

CHAPTER I

INTRODUCTION

A. Background of the Study

Human are created by the God with different forms and completed with thoughts to survive. In human's life, the human have to face up a lot of needs, especially the needs of love and belongingness are important things in human life. Love is something that can make people feel happy, safe, and get appreciation from others. Love and belongingness are important needs to everyone, and people need to be loved by some body, parents, relatives, and so on. Need for love and belongingness are needed to have interaction with family, friends, society, relatives, and religious group.

Love and belongingness are the right of people as human being. Without love people cannot do anything. Love is universal; it means that love is not only between the man and woman who get fall in love. But love can be reflected in the relationship between parents and children. In daily life, there is one of the example of love and belongingness that can be seen in the close relationship like man needs for love and belongingness otherwise from the women.

David Nicholls' *One Day* shows an extraordinary love story between Dexter Mayhew and Emma Morley. They have only just met. They both knew that the next day, after college graduation, they must go their separate ways. But after only one day together, they cannot stop thinking about one another. As the years go by, Dexter and Emma begin to lead separate lives.

Their lives are very different from the people they once dreamed they had become. However, they cannot get off from the special thing that is grabbed onto them in the first night; an extraordinary relationship develops between the two. Over twenty years, snapshots of that relationship are revealed on the same day- July 15th-of each year. Dexter and Emma face squabbles and fights, hopes and missed opportunities, laughter and tears. And as the true meaning of this one crucial day is revealed, they must come to grips with the nature of love and life itself.

This novel also covers the researcher's biography. David Nicholls was born November 30, 1966 in Hampshire, England, UK. He is an English novelist, screenwriter, and international bestseller. He attended Barton Peveril sixth-form college at Eastleigh, Hampshire, from 1983 to 1985 (taking A-levels in drama and theatre studies—like his elder and younger siblings—English, physics and biology), and playing a wide range of roles in college drama productions. He then attended Bristol University in the 1980s (graduating with a BA in Drama and English in 1988) before training as an actor at the American Musical and Dramatic Academy in New York.

One Day novel by David Nicholls is a romance comedy novel. It makes the researcher interested to analyse this novel because of some reasons. First, in the novel the character has its own characteristics. There is Emma Morley, a lovely, yet modest woman who dreams of becoming a great writer, while dead end jobs and complicated relationships challenge her along the way. Then there is the other half of the story, Dexter, her best

friend Dexter Mayhew. While Dexter is rich, handsome and charming. His strained relationship with his parents (including his ill mother Alison), his brush with fame (for a time he hosts a cheesy television talk show) and his inability to give his heart completely to Emma (particularly in their younger years) makes him a bit hard to love at times. In addition to the will they or would not they get together pair, you will meet Ian, a struggling stand-up comedian and friend of Emma is who is hopelessly in love with her and Sylvie, a kind, but torn woman whom Dexter marries and has a child with before their relationship heads in an unexpected direction.

The researcher will analyze on the *One Day* novel (2009), *One Day* is a romance comedy novel written by David Nicholls. Released of August, 2011 in the United Kingdom. *One Day* is very interesting novel. *One Day* novel is published by Hodder and Stoughton. Published on 11 of June, 2009. This novel gets good reaction from the reader. The novel received 88% rating from Rotten Potatoes. The novel was adapted being a movie by Lone Scherfig. This romance comedy novel has 448 pages and 2cover.

Considering the explanation and the fact above, the researcher tries to analyze the novel by using humanistic psychological. This novel is about a true love between Dexter Mayhew and Emma Morley. They have only just met. They both know that the next day, after college graduation, they must go their separate ways. But after only one day together, they cannot stop thinking about one another. As the years go by, Dexter and Emma begin to lead separate lives. Their live are very different from the people they once

dreamed they had become. However, they cannot get off from the special something that is grabbed onto them in the first night, an extraordinary relationship develops between the two. Over twenty years, snapshots of that relationship are revealed on the same day- July 15th-of each year. Dexter and Emma face squabbles and fights, hopes and missed opportunities, laughter and tears. And as the true meaning of this one crucial day is revealed, they must come to grips with the nature of love and life itself.

Second, the researcher is interested to analyze this novel because Moral values contained in the novel *One Day* by David Nicholls covering aspects of rigidity, tenacity, hard work and struggles of life.

