

## DAFTAR PUSTAKA

- American Association of Clinical Endocrinologists., 2013. *Terapi Farmakologi Diabetes Melitus*.
- American Diabetes Assosiasi, 2010. *Definition of Diabetes Melitus*. Diakses pada 7 April 2013.  
<http://www.diabetes.org/diabetes-basics/?loc=GlobalNavDB>
- Analisis Lanjut Data RISKESDAS 2007. *Gizi Indon*. 32(2): 105-116.
- Arisman, MB. 2010. *Obesitas, Diabetes Mellitus, & Dislipidemia*. Jakarta: EGC
- Aziza, L., Sja'bani M., Haryana, SM., Soesatyo, MHNE., Sadewa, AH. 2011. *Hubungan Endotelin-1 Dengan Hipertensi Pada Penduduk Mlati, Slamet, Yogyakarta, Indonesia*. *J Indon Med Assoc*. 61: 237-242
- Basworo W., 2013. *Laporan Daftar Pasien Prolanis DM Tipe 2 Surakarta*.
- Basuki B, 2001. Age, body posture, daily working load – past antihypertensive drugs and risk of hypertension: a rural Indonesia study. *Med J Indon*. 2001;10(1):29-33
- Bauters *et al.*, 2003. Influence of diabetes mellitus on heart failure risk and outcome. *Cardiovascular Diabetology* ; 2:1-16.
- Bays *et al.*, 2009. *Perceived Body Image in Men and Women with Type 2 Diabetes Mellitus: Correlation of Body Mass Index with The Figure Rating Scale*. *Nutrition Journal*. 8:57.
- Bickley, LS. 2008. *Pemeriksaan Fisik & Riwayat Kesehatan Bates*. Jakarta: EGC
- Bowo, 2011. *Diagnosis dan Manajemen DM Tipe 2*. Nathan DM et al. *Diabetes Care* 2006;29(8):1963-72.
- Braun *et al*, 2012. *Hypertension*. JNC 7. Chicago
- Bratasaputra., 2013. *Prevalensi Hipertensi pada Penderita DM dan Non DM* .
- Budiatro E., 2004. *Metodologi Penelitian Kedokteran*. Jakarta: Buku Kedokteran EGC.
- Budiharto, 2012. *Metode Penelitian Kesehatan*. Jakarta: EGC.
- Chandra B., 2007. *Pengantar Statistik Kesehatan*. Jakarta: EGC.
- Cardio., 2012. *Prevalens of Hypertension in Nigeria*.

<http://www.ncbi.nlm.nih.gov/pubmedhealth/>

Calkins D.P., 2007. Hypertension. In: Libby P, Bonow RO, Mann DL, eds. *Braunwald's Heart Disease: A Textbook of Cardiovascular Medicine*. 8th ed. Philadelphia, Pa: Saunders Elsevier: chap 37. <http://www.nlm.nih.gov/medlineplus/ency/article/007278.htm>

Calles *et al.*, 2004. Type 2 diabetes: one disease, multiple cardiovascular risk factors. *Coron Artery Dis*;10:23-30.

Carr *et al.*, 2004. *Abdominal obesity and dislipidemia in the metabolic syndrome: Importance of type 2 diabetes and familial combined hyperlipidemia in coronaly artery disease*. *Risk jclin endocrinol metap* 2004: 89 : 2601-7

Center for Disease Control.2011. *Healthy weight Assesing BMI*. Diakses pada 10 April 2013. <http://www.cdc.gov/healthyweight/assessing/bmi/index.html> cdc 2011

Crause C.S., 2008. *food nutrition*. USA.

Dahlan M.S., 2011. *Statistik untuk Kedokteran dan Kesehatan*.Jakarta: Salemba Medika.

Dasgupta *et al.*, 2012. Effects of Meal Preparation Training on Body Weight, Glycemia, and Blood Pressure: Results of a Phase 2 Trial in Type 2 Diabetes. *International Journal of Behavioral Nutrition and Physical Activity* 2012, 9:125.

David *et al.*, 2012. *High Blood Pressure*. ADAM.

Depkes Jawa Tengah., 2008. *Profil Kesehatan Propinsi Jawa Tengah Tahun 2008*, Jawa Tengah.

