

**TRIANGLE LOVE REFLECTED AT HARUKI MURAKAMI'S
SPUTNIK SWEETHEART (1999) NOVEL:
AN INDIVIDUAL PSYCHOLOGICAL APPROACH**



PUBLICATION ARTICLE

**Submitted as a Partial Fulfillment of the Requirements
for Getting Bachelor Degree of Education
in English Department**

Proposed by

**LINDA YUNITA SARI
A 320110164**

**SCHOOL OF TEACHER TRAINING AND EDUCATION
MUHAMMADIYAH UNIVERSITY OF SURAKARTA
2015**



UNIVERSITAS MUHAMMADIYAH SURAKARTA
FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN

Jl. A. Yani Tromol Pos I – Pabelan, Kartasura Telp.(0271) 717417 Fax: 715448 Surakarta 57102

Surat Persetujuan Artikel Publikasi Ilmiah

Yang bertanda tangan dibawah ini pembimbing skripsi/ tugas akhir:

Nama : Dr. Phil. Dewi Candraningrum, M. Ed.
NIP/NIK : 772
Nama : Titis Setyabudi, S.S., M. Hum.
NIP/NIK : 948

Telah membaca dan mencermati naskah artikel publikasi ilmiah, yang merupakan ringkasan skripsi (tugas akhir) dari mahasiswa:

Nama : LINDA YUNITA SARI
NIM : A320110164
Program Studi : Pendidikan Bahasa Inggris
Judul Skripsi : **TRIANGLE LOVE REFLECTED AT HARUKI MURAKAMI'S
SPUTNIK SWEETHEART (1999) NOVEL: AN INDIVIDUAL
PSYCHOLOGICAL APPROACH**

Naskah artikel tersebut layak dan dapat disetujui untuk dipublikasikan.
Demikian persetujuan dibuat, semoga dapat dipergunakan seperlunya.

Surakarta, Maret 2015

Pembimbing I

Pembimbing II


Dr. Phil. Dewi Candraningrum, M. Ed.
NIK: 772


Titis Setyabudi, S.S., M. Hum.
NIK: 948

**TRIANGLE LOVE REFLECTED AT HARUKI MURAKAMI'S
SPUTNIK SWEETHEART (1999) NOVEL:
AN INDIVIDUAL PSYCHOLOGICAL APPROACH**

Linda Yunita Sari
Dewi Candraningrum
Titis Setyabudi
Department of English Education
Muhammadiyah University of Surakarta
yun_linlin@yahoo.co.id

ABSTRACT

The problem of this study is to describe how is the triangle love reflected in Haruki Murakami's Sputnik Sweetheart novel. The object of the study is Sputnik Sweetheart novel written by Haruki Murakami. The research consists of an objective as follows; to analyze the novel based on an individual psychological approach. This study used qualitative research. The data sources consist of primary data and secondary data sources. The primary data source is the story of Sputnik Sweetheart novel itself and the secondary data sources are books or any information related the subject that supports an individual psychological approach. The method of collecting data are reading the novel repeatedly, identifying the problem and find the data, collecting some supporting data from other references related to the topic, selecting particular parts considered important and relevant for analysis and drawing conclusion and formulate its pedagogical suggestion. The technique of data analysis is descriptive analysis. The conclusions is based on an individual psychological approach, it can be concluded that Sumire illustrated a psychological phenomenon reflects the life of an individual is complicated with the triangle love and loneliness.

Key words: *triangle love, sputnik sweetheart, individual psychological approach*

A. Introduction

Every person has love in life. Love is important thing that people have. Love is variety different feelings, states, and attitudes that range from interpersonal affection to pleasure (Ahbes, 1948). It means that love is an echo in the feelings of a unity subsisting between two persons who are founded both on likeness and on complementary differences. According to McGrath (2002) in the power of love, "love is the best depressant". It means that love always makes people happy and sad, so love is very important in human life. People have many stories about love, for example love triangle. The triangle love is a romantic relationship involving three people, each of whom loves at least one of the other.

This novel tells about its unnamed narrator who remains true to Murakami form, a teacher by a process of elimination he simply is not engaged enough to try for a more demanding career. The one thing he does care about is an old college friends, Sumire is a duffer girl with literary ambitions who, much to his pain, has no feelings for him as a man. They are close enough but when Sumire finally does fall in love with her wine importer employer a beautiful married woman 17 years her senior he's the one to hear all about it. *Sputnik Sweetheart* consists of romantic triangle love. He loves Sumire, Sumire loves Miu and whatever goes on in Miu's head is anyone's guess (Miller, 2001).

