CHAPTER I
INTRODUCTION

A. Background of the Study

Love may refer specifically to the passionate desire and intimacy of romantic love, to the sexual love of eros, to the emotional closeness of familial love, to the platonic love that defines friendship, or to the profound oneness or devotion of religious love, or to a concept of love that encompasses all of those feelings. As we engage with our caregivers, lovers or children, the repetition compulsion may drive us to project our lost selves onto each other and engage in ways that resurface the rounds and defensive patterns of our upbringing and socialization. The clash between our minimizing and maximizing defensive styles can escalate into power struggles, as we defend against each others’ defenses, without conscious awareness of how our underlying traumas, unmet needs and misguided strategies are fueling the illusion of present threat.

In psychology, a defense mechanism is an unconscious means of coping with anxiety. According to Sigmund Freud, who developed the concept in the late 19th and early 20th centuries, defense mechanisms are a major component of personality. Freud believed that personality consists of the ego, the id, and the superego. The id is the source of instincts and natural desires; when these clash with social norms, tension arises as the superego disapproves and the ego mediates between them. Defense mechanisms respond by shifting such
desires, feelings, and associated thoughts to the unconscious. They include projection (attributing one's feelings to others), denial (denying the reality of an anxiety provoking thought), and displacement (focusing on a substitute instead of 'the true object of one's feelings), among others. Just as in Delirium novel, it mostly tells about the defense of love and feeling. Delirium tells how Lena grows up in family where there is no love and deep relation of each other. Lena is a young girl who has dream of beautiful moment in her life and her life is changed when she meets Alex.

Delirium is a dystopian young adult novel written by Lauren Oliver, published in January 2012 about a young girl, Lena, who falls in love in a society where love is seen as a disease. In Delirium, a cure for amor deliria nervosa (love) had been discovered and is mandatory for citizens 18 years old and over. Before the procedure, patients had to conduct a test to obtain a score, which would determine their future. Lena has looked forward to the procedure for years, convinced as she is by the government that love is a horrible disease that must be destroyed from mankind's system. However, mere months before her scheduled procedure, Lena fell in love with an invalid (people who had not taken the cure) named Alex. As an invalid, Alex pretended to be cured to escape imprisonment, and does not have a standard ID number because he was born in the wilds outside the city. In order to pursue love with Lena, he tries to persuade her to run away with him and to join the rebels who are against the procedure and the government. Although Lena struggles with the thought of leaving everything behind, she ultimately
decided to go just seven days before her procedure. They are discovered meeting together a few nights before their planned escape Lena is captured and held in her home under guard until she can have her procedure to cure her of her lovesickness. Alex rescues her and they both make a dash for the fence to escape the city, but Alex allows himself to be captured to save her. Lena runs off into the jungle, not wanting Alex's sacrifice to be in vain.

The story is set in Portland Maine, in an alternate present. Civilization is concentrated in those cities which escaped the severe bombings of decades past. Travel between cities is highly restricted. Electric fences separate the city from the wilds—unregulated territory which was presumably mostly destroyed by bombs. The totalitarian government teaches that love is a disease, amor deliria nervosa, commonly referred to as the delirium. A surgical cure for the delirium has been developed and is mandatory for citizens 18 years old and over. Lena has looked forward to the procedure for years, convinced as she is by the government that love is a horrible disease that must be destroyed from mankind’s system. However, mere months before her scheduled procedure, Lena falls in love with an Invalid (a person over 18 who has not taken the Cure and lives in the Wilds) named Alex. He was born in the Wilds outside the city, and has pretended to be cured in order to live undetected in the city. He offers Lena the means of escape from the procedure that will destroy her ability to love. The two of them would leave the city and live in the wilds, joining the rebels who oppose the procedure and the
government. Although Lena struggles with the thought of leaving her life behind, she ultimately decides to go just seven days before her procedure.

