

CHAPTER I

INTRODUCTION

A. Background of the Study

Human being in this world has a variety life. In life there are many kinds of problems they will face. If they have a problem sometimes there will be anxiety. Anxiety is something that can make a person feels afraid of anything or anyone. The causes of anxiety may come from internal factor like guilty feeling and external factors like disagreement, misunderstanding and many others. In this case, they cannot overcome it if they do not get satisfaction, composure and happiness. Then, anxiety appears as a result of those feelings. According to Zelenick (in Kuper, 2000: 856) anxiety as one of psychoanalytic principle is a part of psychology study. Psychoanalysis has an intellectual base, some researchers put psychological in the middle of physics, and then they correct it with hermeneutics, linguistics, and literature as a rival of biology, medical, psychiatry, and science.

Literary works are the works created by using many source and ideas. The source and ideas come to the author's mind by many ways also. They might be coming from their own imagination or experience. Through those sources, then, many authors can create so many interesting and fantastic stories whether they are fiction non-fiction as the category of stories in literary work. It can also be stated that the creations of literary works such as prose

fiction or novel, poetry and drama (Kennedy, 1983: 74) are created based on the author's experience or imagination.

Appreciating a literary work has the same significance and meaning as understanding human existence along with his entire mental inerrability problem. "Since literature is the exposition of man's mental life, it can be said that literature has a tight relationship to psychology. Literature and psychology have the same object of research, that is human being" (Wellek and Warren, 1984: 91).

Johanna Helen Lindsey was born on March 10, 1952 in Germany. Johanna wrote her first book, *Captive Bride* in 1977 "on a whim", and the book was a success. Johanna shows the psychological problem of anxiety in his novel *A Man to Call My Own* published in 2003. Actually, there are many other works of Johanna Lindsey like *Paradise Wild* (1981), *Glorious Angel* (1982), *Heart of Thunder* (1983), *Brave the Wild Wind* (1984), *Tender Is the Storm* (1985), *A Heart So Wild* (1986), *Savage Thunder* (1989), *Angel* (1992), *All I Need Is You* (1997), and many others.

A Man to Call My Own is one of Lindsay's works which tells about twin sisters Amanda and Marian Laton. They are identical twins but as different as night and day. Amanda is beautiful but nasty, and Marian is nice but plain. When their wealthy father suddenly dies, they are sent to live with their aunt in Texas.

There, the twins meet Chad Kinkaid, the cowboy son of a neighboring rancher. Marian is fascinated by Chad's good looks. But she knows that like

every other man she and her twin have met, he will pursue Amanda, not her. Chad is indeed beguiled by Amanda's beauty, Chad was initially really like Amanda because of her beauty but after a long time passed it turns out that Amanda's always approached the man who wanted to be close to Marian and in any way Amanda is always attractive to him and finally Chad dawned that Amanda's behavior will not be as good as her face because Amanda has a bad nature of malice against her twin sister, so if there are any men who want to approach her sister Marian, then Amanda always preclude men who want to approach Marian, with a thousand evil way that she would do, then the nature of jealousy that she had Amanda often feel anxious if she knows that her twin sister loved by men.

A Man to Call my Own novel is one of the exciting novels to be analyzed. There are some reasons that make the novel interesting and challenging to view: First reason is the characters and characterization in Johanna Lindsey's *A Man to Call My Own*. Amanda is an antagonist character in this novel. Amanda is the anxious person because she is the one who has malice that makes hate against her twin sister Marian and make it often felt anxious. Amanda was born in the family that is not in harmony because her father never loved his wife and their marriage was arranged by the families of both parties. They are just two people who live together and just share the same house. They can live quite well, but there was never a love that grows between them, only sister, which her father had gone away when Amanda and Marian was a baby. Her father never talked about his sister. An indication that

her father does not care about anyone else, but her father loved Amanda very spoil her in a very different way to Marian because her father never thought that Marian was there.

The second reasons are the problems in this novel, such as the anxieties of Amanda. Not only the major character but also the problem in this novel about family and love in life and the third reason the researcher chooses the issue anxiety is because the issue is suitable with the novel. Amanda is anxious because she has the shortage and make Amanda hate her twin sister Marian. This novel is a kind of literature that has a tight relation with psychology, because it is the exposition of human living mental.

