

## **CHAPTER I**

### **INTRODUCTION**

#### **A. Background of the Study**

Depression is someone's normal reaction when he suffers from losses or obstacles in life. Depression can be felt by everyone in their life, depending on one's capacity to face the problems. According to Counseling and Psychological Service George Mason University, depression is a disturbance in mood, thought, and body characterized by varying degrees of sadness, disappointment, loneliness, hopelessness, self-doubt, and guilt. According to Borrill (2000: 2), he states

The word depression is used to describe a range of moods from low spirits to a severe problem that interferes with everyday life. The experience of depression is an overwhelming feeling which can make you feel quite unable to cope, and hopeless about the future. If you are depressed your appetite may change and you may have difficulty sleeping or getting up. You may feel overwhelmed by guilt, and may even find yourself thinking about death or suicide.

According to Freud, (in Student Psychology Journal Vol.1: 116) describes the state of depression as "mentally characterized by a profoundly painful depression, a loss of interest in the outside world, the loss of ability to love, the inhibition of any kind of performance and a reduction in the sense of self, expressed in self-recrimination and self-directed insults, intensifying into the delusory expectation of punishment.

From the some statement above we can see that depression can be experienced by humans because of many factors. In general, depression causes deep grief that makes their mind are in disorder. Depression does not only attack people's mood, but also their health. Someone who suffers depression is hard to think normally and easy to get sick. Depression is very dangerous if they cannot handle it quickly. Depression can be handled by special treatment according to type of the problem.

Novel is one of literature that many people prefer. By reading the novel, someone will feel that he is a character in the novel. James Kauzer (in Endaswara, 2004: 123) said that although you tell someone but actually you tell about yourself. Novel uses language as a medium. Linguists are aware that language has functions not only as communication tool, but also much more as representative from and showroom of power (Raharjo, 2002:38). Literature is not only for pleasure but also helps the readers understand other people's feelings, thoughts, and attitudes toward life. Novel has a lot of functions in our life. Novel can be used as an education, entertainment, and also as a research tool.

One of the famous novel in the Dutch colonialism period is "*This Earth of Mankind*" the first book of the Buru Quartet Pramoedya Ananta Toer. This novel was published on August 1980 by Hasta Mitra as "*Bumi Manusia*". Then this novel was translated in English by Max Lane as "*This Earth of Mankind*" and published by Penguin Books Australia in 1982. Pramoedya becomes popular because of publishing his novel, he wrotes

this novel when he was detained in Buru island. Pramoedya illustrates the Dutch role and the condition of Indonesian. *This Earth of Mankind* novel also appeared worldwide in 33 languages.

The major character of *This Earth of Mankind* is a Javanese boy, Minke. He studies in an elite Dutch school because he is a descendant of Javanese royalty. Minke's life changes when he meets *Nyai Ontosoroh*, a concubine of a Dutch man. Further, Minke falls in love with Annelies, the beautiful Indo daughter of *Nyai Ontosoroh*. From here, Minke begins to participate in the problem of *Nyai Ontosoroh*'s family. *This Earth of Mankind* novel shows the injustice condition of Indonesians depending on social status during Dutch colonialism.

*Nyai Ontosoroh* is Indonesian woman and concubine of a Dutch man named *Tuan Herman Mellema*. *Nyai Ontosoroh* has two children from her marriage, namely Robert Mellema and Annelies Mellema. Robert is a man who considers himself as a Dutch, like his father, while Annelies feels as Indonesian woman like her mother. Annelies is a hard worker, she helps her mother take care of the company, because her father and brother never think about it. Annelies is a beautiful girl and still too young to work hard. She has no any friends, loses playing time like most girls in her age, although she has wealth. Annelies is also a passive girl. Her personality is created by her mother. She is easy to get sick when her mind is tense. When Annelies got married with Minke, their marriage has no legal validity in Dutch law. Further, Maurits Mellema demands Annelies to go

to Netherland because she is still minor. From all of events in her life, Annelies gets depression.

There are four reasons why the researcher is interested in studying this novel, first this novel gives the knowledge about history of Indonesian in the Dutch colonialism. Second is because of depression is a kind of disorder that often happens to many people in the world. Third is that in each part of this novel is really interesting to be read and it's easy to be understood. Fourth is the character of Annelies is a character that is interesting as object of research.

The first reason, this novel gives the knowledge about history of Indonesian in the Dutch colonialism. This novel gives illustrations about the condition of Indonesian with many problems from politic, law, until love. This novel tells the story with a beautiful blend between history and love. The second reason, depression is a kind of disorder that often happens to many people in the world. If a person with a depressive situation is not cured by someone, he will live in misery and commit suicide. In the education perspective, a depression can influence the learning ability of a student. Depression has affects to the child; he may has difficulty in thinking, poor concentration, and problems with memory. The third reason is that in each part of this novel is really interesting to be read and it's easy to be understood. *This Earth of Mankind* written in typically language of Pramoedya. The readers are invited to participate in the displayed characters of the story. The fourth reason is the character of

Annelies is a character that is interesting as object of research. Annelies is the important character that influences Minke's life. Annelies with all her problems and personality tells about the right way to educate children. So the character of Annelies in *This Earth of Mankind* is interesting as object of research.

