

**MAJOR DEPRESSION REFLECTED
IN JODIE FOSTER'S *THE BEAVER* MOVIE (2011):
A PSYCHOANALYTIC APPROACH**

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ABSTRACT

DESI VERANITA, A. 320. 090 297. MAJOR DEPRESSION REFLECTED IN JODIE FOSTER'S *THE BEAVER* MOVIE (2011): A PSYCHOANALYTIC APPROACH. RESEARCH PAPER. MUHAMMADIYAH UNIVERSITY OF SURAKARTA. 2013.

The research investigates how the major character suffers a major depression in his personality. Therefore, the study analyzes the movie based on structural elements of the movie and based on psychoanalytic approach. The object of the study is the personality of the major character of The Beaver Movie. The data sources of the research are library and literary data. Those are divided in two categories, primary data sources and secondary data sources. The primary data source is the movie itself and the secondary data are the other sources related to the movie. The technique of the data collection of the study is library research. The technique of the data analysis is descriptive analysis. The outcome of the study shows human suffering of major depression in their personality. It is reflected in the major character's personality when he must run up his company which almost bankrupt, then during he suffers a major depression, he cannot communicate with the others until he found a beaver hand puppet as a tool to communicate with the others. Moreover, his major depression is also reflected in his suffering when he really needs his family to recover him from the depression.

Keywords: Major Depression, Psychoanalytic Approach

A. Introduction

1. Background of the Study

Major depression is one type of depressions. Major depression is a disease that causes its sufferers feel self-blame in a world, confusion, hopelessness, loss of life balance and also the sufferer will be in despair and loss of confidence. This is a mental illness that attacks the body and mind, and can be suffered by anyone and anytime. Major depression is characterized by long periods of a low or sad mood.

The Beaver movie is one of interesting Jodie Foster works to view. There are some reasons that make the movie interesting, important, and challenge to view; First reason is the characters and characterization in Jodie Foster's *The Beaver* movie. Walter Black is the depressed person or close to mental disorders. He has wife named Meredith Black, and two children namely Porter Black and Henry Black. The second reasons are the problems that have in this movie. Such as major depression disorder, not only the major character using a beaver hand puppet as mediator for communication with others, but also the problem which tells in this movie are family problems and struggle for life. The third reason is the messages that will to convoy by the director Jodie Foster, when someone suffers a major depression he needs his family to stay beside him and helm him recover from the depression.

Based on the background above the writer is interested in analyzing the major character using psychoanalytic approach by Sigmund Freud.

2. Literature Review

There is no previous study on *The Beaver* movie, at least in university in central java. So that the writer cannot compare this research with other research because this is the first study of *The Beaver* movie. The writer uses a Psychoanalytic Approach to analyze the data and using of *The*

Beaver movie as an object. The writer analyzes *MAJOR DEPRESSION REFLECTED IN JODIE FOSTER'S THE BEAVER MOVIE (2011): A PSYCHOANALYTIC APPROACH*.

3. Problem Statement

“How is Walter Black’s suffering of Major Depression reflected in Jodie Foster’s *The Beaver* movie (2011)?”.

4. Limitation of the Study

The writer focuses this research in analyzing major depression reflected in Jodie Foster’s *The Beaver* movie (2011) based on psychoanalytic approach.

5. Objectives of the Study

To analyze Major Depression Reflected in Jodie Foster’s *The Beaver* Movie (2011) based on its structural elements, To analyze Major Depression Reflected in Jodie Foster’s *The Beaver* Movie (2011) based on psychoanalytic approach.

6. Underlying Theory

a. Notion of Psychoanalysis

According to Freud (in Pervin and John, 1996:68) psychoanalysis are a view of the person and a view of society, and perhaps even a total philosophy of life. And also Brill (1949:1) state that “psychoanalysis study is a mental analysis of a special kind that works with special instruments; it means the analysis of normal and abnormal activities by a certain definite method-though the analysis of dreams, psychopathological actions, hallucinations, delusions, and psychic attacks of all kinds which we find in the abnormal spheres”.

b. Structures of Personality

In psychoanalysis theory of Freud, the personality is seen as a structure, which consists of three elements: *id*, *ego*, and *superego*.

1) The *Id*

Pervin and John (1996:81) state that “the *id* is without reason, logic, values, morals, or ethics”. The *id* is demanding, impulsive, blind, irrational, asocial, selfish, and finally, pleasure-loving (Pervin and John, 1996:81).

2) The *Ego*

According to Davidoff (1987:445) the *ego* is controlled and logical. Instead of being driven by the pleasure principle, it operates on the reality principle. The *ego* uses secondary process thinking, problem-solving strategies. Think of secondary process thinking as critical, organized, synthesizing, rational, and realistic.