Murakami's seventh novel to be translated into English is a short, enigmatic chronicle of unrequited desire involving three acquaintances the narrator, a 24 year old Tokyo school teacher. His friend Sumire, an erratic, dreamy writer idolizes Jack Kerouac, and Miu, a beautiful married business woman with a secret in her past so harrowing it has turned her hair snowy white. When Sumire abandons her writing for life as an assistant to Miu and later disappears while the two are vacationing on a Greek island, the narrator or teacher travels across the world to help find her. *Sputnik Sweetheart* consists of romantic triangle love. He loves Sumire, Sumire loves Miu and whatever goes on in Miu's head is anyone's guess.

Haruki Murakami born on January 12, 1949 in Kyoto, He won a prize for his first novel; *Hear the Wind Sing* (1979). His unusual style has been called "mysterious and surreal," a postmodern departure from other contemporary Japanese literature. The son of two teachers of Japanese literature, Murakami grew up in Kobe, Japan, reading Western authors and listening to Western music. He attended Waseda University in Tokyo, where he studied theater and worked at a record shop. Before he graduated, he had opened a coffeehouse or jazz bar in Tokyo with his wife, Yoko, which they ran for seven years, from 1974 to 1981 (Flanagan, 2014).

There are three literature review concerning Haruki Murakami's novel *Sputnik Sweetheart* (1999). The first study about *Sputnik Sweetheart* novel is conducted by Mutiara Nilangsuka, this study describes the meaning of Sputnik in *Sputnik Sweetheart* novel through the meaning created by the characters Sumire, Miu and K as well as of the relationships formed between them. The second is study which was conducted by Fatmah Alsalamean, this thesis aims to explore the presentation of the body and its connection to the consciousness created within a multitude of existences. The third study is conducted by Virginia Yeung, this paper aims to delineate commonalities and differences in the narrative structure of these two works.

This study is about triangle love and it is analyzed by using an individual psychological approach. By Adler's definition, there are six basic principles of individual psychological, namely fictional finalism, striving for superiority, inferiority feeling, style of life, social interest, and creative power (in Feist, 1985: 65). According to Adler as quote in Ryckman (1985: 95) Individual psychology is a science that attempts to understand the experiences and behavior of each person as an organized entity. According to Sternberg (1997: 316) the geometry of the love triangle depends upon two factors: amount of love and balance of love. Sternberg (1997: 315) added that any permutation of love contains at its root three components, there are intimacy (the emotional component), and passion (the motivational component), commitment (the cognitive component).

B. Research Method

In this research, the writer uses a qualitative research. It is library research while data sources are using literary data. It purposes to analyze novel using an individual psychological approach. The steps to conduct this research are determining the type of the study, the object of the study, data and data source, technique of collecting data, and technique of data analysis.

The type of data is the words, phrases, and sentences in the novel by Haruki Murakami. The object of the study is *Sputnik Sweetheart* Novel (1999) has written by Haruki Murakami. It is analyzed by using an individual psychological approach. There are two data sources that are needed to do this research, are: first, the source of primary data is the story of Haruki Murakami's novel, *Sputnik Sweetheart* (1999). Second, the sources of secondary data are from the other source related the study, such as: website, dictionary, and some book that support the analysis. The technique of data collection is reading the novel repeatedly, identifying the problem and find the data, collecting some supporting data from other references related to the topic, selecting particular parts considered important and relevant for analysis and drawing conclusion and formulate its pedagogical suggestion. While, the technique used in analyzing data is descriptive analysis. It concerns with structural elements and an individual psychological approach of the novel on triangle love reflected in *Sputnik Sweetheart* Novel (1999) has written by Haruki Murakami.

C. Finding and Discussion

1. Basic concept of Individual Psychology

The basic concept of Individual Psychology can be divided into six concepts: (1) Fictional finalism, (2) Striving for superiority, (3) Inferiority feeling, (4) Style of life, (5) Social interest, (6) Creative power.

a. Fictional finalism

Adler (in Hjelle and Ziegler, 1992: 154) states that each person's quest for superiority is guided by the fictional goal that he or she has adopted. Viahinger (in Feist, 1985: 65) believed that fictions are ideas that have no real existence, yet they influence people as if they really existed.

The first fictional finalism is Sumire's hope, where Sumire is aspiring to be a writer. No matter how many choices of life might bring her way, it was novelist or nothing. The second fictional finalism is Sumire wants to be her literary Idol of the month, Jack Kerouac. Sumire was absolutely nuts about Kerouac.

