

**THE SECRET BEYOND DALTON'S DREAMS TRAVEL IN  
JAMES WAN'S *INSIDIOUS* MOVIE (2010):  
A PSYCHOANALYTIC APPROACH**



**PUBLICATION ARTICLES**

Submitted as a Partial Fulfillment of the Requirement  
for Bachelor Degree of Education  
In English Department

by

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**2012**

**APPROVAL**

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**S TRAVEL IN JAMES WAN'S *INSIDIOUS* MOVIE (2010):**

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**ABSTRACT**

*This study is about the secret in insidious movie 2010. This objective of the study is to apply the psychoanalytic approach to analyze the emotional and character building in insidious movie.*

*The writer use Freud's major point of psychoanalytic to answer the problem of the study. The study is descriptive qualitative research which data are taken from script of insidious movie. The technique of analyzing data is descriptive.*

*The study comes to the following conclusion. First, based on the structural analysis of each elements, it shows that the character and characterization, plot, setting, point of view, theme, casting, mise en scene, cinematography, sound, and editing are related to each other and form unity. Second, based on the psychoanalytic analysis, human has different psychology. The psychology is based on different id, ego and super ego. Human has a freedom to choose and is responsible for the psychology. James Wan wants to convey a moral message that human is believe each other and human is not living alone in this world.*

**Keyword:** *The anxious, Dalton, believing and responsibility, structural element*

**A. Introduction**

## 1. Background of the Study

Human beings are individual creatures who have the capability to create, feel and want something. Living in the world, human being cannot be separated from the phenomenon and reality of life. They sometimes have experiences in sadness and happiness. There are some factors that determine happiness, one of them is wealth. Wealth is so important that people try and always have ambition to get it. It is true that they share the same goal, but there are various ways to achieve it, some people chose the right way, some the wrong one. The wrong way achieves happiness or ambition it called lie. Lie to get something what do you want. Lie is one of bad personalities. The reaction of human being to act of wrong way that never felt before cause them *afraid*. We can see our daily life. When the students lie to the teacher, they were *said* to the teacher that the book of homework is left out in home. In fact, the students forgot to do their homework. They have to say that cause of necessity in order to the teacher was not so angry with them. If they cannot solve the problem with lie, they will be frustrated because of their feeling guilty. Human beings are *individual* creatures who have the capability to create, feel, and want something. An Austrian Physician, Sigmund Freud, found the psychoanalytic theory of human being personality in the early 1900s. Then Freud described three components of personality; they are *id*, *ego*, *superego*. In the literary works an author in his works in the characters shows as a liar.

The researches creates a conflict where the character *inside* is faced on two or more choices or some difficulties and so the character become anxious to solve its problem. So, the character chooses the wrong way.

In this study the writer encourages herself to give a title  
**THE SECRET BEYOND DALTON'S DREAMS TRAVEL IN JAMES WAN'S *INSIDIOUS* MOVIE (2010): A PSYCHOANALYTIC APPROACH.**

## **2. Literature Review**

*Insidious* is a new movie and published in 2011. The researcher found that there is no literature review and no other researchers who have examined this movie before at least at UMS.

## **3. Problem Statement**

Knowing that the problem is the important part of research, the writer proposes, "What is secret beyond Dalton's dreams travel in James wan's *insidious* movie (2010)?"

## **4. Focus on the Study**

The writer focuses in this research in analysis of secret beyond Dalton's dreams travel in James wan's *insidious* movie (2010)

## **5. Objective of the Study**

Based on the problem statement above the objectives of study are,

1. To analyze secret beyond Dalton's dreams travel in *insidious* movie.
2. To analyze James wan's *insidious* movie based on the structural elements of movie.

## **6. Benefit of the Study**

The benefits of the study are follows:

### **1. Theoretical Benefit**

The study is hoped to give a new contribution and information to the larger body of knowledge, particularly the literary studies in James wan's *insidious* movie.

### **2. Practical Benefit**

The study is hoped to enrich knowledge and experience of the writer and other students of Muhammadiyah University of Surakarta or another Universities who has interest with literary study on the movie for Psychoanalytic Approach.

