

CHAPTER I

INTRODUCTION

This chapter presents the introduction of the research. It describes background of the study, literature review, limitation of the study, problem statement, objective of the study, benefit of the study, research method and research paper organization.

A. Background of the Study

In literary world there are many kinds of art works produced by people who are interested in literature. In different ways those, people create art works such as poem, novel, drama, songs etc. Based on the development of literary, many kinds of activity are used to find the meaning, the power of the content, the stress and the value within the literary works, such as doing analysis by using the theory from the expert in literary works. Literary works were read sometimes unconvincingly as fantasies that allowed authors to indulge repressed wishes, to protect themselves from deep-seated anxieties, or both, means that there are great relations between struggles to defeat the anxieties and inferior.

Klarer (1998:1) stated that literature is referred to as the entirety of written expression, with the restriction that not every written document can be categorized as literature in the more exact sense of the word. Literature is related to somebody feelings. Literature is divided in two of prose and poetry, Prose is a literary work that is not bound while the poem is a literary work that is bound by certain rules and regulations. One examples of literary works

is poetry, traditional poetry, while the poem is an example of literary prose is novel, story or short story and drama literature.

Range of approaches from literary in a novel is Psychological, Psychoanalytic Criticism, Sociological Approach, Humanism, Feminist, Marxism, Structuralism, etc. One of the samples of approaches is by using an individual psychological approach. Individual psychology is a term used specifically to refer to the psychological method or science founded by the Viennese psychiatrist Alfred Adler (Fall, Holden, & Marquis, 2002). The English edition of Adler's work on the subject (1925) is a collection of papers and lectures given mainly in 1912-1914, and covers the whole range of human psychology in a single survey, intended to mirror the indivisible unity of the personality.

The concept of "individual psychology" was formulated in the process in which Adler broke away from the psychoanalytic school of Sigmund Freud (Dinkmeyer, Pew, & Dinkmeyer, 1979). In this development, Adler did call his work "free psychoanalysis" for a time, but he later rejected the label of "psychoanalyst" (Hoffman, 1994). His method, involving a holistic approach to the study of character (Mosak & DiPietro, 2006), has been extremely influential in later 20th century counselling and psychiatric strategies (Oberst & Stewart, 2003).

The term "individual psychology" can also be used more generally to refer to what is more commonly known as differential psychology, or the psychology of individual differences. Usage of this term is likely to imply a

more individualistic focus than is found in mainstream psychology of individual differences, where there is frequently a bias towards nomothetic research.

Here the researcher wants to analyze one of literary works that is novel. The novel is entitled *Eleven Minutes*, the novel with 177 pages tells about a prostitute- Maria, a Brazilian small townner who sets out on the path of prostitution in search of adventure and money. The novel's author is Paulo Coelho. The hard cover was first published in USA by HarperCollins Publisher. It first published in Brazil by Editora Rocco in 2003 as *Onze Minutos*. It was translated by Margaret Jull Costa and Signed by Coelho on the front free end page. "Signed First Edition" sticker affixed is to dustjacket front panel.

The novel tells about a young girl from a remote village in Brazil, with innocent brushes with love failures at an early adolescent stage and hatred for love goes to seek her fortune in Switzerland, only to find that reality is a lot harder than she expected. After working in a nightclub as a samba dancer for a brief period, she realizes that this is not what she wants. After a heated discussion with her manager one night, she storms out and begins to look for a career in modeling. After a long unsuccessful search for a position in that field, and as she starts running out of money, she engages herself for 1000 francs for "one night" with an Arab man. Delighted with the easy money and after compromising with her soul she lands in a brothel on Rue de Berne, the heart of Geneva's red-light district.

There is her best friend Nyah who gives her advice on her "new profession" and after learning the tricks of the trade from Milan, the brothel owner, she enters the job with her body and mind shutting all doors for love and keeps her heart open only for her diary. Quickly she becomes quite successful and famous and her colleagues begin to envy her. Months pass and Maria grows into a professionally groomed prostitute who not only relaxes her clients' mind, but also calms their soul by talking to them about their problems.

