

**DEFENSE OF LOVE REFLECTED IN LAUREN OLIVER'S *DELIRIUM*  
NOVEL (2012) :  
A PSYCHOANALYTIC APPROACH**

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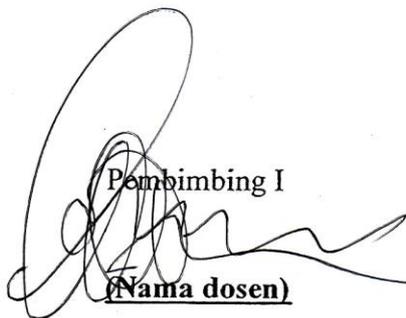
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**ABSTRACT**

**DITTA PANDANSARI, A 320 090 288. DEFENSE OF LOVE REFLECTED IN LAUREN OLIVER'S *DELIRIUM* NOVEL (2012): A PSYCHOANALYTIC APPROACH. RESEARCH PAPER. MUHAMMADIYAH UNIVERSITY OF SURAKARTA. 2013.**

The research is proposed to analyze defense of love reflected in Lauren Oliver's *Delirium* novel 2012 by A Psychoanalytic Approach. There are two objectives: the first is to analyze the novel in term structural element, and the second is to analyze the novel based on the A Psychoanalytic Approach.

This study is qualitative study. The object of the study is *Delirium* novel directed by Lauren Oliver published in January 2012 in Indonesia and 2011 in New York. The data sources are divided into two namely primary data source and secondary data source. The primary data source is the novel itself and the secondary data source is the other sources related to the analysis such as references, author's biography, criticisms relation to the problems and material related to the study whether picking up from books or internet. The methods of data collection are observation and library research. The technique of data analysis is descriptive analysis.

The outcome of the study shows that the movie illustrates how to defense of love, it proves that love needs of sacrification and defense. Showing of defense of love is not easy, it needs the strong of struggle to get the love.

**Key word:** Defense of Love, A Psychoanalytic Approach

## **A. Introduction**

### **1. Background of The Study**

Love may refer specifically to the passionate desire and intimacy of romantic love, to the sexual love of eros, to the emotional closeness of familial love, to the platonic love that defines friendship, or to the profound oneness or devotion of religious love, or to a concept of love that encompasses all of those feelings. Love may be understood as part of the survival instinct, a function to keep human beings together against menaces and to facilitate the continuation of the species. Just as in *Delirium* novel, it mostly tells about the defense of love and feeling. *Delirium* tells how Lena grows up in family where there is no love and deep relation of each other. Lena is a young girl who has dream of beautiful moment in her life. And her life is changed when she meets Alex.

*Delirium* is interesting novel for many people. In this novel Lauren Oliver wants to show something different about love, in her novel love is a disease from deliria nervosa virus. There are four reasons that make this interesting. First, the differences of main character. The differences of mind between Lena and Alex. Second, this novel tells about the virus named deliria nervosa. Love is a disease. Third is why Lena can fall in love with Alex, when the first time they meet until falling in love. The last is they can defense their love although they live in an environment where love is forbidden.

### **2. Previous Study**

There is no previous study on *Delirium* novel, at least in university in central java. So, the writer cannot compare this research with other research because this is the first study of *Delirium* novel. The writer use a Psychoanalytical Approach to analyze the data and using *Delirium* novel as an object. The research is entitled DEFENSE OF LOVE REFLECTED IN LAUREN OLIVER'S *DELIRIUM* NOVEL (2012) : A PSYCHOANALYTIC APPROACH

### **3. Problem Statement**

Based on the background of the study, the writes will concern to analyze defense of love reflected in Lauren Oliver's *Delirium* novel (2012).

### **4. Limitation of the Study**

In this study, the writer only analyzes the Defense of Love of the main characters which appears using Psychoanalytic approach.

### **5. Objective of the Study**

Based on the problem statement, the object study of the researcher paper are to analyze the novel based on the elements and to analyze the novel based on the Psychoanalytic Approach.

### **6. Benefits of the Study**

The benefits expected from the study are: the first is theoretical benefit to give a contribution to other literary research especially in the study of *Delirium* novel. The second is practical benefit for getting deeper understanding about social issues in *Delirium* novel.

## **7. Underlying Theory**

### **1. Notion of Psychoanalysis**

Psychoanalysis is the part of psychological study that concentrate on the personality of human being. It is a method of therapy for personality disturbances and technique for investigating on individuals unconscious thoughts and feelings (Hjelle and Ziegler, 1992:86).

### **2. System of Personality**

Psychoanalytic is part of psychological study. According to Hall the theory of psychoanalysis based on three major; *Id* (biological aspect), *ego* (psychological aspect), *superego* (sociological aspect).

