PERSISTENCE AND PATIENCE IN REACHING DREAM REFLECTED IN AHMAD FUADI'S
THE LAND OF FIVE TOWERS NOVEL (2011): A PSYCHOANALYTIC APPROACH

PUBLICATION ARTICLE

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ABSTRACT


The research investigates how the major character to reach his dream in Ahmad Fuadi’s The Land of Five Towers novel. The study analyzes the novel based on the psychoanalytic approach. The data sources are literary data. Those are divided in two categories, primary data sources and secondary data some to are books about psychoanalysis and other sources, which are related to the analysis. The method of data collection is library research and technique of data collection is descriptive analysis. Based on the analysis, the researcher draws two conclusions: first, based on the structural analysis of the novel it is clear that in The Land of Five Towers novel, Ahmad Fuadi delivers message that persistence and patience are needed in everyone’s life because it is important and can influence someone’s life to survive in their environment, because someone who has a strength persistence and patience can show who really they are and show their existence. Second, based on the psychoanalytic approach, it shows that persistence and patience can give effect to people’s mind.

Keywords: Persistence, Patience, Psychoanalytic Approach

A. Introduction

Background of the Study: Novel is a form of narrative literature written in story form. Novels tell stories, which are typically defined as a series of events described in a sequence. The novel has been a part of human
culture for over a thousand years, although its origins are somewhat debated. Regardless of how it began, the novel has risen to prominence and remained one of the most popular and treasured examples of human culture and writing.

Psychologist Ellen Winner argues that persistence, what she calls the "rage to master", "must have an inborn, biological component" (Von Károlyi & Winner, 1996: 379.), and that exceptional performers are “intrinsically motivated to acquire skill" in the areas in which they are innately gifted because they find it easier to learn those skills. (Winner, 1996: 274). Patience is considered an important virtue in all the major religions and is associated with self-restraint, endurance and peace. However, the concept is not often explicitly discussed in the social sciences; sociology in particular has little to say about it. Perhaps more surprisingly, patience is similarly not systematically treated in most virtue ethics (Rudd, 2008).

Setting of the novel mostly in the Madani Pesantren, the location is in Ponorogo, East Java. The story begins when Alif was in America, more precisely in Washington DC in 2003. When he was in the office, suddenly he got a short message from someone who has known him when he was in Madani Pesantren. Than his memory back to the past when he was entered Madani Pesantren for the first time.

There are four reasons why the writer is interested to study this novel. The first story is interesting because it is the true story of the author when the author was young he finally decided themselves into a famous boarding school in Central Java region because he aspires to acquire knowledge as high as possible so that his life could be more advanced. The second because the moral values given by the authors is a lot and can make our life lessons especially religious values are very dominating story in this novel could be the reference. The third background and place described in the novel the author uses vary widely because the background flow backward and forward flow while a use located not only in Indonesia but also abroad so the reader
does not get bored. The fourth one because the title that makes people want to read and so curious to know the story as told by author because the novel uses depictions of the country five towers.

Based on the background above the writer is interested in analyzing the major character using psychoanalytic approach by Sigmund Freud.

**Problem Statement** is "How the persistence and patience in reaching dream reflected in Ahmad Fuadi’s *The Land of Five Towers* novel (2011): a psychoanalytic approach."

**Limitation of the Study** is the writer will focus on the analysis of main character’s personality and the obsession, which appears using psychoanalytic approach.

**Objective of the Study** is to analyze the structural elements of the novel *The Land of Five Towers* (2011) and to analyze the novel based on the psychoanalytic approach.

**Previous Studies**: As long as the writer knows, there is no research that has been conducted to study the novel with title *The Land of Five Towers* in Muhammadiyah Surakarta and Surakarta region. So that the writer cannot compare this research with other research because this is the first study of *The Land of Five Towers* novel. The writer uses psychoanalytic approach to analyze the data and uses The Land of Five Towers novel as an object.

**B. Research Method**

In this research, the researcher uses the descriptive qualitative method. In this research the writer uses descriptive qualitative method to find out the descriptive concerning the psychoanalytic element of the character. The objects of the research in this study are the structural element of Ahmad Fuadi’s novel and the psychoanalytic approach of the novel.

In doing this study, the researcher uses two sources of data namely primary and secondary data sources. (1)Primary data source is the novel *The
Land of Five Towers, in the form of sentences and dialogue. (2) Secondary data source from which supporting data are taken. It involves the internet. The objects of the research in this study are the structural element of Ahmad Fuadi’s novel and the psychoanalytic approach of the novel.

C. Research Finding

In this research finding, the writer analysis some points in order to analyze The Land of Five Towers novel.