Moreover, based on the fact, the researcher was interested in analyzing this novel by using psychoanalytic approach. In this study the researcher encouraged herself to give a title **“DEPRESSION OF ANNELIES REFLECTED AT PRAMOEDYA ANANTA TOER’S NOVEL *THIS EARTH OF MANKIND* (1975): A PSYCHOANALYTIC APPROACH”**

## **B. Literature Review**

Based on the researcher's observation there is one research on Pramoedya Ananta Toer's *This Earth of Mankind* by Nursita Wulandari (2003) **THE PROTAGONISTS' CONFLICTS AS A REFLECTION OF PRAMOEDYA'S LIFE IN THIS EARTH OF MANKIND**. Yogyakarta: Sanata Dharma University. The analysis of the novel uses biographical approach and socio-historical approach. It focuses on the protagonists' conflicts as revealed in Pramoedya's novel *This Earth of Mankind*. Also the relationship between the protagonists' conflicts and Pramoedya's personal life. The conclusion is the protagonists' conflicts are Pramoedya's reflection of life related to his concern on humanity.

The difference between Nursita's research and the current research is in the theme and the perspective. Nursita's research focuses on the relationship between the protagonists' conflicts and Pramoedya's life. She uses biographical approach and socio-historical approach. While the current research focuses on analyzing the depression of Annelies by using psychoanalytic approach.

### **C. Problem Statement**

Based on the previous background of the study, the researcher proposed the problem "How is the depression of Annelies reflected at Pramoedya Ananta Toer's novel *This Earth of Mankind*?"

### **D. Limitation of the Study**

In this study, the researcher focuses this research in analyzing the depression of Annelies reflected in Pramoedya Ananta Toer's novel *This Earth of Mankind* on a psychoanalytic approach.

### **E. Objectives of the Study**

In carrying this research the researcher formulates the objectives of the study as follows are:

1. To analyze *This Earth of Mankind* novel based on structural elements of novel
2. To analyze the depression of Annelies reflected at Pramoedya Ananta Toer's novel *This Earth of Mankind* based on a psychoanalytic approach.

## **F. Benefit of the Study**

There are some benefits expected from this study, such as:

### **1. Theoretical Benefits**

Theoretically, it will be profitable contribution to psychoanalytic literary criticism progress.

### **2. Practical Benefits**

Practically, it will be useful for the next researcher. It can be compared as their consideration and reference when they conduct the study related to this topic.

## **G. Research method**

### **1. Type of the Study**

In this study, the researcher uses a descriptive qualitative method. The steps to conduct this research are (1) determining the type of the study, (2) determining the object of the study, (3) determining data and data source, (4) determining technique of data collection, and (5) determining technique of data analysis.

### **2. Object of the Study**

The object of the study is Pramoedya Ananta Toer's novel *This Earth of Mankind* (1975). It is analyzed by using a psychoanalytic approach.

### **3. Type of the Data and the Data Source**

There are two types of the data namely primary data and secondary data that are needed to do this research.

#### **a. Primary Data**

The primary data are the main data obtained from all the words, dialogues, phrases and sentences in the novel. The primary data sources of the study are *This Earth of Mankind* novel by Pramoedya Ananta Toer.

#### **b. Secondary Data**

The secondary data are the supporting data taken from other sources related of the study, such as: website, dictionary, some books that support the analysis.

### **4. Technique of the Data Collection**

In conducting the study, the researcher uses the technique in collecting the data as follows:

- a. Reading the novel several times and determining the characters that will be analyzed first.
- b. Reading some related books to find out the theory, data and information required.
- c. Making notes of important parts in both primary data and secondary data.
- d. Classifying the data into categories.
- e. Drawing conclusion to get the last result.



## 5. Technique of the Data Analysis

The researcher uses two techniques in analyzing the data:

- a. Analyzing the structural elements on *This Earth of Mankind* novel.
- b. Analyzing the depression of Annelies reflected at Pramoedya Ananta Toer's Novel *This Earth of Mankind* using descriptive qualitative analysis.

## H. Paper Organization

This research paper is divided into five chapters. Chapter one is introduction including background of the study, literature review, problem statement, limitation of the study, objective of the study, benefit of the study, research method, and research paper organization. Chapter two is underlying theory. It deals with the notion of psychoanalytic theory, the basic concepts of psychoanalysis, notion of depression, the kinds of depression and theoretical application. Chapter three is structural analysis of the novel, including character, setting, plot, point of view, style, and theme. Chapter Four is dealing with the analysis of the characters using psychoanalytic approach. The last chapter is conclusion and suggestion of the research.