

**SAVING LIFE REFLECTED IN
LAUREN KATE'S *TORMENT* NOVEL (2010) :
AN INDIVIDUAL PSYCHOLOGICAL APPROACH**

PUBLICATION ARTICLE



by

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**SCHOOL OF TEACHER TRAINING AND EDUCATION
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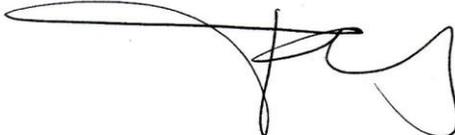
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ABSTRACT

This research paper is aimed to show the saving life reflected in Lauren Kate's Torment novel by using an individual psychological approach. Therefore, this study is done by establishing two objectives: the first is to analyze the novel based on the structural elements and the second is to analyze the saving life on the novel based on the individual psychological approach. This research is qualitative research. Primary and secondary data source are types of data of the study. The primary data source is the Torment by Lauren Kate published on 28 September 2010. While the secondary data sources are other materials taken from books, journals, commentaries and internet related to the topic in the research paper. The result on this study comes to the following conclusions. First, based on the structural analysis of each elements, it shows that the character and characterization, setting, plot, point of view, and theme are related to each other and form the unity into good quality of novel. Secondly, the individual psychological analysis shows that the effort for saving life of Daniel Grigory comes from his fictional finalism and is supported by his inferiority feeling. It makes him strive to reach the superiority and power in emerging the struggle for life to save his girl-friend. In the end, it can be concluded that effort for saving life can be achieved. Finally, Lucinda Price can be saved by Daniel Grigory after the truce over.

Keywords: saving life, Torment novel 2010, individual psychological approach.

A. Introduction

1. Background of the Study

Safety is something that is more important in life. Every human needs safety like a psychological safety. Safety needs not only focus on one people, but also focus to others safety too. Safety need is corralate with person or individu. According to this, Adler (in Feist 1985: 64) individual psychology insists on the fundamental unity of personality. All apparent dichotomies and multiplicities of life are organized in oneself consistent totally. No definite division can be made between mind and body, between conscious and unconscious, or between reasons and emotional. All behavior is seen in relation to the final goal of

superiority or success. This goal gives direction and unity to the individual. Safety need of every human to life better and to life together with someone love.

Torment novel is very amazing novel. *Torment* novel was published at 28 September 2010. It is popular in many countries. *Torment* is written by Lauren Kate. Lauren Kate was born on 21 May 1981. She went to school in Atlanta, and started writing in New York. It consists of 18 chapters, 464 pages. In *Torment* novel tells us about Lucinda Price (Luce) that is in love with Daniel. Luce loves Daniel very much more than anything even than her own life. But the big problem in their love is Luce; Luce is an ordinary human only human like another people in the world. But Daniel is an angel with the wind that can fly until heaven. It is different with Luce and Daniel. They are making the heavenly wrath. So, Lucinda needs safety from Daniel of an Outcast enemy.

Later, the researcher have four reasons why researcher chose *Torment* novel; the first reason is about the saving life of Daniel to get Lucinda loves and the characters. Daniel's extremely loves to Luce. He can protect Luce every day, although he must stick to the campus to see Luce stay at there. He has strong winds to flaying until the heaven. He only has 18 days to protect Lucinda life, after 18 days the truce can't be prevented. The Lucinda soul is the weapon to the outcasts-immortal to get back to the heaven.

Second reason is about setting. The setting of this novel occur the Shoreline campus. This place is extremely pleasant. Because it occurs near the beach, Cell phones are allowed, and there are no camera's watching your every move. Shoreline is a more prestige school to attend. The teachers, Francesa and Steven also have good attitudes to all students in Shoreline campus. The dining room is very pleasant, because it occurs outdoor of the campus. So, the students can enjoy the cool air.

Third reason is about the story. The story from the beginning until the end is very interested to the writer. The story is about Lucinda Price (Luce) and Daniel. Luce has falling in love with Daniel. But they

are having many problems with the relationship. The problem is Daniel, he is angel not human. So, it has made the outcasts-immortal wont to kill her to get back to the heaven. It makes the truce between angels, demons, and outcasts.