1. Psychoanalytic Analysis
   a. Id

   Alif’s first id begins when he disagrees with her mother’s argument that she wants Alif to continue his school in religious schools but Alif wants to continue his education in a non-religious lines and eventually Alif opposes his mother’s wish because formerly Alif is an obedient child.

   I resolved to oppose Amak’s wish in a quiet and on-strike-fashion in the dark room. I left only to go to the bathroom and to take a plate of rice to eat in my room (Fuadi, 2011: 11).

   The second id occurs when Alif received a letter from his friend in Bukittinggi who is reports that his friend is going to school in senior high school then Alif remembers with his wishes to continue his school in senior high school and make him shrink to talk with others.

   For the past few days, I’d been feeling like a rock was weighing down on my chest. At first I didn’t know why. But the pressure on my chest increased every time I looked at the envelop holding Randai’s letter on top of my cabinet. This letter was influencing my feelings more than I’d thought. I felt lethargic and didn’t feel like talking (Fuadi, 2011: 98).

   The third id occurs when Alif is in pesantren, initially Alif is an obedient person but after he feels that he makes the decision to
enter the boarding school is a half-hearted decision, he delineates his communication with his family who are in Bukittinggi.

I was the darling son who always whole heartedly obeyed Amak. This obedience changed to irritation when I was required to go to religious school. But in the end, I was still willing to follow her orders, but my heart was upset. My last contact with Amak was months ago, when I informed her that I past the MP exam via telegram. After that, I was silent, gave no word or news (Fuadi, 2011: 132).

The fourth id occurs when Alif is in pesantren, he foses with the campus magazine because he wants to learn how to write and photograph.

Outside of class, I chose to join the campus magazine because I was interested in learning how to write and take pictures (Fuadi, 2011: 149).

b. Ego

Alif’s first ego begins when he is at Madani Pesantren. He will buy a cupboard but he doesn’t have enough money. Finally he buys a cheapest one.

Seeing my limited funds, I decided to buy a used one. For that, I had to choose carefully a cabinet that could still be used (Fuadi, 2011: 58).

The second ego occurs when Alif will take the exam but he becomes pessimistic with his ability. Fortunately there are many friends who help him to learn so he can be more confident.

All subjects were a struggle. These two friends of mine were kind enough to always want to help and share their knowledge. They were still willing to repeatedly explain chapters that I didn’t understand. I tried to make myself feel better with the fact that I wasn’t alone (Fuadi, 2011: 182).

The third ego occurs when Alif follows the exam at pesantren. Alif studies diligently. At night, Alif also studies although he is sleepy. But his ego presses the id if he can sleep. Then he washes his face and does ablution to get rid of the drowsiness.
I stood up to stretch, to get rid of the drowsiness. After wetting my face and doing ablutions, it subsided quite a bit. Every time I felt compelled to give up and go to sleep, I prodded myself, “Come on, one more page, one more line, one more word...” Eventually, with a struggle, I was able to finish my reading (Fuadi, 2011: 187).

The fourth ego occurs when Alif celebrates holiday after a test at Madani Pesantren. Alif is invited by Atang to go to Bandung but he doesn’t have enough money, but finally Alif decides to go to Bandung because Atang will guarantees Alif for free food and a place to stay.

“I don’t have any money either at the moment. But I can guarantee you free food and a place to stay while in Bandung.

“Can I think about it tonight first?” I replied.

We woke up before dawn, and stood before Atang who was still rubbing his eyes. “OK, we go to Bandung (Fuadi, 2011: 204).

c. Superego

Alif’s first superego begins when Alif obtains a punishment because he is late to go to the mosque. At first he is in doubt whether he will be able to serve his suspension but he assures his heart that he can undergo the punishment.

And in this evening, in these three hours, I would give my best to be a jasus. I believed that God and His nature would help me, because the compensation for giving one’s best is only success. Bismillah (Fuadi, 2011: 77).

The second superego occurs when Alif obtains a task to be a photographer of Sarah’s family, his favorite girl. Alif tries to appear perfectly in front of Sarah’s family.

I wore my best outfit again. This time I added some cologne from Said. I was already standing bravely in front of Ustad Khalid’s house at 7:50 (Fuadi, 2011: 243).

The third superego occurs when Alif follows the football match which is held by Madani Pesantren. He wants to give the best for his football team.
I tried to tell myself that I could do it. After all, the uneven grass was no obstacle, I’d played on rice paddies! And I’d has Said’s secret honey-egg recipe. Saying bismillah, I entered the field. I would do my best (Fuadi, 2011: 265).