Her world turns upside down when she meets Ralf, a young Swiss painter, who sees her "inner light". Maria falls in love with him immediately and begins to experience what true love is (according to the author, it is a sense of being for someone without actually possessing him/her). Maria is now torn between her sexual fantasies and true love for Ralf. Eventually she decides that it is time for her to leave Geneva with her memory of Ralf, because she realizes that they are worlds apart. But before leaving, she decides to rekindle the dead sexual fire in Ralf and learns from him about the nature of Sacred Sex, sex which is mingled with true love and which involves the giving up of one's soul for the loved one.

Bibliography of Author, Paulo Coelho was born in Rio de Janeiro, Brazil. In 1970, after deciding that law school was not for him, he traveled through much of South America, North Africa, Mexico, and Europe. Returning to Brazil after two years, he began a successful career as a popular songwriter. In 1974, he was imprisoned for a short time by the military

dictatorship then ruling in Brazil. In 1988, Coelho published *The Alchemist*, which has sold more than 11 million copies worldwide and has been translated into 41 languages. He has written more than a dozen novels, including *The Pilgrimage* and *Veronika Decides to Die*, both of which are being adapted to film. Coelho is an outspoken activist for peace and social justice, and also supports the free distribution of his work. He and his wife Christina split their time between Rio de Janeiro, and France.

After reading the novel and the plot and summary of the novel, In this case of study there are some reason why the researcher wants to study the work. Firstly is to get better understanding of the novel, in literary field as references to other researchers in analyzing the novel especially based on the Adler's theory individual psychological approach.

Secondly, the researcher is interesting in doing the analysis of Eleven Minutes because the novel tells about a struggle woman to be better life and to create her dream, she want having much money.

Finally, the last reason is the research is to supply theoretical framework in the research of literature in the English Department in order to gain experience, understand, and apply the theory of An Individual Psychological Approach to Analysis about A Struggle For A Better Life.

Here the researcher wants to analyze the inferiority and superiority related of the main character in dealing the problems. Then the researcher proposes to conduct a research entitled: A Struggle For A Better Life

reflected in Paulo Coelho's Eleven Minutes novel (2003) : An Individual Psychological Approach

Concluding remark : In this thesis, the writer is encouraged to entitle the research as the following : A Struggle For A Better Life reflected in Paulo Coelho's Eleven Minutes novel (2003) : An Individual Psychological Approach

B. Previous Study

This research deals with the some previous researches but it has the difference and similar in some matters. To prove the originality of the research, the research will show the previous study that deals with the research.

The first research is review form by Anastasia Triyuni Anggraini (2011) entitled *The Influence of Ralf Hart's Character Toward Maria's Character Development As Seen in Paulo Coelho's Eleven Minutes*. This research discusses Maria's new character after her meeting with a painter, Ralf Hart, a rich, single, young artist who gives her big influence in her life unintentionally in a luxurious bar. At the first meeting, he ask Maria to be his model. Slowly that moment marks the beginning process of Ralf Hart's contribution on the changing of Maria's view about life. By paying attention to Maria, Ralf changes Maria's point of view of her life. He also shares his experience in reaching his success, for sometimes Ralf makes some discussions with Maria about plato's point of view. From their meeting and their discussions, Maria changes her point of view indirectly.

The second research is also review form that was done by Ganesan Kavitha entitled *The Spiritual Journey of a Prostitute in Coelho's Eleven Minutes* focuses on *Eleven Minutes* holds the most controversial status owing to its storyline. It vividly, with most astounding style of writing revolves around the protagonist (i.e. Maria), a prostitute, with a beginning point where she decides that this could be an exciting and adventurous job. Yet, what starts off as curiosity and anxiety towards sexual encounters, especially after her adolescent frustration towards love, eventually brings her unto realising her love for a painter. Nevertheless, throughout her journey as a sex worker, she finds the ultimate truth about herself. A spiritual realisation, ironically, in the case of this novel, emerges through the "eleven minutes" of sacred sex. Therefore, it is the aim of this paper to examine the ways in which Coelho had portrayed the sexual journey of a prostitute as a spiritual one.