The last reason is the response about this novel. The response of the novel is very good from the teenagers. The novel that has 464 pages can interest the review until 4,684 reviewers. The ratings of the novel its 4 stars that written by Lauren Kate. But, is not basic why the writer chose the novel. The writer chose the novel because the saving life that does from Daniel is very strangers

As a result, the researcher is interested to analyze this novel using an individual psychological approach. In this study the researcher encourage giving a title “*Saving Life Reflected in Lauren Kate’s Torment Novel (2010): An Individual Psychological Approach*”.

2. Problem Statement of the Study

The problem of the study is “how are the structural elements and saving life reflected in Lauren Kate’s *Torment* Novel by using an individual psychological approach”

3. Limitation of the Study

Limitation of the study is the researcher focuses this research in analyzing saving life reflected in Lauren Kate’s *Torment* novel (2010) by using an individual psychological approach.

4. Objectives of the Study

The objectives of the study are as follows: to analyze the structural elemets of the novel, to analyze the saving life reflected In Lauren Kate’s *Torment* novel (2010) by using an individual psychological approach.

5. Benefit of the Study

The benefits expected from this study are as follows:

a. Theoretical Benefit

The study is projected to contribute the development of the knowledge, particularly the literary study on *Torment* novel (2010) by Lauren Kate.

b. Practically Benefit

The study is expected to enrich the researcher and the reader's knowledge and experience concerning an individual psychological.

6. Previous Study

The researcher has found a previous study about the effort of saving life entitled: **Effort for saving human embryo in Jason Reitman's *Juno* movie: an Individual Psychological Approach proposed by Nikmatin Silvi**. The present writer has different object being saved. The previous research object being saved was an human embryo, while the presents research object is saving the main character of the novel named Lucinda Price.

7. Underlying Theory

This research presents about the underlying theory, which is employed in this study namely individual psychological approach. The first part presents about the notion of individual psychological. The second part presents about basic assumptions of individual psychological. The third part presents about theory and aspects safety. The fourth part presents about the structural element. The fifth part presents about the theoretical application.

a. Notion of individual psychological

According to Adler as quoted by Ryckman (1985:95), individual psychology is a science that attempts to understand the human personality as organized entity.

b. Basic assumptions of individual psychological

The basic assumptions of individual psychological such as: fictional finalism, social interest, inferiority feeling, striving for superiority, style of life, and creative power.

1) Fictional Finalism

Adler (in Ryckman, 1985: 98) argues that people create ideas that guide their behavior and he concluded that, no one's various striving can occur without the perception of goals.

2) Social Interest

One of concept of social interest is according to Adler, “social interest can be defined as an attitude of relatedness with humanity in general, as well as empathy for each member of the human race” (in Feist, 1985: 71).

3) Inferiority Feeling

According to Adler (in Hall, 1985: 147) “Inferiority means feeling weak and unskilled in the face of tasks that need to be completed”.

4) Striving for Superiority

Suggested from Adler (1956: 104) he concluded that the *striving for superiority* is the fundamental law of human life, “a something without which life would be unthinkable”.

5) Style of Life

According to Adler (in Hjelle and Ziegler 1992: 144) the *style of life* encompasses the unique pattern of traits, behaviors, and habits which, taken together, defines the flavor of a person’s existence.

6) Creative Power

This creative power is responsible for the person’s life goal, determines the method of striving for the goal, and contributes to the development of social interest (Hjelle and Ziegler: 1992: 150).

c. Notion of Safety

According to Strasser, et al (1981: 70) their said that: Safety is a condition or state of being resulting from the modification of human behavior and/or designing of the physical environment to reduce possibility of hazards, thereby reducing accidents.

d. Aspect of Safety

Accident is a condition when people get injury or death. According to Strasser, et al (1981: 4) they said that “an accident may be thought of as an unplanned act or event resulting in injury or death to person or damage to property”.

1) Physical Limitations

Physical limitations is the lack of physical capabilities. According to Strasser, et al (1981: 28) they states:“Many accidents are the result of persons attempting to perform acts for which they lack the physical capabilities. This accident cause can be controlled by educating the individual to the extent of his physical limitations and showing how to work within them.”

2) Knowledge

Lack of the knowledge of performance of the task or the hazards involved is another causes of accidents (Strasser, et al, 1981: 28).