The next fictional finalism is seen when Sumire is intended to meet her mother who died when she was just 31. Sumire is an introvert person and emotional person who makes incompatibility in society but she has many friends. In there, Sumire falls in love with a woman as a work partner, Miu. Besides that, K loves Sumire very much like Sumire loves Miu. Sumire has fictional finalism to love her and live together with Miu, a sweetheart, but Miu does not agree with her opinion.

b. Striving for superiority

Each individual is forced by drivers to be superior, powerful and regarded. This is a response to the feeling of inferiority. By inferiority feeling, person will make some efforts to cover it. Person will strive to cover his or her weaknesses to be perfect, superior and regarded. The one dynamic force behind the person activity is the striving for success or superiority (Feist, 1985: 68).

The first striving for superiority of Sumire is seen when she was to be a real writer. The next striving for superiority comes when Sumire makes sure to live together as a husband and wife with Miu. Sumire assures Miu to loves her but it does not appropriate with her

expectation. Miu does not Sumire stay with her, because she has a husband and Miu is only intended Sumire to be an assistant. Sumire feels lonely when she is in Europe and far away from K. Sumire wishes K not far away from her in Europe for travelling.

c. Inferiority feeling

Inferiority feeling is “one of the important factors in forming and developing an individual’s personality towards his behavior in life” (Adler in Hall and Lindzey, 1985: 147). It can be said that he will do an action in solving problem of his life by seeing the superiority within personality to overcome his inferiority by creating interaction with them (Adler in Feist, 1985: 67).

Characteristic of inferiority feeling has negative effect because it makes someone unable to accept his or her weaknesses. Inferiority feeling usually closes over of weakness and shown strength. For instance, Sumire has inferiority feeling because of his sexual desire or lesbianism. The inferiority feeling of Sumire arises when he knows that Miu is rejected her love. Sumire feels heartbroken because of not married with her sweetheart. Inferiority feeling of Sumire arises when she feels sad when she is not to be a famous writer. But Sumire loves to write about anything, everything, and nothing.

The other inferiority feeling of Sumire is she feels comfort by her deepening friendship with K (narrator), a cheerful companion who always protects Sumire. K also helps Sumire in every time and everywhere.

d. Style of life

Adler (in Feist, 1985: 74) stated that style of life used to refer to the flavor of a person’s life. It includes not only the person’s goal, but also self-concept, feelings toward others, an attitude toward the world.

It is the product of the interaction of heredity, environment, goal of success, social interest, and creative power.

Life style is one of personality, the unity of personality, the problem of life and his attitude to life. Style of life must be combined with the social interest and creative power to reach the goal. Sumire's style of life is represented in his personality as a person who lives in society. Sumire is ordinary girl who does not like about grooming, gathering with her friends and glamour life, she has modest life. Sumire has something special about her, something that drew people to her. In the other hand, Sumire is an introvert person and emotional person who makes incompatibility in society but she has many friends. Besides that, Sumire is a kind of person who is lazy and does not care with herself. She does not like cooking.

e. Social Interest

Social interest means a striving for a form of community which must be thought of an everlasting, goal of others, we help ourselves toward the same goal (Adler in Ryckman, 1985:96).

In social interest, everyone has interest to socialize with other people. Since social interest is a part of human nature, everyone has an existence in a social context since the day he or she was born. Social interest can influence the individual's personality. For instance, in this novel the major character Sumire is a good woman with a good personality. She is kind to everyone and loving his parents. She has relation with many people so when she have problem in his life or office, many people support her. Sumire has high social interest although she is an emotional person. All of Sumire's friends can accept her condition. Besides that, She also good social interest with K and Miu. So, the social environment supports Sumire for all activities. Besides having good social interest, Sumire has a creative power to reach her goal. Sumire tries to be brave to give expression

feeling to her love, Miu. She just wants to find her love. She tells everything what she wants to tell.

f. Creative Power

According to Adler (in Feist, 1985: 66) everyone has various ways and strategies that are different from others, which are used to solve his problem of life. This different is what we call as "the creative self of an individual" (Feist, 1985: 66). Creative self itself means "an integration between inborn potential and environmental influences, which leads to an action to solve any problem in his life" (Feist. 1985: 66).

The creative power makes the human becomes free to do everything toward the purpose or goal. He or she will express what he or she thinking. For instance in this novel, Sumire has problem in his feeling, she is lesbianism who is like a woman. The creative power of Sumire is shown when she to be brave to give expression feeling to her love, Miu. Besides that, the creative power of Sumire happened when she does not able to make a living by writing, her step mother would provide her with a small stipend. But, Sumire already creates her desire and now she works with Miu as assistant.

