

CHAPTER I

INTRODUCTION

A. Background of the Study

Resilience is an interesting issue in a literary works. Resilience used for describe the same phenomena, which is called with surviving. It has some meaning and purpose for the writer and the reader. In some cases, people have strength to be the best on doing something or being something. They work with all their ability to get their dreams.

According to Grotberg (1999:51) suggest that resilience is the capacity of individuals to face, overcome, self-reinforcing, and still make changes experienced in connection with the examination. Every individual has the capacity to be resilient. The concept of resilience focuses on the formation of individual strengths so that difficulties can be faced and overcome. A similar view is expressed by Reivich and Shatte (2002:116), that resilience is the capacity to respond in a healthy and productive when faced with adversity or trauma, where it is essential to manage the pressures of everyday life.

Individuals with good resilience understand that mistakes are not the end of everything. Individuals take the meaning of the error and use the knowledge to reach for something higher. Individuals galvanize themselves and solve problems wisely, full, and energetic.

Connor & Davidson (2003:36) says that resilience is a quality of a person in terms of the ability to deal with suffering. And resilience is used to express

individual capability to survive and be able to adapt in a state of stress and suffering (Xianon & Zhang, 2007:63).

There were several methods which are used by people to survive in this world. People need to struggle seriously to get something useful for their life. But not all people struggle their life, fate fully some people will not do something. So we must appreciate to people who struggle to get something for their better life. Some people believe that by struggle in their life, one day, they will get peacefulness life. They have good ability to endure their life. Finally, people should have resilience to survive in this world.

The Hunger Games is a science fiction novel an American author, Suzanne Collins. First published in the United States on September 14, 2008 by publisher Scholastic. Suzanne Collins (born August 10, 1962) is an American television writer and novelist, best known as the author of *The New York Times* best selling series *The Underland Chronicles* and *The Hunger Games* trilogy (which consists of *The Hunger Games*, *Catching Fire*, and *Mockingjay*). Collins was born on August 10, 1962 in Hartford, Connecticut. She is the daughter of a U.S. Air Force officer who served in the Vietnam War. As the daughter of a military officer, she and her family were constantly moving. She spent her childhood in the eastern U.S. She attended high school at Carver High School in Alabama and at the Alabama School of Fine Arts, where she was a Theater Arts major. She graduated from Indiana University with a double major in Drama and Telecommunications.

Collins' career began in 1991 as a writer for children's television shows. She worked on several television shows for Nickelodeon, including *Clarissa Explains It All*, *The Mystery Files of Shelby Woo*, *Little Bear*, and *Oswald*. She was also the head writer for Scholastic Entertainment's *Clifford's Puppy Days*. She received a Writers Guild of America nomination in animation for co-writing the critically acclaimed Christmas special, *Santa, Baby!*

After meeting children's author James Proimos while working on the Kids' WB show *Generation O!*, Collins was inspired to write children's books her. Her inspiration for *Gregor the Overlander*, the first book of *The New York Times* best selling series *The Underland Chronicles*, came from *Alice in Wonderland*, when she was thinking about how one was more likely to fall down a manhole than a rabbit hole, and would find something other than a tea party. Between 2003 and 2007 she wrote the five books of the *Underland Chronicles*: *Gregor the Overlander*, *Gregor and the Prophecy of Bane*, *Gregor and the Curse of the Warmbloods*, *Gregor and the Marks of Secret*, and *Gregor and the Code of Claw*. During that time, Collins also wrote a rhyming picture book, *When Charlie McButton Lost Power* (2005), illustrated by Mike Lester.

In September 2008, Scholastic Press released *The Hunger Games*, the first book of a trilogy by Collins. *The Hunger Games* was partly inspired by the Greek myth of Theseus and the Minotaur. Another inspiration was her father's career in the Air Force, which allowed her to have better understanding of poverty, starvation, and the effects of war. The trilogy's second book, *Catching Fire*, was

released in September 2009, and its third book, *Mockingjay*, was released on August 24, 2010. Within 14 months, 1.5 million copies of the first two *Hunger Games* books were printed in North America alone. *The Hunger Games* has been on *The New York Times* Best Seller list for more than 60 weeks in a row. Lions Gate Entertainment acquired worldwide distribution rights to a film adaptation of *The Hunger Games*, produced by Nina Jacobson's Color Force production company. Collins adapted the novel for film herself. Directed by Gary Ross, filming began in late spring 2011, with Jennifer Lawrence portraying main character Katniss Everdeen. Josh Hutcherson played Peeta Mellark and Liam Hemsworth played Gale Hawthorne.