3) Skill

According to Strasser, et al (1981: 29) they said that “performing a task beyond the limitations of an individual’s skills can lead to an accident. This suggest that persons should be trained to perform tasks to the very best of their abilities. Conducting training programs to develop competent skills is a basic techniqueof accident prevent.

4) Habits

Actions that are repeated over and over become habits. When persons develop habits in doing things they tend to respond to given situations more and less automatically. This is true whether the habit is the correct or incorrect response. It is readily apparent that proper habits lead to safe practices, whereas inproper habits lead to accidents, Strasser, et al (1981: 29).

5) Attitudes

The development of positive attidutes toward driving or the performance of other taks is a most effective safety measure. But is difficult t determine just what *a good attitude* really is, Strasser, et al (1981: 29).

e. Structural Elements of the novel

The structural elements of the novel consist of character and characterization, setting, plot, point of view, style and theme.

1) Character and Characterization

A character is presumably an imagined person who inhabits in story (Kennedy, 1983: 45) . Meanwhile, quoted by Kennedy (1983: 45), characterization is the description of human character that includes physically, mentally, socially and morally.

2) Setting

Abrams (in Nurgiyantoro, 2007:216) setting represents place, time, and the social environment of the happening events told in the story.

3) Style

Style is aspect of fiction technique that the most significance. It is usually confined to man the element of language such as words, syntax, punctuation, etc (Koesnosoebroto, 1988:124)

4) Point of View

Point of view is the identification of the narrator in the story, describing any part he plays in the event and any limit place upon his knowledge, Kennedy (1983: 18).

5) Plot

According to Koesnosoebroto (1988: 28), plot is in fact a technical term to say about a series of tied – together event in a story.

6) Theme

Barnet (1963:15) says that story is talking about something, it has a meaning and a point that is called a theme.

B. Research Method

1. Type of the Study

This research uses descriptive qualitative method. Here the researcher tries to relate the discussion of analysis based on the underlying theory. Its purpose is to conduct the research are as follows: the type of the study, the object of the study, data and data sources, technique of data collection, and technique of data analysis.

2. Object of the Study

The object of the study is *Torment* novel written by Lauren Kate that consists of 18 chapters and 464 pages, published by Books of Young Readers at 28 September 2010, New York. It will be analyzed through individual psychological.

3. Type of the Data and the Data Source

There are two types of data, namely primary and secondary data, as follows:

a. Primary Data Source

The primary data source is the novel itself; *Torment* by Lauren Kate published on 28 September 2010. The primary data sources consist of words, phrases, sentences, narrations and dialogues in the novel.

b. Secondary Data Source

The secondary data source includes books and other data that have relationship with the research, such as commentaries and other relevant information about *Torment* novel that support the individual psychological analysis.

4. Technique of the Data Collection

The techniques of data collection are as follows:

- a. Reading the novel of *Torment* until the researcher understands of the contents.
- b. Taking notes of important parts both primary and secondary data of the novel
- c. Arranging the data into several groups based on its theoretical category
- d. Selecting particular parts considered important and relevant for analysis
- e. Drawing conclusion and formulated is pedagogical suggestion

5. Technique of the Data Analysis

The technique of data analysis in this researcher paper is descriptive analysis. In analyzing data the reseacher has two steps, there are: the first is analyzing the data based on its structural elements. Focus

will be paid on the structural analysis of novel. The second step is analyzing the data based on individual psychological approach proposed by Adler.

C. Research Finding and Discussion

In this research finding, the researcher analysis some points in order to analyze *Torment* novel.

1. Analysis the Structural Element of *Torment* novel

a. Characteristic Element

There are two kinds of in the memoir, namely major and minor characters. Lucinda Price (Luce) is the major character in the *Torment* novel. She is Daniel's girl-friend. Physically, she is a beautiful girl, she has perfect body and her hair is long and blond.

“. . . His blond head tucked between his shoulders.” (T: 2)

In mentally, after she leave Sword & Cross, she become to serious person when she try to solve her problems.

“She was going to summon an Announcer. She'd done things to them before. The very first time was when she pinched one during class to keep it from sneaking into her pocket.” (T: 21)

Next major character is Daniel Grigory. He is very handsome. He is Luce's girl friend. He loves Luce very much. So, he wants save his girl-friend every time from the outcast. Daniel is very strong and he is able to kill every man that wants kill Luce.