### **3. The Notion of Defense Concept**

Sigmund Freud (1894, 1896) noted a number of ego defenses which he refers to throughout his written works. Defense mechanisms

operate at an unconscious level and help ward off unpleasant feelings (i.e. anxiety) or make good things feel better for the individual. The ego, driven by the id, confined by the superego, repulsed by reality, struggles to master its economic task of bringing about harmony among the forces and influences working in and upon it; and we can understand how it is that so often we cannot suppress a cry 'life is not easy!' If the ego is obliged to admit its weakness, it breaks out in anxiety regarding the outside world, moral anxiety regarding the superego, and neurotic anxiety regarding the strength of the passions in the id.

#### **4. Structural Elements of Novel**

There are five elements of novel. The first is character and characterisation. The second is plot. The third is setting. The fourth is point of view. And the last is theme of novel.

### **B. Research Method**

#### **1. Type of the Study**

In this research, the writer applies qualitative research. The data sources are library and literary data. Its purpose is to analyze using Psychoanalytic Approach. The steps conduct the research are as follows: (1) determining the type of the research, (2) determining data and data source, (3) determining technique of data collection, and finally, (5) determining technique of data analysis

#### **2. Object of the Study**

The objective of the study is *Delirium* novel by Lauren Oliver was published in 2012.

#### **3. Type of the Data and the Data Source**

There are two types of data sources namely primary data and secondary data source. The first is primary data source. The primary data source is the novel itself, *Delirium* novel written by Lauren Oliver. The second is secondary data source. The secondary data source includes

references and data or materials related to the research, it is from the books and the internet.

#### **4. Technique the Data Collection**

The techniques of data collection are as follows: Reading the novel, arranging the data into several groups based on its theoretical category, selecting particular parts considered important and relevant for analysis, drawing conclusion and formulate its pedagogical suggestion.

#### **5. Technique the Data Analysis**

In analyzing the data, the writer applies a descriptive approach. The steps taken by the writer in analyzing the data are as follows, the first is analyzing the data based on its structural elements. Focus will be paid on the structural analysis of the novel. The second step is analyzing the data based on A psychoanalytic Approach. Focus will be paid on the meaning of defense of love.

### **C. Finding and Discussion**

#### **1. Structural Elements**

The content of Structural elements includes: character and characterization, setting, plot, point of view, theme.

##### **a. Narrative Element of the Movie**

##### **1. Character and Characterization**

Magdalena Ella Haloway. Lena is a young girl main characters of the novel. She was born in Portland on September 3. Lena is pretty enough. She has eyes which aren't green or brown. She is not thin and not fat. She is a short girl. Lena lives in Carol's house in Portland, And her family financial is not too rich. Lena is one of the girl who doesn't have a brave to say what she wants. She is actually a shy girl.

“I'm not ugly, but I'm not pretty, either I have eye that aren't green or brown, but a muddle. I'm not thin, but I'm not fat, either. The only thing you could definitely say about me is this : I'm short.” (Delirium page 15).

## **2. Setting**

Setting includes all of the physical aspects of the story, they are the time of day, the time of year, the geographical location of the story, the climate and weather at the time of the story, the historical period of the action, and the immediate surroundings of the characters, according to Taormina, 2005).

### **a. Setting of Place**

There are some places where *Delirium* novel is taken.

Mostly the novel is taken place at Portland.

### **b. Setting of Time**

*Delirium* novel has certain time which is used. During the summers.

## **3. Plot**

### **a. The Beginning**

A young girl named Lena. She is living in a society where love is seen as a disease. Before the procedure patients has to conduct a test to obtain a cure, which will determine their future. Lena has looked forward to the procedure for years, convinced as she is by the government that love is horrible disease that must be destroyed from mankind's system. In her life, she is living at Carol's house. She has a best friend named Hana. They have same hobby. They like to run together. Hana has different character with Lena. Actually she is so interested with The Wild.

### **b. Conflict**

The first conflict arises when Hana her best friend invites Lena to come and join the live Music and break the rules. Lena knows where the place is taken. Many boys and girls join up. And all of them are the people who do not cure

yet. Of course Lena refuses Hana's invitation. And she is angry with her. For some days they never contact each other.

**c. Climax**

The climax of *Delirium* novel is not the break up Lena's relationship with Hana. But more dangerous than it. Lena never realize that she contacts with Invalid boys. She thinks that Alex is cured from the virus. It can be seen a sign under Alex's ears. The fact are Alex never been cured, and he never has a match. Alex in an Invalid, he is from The Wild. Lena is very disappointed with that. And for a long time she decides not to see Alex again.

After Alex saves Lena's life from the raid. Lena starts to fall in love with Alex. Lena breaks the Portland rules such as kissing, dancing. One day Alex tries to persuade her to run away with him and join the rebels who are against with the thought of leaving everything behind, she decides to go just seven days before her procedure. In The Wild Lena feels the different of two worlds. The first is her world and second is Alex life. In The Wild for the first time she heard about poem. She feels so relaxes and she likes the poem so much. A poem which she never heard in her school lesson.

After she is back from The wild, she feels that she wants to run away from Portland. She doesn't want do the procedure. She doesn't want to loose her memories. But she can't do anything. Her relationship with Alex is closer and closer. Until Alex find a secret about her mother. From child until now she thinks that her mother died. But it's not the truth. Her mother is still alive. But no one knows where is she.