## **7. Research Method**

### **1. Type of the Study**

In this research, writer uses descriptive qualitative research. Moleong, (1989:3) affirms that "Qualitative research is a research of which the data in the form of written or oral word are descriptively analyzes." The descriptive qualitative research is a type of research which is research is not presented in digits or statistic but the data in the form of descriptive.

### **2. Object of the Study**

The object of the study the secret beyond Dalton's dreams travel in James wan's *insidious* movie (2010) and publishing by IM Global in 20010 and it is analysis by Psychological Approach.

### **3. Type of the Data and the Data Source**

The primary data in this research is the Dalton's dream in *insidious* movie (2010) and publishing by IM Global in 2010 and the script of this movie.

The secondary data sources are Psychoanalytic Theory book and also *Insidious* movie review.

### **4. Technique of the Data Collection**

The techniques of collecting data are capturing the picture and note taking, with the steps are:

- a. Watching the original movie for several times.
- b. Reading the movie script.
- c. Determining the character that will be analyzed.
- d. Taking notes of important thing both of primary and secondary data sources.
- e. Classifying and determining the relevant data.
- f. Notes the material and other resources that related into the movie and the analysis.

### **5. Technique of the Data Analysis**

The technique of data analysis uses descriptive qualitative analysis. It concerns with the structural elements of the movie and also Psychological Approach.

## **8. Research Paper Organization**

The research paper organization of James Wan's *Insidious* movie (2011) are chapter I is introduction. It consists of background of the study, literature review, problem statement, limitation of the study, objective of the study, benefit of the study, and research paper organization.

Chapter II is underlying theory. It consists of elaborated of psychoanalysis the principle of psychoanalysis, perspective of psychoanalysis in literature and structural elements of the movie.

Chapter III is structural analysis of *Insidious movie*. It elaborates the structural analysis consist of narrative elements consist of character and characterization, casting, plot, setting, point of view, and theme and also technical elements consists of stage action, cinematography, sound, and editing.

Chapter IV is the discussion of *Insidious* movie based on psychoanalytic approach.

The last chapter V is conclusion and suggestion. Finally part is bibliography and appendix.

## **B. Research Finding and Discussion**

### **1. Structural Analysis of *Insidious***

During the first scene of the movie, an old woman is seen lurking in a house corridor while Dalton is sleeping in his room. Renai and Josh Lambert (Rose Byrne and Patrick Wilson) have recently moved into a new house with their three children. One morning, Renai begins looking through a family photo album with her son, Dalton (Ty Simpkins). He asks why there are no pictures of Josh when he was a child. Renai reasons that he has always been camera shy. Dalton tells Renai he is scared of his new room. One day, Dalton hears something in the attic. When he goes to investigate he sees something off screen that scares him and takes a fall when the attic ladder breaks. The next day Josh goes to wake Dalton, but he does not move. They rush him to the hospital where the doctors say he is in an unexplained coma.

Three months later Dalton is moved home, still in the coma. Disturbing events begin to occur. Renai believes the house is haunted when she begins to see and hear people in the house. She confronts Josh about the events and the family soon moves to another house. In the new house, increasingly violent and supernatural events begin to happen again. Josh's mother, Lorraine (Barbara Hershey), contacts a friend, Elise Reiner (Lin Shaye), who deals with paranormal activities. The family, Elise, and her team go into Dalton's room. There, she sees and describes a figure to

one of her two assistants, who draws a black figure with a red face and dark hollow eyes.

Elise explains to Renai and Josh of Dalton's ability to astral project while sleeping, but has wandered too far to find his way back in to his physical body. Skeptical at first, Josh later relents when he discovers Dalton had been drawing pictures which resemble the demonic figure Elise described. Elise and Lorraine reveal to the couple that Josh also can astral project, and was terrorized by a terrifying spirit during his childhood. Josh's mother shows them pictures from Josh's childhood, revealing a shadowy old woman nearer and nearer to Josh. Elise suggests that Josh should use his ability to find and help return Dalton's soul. Josh agrees. Guided by Elise, Josh finds and frees his son, captured and held by the red-faced demon. In search of their physical bodies, Josh and Dalton flee the demon that pursues them. Just before the two awaken, Josh confronts the shadowy old woman who appears to be *inside* his house, along with several other spirits. Shouting that he is *unafraid* of her, she retreats into the house. Josh awakens, as does Dalton.