Collins said that the inspiration to write *The Hunger Games* comes from one of the reality shows on television. In the event that he witnessed people compete with each other to be the winner and at the same time, he also saw footage invasion of Iraq. As quoted from Collins statement on his official website:

"I watch a lot of reality shows that show young people compete for millions of dollars. Then, I saw pictures of the war in Iraq, two pictures were mixed up in my mind, and that was the moment where I get the idea of the story of Katniss"

In addition, the Greek mythology character Theseus is also one figure inspiration. Collins describes Katniss Everdeen as a futuristic Theseus version. Collins against his father's sense of loss in the Vietnam War also affected the

characterizations in the story, as seen from the story of the main character that lost his father at age 11, five years before the story begins.

This novel tells the story when North America destroyed, and then standing a country named Panem with the downtown Capitol surrounded by 12 districts and present a game called The Hunger Games which is mandatory for children 24 teenagers from all over the district. Named Hunger Games as the participants who won its district he represents will receive the gift of food is abundant and guarantee a better life. Gift of great interest to all participants and districts across the country represented by Panem are always in a state of starvation.

Games are held annually and broadcast live on TV around the country as a Reality Show was not just mere entertainment but rather designed as a punishment for the uprising has ever done one of the districts in the past. For that Capitol requires all 12 districts to send a girls and boys who are selected by lottery to fight each other. Of the 24 participant's only one winner so there are only two choices kill or be killed.

Katniss Everden, 16 years is a teenage girl who lives in District 12 with her mother and Prim, her sister. His father had to die from an accident at a coal mine. Since his father's death Katniss becomes the backbone of her family. Her favorite hunting allowed her to provide a little food to her mother and sister.

When the draw Hunger Games 74, Prim was selected to participate in Hunger Games, her affection for her sister and she is realized her sister will not be

able to survive as a winner, Katniss volunteered herself as a participant in place of her sister. The next lottery was fall on Peeta Mellark, the son of a baker. Unexpectedly Katniss's and Peeta's participation as a representative of District 12 makes Hunger Games to 74 to be so exciting and memorable experience for the entire population of the country Panem.

The theme and story line of the novel The Hunger Games is the first book of a trilogy (The Hunger Games, Catching Fire, Mockingjay) is simple but that makes it interesting is how Suzanne Collins concocting the story action, adventure, sports games plus drama Hunger Games and romance with Peeta Mellark - Katniss Everden. Romance inevitably has to be separated by death. If Katniss wants to be a winner then he should try to kill the other 23 participants including Peeta before she was killed by other participants. What if Katniss and Peeta live later that last? Should they kill each other?

In addition to present the Katniss and Peeta romance, the novel also expresses sides of humanity, the values of friendship, and sacrifice for a Katniss. When the other participants have lust to kill blinded by the desire to win the game, Katniss stick to her conscience to not kill if deemed unnecessary.

Katniss and Peeta adventure to fight to win this game with a very interesting story, Suzanne Collins presents interesting details how The Hunger Games is running, starting from the moment the draw participants, the quarantine period, the judging, the preparation of the participants, the battle among the

participants, until the completion of the game. Here is described how the jury has the full authority to control the game.

Because of the game in the form of extensive logging becomes a possible participant scattered Hunger Games so there is no physical contact between participants so that the flow of the game to be slow and TV audiences became bored. Therefore thanks to the technology of the time sophisticated jury was able to engineer the playing conditions, they were able to create rain, storms, forest fires, or whatever the Hunger Games lead participants to meet each other and attacking each other. Not only that, the jury also made the plants, animals engineered, and mutants are a threat to each participant. For committee Hunger Games more bloodshed, the more exciting the game was and the audience will be entertained.

In short, this novel is riveting as the readers, writer proficiency to build an interesting story to make the reader as if he were in the arena. The concept of a Reality Show lately so we often see on TV makes us easily capture images of atmosphere described in the novel. Our heart is pounding continued from page to page, groove unexpected story that makes us curious and wanted to know how to end the story of the novel.

By some of the themes raised in the novel is considered successful in photographing the face of American culture is infatuated Reality Show will display makes a nobody who became popular and considers the news of war in one of the news shows as entertainment they can get out of the screen TV.

This novel gives a new color to the genre of teen novels that were previously characterized by a world of magic and vampire romance. In America is a bestseller novel series Twilight beat. Even now in line with the release of the official trailer for the movie The Hunger Games movie will be played in March 2012, later novel is becoming increasingly popular and is expected to become the new pop culture among young Americans and the world as Harry Potter series and the Twilight.

In Indonesia alone, when the novel was first published in the year 2009 does not get too overwhelming response, but is now slowly once rumored to be filmed then Indonesia teen fantasy story readers will begin to look novel. Even now some fans of The Hunger Games in Indonesia made a twitter account and a special website for lovers of The Hunger Games Trilogy which contains the latest updates about the novel and the film which will be played March 23, 2012 later.

A new popular culture from the best-selling novel is likely to rise up to replace Harry Potter and Twilight, this may not only euphoria just before the launch of the film alone but a moment to pass on the virus to read through The Hunger Games Trilogy and take a positive meaning in the novel so compelling this.

