

DEPRESSION OF ANNE LIES REFLECTED AT PRAMOEDYA ANANTA

TOER'S NOVEL *THIS EARTH OF MANKIND* (1975):

A PSYCHOANALYTIC APPROACH

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DEPRESSION OF ANNELIES REFLECTED AT PRAMOEDYA ANANTA

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A PSYCHOANALYTIC APPROACH

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Abstract

This study is about depression. The problem of this study is how the depression of Annelies reflected at Pramoedya Ananta Toer's novel *This Earth of Mankind* (1975). There are two objectives of the study; the first is to analyze the structural elements of the novel and the second is to analyze the character of Annelies based on psychoanalytic perspective of Sigmund Freud.

In analyzing *This Earth of Mankind*, the researcher uses the psychoanalytic approach and qualitative method. The object of the study is *This Earth of Mankind* novel by Pramoedya Ananta Toer. In this research, there are two types of data, namely primary and secondary data. The primary data is the novel *This Earth of Mankind* itself, while the secondary data are taken from some information needed.

The result of the study shows the following conclusions. First, based on the structural analysis it is clear that this novel illustrates the condition of Indonesian in the Dutch Colonialism period. Second, based on the psychoanalytic approach the result shows that the depression is influenced by personality and anxiety.

Keywords: Depression, This Earth of Mankind, Psychoanalytic Approach.

A. Introduction

1. Background of the Study

This Earth of Mankind is an famous romantic novel created by Pramoedya Ananta Toer, an Indonesian writer. This novel was first published in Indonesia by Hasta Mitra as “*Bumi Manusia*” on August, 1980. This novel was translated in 33 languages. One of them is “*This Earth of Mankind*” translated by Max Lane. In *This Earth of Mankind* novel contains 335 pages (20 chapters), it is an amazing love story with followed by history of Indonesian in the Dutch Colonialism.

The major character of *This Earth of Mankind* is a Javanese boy, Minke. He studies in an elite Dutch school because he is a descendant of Javanese royalty. Minke’s life changes when he meets *Nyai Ontosoroh*, a concubine of a Dutch man. Further, Minke falls in love with Annelies, the beautiful Indo daughter of *Nyai Ontosoroh*. Annelies is a beautiful girl and still too young to work hard. She hasno any friends, loses playing time like most girls in her age, although she has wealth. Annelies is also a passive girl. Her personality is created by her mother. She is easy to get sick when her mind is tense. When Annelies got married with Minke, their marriage has no legal validity in Dutch law. Further, Maurits Mellema demands Annelies to go to Netherland because she is still minor. From all of events in her life, Annelies gets depression.

This Earth of Mankind is a great novel which gives the reader love story and history that useful to the next generation. There are four reasons the researcher is interested in studying this novel. The first reason, this novel gives the knowledge about history of Indonesian in the Dutch colonialism. This novel gives illustrations about the condition of Indonesian with many problems from politic, law, until love. This novel tells the story with a beautiful blend between history and love. The second reason, depression is a kind of disorder that often happens to many people in the world. If a person with a depressive situation is not cured by someone, he will live in misery and commit suicide. In the education perspective, a depression can influence the learning ability of a student. Depression has affects to the child; he may has difficulty in thinking, poor concentration, and problems with memory. The third reason is that in each part of this novel is really interesting to be read and it's easy to be understood. *This Earth of Mankind* written in typically language of Pramoedya. The readers are invited to particiate in the displayed characters of the story. The fourth reason is the character of Annelies is a character that is interesting as object of reseacrh. Annelies is the important character that influences Minke's life. Annelies with all her problems and personality tells about the right way to educate children. So the character of Annelies in *This Earth of Mankind* is interesting as object of reseacrh.

2. Literature Review

Based on the researcher's observation there is one research on Pramoedya Ananta Toer's *This Earth of Mankind* by Nursita Wulandari (2003) THE PROTAGONISTS' CONFLICTS AS A REFLECTION OF PRAMOEDYA'S LIFE IN THIS EARTH OF MANKIND. Yogyakarta: Sanata Dharma University. The analysis of the novel uses biographical approach and socio-historical approach. It focused on the protagonists' conflicts as revealed in Pramoedya's novel *This Earth of Mankind*. Also the relationship between the protagonists' conflicts and Pramoedya's personal life. The conclusion is the protagonists' conflicts are Pramoedya's reflection of life related to his concern on humanity.