In the novel we can find Amanda's nature to her twin sister who hates her because of so many anxieties will lack that she has. This phenomenon in the real world is often be found. There are some ways which are used by Amanda to hide his anxiety.

Sigmund Freud's psychoanalytic theory can be applied to study this phenomenon. Many researchers have been conducted to show the relevance of those literature and psychology. Based on the fact above the present writer intends to conducts a study on psychological aspect of a character in a novel. The research then is focused on anxiety of Amanda, the major character in *a man to call my own*, a novel written by Johanna Lindsey.

Based on the description above, the researcher tries to focus on the anxiety of Amanda, one of the major characters in this novel using psychoanalytic approach. This research will be entitled "ANXIETY OF

AMANDA IN JOHANNA LINDSEY'S *A MAN TO CALL MY OWN* NOVEL
(2003): PSYCHOANALYTIC APPROACH

B. Literature Review

Anxiety of Amanda in Johanna Lindsey's in *A Man to Call My Own* novel as far as the writer knows that there is no such kinds of research analyzing this novel whether in Muhammadiyah University of Surakarta Region. So it is the first research on this novel. In this occasion, the researcher takes the psychoanalytic approach to reveal recognition of courage in *A Man to Call My own* as one of the characteristic in this novel.

C. Problem Statement

The Problem statement of the study is "How is anxiety of Amanda reflected in Johanna Lindsey's *A man to Call My Own* novel (2003)?"

D. Limitation of the Study

The limitation of the study is on Anxiety of Amanda in Johanna Lindsey's *a Man to Call My Own* novel (2003). This study uses a Psychoanalytic Approach.

E. Objectives of the study

In carrying this research the researcher formulates the objectives of the study as follows:

1. To analyze Anxiety of Amanda in Johanna Lindsey's *A Man to Call My Own* novel (2003) based on its structural elements.
2. To analyze Anxiety of Amanda in Johanna Lindsey's *A Man to Call My Own* novel (2003) based on Psychoanalytic Approach.

F. Benefit of the study

There are two benefits in this study:

1. Theoretical Benefit

To give additional information that can be used by the other literature researchers who are interested in analyzing this novel.

2. Practical Benefit

To enrich the researcher's knowledge about literary work especially in understanding the novel related to the aspect of psychoanalytic.

G. Research Method

There are five elements in the research method of this research paper:

(1) Type of the Study, (2) Object of the Study, (3) Type of Data and Data source, (4) Technique of the Data Collection and (5) Technique of the Data Analysis.

1. Type of the Study

In this study, the researcher applies qualitative study which takes the source data from library, internet and literary data. Qualitative study is

concerned with providing description of phenomena that occur naturally. This study attempted to present the data from perspective of the observed subject.

2. Object of the Study

The object of the study is *A Man to Call My Own* novel by Johanna Lindsey in which the researcher is going to analyze it by using psychoanalytic Approach.

3. Type of the Data and the Data Source

There are two types of data sources namely:

a. Primary Data Source

The primary data source is *A Man to Call My Own* novel by Johanna Lindsey.

b. Secondary Data Source

The secondary data sources are books or any information related to the practice anxiety that support the psychoanalytic approach.

4. Technique of the Data Collection

The technique of collecting data is library research. The data from both primary and secondary sources are collected as evidence. These are the techniques of collecting data :

- a. Reading and Learning Comprehension the novel repeatedly.
- b. Reading translation novel to get more understanding.
- c. Reading some related reference to observe the theory, data and information.

- d. Accessing to the internet to get several information and articles related to the object of the study.
- e. Making a summary and determining (title, issue, topic, theory) about that novel

5. Technique of the Data Analysis

In analyzing the data the researcher uses descriptive analysis, in which the researcher identifies of the anxiety and main character Johanna Lindsey's in *A Man to Call My Own* novel using psychoanalytic Approach.

H. Research Paper Organization

This research paper is divided into five chapters. The first chapters is Introduction, which consists of the Background of the Study, Previous Study, Problem Statement, Limitation of the Study, Objective of the Study, Benefit of the Study, and Research Method and Paper Organization. The second chapter is the underlying theory that consists of the notion of psychoanalysis, structure of personality, and anxiety. The third chapter is structural analysis of the novel. In this chapter the researcher explains the structural elements of the novel. The fourth chapter is psychoanalytic analysis. And the last chapter is conclusion and suggestion.