ESTHER GREENWOOD’S PSYCHOLOGICAL CONFLICTS
REFLECTED IN SYLVIA PLATH'S THE BELL JAR (1963):
A PSYCHOANALYTIC CRITICISM

RESEARCH PAPER

Submitted as a Partial Fulfillment of the Requirements
for Getting Bachelor Degree of Education
in English Department

Proposed by:
Zenithda Arief Fadlila
A320090164

SCHOOL OF TEACHER TRAINING AND EDUCATION
MUHAMMADIYAH UNIVERSITY OF SURAKARTA
2013
APPROVAL

ESTHER GREENWOOD'S PSYCHOLOGICAL CONFLICTS
REFLECTED IN SYLVIA PLATH'S THE BELL JAR (1963):
A PSYCHOANALYTIC CRITICISM

RESEARCH PAPER

by:

ZENITHDA ARIEF FADLILA
A.320 090 164

Approved to be Examined by the Consultant Team

Consultant I

Dr. M. Thovibi, M.S.

Consultant II

Titis Setyabudi, SS, M.Hum.
ACCEPTANCE

ESTHER GREENWOOD'S PSYCHOLOGICAL CONFLICTS REFLECTED IN SYLVIA PLATH'S THE BELL JAR (1963): A PSYCHOANALYTIC CRITICISM

by:

Zenithda Arief Fadila

A.320 090 164

Accepted by the Board Examiners

School of Teacher Training and Education

Muhammadiyah University of Surakarta

The Board of Examiners:

1. Dr. M. Thoyibi, M. S
   (Chair Person)
2. Titis Setyabudi, SS
   (Member I)
3. Drs. Abdillah Nugroho, M. Hum
   (Member II)

Dean,

H. Nin Ping Setwaningsih, M. Si.

NIK. 403
TESTIMONY

I declare that this research paper is the result of my own research study. As far as I know, there is no material that has been published or written by the other researcher to be used and accepted as a partial to fulfill requirement in the other university, except certain parts explained in the text, bibliography and virtual references.

If this research paper is a plagiarism, imitation, or copying from other research paper, I am ready to accept the punishment through academic and law.

Surakarta, June 2013

(Zenithda Arief Fadlila)
“O you who have believed, seek help through patience and prayer. Indeed, Allah is with the patient”.

(QS. Al Baqarah: 153)

Be unbreakable woman, be strong-hearted woman, and do not be pessimistic person.

(The Writer)
DEDICATION

This research paper is dedicated to:

~The Great Allah SWT and The Great Prophet Muhammad SAW

~Mam and Dad, I love You

Thanks for giving me a strong upbringing and a world of opportunities.

~My beloved Brother, Mas Nanda

Thanks for being so understanding, for just being there it’s been a pleasure growing up with you.

~My gorgeous brother, Sisda and my cute sister, Rinda

Thanks for being sister such a true friend.

My Bestfriends and My Future Destination,
ACKNOWLEDGMENT

Bismillahirrohmanirrohim

Praise to Allah for blessing, so that the researcher can finish her research paper as the partial fulfillment of the requirements for Bachelor Degree of English Department.

The researcher is fully realized that this work cannot be separated from other people’s help and guidance. Therefore, in this opportunity, she would like to express her gratitude and appreciation to:

1. Allah SWT for everything given to the writer,
2. Dr. M. Thoyibi, M.S, the first consultant who have advised and guided her during the arrangement of this research paper,
3. Titis Setyabudi, SS, the second consultant who has improved the researcher’s writing in order to make this research paper more interesting to read in correct sentences,
4. Drs. H. Sofyan Anif, M.Si as the Dean of the School of Teacher Training and Education Faculty,
5. Susiati, S.Pd as the writer academic advisor who has guided so far,
6. All lectures in English department for their guidance, during the study at this university,
7. Her beloved father and mother (Sudiono and Siti Halimah), as well, for their tremendous affection, immortal prays, intimate and sweet love and pleasing-harmonious family,
8. Her dearest brothers Mas Nanda, for keeping her patiently, Sisda, her giant brother and cool, and her only sister Rinda, for being the best sister, and for all of the warm, togetherness, and support her up,

9. Her Jogja’s family, Palek Amin & Bulek Triskha big thanks for supporting her. Eyang Uti & Eyang Kakung, for giving her a place to take a fresh air, Gladies, Nadia, and Dimas for being amusing cousins,

10. Her unforgettable friendships. Her high school friendship Dyah & Leli and her college friendship ‘Tha-tha’ Agata Palupi, Riska, Mba Ana, Arini, Mba Indar for being her loyal best friends,