The difference between Nursita's research and the current research is in the theme and the perspective. Nursita's research focuses on the relationship between the protagonists' conflicts and Pramoedya's life. She uses biographical approach and socio-historical approach. While the current research focuses on analyzing the depression of Annelies by using psychoanalytic approach.

3. Problem Statement

In this study the researcher focuses in analyzing the depression of Annelies as reflected in *This Earth of Mankind* novel using psychoanalytic. The problem of this research is how the depression of

Annelies reflected at Pramoedya Ananta Toer's novel *This Earth of Mankind*.

4. Objectives of the Study

The objectives of the study is to analyze *This Earth of Mankind* novel based on structural elements of novel and to analyze the depression of Annelies reflected at Pramoedya Ananta Toer's novel based on a psychoanalytic approach.

5. Benefit of the Study

There are two benefits in this study, theoretical and practical benefit. In theoretical benefits, the study will be profitable contribution to psychoanalytic literary criticism progress. Whereas in practical benefit, the study will be useful for next researcher. It can be compared as their consideration and reference when they are conducting the study related to this topic.

6. Underlying Theory

In this study, the researcher uses some underlying theory which taken from the book that related with the study to support the data and help the researcher in order to analyze *This Earth of Mankind* novel. In this study, the researcher tries to employ Psychoanalytic Approach consisting of notion of psychoanalytic, the structure of personality, anxiety. Then continue the notion of depression and kind of depression.

This research uses the psychoanalytic theory of Freud to analyze the novel. Psychoanalysis is “a technique for investigating an individual’s unconscious thought and feeling” (Hjelle and Ziegler, 1992: 86). Freud stated that “psychoanalytic aims at and achieves nothing more than discovery of the unconscious in mental life” (Pervin, 1984:71). Psychoanalytic also tries to find a person to show his personality in his social life. It is dealing with feeling, thinking, and imaging of someone, can be called personal life.

Freud develops three concepts or structures of personality namely *id*, *ego*, and *superego* (Pervin, 1984: 76). *Id* (Biological aspect) is the original structure of human’s personality and it is home base of the development *ego* and *superego*. *Ego* (Psychological aspect) is province of human mind in contact with outside world. *Superego* (Sociological aspect) is the moral ethic of human being personality. Although these aspects have each function, characteristic, and principal work, but they correlate each other (Feist, 1985: 25-26).

In psychoanalytic theory, anxiety is a painful emotional experience and representing a threat or danger to the organism (Freud in Pervin, 1984: 80). Freud stated that people can feel afraid about the dangers both inside and outside (Hall, 1954:84). Freud recognized three types of anxiety, there are realistic anxiety, neurotic anxiety, and moral anxiety.

According to Freud (in Feist, 1985:31) “A person may experience realistic anxiety while driving in heavy, fast moving traffic. The dangerous situation is real and originates in the external world”. Freud defined neurotic anxiety as “apprehension about unknown danger”. Freud also stated that “moral anxiety has its origin in the conflict between the *ego* and the *superego*”.(Feist, 1985:31)

The World Health Organization defines depression as “Depression is a common mental disorder, characterized by sadness, loss of interest or pleasure, feelings of guilt or low self-worth, disturbed sleep or appetite, feelings of tiredness and poor concentration. According to McKeon, depression is a normal experience. Depression usually appears because of precisely reason (1987: 7). McKeon divides kind of depression (1987: 9-21): Reactive depression is the most common type of depression and it is an extension of the normal feeling depressed after a loss. Neurotic depression is the depression depend on the person’s personality. Endogenous depression is mainly derived from biological problem and tends to happend in families. Manic depression is the depression which followed by elation.

B. Research Method

1. Type of the Study

In this study, the researcher uses a descriptive qualitative method. The steps to conduct this research are (1) determining the type of the study, (2) determining the object of the study, (3) determining data and data source, (4) determining technique of data collection, and (5) determining technique of data analysis.

2. Object of the Study

The object of the study is Pramoedya Ananta Toer's novel *This Earth of Mankind* (1975). It is analyzed by using a psychoanalytic approach.

3. Type of the Data and the Data Source

There are two types of the data namely primary data and secondary data that are needed to do this research.

a. Primary Data

The primary data are the main data obtained from all the words, dialogues, phrases and sentences in the novel. The primary data sources of the study are *This Earth of Mankind* novel by Pramoedya Ananta Toer.

b. Secondary Data

The secondary data are the supporting data taken from other sources related of the study, such as: website, dictionary, some books that support the analysis.

