

An integrative model of happiness: Indonesia and indigenous psychology perspectives

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Happiness is an important thing for human. In the context of Indonesian society, happiness is emphasized more on the psychological condition of human experience rather than material wealth. The term happiness in Indonesia often refers to the concept of "*Tentram*", close to the feeling of tranquility, harmony, or peaceful situation. The purpose of this study is to present an integrative model of happiness consistent with the perspective of Indonesian people and Indigenous Psychology. The approach used in the research is a combination of quantitative and qualitative approach (mixed-model). Data was collected using an open-ended questionnaire and psychological scales of self-efficacy, social support and happiness (compiled by Kim, 2008). Data were analyzed by combining the results of text-data categorization and statistical data. Data were also analyzed by Structural Equation Modeling. Results showed that social support has direct influence on the happiness of people in Indonesia. The results will be discussed further.