11. Her beloved ‘one’, for supporting her, for being her sweetheart and destination,

12. Huge appreciation to the great contribution of Sylvia Plath that has made masterpiece The Bell Jar in which she can use it as an object of her research paper,

13. Her age cousin Dek Alin, for supporting each other,

14. Her other close friends; Mba Nia for giving her guidance, Mba Nopi for giving her a nice place to make a short holiday, Nisa for the togetherness in Solo, Dila and Cici for her supporting in “Pondok Putri”,
15. Her beloved friend in English Department; Hida, Sitkom, Febri, Wahyu, Iin, Nopi, Eri, Titin, Hida, Hana, Ika Ida and all of Gendhis Theather Crew) for their support,

16. MTL; Dream, Pika, Ika, Melan, Hafid, Nur, Ratih, etc, for the togetherness waiting Mr.

17. Her Supra Fit motorcycle, for driving her and accompanying her anytime, anywhere, any places, and giving her inspiration, devote to help her up, and

18. Her big beloved family and for those who cannot be mentioned one by one, who has supported her to reach the dream.

Surakarta, June 2013

Zenithda Arief/Fadila
SUMMARY

ESTHER GREENWOOD’S PSYCHOLOGICAL CONFLICTS REFLECTED IN SYLVIA PLATH’S THE BELL JAR (1963):
A PSYCHOANALYTIC CRITICISM

Psychoanalysis is a branch of psychology. Psychoanalysis is a psychology of the unconscious; its interests were in the areas of motivation, emotion conflict, neurotic symptoms, dreams, and character traits.

Psychoanalysis focuses its study on human being. The objectives of the study are to identify the indicator of Esther’s psychological conflict, to identify what causes the psychological conflict in the self of Esther, and to explain the way Esther tries to solve the problem of her psychological conflict.

In analyzing the novel, the writer uses Sigmund Freud’s Psychoanalysis Criticism, and qualitative research. The object of the study is The Bell Jar by Silvia Plath. Types of data and data source are divided into two categories, primary data and secondary data. The primary data source is taken from the novel The Bell Jar by Sylvia Plath. The secondary data are taken from official website, related theories, etc.

The outcome of the study shows that Sylvia Plath illustrates a psychological phenomenon when an individual experiences an inner conflict because the differences desire in her. She attempts to cover her conflict uses aggression. Aggression is the way to solve the problem by ending the life. She is inclined to use a physical aggression; a forceful action especially when intended to dominate.
CONTENTS

Page

TITLE .......................................................................................................................... i

APPROVAL .................................................................................................................. ii

ACCEPTANCE ............................................................................................................. iii

TESTIMONY ............................................................................................................... iv

MOTTO ....................................................................................................................... v

DEDICATION ............................................................................................................. vi

ACKNOWLEDGMENT ............................................................................................... vii

SUMMARY ............................................................................................................... x

CONTENT ................................................................................................................. xi

CHAPTER I. INTRODUCTION .................................................................................. 1

A. Background of the Study ..................................................................................... 1
B. Previous Study ....................................................................................................... 7
C. Problem Statement .............................................................................................. 9
D. Limitation of the Study ...................................................................................... 9
E. Objective of the Study ......................................................................................... 9
F. Benefit of the Study .......................................................................................... 10
G. Research Method .............................................................................................. 10
H. Research Paper Organization .......................................................................... 12

CHAPTER II. UNDERLYING THEORY ................................................................ 13

A. Notion of Psychoanalysis ................................................................................. 13
B. Structure of Personality .................................................................................... 14
CHAPTER III. STRUCTURAL ANALYSIS .................................................. 23
A. Structural Elements ................................................................. 23
   1. Character and Characterization ......................................... 23
      a. Major Characters ..................................................... 23
      b. Minor Characters .................................................... 31
   2. Setting .............................................................................. 39
      a. Setting of Place ......................................................... 40
      b. Setting of Time ........................................................ 41
   3. Plot .................................................................................. 42
      a. Exposition ................................................................. 42
      b. Complication ........................................................... 43
      c. Climax ..................................................................... 43
      d. Resolution ................................................................. 44
      e. Causality ................................................................. 44
      f. Plausibility .................................................................. 45
   4. Point of View ................................................................. 46
   5. Style ............................................................................. 45
      a. Grammatical Structure ............................................ 46
      b. Sentence Construction .......................................... 47
      c. Diction .................................................................... 47
      d. Figurative Language ............................................. 47
   6. Theme ............................................................................. 48
B. Discussion ........................................................................... 49

CHAPTER IV. PSYCHOANALYTIC ANALYSIS ........................................ 51
A. Esther’s Structure of Personality ........................................... 51