Delva S., 2005.The pathophysiologi of Diabetes Mellitus, in:*Pthophysiology An Essential Text for the Allied Health Prefession*. 1th philadelphia: Elsevier pp. 342-344

Dill, 2000. Blood Sugar Regulation in Exercise. *Am. J. Physiol.* 111 : 21-30.

Diabetes Control and Complications Trial Research Group. The effect of intensive treatment of diabetes on the development and progression of longterm complications in insulindependent diabetes mellitus. *N Engl J Med* 2003;329:97786

- Dinkes kota Surakarta., 2006. *Profil Kesehatan Kota Surakarta Tahun 2005, 2006, Surakarta.*
- Droyvold et al., 2005. *Change Body Mass Index and Its Impact on Blood Pressure : a Prospective Population Study.* International Journal of Obesity (2005) 29, 650–655
- Fang S.M., 2010. *Relationship of body mass index, waist circumference and cardiovascular risk factors in Chinese adult.* Biomed Environ Sci. 2: 92-101.
- Feldsten et al, 2008. *Weight Change in Diabetes and Glycemic and Blood Pressure Control.* Diabetes Care 31. 10 (Oct 2008): 1960-5.
- Fernald et al., 2008. *Cash Component of Conditional Cash Transfer Program Is Associated with Higher Body Mass Index and Blood Pressure in Adults.* The Journal of Nutrition 138. 11 (Nov 2008): 2250-7.
- Fuchs et al., 2005 *Anthropometric Indices and the Incidence of Hypertension: A Comparative Analysis.* ObesityResearch. 13:1515-1517.
- Garber A.J., 2013. *American Assosiation of Clinical Endocrinologists Comprehensive Diabetes Management Algorithm.* 19: 327-336.
- Gelber et al., 2007. *Correlation BMI with Hypertension.*
- Gibney M.J., 2009. *Obesitas dan Diabetes Melitus tipe 2, in: Gizi Kesehatan Masyarakat.* 1th. Jakarta: Buku Kedokteran EGC. pp.211-215.
- Goldstein L.B.et al., 2011. *Guidelines for the primary prevention of stroke: a guideline for healthcare professionals from the American Heart Association/American Stroke Association.* Stroke. Feb;42:517-84. [PubMed].
- Gupta et al., 2010. *Strategies for initial management of hypertension.* Indian J Med Res.132(5): 531–542.
- Guyton., 2008. *Obesitas.* In: *Fisiologi Kedokteran.* 11<sup>th</sup> . Jakarta. Buku Kedokteran Indonesia EGC
- Hasurungan, 2002. *Faktor-faktor yang berhubungan dengan hipertensi pada lansia di Kota Depok tahun 2002 [Tesis].* Jakarta: Fakultas Kesehatan Masyarakat Universitas Indonesia; 2002
- Haris, S., Tambunan, T. 2009. *Hipertensi Pada Sindrom Metabolik.* Sari Pediatri. 11(4): 257-263
- Heimbürger, DC., Ard, DJ. 2006. *Handbook Of Clinical Nutrition 4th Edition.* St. Louis: Mosby

- Hayat et al., 2004. Diabetic cardiomyopathy: mechanisms, diagnosis and treatment. *Clinical Science* ; 107, 539–557.
- Hogikyan et al., 2006. Specific impairment of endothelium-dependent vasodilation in subjects with type 2 diabetes independent of obesity. *J Clin Endocrinol Metab* ;83:1946-1952.
- Hou et al., 2013. Impact of waist circumference and body mass index on risk of cardiometabolic disorder and cardiovascular disease in chinese adults: a national diabetes and metabolic disorders survey. 10: 1371.
- Hypertension in Adults. NHS. London.* <http://aje.oxfordjournals.org/content/172/10/1144.full#ref-19>
- Inggar, 2011. undip
- International Diabetes Federation. 2013. *About Diabetes*. Diakses pada 7 April 2013. <http://www.idf.org/about-diabetes>
- International Diabetes Federation. 2013. *Type of Diabetes Mellitus*. Diakses pada 7 April 2013. <http://www.idf.org/about-diabetes>
- Inzucci S.E., 2012. *Diagnosis of DM*. *N Engl J Med* 2012; 367:542-550 DOI: 10.1056/NEJMcp1103643.
- Janghorbani M., 2011. *Weight Change, Blood Pressure, Lipids and Glycemic Control among Patients with Type 2 Diabetes*, in: *Annal of Nutrition and Metabolism*. 10<sup>th</sup>. Karger : Isfahan pp. 58: 141-149.
- Julian, DG., Cowan, JC., McLenachan JM. 2005. *Cardiology Eight Edition*. New York : Elsevier Saunders
- Kannel et al., 2008. *Selular blood pressure trends in normotensive person*. *Am.Heart J.* 2008: 125: 1154-58
- Kaplan NM. *Clinical hypertension*. 8th ed. Lippincott: Williams & Wilkins; 2002.
- Karel, 2006. *Diabetic Dyslipidemia Management, The First East Indonesia Endo Metabolic Update, Perkeni Cabang Makassar*, 2006; 24–31.
- Kestenbaum B., 2008. *Differences in kidney function and incident hypertension: the Multi-Ethnic Study of Atherosclerosis*. *Ann Intern Med* 2008; 148(7):501-508.
- Kurniawan S., 2010. *Type 2 Diabetes Melitus in The Elderly*, in: *Kedokteran Indon.* 12<sup>th</sup>. Jakarta: 60.