4. Technique of the Data Collection

In conducting the study, the researcher uses the technique in collecting the data as follows: reading the novel several times and determining the characters that will be analyzed first. Reading some related books to find out the theory, data and information required. Making notes of important parts in both primary data and secondary data. Classifying the data into categories and drawing conclusion to get the last result.

5. Technique of the Data Analysis

The researcher uses two techniques in analyzing the data:

- a. Analyzing the structural elements on *This Earth of Mankind* novel.
- b. Analyzing the depression of Annelies reflected at Pramoedya Ananta Toer's Novel *This Earth of Mankind* using descriptive qualitative analysis.

C. Research Finding and Discussion

The first research finding is based on the structural elements of *This Earth of Mankind* novel. The researcher analyze the character and characterization, setting, plot, point of view, style, and theme.

Based on the analysis of the character and characterization of the major and minor character in the novel, it shows that major character, Annelies Mellema is physically described as beautiful young girl, she has white-skin, refined, a European face, hair and eyes of a Native. Morally

Annelies is a courteous, very obedient to her mother, spoiled and childish. Mentally, Annelies is a passive girl. She seldom associates with others. She is busy with her job. This happens because her mother forces her to work harder. Socially, although Annelies' mental is spoiled and childish, but on the other hand, she is a brilliant girl in her job. She can manage the employees, and handle some works in her company.

Based on the analysis of the setting, it is divided into two parts. There are setting of place and setting of time. Setting of place in *This Earth of Mankind* sets in Surabaya, Indonesia. Most of the events in this novel are set in Nyai Ontosoroh's house in Wonokromo, Minke's boarding house in Kranggan, Jean Marais's house in Kranggan, H.B.S. school, Minke's house in B city. Setting of time takes place in the Dutch colonialism period in Indonesia. Consider Surabaya in 1898, the place and year that this novel begins. The setting of time in this story involves the years, months, weeks, day and time such as several months later, many such years, one year, week, in those days, three days later, after lunch, mid-day Sunday, that night.

Based on the analysis of the plot, it can be divided into four parts. They are exposition, complication, climax, and resolution. In the exposition, the story begins when the author of the novel introduces him as Minke. Minke shows his condition about the environment, education and his perception about the Dutch Colonialism period. The story begins to be complex when Minke visits Wonokromo, Nyai Ontosoroh's house, and

then he falls in love with Annelies. The story begins to be complex when Minke falls in love with Annelies, the beautiful Indo daughter of *Nyai Ontosoroh*. Then, a lot of conflicts happen. Minke gets problem in his school, parents and society. Minke is dropped out from school, he quarrels with his father and his brother, and becomes a gossip in society. Then Annelies gets problem in herself. She cannot live apart from Minke. She becomes ill and absent-minded, it causes her work disorganized. Climax occurs when *Tuan Herman Mellema* died in Babah Ah Tjong's house. After that Maurits Mellema, a legitimate son of *Tuan Herman Mellema*, demands *Tuan's* inheritance. Not only that, but he also litigates Annelies to live in Netherland because she is still under age. Here, a lot of conflicts occur between police and *Nyai's* family including Minke. The conflicts are due to police's decision and the defence of *Nyai's* family. Minke makes article in newspaper about his problems. Society knows about it and help him. But in the other hand, it is so difficult against the police with the power of White Court. Finally, the resolution of this story is when *Nyai Ontosoroh* and Minke try hard against the law at that time. They lost although the battle happens between Darsam and police. They cannot defend Annelies and their company. Annelies lives in Netherland with Maurits' family.

Based on the analysis of point of view, the author uses the first person's point of view. The author participates as Minke who is the major character. The author tells what happened to him and expresses his own

feelings in his own words. He introduces himself in the beginning and other characters are mentioned in the plot of the story.

Based on style, *This Earth of Mankind* uses standard grammatical structure through narration and dialogues. Sentence structure tends to be long and short sentences. The short sentences are usually used in the dialogue between the characters. The long sentences are used to give explanation in either the character. Diction in this novel uses simple words but it contains Javanese language, and Dutch language. Style also uses figurative language such as personification, hyperbola, and simile.