2. Discussion

According to Wellek and Warren (1956: 81), the psychological study of the writer had seen by psychological of literature which might mean as type and as individual, or the study of the creative process, or the study of the psychological types and laws present within works of literature, or finally, the effect of literature upon its readers or the audience psychology. Wellek and Warren added that to tell a story, one has to be concerned about the happening, not merely the outcome. There is or was a kind of reader who must look ahead to see how a story 'comes out'; but one who reads only the 'concluding chapter' of a nineteenth

century novel would be somebody incapable of interest in story, which is process-even though process towards an end (1956: 215).

Sumire falls in love with a woman as a work partner, Miu. Besides that, K loves Sumire very much like Sumire loves Miu. Sumire has fictional finalism to love her and live together with Miu, a sweetheart, but Miu does not agree with her opinion. Sumire has inferiority feeling because of his sexual desire or lesbianism. The inferiority feeling of Sumire arises when he knows that Miu is rejected her love. The striving for superiority is response to the feeling of inferiority. It can be seen when Sumire makes sure to live together as a husband and wife with Miu. Sumire's style of life is represented in his personality as a person who lives in society. In this novel the major character Sumire is a good woman with a good personality.

The psychological analysis above shows the personality development of Sumire as the major character. She has big dream or goal to be a famous writer and can live together with Miu. The analysis through the six principles of Adler's individual psychological is connected to each other and builds a unity from Sumire personality. Haruki Murakami wrote Sputnik Sweetheart as the reflection of the experience for them who have any problem with love especially triangle love like Sumire. Sumire's personality is shaped dominantly that brings her to be a good woman with the good personality although she is lesbianism. Besides that Sumire has a big dream to be a famous writer in the world.

D. Conclusion

Based on the analysis in the previous chapters, this study comes to the following conclusion. Based on the psychological approach it can be concluded at the novel, Sumire illustrated a psychological phenomenon in which the life of an individual is very much complicated with the triangle love and loneliness. Sumire as a major character Sputnik Sweetheart novel

has many manner for his life. Haruki Murakami dedicated this book to all people around the world who have same love's experiences like Sumire.

Sputnik Sweetheart is a novel and it can be classified as psychological novel. It is a story about a woman named Sumire who falls in love with a woman who is older than her, Miu. So, the writer takes individual psychological theory by Alfred Adler to analyze this novel. The problem in *Sputnik Sweetheart* is the phenomenon that shows about the feeling of love by a woman who cannot control sexual desire to the other women, and she wants to get a freedom of loneliness. The phenomenon happened because she falls in love with a woman when she was twenty two years old. One of the effect of pedagogical problem above is she does not have someone to love her and she does not change a loneliness in her life.

BIBLIOGRAPHY

- Feist, Jess. 1985. *Theories of Personality*. New York: CBS College Publishing.
- Fredenburg, John. 1971. *How to analyze fiction*. New York: Simon and Schustera Division of Gulf and Western co.
- Hall, Calvin S. and Lindzey, Gardner. 1985. *Introduction to Theories of Personality*. New York: John Wiley and Sons.
- Hjelle, Larry and Ziegler S, Daniel. 1992. *Personality Theories: Basic Assumptions, Research, and Application*. Sydney: McGraw-Hill Book Company.
- Murakami, Haruki and Gabriel, Phillip. 2002. *Sputnik Sweetheart*. New York: Vintage International.
- Oktafiyantri, Dewi. 2014. *Andrew Beckett's Fight for Human Rights in Jonathan Demme's Philadelphia Movie (1993): An Individual Psychological Approach*. Unpublished Research Paper, Surakarta: Muhammadiyah University of Surakarta.
- Ryckman, Richard M. 1985. *Theories of Personality*. California: Brooks Publication.
- Sternberg, Robert J. (1988). *The Triangle of Love: Intimacy, Passion, Commitment*. New York: Basic Books.
- Wellek, Rene and Warren, Austin. 1956. *Theory of literature*. New York. Harcourt Brance & World Inc

VIRTUAL REFERENCES

[http://www.murakami.ch/about.hm/bookreviews/bookreview_sputnik_sweeth
eart.html](http://www.murakami.ch/about.hm/bookreviews/bookreview_sputnik_sweeth
eart.html). Accessed on February 4.2015 at 10:48 a.m