“I shouldn't be here, but I worry about you.” He held her at arm's length. “And from the looks of things, I'm right to worry.” (T: 30)

The Minor character is Shelby Sterris. Physically, her body is solid. Her hair is blond. Her eyebrows are thick. Shelby is a Nephilim. Shelby can speak more than eighteen languages and she can see in a past life.

“Speaks more than eighteen languages or has glimpsed a past life.” (T: 16)

b. Setting

1) Setting of Place

This novel takes place in San Francisco, California, and Georgia.

2) Setting of time

The setting of time is correlated with the year, day, time, season, month and date.

c. Plot

1) Exposition

The Exposition of the story begins from the traveling of Lucinda Price from Georgia go to San Francisco.

2) Complication

The complication is the problems of the story. Complication has two parts, there are: internal conflict and external conflict. First is internal conflict. It begins when Lucinda feels afraid to try finding her past using Announcers. Second is the external conflict. External conflict happened when Luce is disappointed with Daniel, because he puts Luce into many problems. There are many problems that happened in Luce's life: Luce ask to break up with Daniel. She wants come back to normal life, like other people. And also is Luce feels as an abnormal people, she tries to loves others.

3) Climax

The climax in this story happened when the Outcasts come to Luce's house, to bring Luce into heaven and the truce happened.

4) Resolution

Resolution in the story is happened at the end. In this novel the main character (Lucinda Price) has not know about her past. She is still confused about anything in her life. The main character (Luce) still loves Daniel, but she can not told him. She wants solved the problems in her life and come in her past without Daniel. Daniel Grigori also can not keep Luce.

2. Safety Analysis

a. Aspect Of Safety

1) Physical Limitations

The major character feels that he has a physical limitation. So, he brings his love goes to Shoreline to get protection from the outcasts attack. Luce can be dying when she stays in Sword & Cross. Daniel feels that he cannot keep Luce without the help from his friends, because he has limitation in his physical condition.

2) Knowledge

In this part tells about the major character who realizes that she is in danger. She will stay at Shoreline, because she can die when she leave Shoreline. And also is the past story of Daniel and Luce. The knowledge from their story is they are cannot life together, because their love story makes the war in heaven. Their love also creates eternal punishment.

3) Skills

In *Torment* novel, the major character shows the skill of self-defense that he has to against the Outcasts. Daniel's skill is very good, so he can use anything like a weapon to protect his girl-friend. In here, he uses the arrow to kill Outcasts. To protect his girl-friend used the arrow can safety his loves.

D. Conclusion and Suggestion

1. Conclusion

Based on the previous the study comes toward the following conclusion. First, based on structural elements analysis, Lauren Kate wants to deliver message that every human can show to save others. In delivering the message, Kate creates the major character, Daniel is an angel and he has a girl-friend (Luce). He shows his power to safety his girl-friend (Luce) with him protects Luce from the Outcast and him always try to protect Luce when she is in danger. Each element is sequence to another unity.

Second, the researcher will draws the individual psychological approach proposed by Alfred Adler. In individual psychological approach has six parts such as; fictional finalism, social interest, inferiority feeling, striving superiority, style of life, and creative power.

In fictional finalism from the major character is about a boy (Daniel) that does anything for his girl-friend, and always protects his girl-friend. He is Luce's boy-friend; he has a desire (to protect Luce). Social interest shows about social of the major character as an angel, but he can associated with human in life. Next is inferiority feeling that makes Daniel think that he cannot life together with his girl-friend. This condition makes Daniel feel he wants to die when Luce's dead. An individual psychological has a striving of superiority; it is to try solves their problem. For protects his girl-friend, Daniel wants Luce to go to California and leaving her family and friends. Style of life shows the major character is a romantic person. He is a brave person. He always protects his girl-friend and prevents his girl-friend to still alive. The last, the creative power in *Torment* novel is the unconsciousness power of some people to safe or to do something when they are falls threatened by enemy and keeps his girl-friend from the Outcasts to follow the Outcasts into heaven. From the six analysis of Adler's individual psychological is connected to each other and builds a unity from Daniel personality to realize his safety to his girl friend

2. Suggestion

After analyzing this novel, the researcher suggests for the next researchers to analyze the next novel *Torment* series deeper. The researcher can analyze the novel uses other approaches such as sociological, psychoanalytic, humanism and also behaviorism approach.

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