3) The *Superego*

The *superego*, as Freud conceived it (in Bootzin, Bower, Zajonc, and Hall, 1986:458) is partly conscious and partly unconscious. It operates by a combination of primary process and secondary process thinking.

c. Notion of Major Depression

According to Schwartz and Schwartz (in Robbins 1993:2) Depression is an affective, or mood disorder. It is an illness that immerses its sufferers in a world of self-blame, confusion, and hopelessness. It is an illness of the mind and the body. Some could argue depression is a way of coping with life's pressures.

d. Aspect of Major Depression

In this aspect is divided into two parts namely: a) Causes of Major Depression, and b) Symptoms of Major Depression.

1) Causes of Major Depression

There are four major views as to what causes depression. They are: 1) The Psychoanalytic Theory, 2) Behavioral Theory, 3) Cognitive-Behavioral Theory, and 4) Biological Theory (Robbins, 1993:4-5).

2) Symptoms of Major Depression

Wells, Dipiro, Schwinghammer, Hamilton, and Hill (1998: 796) elaborate the Major Depression symptoms into four type; 1) emotional symptoms, 2) physical symptoms, 3) intellectual or cognitive symptoms, and 4) psychomotor disturbances.

B. Research Method

In this research, the researcher uses the descriptive qualitative method. The data sources are library and literary data. The step to conduct the research are determining the Type of the Study, Determining the Object of the Study, Determining Data and Data Source, Determining Technique of the Data Collection, and finally Determine Technique of the Data Analysis. Object of the study is a movie entitled “*The Beaver*”.

In doing this study, the writer uses two sources of data namely primary and secondary data source. (1) Primary data source: the primary data source is the movie of *The Beaver* produced by Hollywood studios. (2) Secondary data source: Secondary data is the supporting data taken from the books, internet or any information related to the practice of Major Depression that support the psychoanalytic analysis. Techniques of the data collection are watching and learning the movie repeatedly, Taking notes of important parts both primary and secondary data. Arranging the data into several groups based on its theoretical category. Selecting particular parts considered important and relevant for analysis and Drawing conclusion and formulate its pedagogical suggestion.

C. Research Finding

In this research finding, the writer analysis some points in order to analyze *The Beaver* movie:

1. Analysis of the Structural Elements of *The Beaver* movie.

a. Characteristic and Characterization

In this movie there are major character and minor character.

1) Major Character

a) Walter Black



Fig.1: Walter Black



Fig. 2: Mr Beaver

Walter Black is one of the most important figures in this movie or can be regarded as the most important characters that exist in *The Beaver* movie. *Physically*, He has white skin and a little wrinkled, has glassy eyes, that has a bit of gray hair, and he was about 40 years old, his body is tall and a little advice. On the other hand he controls the beaver hand puppet, which he named Mr. Beaver.

Socially, He is a husband for Meredith Black and as a father for his sons Hendry Black and Porter Black, and also CEO a toy company. He is a depressed people, someone who self-blame confusion, and hopelessness. Every day he just sleeping, dreaming up, having a drink, and not eager to do any work.

Morally, He is a man who is depressed and cannot communicate with others, including his family; he only stays at his own world. And *The Beaver* movie is the ultimate pick-up conflicts that depression experienced by Walter Black.

Mr. Beaver : Wake up, you worthless sod.
Bloody hell. Look at you.
Stone-drunk and flattened by a television.

That's quite an obituary you're working up for yourself, Walter.

Walter Black : I'm sick.

Mr. Beaver : Yeah, Walt. On that, we agree.

Walter Black : I can't.

Mr. Beaver : Yeah, yeah, yeah. You're depressed. Yeah. Lethargic. Anhedonia. Wake up! Books and pills. They're cotton candy.

(TB, VCD 1 00:11:48,124 - 00:13:35,981)

b) Meredith Black



Fig. 3: Meredith Black

Meredith Black is beautiful mother. *Physically*, she has white skin, two large eyes, had thin lips and she has medium brown hair.

Socially, she is a wife of Walter Black and the mother of her sons; Porter Black and Hendry Black.

Morally, she is a friendly with anyone, she is a good mother, loving and accountable manner. and also a strong wife, when she gets a bad situation where her husband Walter Black suffers mental illness, namely depression. She always encouraged her husband who was depressed, seek helps to recover.

Meredith : There you go.
Is this some kind of a joke?

Mr. Beaver : No, hardly, love. Nothing funny about it.

Meredith : Stop it with the puppet!
All right. I'm confused, Walter,
and I need some answers right now.

(TB, VCD 1 00:16:14,766 -00:17:30,298)

2) Minor Character

a) Norah



Fig. 4: Norah

Norah is a beautiful girl. She is a college mate who secretly assessed by Porter Black. *Physically*, she has long hair, white skin, and tall.

Socially, She is one popular girl on her campus, besides beautiful, Norah is one of the smartest students.

Morally, Norah is a friendly girl, had lots of friends, but less flexible. She seems have a lot of problems in his mind but it looks fine. And finally she is become girlfriend of Porter Black.

Norah : Hey, will you hold on for a second?
Porter : No one sent me.
Norah : I really need help.
Porter : Look, you're the valedictorian, all right.
You have a 4.0.
I copy off of you in calculus.
Why would you want me
to write you a paper?
Norah : It's not a paper.
It's my graduation speech.