Considering the two previous studies above, the researcher wants to conduct the close and almost similar research. The similar with the first and second research is about the object (data) of the study. The difference with the first and second studies is about the type of the study, issue of the study, and objectives of the study. That is why this research is crucial to be conducted. So, the researcher deals with the research entitled *A Struggle For A Better Life Reflected in Paulo Coelho's Eleven Minutes Novel (2003): An Individual Psychological Approach*.

C. Limitation of the Study

This research, the researcher focuses on a struggle in Paulo Coelho Novel (2003) and it is an individual psychological approach. Concerning with individual approach, there are many problems to be analyzed, but this research, the analysis is limited only a struggle for a better life in Paulo Coelho's (2003) an individual psychological approach. The data will be analyzed by using individual psychological theory by Adler.

D. Problem Statement

The problem statement of the study is as follows :

“How is a struggle for a better life reflected in “Paulo Coelho’s” novel (2003)?”

E. Objective of the Study

The objectives of the study are the following :

1. To analyze structural elements of the novel.
2. To analyze a struggle for a better life in “Paulo Coelho’s Eleven Minutes” novel (2003) based on an individual psychological approach.

F. Benefit of the Study

The benefits expected from this study is as follows :

1. Theoretical Benefit

The study is projected to give novel contribution and information to the larger body of knowledge, particularly in the literary studies.

2. Practical Benefit

The study is expected to enrich the knowledge and experience of the writer and other students at UMS or other universities interested in literary studies.

G. Research Method

1. Type of the Study

In this research, the researcher applies qualitative research. The data sources are library and literary data. Its purpose is to analyze using individual psychological approach. The steps to conduct the research are as follows: 1. determining the type of the study, 2. determining the object of the study, 3. determining data and data source, 4. determining technique of data collection, and finally 5. determining technique of data analysis.

2. Object of the Study

The object of the study is a struggle for a better life in Paulo Coelho's *Eleven Minutes* novel (2003).

3. Type of the Data and the Data Source

There are two types of data, namely primary and secondary data, as follows:

a.) Primary Data

The primary data source is the novel of A Struggle For A Better Life in Paulo Coelho's *Eleven Minutes* (2003).

b.) Secondary Data

The secondary data sources are books or any information related to the practice of a struggle for a better life that support the individual psychological analysis.

4. Technique of the Data Collection

The techniques of data collection are as follows:

- a. Reading the novel repeatedly,
- b. Taking notes of important parts both primary and secondary data,
- c. Arranging the data into several groups based on its theoretical category,
- d. Selecting particular parts considered important and relevant for analysis, and
- e. Drawing conclusion and formulate its pedagogical suggestion.

5. Technique of the Data Analysis

In analyzing the data, the writer applies a descriptive approach. The steps taken by the writer in analyzing the data are as follows: the first is analyzing the data based on its structural elements. Focus will be paid on the structural analysis of the novel. The second step is analyzing the data based on individual psychological approach. Focus will be paid on the meaning of the struggle for a better life.

H. Research Paper Organization

To make this study clear, understandable, and systematic, this study is divided into five chapters. Chapter 1 contains introduction that consists of background of the study, previous study, problem statement, limitation of the study, objectives of the study, benefits of the study, research method and research paper organization. Chapter II is about underlying theory that deals with an individual psychological theory, struggle structural elements of the novel and theoretical application. Chapter III covers the structural analysis that consists of structural elements of the novel that includes character and characterization, setting, plot, point of view, style and theme of the novel and discussion. Beside that, this chapter also contains discussion of the structural elements of the novel. Chapter IV is about a struggle to be better life based on an individual psychological approach toward the novel. Chapter V is divided into two parts namely conclusion and suggestion.