanged in her house. She grows scary. She is afraid of sinning and of the punishments that would be inflicted upon the family.

Maryam feels very weak because she scared of being different and cannot get justice. She wants to live peacefully like others. Maryam her beliefs strongly, although she always get judgement from many people. Until one day after she graduate from university and get job in jakarta, she meets Alam who is not an Ahmady. It is a new problem which come in her life. She is really loved him, but her parents are never approve.
In this case, the major character Maryam. She has crucial experience in her life, it doesn’t make her low or down. It proves how Maryam solves her problem and stay strong facing her problem that always come in her life. Inferiority feeling is also happen in Maryam, because it normally happen in every human. But she also has purpose to her life. It makes her inner feeling has strive to reach her purpose and solve her problem, although she never know what will happen. She will succes or fails instead.

Maryam sacrifice seems when Maryam strive to be strong, when the problem come to her life. She realizes that her community never accepted in society. She strives to stay strong and try to solve her problem by herselfs. She accepts all of bad judgement from other people. Maryam and a hundreds person of Ahmady never accepted and never got confession from government.

Each person has their own goal for their effort, their struggle, and their sacrifice to make something better or to solve problem. Maryam sacrifice and stay strong when she facing problem that always come. She wants her family and her community accepted in society and live peacefully like others. But it just dreams for them, reality that they get is just fake. Moreover, they want government protect their community, but they cannot get it.

Ahmady have their rules, they have their own mosque and ussually come together at the same place for recitation of the Quran on friday. They different, they have their own life style. They cannot life ordinary like us. They cannot come together to same mosque like us. They different from us.

Maryam life style changes when he come to Jakarta, she is influenced by free life style in Jakarta. She begins disobedient. She loves someone who is not an Ahmadi. She leaves Ahmadi for Alam.

In this case the novel take place in Lombok, especially in Gerupuk. Gerupuk is Maryam’s home. Initially, society in Gerupuk look how Maryam family life. After they know that Ahmady is deviated community and they know that Ahmady evicted everywhere. They realize that Maryam’s family
different with them. Then they drove them out. Until Maryam’s family found a new place to stay. What they know is just keeps their beliefs and wait for justice. They just want their community accepted.

Maryam is an ordinary woman. She is a strong in character as a human that attack by many kinds of problems. Maryam has a power to keep herself stay strong solve her problem. She sacrifice for reason, she wants her problem solved and anything clear. Maryam has a freedom to create her life style because she has goal. When the problems come, she just sacrifice for herself, her family, and for her community in order to they accepted in society. She asks to governor by meet governor but the governor never give answer, until Maryam send the third letter to ask for justice.

2. DISCUSSION

Maryam keep her mind strongly to solve the problem and decide to divorced with Alam. It gives inner pressure in Maryam. She cannot do something to defend her relationship with Alam. It just because same problem, Maryam’s beliefs. Unconsciously in her inner feeling said that to solve her problem she should strive to strength her mind.

Unconsciously, human also strive to get what they want. Human can remember what they have gotten in the past, and they learn from it. Experiences is very important to their life. After they learn from past experience, they can solved their problem and reach their purpose in the future. They have purpose to reach, they do anything to make it come true.

It happen when Maryam realize and begin scary with her beliefs. She understands after know what people thought about their beliefs. She tired of being different. She learns from her experiences in the past, it makes her stronger when she facing her problems. She strives to stay strong to save herselfs and her family.

Human creative power is come from themselves, they produce it as long as their experiences in the past till this time in their life. Their self power
guide them to strive and reach their purpose. Sometimes someone sacrifice to get what they want or to get something precious in their life. Sacrifice to solved their problem, and make it clear.

Each person has their own life style, their self power that guide them to reach their purpose. Their life style come from themselves and related to society where they live. Someone lifestyle influenced by habitual environment, but they has a freedom to create their life style and anything what they want to do and also how they behave.