It has also been noted in this novel is the author managed to present a new world, no wizards, dragons, knights, and others. Feel refreshed after considering the era of Harry Potter, the books world overrun fantasy story with the middle of nowhere. In this novel there are only children who tested toughness and creativity to survive. Terrible indeed, but the idea is cool, edgy plot from beginning to end,

and I am hard put to make this book before it is completed. And I also like the names of its unique character.

The Hunger Games novel will be investigated using individual psychological approach. The writer choose this theory because in this novel contains many cases which related to psychological approach. In fact, the novel has smatterings romance, social commentary, tragedy and betrayal. So, it is appropriate if the writer uses smatterings approach to break down the characteristics of the main character in this novel.

More broadly, "psychological theory", refers to a tendency in the early history of psychology for conjectural and speculative systemic theories of the mind of the late nineteenth and early twentieth century associated with Freud, C.G. Jung, Adler and others. This article focuses on developments after the Second World War influenced by that approach.

B. Previous Study

The previous analysis done by Sri Puji Lestari's research paper (2012) Muhammadiyah University of Surakarta entitles "*Conflict of love of Summer Lynson in Nora Robert's Table Two Novel*" using Individual Psychological Approach. The research is descriptive research. In her problem she focused on conflict of love Summer's in relation with her problem. In this opportunity the researcher decides to conduct a research on the major character's way on conflict for getting love can change the personality. It is reflected in the major character's

personality when she wants get her love again from her boyfriend. Here the researcher uses an individual psychological approach.

The second analysis was done by Ranu Sapunto's research paper (2009) Sebelas Maret University of Surakarta entitles *The struggle of love of Edward Cullen to save her love in Twilight Movie: Individual Psychological Analysis*. His study is qualitative method. He analyzed about the struggle of Edward to keep his love survives. The struggle of Edward huge a lot in his striving to protect his love Isabella, his huge love makes him not able to change Isabella into a vampire and with a strong fictional finalism to keep her always besides him.

From the both analyses above, the researcher tries to make a different analysis. Here the researcher focuses the analysis on resilience based on Alfred Adler theory individual psychological approach. The title of the study is - *Resilience Reflected in Suzanne Collins The Hunger Games Novel (2008): An Individual Psychological Approach*.

C. Limitation of the Study

The researcher focuses this research in analyzing resilience reflected in Suzanne Collins Novel *The Hunger Games* (2008) based on individual psychological approach.

D. Problem Statements

Based on the title and the background of the study, the main problem in this research is, “How is resilience reflected in Suzanne Collins Novel *The Hunger Games*?”

E. Objective of Study

The objectives of the study are:

1. To analyze *The Hunger Games* Novel (2008) based on its structural elements.
2. To analyze resilience reflected in Suzanne Collins Novel *The Hunger Games* (2008) based on An Individual Psychological Approach.

F. Benefit of the Study

The benefits expected from this study are as follows:

1. Theoretical Benefit

The researcher hoped to give the first contribution and information to the larger body of knowledge. It is particularly in the literary studies on Suzanne Collins *The Hunger Games* novel.

2. Practical Benefit

The study is expected to enrich the knowledge and experience of the writer and other students at Muhammadiyah University of Surakarta in specifically. Moreover, it can be studied by the other researcher from another university who has interest in literary studies on the novel.

G. Research Method

1. Object of the Study

The object of the study is *The Hunger Games* Novel by Suzanne Collins and was published in 2008.

2. Type of the Study

In this research, the researcher applies qualitative research. The data sources are library and literary data.

3. Type of the Data and the Data Source

There are two types of data, namely primary and secondary data, as follows:

a. Primary Data

The primary data source is the novel of *The Hunger Games* by Suzanne Collins published in 2008.

b. Secondary Data

The secondary data sources are books or any information related to the practice of resilience that supports the individual psychological analysis.

4. Techniques of the Data Collection

The techniques of data collection are as follows:

a. Read the novel clearly.

b. Taking notes of important parts both primary and secondary data.

- c. Arranging the data into several groups based on its theoretical category.
- d. Selecting particular parts considered important and relevant for analysis.
- e. Drawing conclusion and formulate its pedagogical suggestion.

5. Technique of the Data Analysis

In analyzing the data, the researcher applies a descriptive technique. The analysis is started on the author and then the structural analysis of the novel and finally the individual analysis of the literature.

H. Research Paper Organization

The paper consists of five chapters and each of them is sub divided into sub sequent division. Chapter one is the introduction that consists of background of the study, previous study, limitation of the study, problem statement, objective of study, benefit of the study, research method, underlying theory and research paper organization. Chapter two is the underlying theory, namely explaining about principle theory of personality. Chapter three is structural analysis; the researcher explains the structural elements of the story and discussion. Chapter four is data analysis; it presents six basic principle of an individual psychological approach. This chapter represents the application of the underlying theory in which the novel is analyzed by means of Adler's individual psychology. Finally, the last chapter integrates the overall discussion and brings to the conclusion of the study.