ANXIETY AND EXISTENCE IN SYLVIA PLATH’S THE

BELL JAR (1966) NOVEL:

AN EXISTENTIALIST APPROACH

RESEARCH PAPER

Submitted as a Partial Fulfillment of the Requirement
for Getting Bachelor Degree of Education
in English Department

by:

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TESTIMONY

I hereby assert that there is no plagiarism in this research paper. There is no other work that has been submitted to obtain the bachelor degree and as far as I am concerned there is no opinion that has been written or published before, except the written references which are referred in this paper and mentioned in the bibliography. If any incorrectness is proved in the future dealing with my statement above, I will be fully responsible.

Surakarta, June 2013

The Writer

Riyan Haryani
MOTTO

Be Light in the middle of “Darkness”
(The Writer)

Life without “Love” is nothing (The Writer)

Love yourself first before loving others
(The Writer)

Make a history in your life, not just a story
(Reza.M.S)

A brave man would be better than thousands of coward (Reza.M.S)
DEDICATION

This Research Paper is dedicated for:

1. Allah SWT who always gives power, love, grace and big inspiration.
2. My beloved parents for praying, supporting, and advising me forever.
3. My beloved sister and brother in law for supporting and giving motivation for me every time.
4. All of my big family for support and motivation
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6. “Someone” who someday will be my soul mate
7. All readers
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The writer considers that this research paper is far from being perfect. Therefore, all suggestion and criticism are welcome and accepted. Hopefully, this research paper would be valuable for the readers.

Wassalammualaikum wr.wb

Surakarta, June 2013

The Writer

Riyan Haryani
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SUMMARY


The object of this study is The Bell Jar novel that is written by Sylvia Plath. This study about how anxiety and existence of the major character are reflected in The Bell Jar novel written by Sylvia Plath published in 1966. These objectives of the study are, firstly to analyze the novel based on structural elements, secondly to analyze the novel based on the structural and the existentialist approach.

This study is a qualitative study. The data sources are divided into two, namely primary data source and secondary data source. In collecting data, the writer reads the novel comprehensively and reads some related books to find out theory, data, and information required. For technique of the data analysis, the writer uses descriptive technique.

The result of the study comes to the three following conclusions. First, based on structural element in The Bell Jar, it shows that character and characterization, setting, plot, point of view, and theme. Second, based on existentialist theory by Sartre, the writer focuses on analyzing the structure of personality, which consists of the Being, Existence before Essence, Consciousness (Cogito), Freedom to Choose, Anxiety, Transcendence of Ego, and Nothingness. Three, based on the existentialist analysis human have different anxiety and existence, their existence are based on different being, choice, and act. The human’s existence is meaningful if he starts his being which has a good action to show his life purpose.

Key Words: Anxiety and Existence, The Bell Jar, Existentialist Approach.

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