Later, Dalton, Renai, and Lorraine are eating in the kitchen. In another room, while Elise and Josh packed, Elise notices something strange about Josh. She grabs a camera and takes his picture. Suddenly, Josh goes into a rage and strangles Elise to death. Renai hears the noise and runs into the room to find Elise's body. She calls out to Josh, but receives no answer.

She picks up the camera that Elise used from the floor and sees, not a picture of Josh, but the old woman; implying he has been possessed by her. Just then, Josh tells Renai he is right behind her and grabs her shoulder. She turns around and the screen cuts black. It comes back to see a flash of the old woman's face.

## 2. Psychoanalytic Analysis

Josh is the major character who feels anxiety in his life related to the scares, nervousness and confusedness. The three words *id*, *ego* and *superego* and many conflicts in her life cause his anxieties.

### 1. *Id*

*Id* is the irrational, instinctual, unknown and unconscious part of the psyche. *Id* is home base for the instincts. It constantly strives to satisfy the wish impulses of the instincts by reducing tensions. The *id* serves the pleasure principle. (Feist, 1985: 25).

Josh is the head on the family, where he must share all of the needs with the entire family. Especially loves and cares. *Id* is the *identity* where it becomes the character of human. On the movie, Josh is a good man where he shows everything for his family especially loves and care. On below dialogue and capture shows the love and care of Josh as an *id* of him.

The first *ego* of Josh appears when the first time he experiences the weirdest situation in a spiritual world. Josh cannot handle his mind for a

while and he does not want to get involve with that kind of weird situation, so he makes decision to stay at school and stay there for a while.

The *superego* is the final element of Freud's model of personality. It is similar to the id in that it is somewhat unrealistic. The superego represents the rights and wrongs of the society as handed down to an individual over their lifetime. . The superego has two subparts: the conscience and the ego-ideal. The conscience prevents us from doing morally bad things. The ego-ideal motivates us to do what is morally proper. The superego helps to control the id's impulses, making them less selfish and more morally.

The superego of Josh appears after he had been through a lot of mystical situation, then his wife tells him that she is scared enough and she saw a lot of mysterious things on their house. That makes he so frighten and she always scream if she has saw something on the house, and that makes Josh confused and tries to calm her down. He does not want to hurt her wife feeling, and he tries to convince her that everything is going to be ok.

### **C. Conclusion**

Having analyzed the movie, *Insidious* tells about anxiety of Josh Lambert as the major character, when he finds the problem in his family until he has found the problem solving of it. *Insidious* movie is a story about problem in the family, which have relationship with the freak thing.

Therefore, the writer takes an approach by employing the principles of Freud's psychoanalytic in order to understand how the major character copes with his changing of life to get better life, the researcher draws the following conclusions:

1. From the structural analysis the researcher finds out that the theme of *Insidious* film generally talks about freakiness of family life that surround the main characters. In here the researcher finds out that the themes of this movie are about the relationship between believing and responsibility. James Wan as the director of *Insidious* movie use two elements; they are narrative and technical elements. Narrative elements consists of character and characterization, plot, setting, point of view, and theme. Technical elements consists of mise-en-scene and design, set dressing and props, casting, costume, make-up, lighting, sound, symbol, cinematography, duration of the shot, and editing. This movie version employs traditional plot. By employing traditional plot image of simple and real life, hearers deliriously comprehend easier story, the audiences hopefully understand the story easier. While traditional plot begins with exposition, complication, climax and ended by resolution of the story.
2. Based on literature and psychology that have a close relationship since both of them have the same object of research, namely human. Literature is writings about human life, which is a manifestation about the real life. In *Insidious*, James Wan proposes that human sometimes needs to oppose the authority in order to cope with the struggle of life to get better life. Every

age has visionaries who leave, in the wake of their genius, a changed world--but rarely without a battle over exactly what happened and who was there at the moment of creation.

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