- Librantoro., Rahayoe, AU., Andriantoro, H. 2007. *Correlation Between Plasma Leptin And Endothelin -1 Plasma Level in Obese Hypertensive Subjects*. Jurnal Kardiologi Indonesia. 28: 246-255
- Lillyasari, S. 2007. *Hipertensi Dengan Obesitas: Adakah Peran Endotelin-1 ?*. Jurnal Kardiologi Indonesia. 28: 460-475
- Martin J., 2008. *Hypertension Guidelines: Revisiting the JNC 7 Recommendations*. The Journal of Lancaster General Hospital. Vol: 3 No. 3.
- Mcdermott M.T. 2005. Diabetes Mellitus, in: *Secrets Endocrine*. 4<sup>th</sup> ed. Philadelphia: Joan Sinclair pp. 11.
- Mihardja L., 2009. *Faktor yang Berhubungan dengan Pengendalian Gula Darah pada Penderita Diabetes Mellitus di Perkotaan Indonesia*. Kedokt Indon, Volum: 59, Nomor: 9, September 2009.
- Moafi *et al.*, 2011. *A Study on Body Mass Index, Blood Pressure, and Red Blood Cell Indices in New Entering Students of the University of Isfahan*. International Journal of Preventive Medicine 2. 4 (Oct 2011): n/a.
- Mooradian A.D., 2009. Dyslipidemia in Type 2 Diabetes Mellitus. In: *Natural Clinical Practice Endocrinology and Metabolism*. 4<sup>th</sup>. Florida: Jacksonville pp.5
- Mubarok *et al.*, 2008. *Hypertension Among 1000 Patients with Type 2 Diabetes Attending a National Diabetes Center in Jordan*. Annals of Saudi Medicine 28. 5 (Sep 2008): 346-51.
- National Diabetes Information Clearinghouse. *Diagnosis of Diabetes Mellitus*. 2013. Diakses pada 11 April 2013.
- National Institute for Health and Care Excellence. 2011. Clinical Management of Hypertension. Diakses pada 9 April 2013.
- National Institute For Health and Clinical Excellence., 2011. *Clinical Management of Primary*. <http://www.nhlbi.nih.gov/health/health-topics/topics/hbp/>
- National Institute of Diabetes and Digestive and Kidney Disease. *Statistic of Diabetes.2013*. Diakses pada 10 April 2013. <http://www.diabetes.niddk.nih.gov/dm/pubs/statistics/>
- National Center for Biotechnology Information. *Pathophysiology Hypertension in DM Type 2. 2013*. Diakses pada 9 April 2013. <http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0001502/>