The fourth superego occurs when Alif gets a job to be a student speaker in the welcoming ceremony for a guest from England. He must give the best appearance. He tries to make a good quality of text speech and gives his best appearance.

It felt like there was an elephant weighing down on my shoulders. But soon I regained my confidence. Never be scared of anybody, of any situation. Fear only God. My heart hailed to Allah, Allahu Akbar! The hailing voice inside of my heart strengthened me. I had done my best and I had the right to success. I walked faster to the podium (Fuadi, 2011: 298).

2. Theory of Persistence and Patience
   a. Identifying the Persistence of Alif

   The first persistence occurs when Alif is at the pesantren. He must follow the rules in pesantren, such as he must wake up at 04.30 in the morning and recite the holy Al-Quran.

   Exhausted from activities since four thirty in the morning, holding the head up and keeping the eyes open was a mammoth struggle. What’s more was that our mosque had really high ceilings with great air circulation and always cool air. The buzz of thousand of people reciting Al-Quran was like a magical lullaby (Fuadi, 2011: 65).

   The second persistence occurs when Alif gets a punishment to be a jasus. He must look for everyone who does a mistake and he must note it.

   “We are assigning you as jasus. Spies,” Tyson thundered. His hands moved quickly to distribute two papers twice the size of an ID card to each of us. I took mine with a clammy, shaky hand (Fuadi, 2011: 70).

   The third persistence occurs when Alif always follows the lesson in the morning to understand and memorize all new vocabulary and he must join the activity in pesantren everyday.
The biggest challenge for students in their first year at MP was how to adjust themselves to master the official languages of MP, Arabic and English, as quickly as possible, and to be able to use them as our conversational language all the time, without a single word of Indonesian (Fuadi, 2011: 123).

b. Identifying the Patience of Alif

The first patience occurs when Alif must follow his mother’s suggestion to continue his school in the Islamic school although he wants to continue his school in the formal school. He goes to Madani Pesantren with his father by bus during 3 days because of his family’s economic is not sufficient if he goes to Madani Pesantren by plane.

There was no time left. According to the information from Uncle Gindo’s letter, enrollment at Madani Pesantren closed in four days, and it took three days just to get to East Java by land. My family couldn’t afford a plane ticket. We’ll just take the bus to Java tomorrow morning,” said Father, who was going to take me there (Fuadi, 2011: 14).

The second patience occurs when Alif arrives in pesantren. He must follow the examinations to enter the pesantren. He must sleep by jostling with other children who will also follow the examinations to enter the pesantren.

That night I slept crowded in the carpet covered floor in a room with the other prospective students. Father and the other parents were put in a room set aside for escorts. I stretched out my body, releasing exhaustion. But my eyes weren’t interested in sleeping (Fuadi, 2011: 35).

D. Conclusion

After analyzing psychoanalytic analysis of *The Land of Five Towers* novel, the researcher draws conclusion in the following.

Firstly, based on structural analysis, *The Land of Five Towers* novel has a good quality in all part of the novel that tell about persistence and patience which is by Alif. It is very important for the writer to relate
all of the elements to one another, in order to make this study in unity. The whole of structure elements of the novel will correspond to the theme. They give support and continuity one to another. In *The Land of Five Towers* novel, the author gives a description that for success requires effort and hard work and people needs braveness, self-confident, self-sacrifice, and take a risk.

Secondly, based on psychoanalytic analysis of the novel, persistence and patience. The Land of Five Towers novel gives description about the persistence and patience of Alif as the major character. The first id occurs when Alif disagrees with her mother’s argument that she wants Alif to continue his school in religious schools but Alif wants to continue his education in a non-religious lines and eventually Alif opposes his mother’s wish because formerly Alif is an obedient child. The ego’s actions are based on the reality principal that is to satisfy the id impulse. The fist ego occurs when begins Alif is at Madani Pesantren. He will buy a cupboard but he doesn’t have enough money. Finally he buys a cheapest one. And then the first superego occurs when Alif obtains a punishment because he is late to go to the mosque. At first he is in doubt whether he will be able to serve his suspension but he assures his heart that he can undergo the punishment.

Thirdly, *The Land of Five Towers* novel gives description about persistence and patience of Alif as the major character in the novel. Persistence and patience are the example of psychoanalytic theory. The first identifying the persistence of Alif. The first persistence occurs when Alif is at the pesantren. He must follow the rules in pesantren, such as he must wake up at 04.30 in the morning and recite the holy Al-Quran. The second persistence occurs when Alif gets a punishment to be a jasus. He must look for everyone who does a mistake and he must note it. The third persistence occurs when Alif always follows the lesson in the morning to understand and memorize all new vocabulary and he must join the activity.
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