Third, the researcher chooses this novel because it is interesting to analyse. The novel is romantic, excited, and it can give the researcher spirit to gets a better life. This novel is about the journey of life two people looking for identity and true love.

Last, the researcher chooses this issue (belongingness and love) because the love aspect of this novel is very strong than the other aspect, and also inspired from the five hierarchy of needs, so the researcher uses the theory of the study by using Humanistic Psychological Approach.

Humanistic approach is the study that analyses about human being and behaviourism. Researcher in humanistic seeks to understand and explain thought, emotion and behaviour. Application of humanistic divided into five levels of needs that must be satisfied. The five hierarchy needs levels are:

psychological needs, self and security needs, love and belongingness, self-esteem needs, and self-actualization needs.

Based on the reason the researcher will observe *One Day* novel by using humanistic approach. So the researcher constructs the title,

“Belongingness and Love in David Nicholls’s *One Day* Novel (2009): A Humanistic Psychological Approach”.

B. Previous Study

The study of *One Day* has ever been conducted by Susanti Wita Arizona (UMS,2009), entitled “Dexter’s personality development reflected in David Nichols’ *One Day* (2009): A Psychoanalytic Approach”. This study is about Personality Development. The problem of this study is to reveal how the personality development in major character during time to time for almost twenty years is reflected in *One Day* novel created by David Nicholls published in 2009. In this opportunity the researcher decide to conduct a research on the belongingness and love of Dexter’s way to keep fighting for Emma’s love. Here the researcher uses a Humanistic Psychological Approach.

C. Problem Statement

Related to the title and background of the study, the problem statement as follow: “How is belongingness and love reflected in David Nicholls’s, *One Day*?”

D. Focus of the Study

To clear out the study, the researcher limits the study. The researcher is going to analyze Dexter as one of the major character in David Nicholls's novel *One Day* based on Humanistic Psychological approach.

E. Objectives of the Study

The objectives of the study are as follows:

1. To analyze the novel based on its structural elements by finding character and characterization, setting, plot, point of view, style, and theme.
2. To analyze the Novel based on Humanistic Psychological approach.

F. Benefits of the Study

The benefits of the study are divided into two parts:

1. Theoretical Benefit

The study is expected to give contribution to the larger body of knowledge especially on understanding literary studies on David Nicholls's *One Day* by using Humanistic Psychological approach.

2. Practical Benefit

This study is expected to enrich the researcher's own understanding about the novel and the application of the theory in the analysis.

G. Research Method

Dealing with research method, there will be at least four points that need to be involved in this research.

1. Type of the Study

In this research, the researcher uses descriptive qualitative method which focuses on the analysis of textual data.

2. Object of the Study

The object of the study is the Novel of David Nicholls's *One Day*, in which the data are analyzed using structural analysis and humanistic psychological approach.

3. Type of the Data and the Data Source

a. Primary Data Source

The primary data source is the novel *One Day* Hodder Book 2009. The primary data are words, phrases, sentences, narration, and dialogues in the novel.

b. Secondary Data Sources

Secondary data sources are some material related to the data required, such as writer biography, the data taken from official website, related theories, etc.

4. Technique of the Data Collection

The method used for collecting data is library research by collecting and selecting both primary and secondary data. The researcher will involve some required steps:

- a. Reading the novel comprehensively.
- b. Identifying the topic of the novel.
- c. Determining the major character that will be analyzed.
- d. Reading some related books to find out theory, data, and information required.
- e. Taking notes of information in both primary data and secondary data sources.
- f. Arranging the data into several parts based on classification.
- g. Analyzing the data of the research on Abraham Harold Maslow theory of humanistic approach. Drawing conclusion based on the analyzed data.

5. Technique of the Data Analysis

The technique used in analyzing the data is descriptive. Descriptive means the researcher interprets the text and content analysis relating to psychological condition of major character.

H. Research Paper Organization

The study consists of five chapters. The first chapter is introduction, which contains the background of study, previous study, problem statements, limitation of the study, objectives of the study, benefits of the study, research method, and paper organization. While, the second chapter is underlying theory. Third chapter is research method using structural analysis, while the

analysis is presented in fourth chapter and in the last chapter is conclusion and suggestion.