- National Heart lung and Blood Institute. 2012. *Hypertension*. Diakses pada 8 April 2013.
- National Heart lung and Blood Institute. 2012. *Obesitas*. Diakses pada 9 April 2013.  
[http://www.nhlbi.nih.gov/health/public/heart/obesity/lose\\_wt/index.htm](http://www.nhlbi.nih.gov/health/public/heart/obesity/lose_wt/index.htm)
- NIH, 2012. NHLBI Obesity Education Initiative. *Clinical Guidelines on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults*. [http://www.nhlbi.nih.gov/guidelines/obesity/ob\\_gdlns](http://www.nhlbi.nih.gov/guidelines/obesity/ob_gdlns)
- Notoatmodjo S., 2010. *Metodologi Penelitian Kesehatan*. Jakarta: Rineka Pustaka.
- PERKENI. 2011. *Konsensus Pengelolaan dan Pencegahan Diabetes Melitus tipe 2*. Jakarta. <http://id.scribd.com/doc/73323977/Konsensus-DM-Tipe-2-Indonesia-2011>
- Persatuan Ahli Gizi Indonesia., 2010. *Prevalensi Obesitas di Indonesia*. <http://www.persagi.org/index.php?hal=fi2&keyIdHead=6>.
- Pick , 2003. Cardiovascular Disease and Diabetes. Text Book of Diabetes. Third Edition. USA, Blackwell Science Ltd, 2003;2: 56.10–56.11
- Poiror *et al.*, 2006. *Obesity and Cardiovascular disease: Pathophysiology, evaluations, and effect of weight loss*. *Arterioscler.Thromb.Vasc.biol.*2006: 26: 968-976.
- Program Pengelolaan Penyakit Kronis., 2013.*Laporan Daftar Pasien Prolanis DM tipe 2 Surakarta*.
- Quyyumi AA. Endothelial function in health and disease: new insights into the genesis of cardiovascular disease. *Am J Med* 2004;105:32S-39S
- Raharjeng dkk., 2009. Prevalensi Hipertensi dan Determinasi di Indonesia. *Kedokteran Indon*, Volum: 59, Nomor: 12, Desember 2009
- Ridwan dkk., 2009. Pengaruh insulin terhadap fungsi kardiovaskuler. *Jurnal penyakit dalam*.10:2
- Riset Kesehatan Dasar., 2007. *Laporan Nasional 2007*.
- Rise *et al.*, 2013. *Making and maintaining lifestyle changes after participating in group based type 2 diabetes self-management educations: a qualitative study*. *Plos One*. ; 8(5):e64009. doi: 10.1371/journal.
- Robin., 2008. Patofisiologi Diabetes Melitus, in : *Dasar Patologis Penyakit*. 7<sup>th</sup>. Jakarta. Buku Kedokteran EGC.

- Setiawan, 2006. *Karakteristik sosiodemografi sebagai faktor resiko hipertensi studi ekologi di pulau Jawa tahun 2004* [Tesis]. Jakarta: Program Studi Epidemiologi Program Pasca Sarjana FKM-UI; 2006.
- Stern MP. Diabetes and cardiovascular disease. The "common soil" hypothesis. *Diabetes* 2005;44:369–374
- Sugianti E., 2009. *Faktor Risiko Obesitas Sentral pada Orang Dewasa di DKI Jakarta*
- Supariasa, IDN., Bakri, B., Fajar, I. 2001. *Penilaian Status Gizi*. Jakarta: EGC pp59
- Surgh *et al.*, 2008. *Correlation BMI with Hypertension*.
- Swapan *et al.*, 2002. Segregation Analysis of Blood Pressure and Body Mass Index in a Rural US Community. *Human Biology*; Feb 2002;
- The Seventh Report of The Joint National Committee., 2003. *Prevention, Detection, Evaluation, and Treatment of High Blood Pressure. JNC 7 Express*.
- Ulijazteck *et al.*, 2012. *Results of Epidemiological Studies of Blood Pressure Are Biased by Continuous Variation in Arm Size Related to Body Mass*. *Human Biology* 84. 4 (Aug 2012): 437-44.
- Wilding ., 2003. Obesity and nutritional factors in the pathogenesis of type 2 diabetes mellitus *Textbook of Diabetes*. Pickup JC, Williams G (eds.), 3rd ed., Blackwell Science, Oxford: 20.1-20.16
- Wilson *et al.*, 2007. *Overweigh and obesity as determinants of cardiovascular risk. The Framingham Experience*. *Arc.Intren.Met.*2007: 162: 1867-72.
- WHO. 2013. *Prevalence of Diabetes Mellitus*. Diakses pada 5 April 2013. <http://www.who.int/mediacentre/factsheets/fs312/en/>
- WHO. 2011. *Prevalence of Diabetes Mellitus*. Diakses pada 6 April 2013. <http://www.who.int/mediacentre/factsheets/fs315/en/>
- Zheng *et al.*, 2011. The Association Between Body Mass Index and Incident Hypertension in Rural Women in China. *European Journal of Clinical Nutrition* (2010) 64, 769–775.