Maryam has her life style as Ahmadi, before she leaves and get married with someone who is not an Ahmadi. Follow the rules of Ahmadi. After she divorced with her husband, she comes back to her parents in Lombok and back being of Ahmadi. Style of life is related to society where we lived. We can influenced by around society.

Social interest is related to humanity, respectful and empathy. Every human definitely has society life, we cannot life by ourselves. We need other people help or life in society. Society is related to empathy and mutual help. We must be respect to others. Sometimes society influenced to our attitude. Because we know their habitual and we know what to do.

Maryam also influenced by her habitual lived in Jakarta. She lives far away from her parents, then influenced by life style in Jakarta. She begins to disobedient with her faith, when she decides to marry Alam. She leaves her beliefs and her family. She forgets anything, and enjoy her new life with Alam. Finally, she divorced and come back to her parents and back to her faith.

Creative power is related to ourselves. Our control to ourselves, we have a freedom to do anything and guide ourselves to how we will behave. We know how ourselves, to do something, strive for something because we have a purpose to reach, sacrifice to solve problems. It is a creative of our power in our body and our psychology.
D. CONCLUSION

After analyze the outcast novel uses individual psychological theory, the writer draws conclusion to summarize all of the structural elements and theory that uses to analyze this novel.

Inferiority feeling become part of Maryam feeling. It normally happens to her, because she gets many kinds of problem in her life. Her first problem comes when she desires to have a boyfriend. Her parents choose someone who is from Ahmad. She feels very happy with Gamal. Until someday, Maryam graduates from university and gets job in Jakarta. They are broken up. She desires to have a boyfriend because she wants to save herself. Finally, Maryam meets Alam and gets married. She is never thinking that she will get bad judgment from her parents in-law.

Maryam feels very weak when she tells about her marriage with Alam. Although, they are divorced. Maryam’s feelings very bad at that time. She regrets about all of things she have done. She leaves her family and disobedient her beliefs. She do it because of her parents in-law requirement to Marry Alam. Finally, they want their son divorce her.

Maryam strives to be strong facing her problem. Although, she feels very tired and scared of being different. She understands after divorced with Alam, she knows what others say and think about Ahmadi. But, she realizes that she must be strong facing all of bad judgment from others. Maryam gets married for second time with an Ahmadi named Umar. It is because of her parents desire. She is just obedient with her parent’s decision. Maryam thinks that everything is going to be fine, if she follows her parent’s desire. She is trying to keep her mind relax and solve the problems slowly.

Maryam lives as an Ahmadi, and they keeps her beliefs. She doesn’t care of others opinion. Maryam is trying to get her right as human. She lives at the same place, same country. But, they trait different from others. Maryam keeps her beliefs, and try to save her family and her community to be accepted in society. She drives out from her own home. She wants justice
from the government. Maryam has a purpose as an Ahmadi that always disturbed and never accepted in society. She wants to accepted and respected by society.

Maryam has her own lifestyle. She grows as an Ahmadi. She understands about Ahmadi and she keeps her beliefs. She has a new life in Jakarta. She is influenced by free lifestyle of Jakarta. She begins disobedient and changes her old lifestyle. Lifestyle is according to life in society. When she lives in Ahmadi society, she follows all of the rules that her parents teach to her since in her childhood. But, after she gets a new life at different place, she begins change everything. It is because her feelings and her mind has a purpose to reach. If someone has a purpose, it can be influence her behavior and attitude. She should do something or solve problems.

Social interest is a social life in Maryam life. Many people’s think and give bad judgment to Maryam as an Ahmadi. They judge that Ahmadi is a deviate community. They realize that they live in Indonesia. Indonesia is one of country that full of respect. It is appropriates to Ahmadi opinion. They want to get respect from society. But not Indonesian people that give them bad judgements.

Maryam has a creative of self like others. Maryam has her own way to behave and solve her problem. She strives to be strong because of her creative of herself that support her feelings and also her mind. She is trying meeting the Governor to get her right. In order to she and hundreds other of Ahmadi can live peacefully like others in their own home.
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