The author of Delirium novel was Lauren Oliver. She was born in 1982 and was primarily raised in Westchester, New York. She is the author of Before I Fall, a New York Times bestselling novel and the Delirium. Oliver is also known for writing the young reader's novels, Liesl and Po and The Spindlers. Due to her passion for reading, she originally engaged in creative writing by writing sequels for the characters in the various novels she had read. Both of her parents were literature professors, so they had always encouraged her and her sister to express themselves imaginatively through painting, dressing up, drawing, and creating stories of their own. Oliver graduated from the University of Chicago in 2004. She majored in literature and philosophy, attending New York university's Master of Fine Arts program for creative writing afterwards. She graduated from the program in 2008 and started work as an editorial assistant at penguin Books. Eventually, she began to work full-time as an author. She currently resides in Brooklyn, New York and lives with her fiancé, Michael. Aside from her writing career, she possesses many other interests, such as the outdoors, cooking, reading, traveling, dancing, swimming, running, and creating unique songs. Oliver would like to one day obtain a restaurant of her own, and she is also fond of museums, ballet, and theater performances.

Delirium is an interesting novel for many people. In this novel Lauren oliver wants to show something different about love, in her novel love is a
disease from deliria nervosa virus. There are four reasons that make this interesting.

First, the differences of main character. The differences of mind between Lena and Alex. Second, this novel tells about the virus named deliria nervosa. Love is a disease. Third is why Lena can fall in love with Alex, when the first time they meet until falling in love. The last is they can defense their love although they live in an environment where love is forbidden.

B. Literature Review

There is no previous study on Delirium novel, at least in university in central java. So, the writer cannot compare this research with other research because this is the first study of Delirium novel. The writer applied Psychoanalytical Approach to analyze the data and using Delirium novel as an object. The research is entitled DEFENSE OF LOVE REFLECTED IN LAUREN OLIVER’S DELIMUM NOVEL (2012): A PSYCHOANALYTIC APPROACH.

C. Problem Statement

Based on the background of the study, the writer concerns to analyze defense of love reflected in Lauren oliver’s Delirium novel (2012).
D. Limitation of the Study

In this study, the writer only analyzes the Defense of Love of the main characters which appears using Psychoanalytic approach.

E. Objective of the Study

Based on the problem statement, the object study of the researcher paper are:

1. To analyze the novel based on the elements.
2. To analyze the novel based on the Psychoanalytic Approach.

F. Benefits of the Study

The benefits expected from the study are as follows:

1. Theoretical Benefit
   a. To give some information which can be used by the other researchers who are interested in analyzing this literary work.
   b. To give a contribution to other literary research especially in the study of Delirium novel.

2. Practical Benefit
   a. For getting deeper understanding about social issues in Delirium novel.
   b. To enlarge the literary study, principally among the student of Muhammadiyah University of Surakarta.
G. Research Method

1. Type of the Study

In this research, the writer applies qualitative research. The data sources are library and literary data. Its purpose is to analyze using Psychoanalytic Approach. The steps conduct the research are as follows: (1) determining the type of the research, (2) determining data and data source, (3) determining technique of data collection, and finally, (5) determining technique of data analysis.

2. Object of the Study

The objective of the study is Delirium novel by Lauren Oliver was published in 2012.

3. Type of the Data and the Data Source

There are two types of data sources namely primary data and secondary data source.

a. Primary Data Source

The primary data source is the novel itself, Delirium novel written by Lauren Oliver.

b. Secondary Data Source

The secondary data source includes references and data or materials related to the research, it is from the books and the internet.
4. **Technique the Data Collection**

   The techniques of data collection are as follows:
   
a. Reading the novel.
   
b. Arranging the data into several groups based on its theoretical category.
   
c. Selecting particular parts considered important and relevant for analysis.
   
d. Drawing conclusion and formulate its pedagogical suggestion.

5. **Technique the Data Analysis**

   In analyzing the data, the writer applies a descriptive approach. The steps taken by the writer in analyzing the data are as follows, the first is analyzing the data based on its structural elements. Focus will be paid on the structural analysis of the novel. The second step is analyzing the data based on a psychoanalytic Approach. Focus will be paid on the meaning of defense of love.

H. **Research paper Organization**

   In order to give the guidance for the writer and the reader in reading the research paper the writer divides this research paper-into five chapters. Chapter 1 is introduction that consists of the background of the study, previous study, problem statement, objective of the study, benefit of the study, research method, and research paper organization. chapter II is underlying Theory. It presents the notion of psychoanalytic approach, notion of defense mechanism