Based on the analysis of theme, *This Earth of Mankind* novel is the love story that shows differences of culture in the Dutch Colonialism Period. This novel also shows rules and law condition during Dutch colonialism period. Pramoedya Ananta Toer conveys the name of Minke in the story of the novel. In *This Earth of Mankind*, he describes how the Minke's life with a lot of problems after Minke meets Annelies. It describes Minke as Native and Annelies as Indo that struggle for their love. Pramoedya also shows Annelies' life with tell the condition of her family.

The analysis above shows that the structural elements of the novel are connected each other. The characters of the novel build the story. The unpredictable plot makes the reader excited to read the novel. Setting of place and setting of time are support the illustration of the story. The

structural elements of *This Earth of Mankind* novel creates unity and cannot be separated from each other.

The second research finding is based on Psychoanalytic Analysis. It can be divided into three parts, they are Annelies's personality, Annelies's anxiety and Annelies's depression.

1. Annelies's Personality

Annelies had big desire, dream, and obsession to satisfy her life. Her *id* wanted to possess Minke for herself. Annelies' desire wanted to be near with Minke and wanted to get marry with him. Annelies' obsession toward Minke made her difficult to control herself. If her *id* dissatisfy, it gave impact on her life. She became easier to get sick and her personality changed. The next discussion is about *superego*. Annelies' *superego* cannot reduce her *id*. Her *id* is all about Minke. Annelies kept her desire to satisfy. During she was keeping her desire, her mind tense, and she often got sick. *Supergo* failed to be the protector of *id*. The last personality is the *ego*. *Ego* has function to satisfy the *id*. *Superego* cannot reduce the *ego* if it is about Minke. Annelies could not be patient with the big desire. She wanted all desire about Minke to satisfy quickly. If the *ego* needed time to satisfy, it would gave impact to her. So, Annelies was often sick because of Minke, and her personality must be saved by drugs.

2. Annelies's Anxiety

Annelies' anxiety occurs when she is afraid to lose Minke. The dominant of Annelies's anxiety is the neurotic anxiety. In neurotic anxiety, Annelies is afraid about unknown danger. She often thought bad things and made her more suffer. It happened to her because she very loved Minke. Until her *id*, anxiety, the *ego* made her depressed.

3. Annelies's Depression

The depression faced by Annelies is called neurotic depression and manic depression. Neurotic depression of Annelies occurs because she is a passive woman. Her personality is created by her mother and she does not have any initiative if it is not from her mother. Annelies loved her mother very much. She thought what her mother did was the right thing. On the other hand, her passive character made Annelies had not any friends. Her life was so lonely, because she just worked everyday. Then she met and fell in love with Minke. Annelies became different, began to create her own personality and left her mother's influence in her life. From the big desire about Minke, she tried to face her own problem without any help from other people. It made her often sick, her mind was very volatile and gave impact on her body. So, she was drugged by Doctor to save her personality.

After neurotic depression, Annelies also suffered from depression. Manic depression is depression that is followed by elation. Here, the condition of Annelies suffered from depression because of Minke.

Then she got elation after the depression also because of Minke. In this part occurs repeatedly. It made her more suffered, until she must be given by over drugs to save her personality. Beside that, drugging also could give impact on her health. The peak of depression when she could not let go of everything. She must surrendered with the condition to save her life.

D. Conclusion

The analysis of the previous chapter brings this study into following conclusions. First, based on the structural analysis. The analysis of structural elements of the novel are connected each other. The characters of the novel build the story. The unpredictable plot makes the readers excited to read the novel. Setting of place and setting of time support the illustration of the story. The structural elements of *This Earth of Mankind* novel creates unity and cannot be separated from each other.

Second, based on analysis the depression of Annelies. Annelies got depression because she lost her own personality and fear about her love. The depression of Annelies is neurotic depression and manic depression. Her mother's influence in her personality, made her became passive. She got fear to lose her love, made her more suffered and oppressed by her condition. When human cannot solve the problem, they become depressed. It can be dangerous if not get handling to save their life.

The researcher expects this research paper will be useful to give a contribution to the other researcher who are interested in conducting a study on Pramoedya Ananta Toer's *This Earth of Mankind* novel. Therefore, the researcher suggests the other researchers to make deeper research about the novel from other approaches. The other researchers can analyze cultural system in the Dutch colonialism period by using Postcolonial Approach. The researcher realizes that there are many weaknesses in this research paper. This caused by the limit of the researcher's knowledge on literature. Finally, the researcher hopes that the reader can take the lesson from this study and it can be useful to the readers as comparison to the other research in widening the knowledge of literary studies.