Alex thinks that Lena's mother is in the Crypts. They decide to go there. Because Alex has a lot of friend in the Crypts so they can get in. For first Lena doesn't believe yet if

her mother in the Crypts. But her memories always remembers her mother said that she love her.

**d. Resolution**

Alex rescues her and they both make dash for the fence to escape the city, but Alex allows himself to be save her. Lena runs off into the jungle, not wanting Alex's sacrifice to be vain in The Wild. Lena feels so free, comfort and enjoy in there. Until she has a mind that she wants to move in The Wild with Alex.

**4. Point of View**

Point of view is how the story is told, according to taormina, 2005). Point of view means deciding who tells the story that is thoughts and feeling the reader has access to. The story teller also called narrator is a creation of the author and should not be confused with the author. *Delirium* novel use the first people that is Lena as the narrator of the story.

**5. Theme**

The theme of the novel, *Delirium*, is that "The manner of Magdalena Ella Haloway to get the true of life and her love. How she can defense her love and how she can defense in place where love is forbidden."

**2. Psychoanalytic Analysis**

**a. Analysis of Magdalena Lena Haloway's Personality**

In this analysis the researcher also include the three main part of psychoanalysis. There are id, ego and super ego. *Delirium* is the novel that reflecting of the major character named Magdalena Lena Haloway. After analyzing the major character's personality elements such as *id*, *ego*, and *superego*, the writer considers that each element are important and interest so closely with one another to build the defense of love of major character.

In Lauren Oliver's *Delirium*, there are many conflicts faced by Magdalena Lena Haloway as the major character in this novel. In the novel, Lauren Oliver describes Lena as a shy girl and she can't do what she wants or she cannot do what she wants to say. In her life she has a best friend named Hana. She meets Alex until he changes her life. In her life, she has many *Id* where her life is directed by her *ego* which is dominated by her *superego*, she is realized and do everything what her *superego* wants to. Since she meets Alex, her life more changes.

After she begins to change the *Id* arises when Lena always pretend what she wants to do. She always lies the people around her. So many complication occurs in Lena's life. This story shows the conflict between them and how *Superego* obeys the *Id* and how the *Ego* becomes defense of love from Lena's life.

#### **b. Defense of Love**

In *Delirium* novel can be found some kind of defense of love. It relates on Lena's life. The first thing that Lena does to fight her defense of love is starting by introduction virus named *Amor Deliria Nervosa*. It is a virus which has to be banned. This virus is very dangerous. All people who live in Portland have to be cured by the procedure. But for Lena it seems changed. Before she finds the feeling of love. She has to be careful with what she has to do. She has to keep her attitude, words. Because she doesn't want to be attacked with the virus. After Alex presents what is love to Lena. Lena thinks that *The Book of Shhh* is just nonsense. Love is beautiful Love is a life. The shape defense of love from Lena, she realizes what happen with her. It is one of the *Amor Deliria Nervosa* symptoms. This virus will kill her, but she does not care. Her mind is Alex. She loves Alex. She wants him.

### **c. Conclusion**

Based on psychoanalytic analysis of this novel is defense of love. According to the psychoanalysis approach defense mechanisms are a major component of personality. Freud believed that personality consists of the ego, the id, and the superego. The id is the source of instincts and natural desires; when these clash with social norms, tension arises as the superego disapproves and the ego mediates between them. Therefore, It happens when the *id* is stronger than the *superego*. The *id* of Lena is supported by the real condition of her emotion and her desire to be happy. As the readers know she is living in place where love is a disease so love is forbidden. Therefore, the *ego* that works based on the reality principle and support the id.

The *Delirium* novel gives description about the occur of defense of love. Defense of love most important concept of psychoanalytic theory. The first identifying, Lena always pretends because she doesn't want make her aunt worries about her. Another effect of the inability of her superego is There is fluctuation of her mind. One side she wants to be free, one side she has to obey the rules. The second identifying is Lena deep relation with Hana Both of them will get their procedure. The effect of the procedure is they will not know each other. The third identifying is when Lena falls in love with Alex. Lena let her id wins. She does not care what will happen with herself anymore. At finally she finds the way if she wants to be happy, she has to be brave to explore what she wants. With Alex, she finds the real of Lena character.

### **d. Suggestion**

Lauren Oliver's *Delirium* novel is good novel. Although this novel explain aboutlove, but all of the story doesn't tell about love, the novel tells about how the government do the procedure in order to

Portland society are safe from the virus. The novel also tells about the relationship of friend. And the novel tells about the effort from Lena to preserve her love, the defense of love. There are many lesson and moral about the novel. This novel gives knowledge ways about the defense of love.

The writer also suggests the other researchers to make deeper research about this novel from other approaches to make deeper research about this novel from other approaches as individual psychological, because human attitudes are unique from each other. Everyone has each character and capability that is different from each other as well as he or she also have his or her own the way of thinking especially on the effort of Lena to defense her loves and her behavior to get what she wants. So the individual psychological is appropriate enough.

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