(TB, VCD 1 00:18:36,449 -00:19:22,786)

b. Setting

1) Setting of Place



Fig. 5: A Toy Company Fig. 6: Walter's House Fig. 7: Hospital

Have many action of *The Beaver* movie which takes in Walter Black's house, and other places, Such as at Jerryco Company, Walter's house, and Hospital.

2) Setting of Time



Fig. 8: Evening



Fig. 9: Afternoon



Fig. 10: Night

In *The Beaver* movie have a lot of scenes taken on the afternoon situation, on the evening, and on the night.

c. Point of View

In *The Beaver* movie, narrator describes how Black's family whole, from the father who is severely depressed, Waler's wife should live life and accept the fact that her husband had depression and tries to be strong in front of her two children, as well as the problems of her eldes child who hates his father and her younger son is a quiet boy and does not have any friends in his school. So the overall picture of the movie from the point of view of the narrator is very complicated.

d. Theme

A theme of *The Beaver* movie (2011) is depression, it is about "someone who's suffer a disease of self-blame in a world, confusion, hopelessness, loss of life balance and also the sufferer will be in despair and loss of confidence in their own self".

e. Plot

The Beaver movie tells about someone who suffers a major depression. Here, Walter Black as major character who suffers a major depression, he become someone who loss of confident and loss of self-balance, and it makes him cannot communicate with others. In every time he only sleep and drink an alcohol without doing something.

1) Conflict

Conflict in *The Beaver* movie is when Walter Black severely depressed. He is a quiet, desperate, feeling exists in his own world and cannot communicate with anyone, including with his wife and his sons, and also his eldest son (Porter Black) who hates him very much. And then he finds a beaver hand puppet and eventually became a medium for Walter Black to communicate with others.

2) Complications

Complications in *The Beaver* Movie are when his company went bankrupt and the problem of major character (Walter Black) is depression, so he hung himself from the outside world. Later he became the one who is always sleeping and drinking all the time.

3) Rising Action

When Walter Black was abandoned by his family; his wife and his son, he began to realize that he had to get up, get change, and separated from the hand puppet. But in fact not easy to escape from the beaver hand puppet that always was in his hand which is actually part of his other self.

4) Climax

Climax is happening in scene on *The Beaver* movie, when Walter Black tries to break the beaver hand puppet miraculous time inside his left hand but it is not easy, as if the other side of him that wants Walter still become a people who like it, relying on the beaver hand puppet to control his life, but Walter decided to cut his hand because he cannot break away from the control of beaver hand puppet that is in his hand.

5) Falling Action

After his hand was cut off, and was found by his son (Porter Black) which an already bloodied in warehouse. He was able to communicate with his wife and youngest child who came to visit him. The situation getting better when his older child (Porter Black) who previously hated his father came to visit him and also apologize admitted his guilt to his father, then their relationship becomes good again.

f. Cinematography

1) Photographic Qualities of the Shot

In *The Beaver* movie, the qualities of the shots are concerned. The most important part of this Cinematography, when the scene is shot and will move to another situation. The Quality which use was very interesting, because it uses the effect of getting away look blurry or fuzzy, and eventually switched to the next scene.

2) Framing of the Shot

a) Camera Angle



Fig. 11: Straight Angle



Fig. 12: High Angle



Fig. 13: Low Angle

In *The Beaver* movie, for shooting this movie there uses three kinds of frames. The first is straight angle, second are high angle, and the last is a low angle.

b) Camera Distance



Fig. 14: Extreme Long Shot



Fig. 15: Long Shot



Fig. 16: Medium Long Shot



Fig. 17: Medium Shot Fig. 18: Medium Close-Up Fig. 19: Extreme Close-Up

In *The Beaver* movie, the framing can be divided into six categories; a) extreme long shot, b) long shot, c) medium long shot, d) medium shot, e) medium close-up, and f) extreme close-up.

3) The duration of the Shot

Using of time in *The Beaver* movie presents in every scene, when shot each scene, the duration uses in the grooves were considered, so the resolution of the story can fit with the target.

2. Psychoanalytic Analysis of *The Beaver* movie

a) The *Id*

Walter Black's *id* is when he feels discouraged and just has the desire to lies in bed and do nothing, so he just feels asleep and then quietly, doing nothing and contemplating himself which unable to do anything, and has no desire to recover from the depression he suffered . Then when he is depression and unable to resolve the problem in his self, including talking to other people, his emotional impulses expressing appear that the desire to have a drink that will make him feels be better and quieter until finally caused her to have a certain sense of satisfaction.

Walter as Mr. Beaver	: Wake up. Wake up, you worthless sod. Bloody hell. Look at you. Stone-drunk and flattened by a television. That's quite an obituary you're working up for yourself, Walter.
Walter	: I'm sick.
Walter as Mr. Beaver	: Yeah, Walt. On that, we agree. The question is, do you want to get better?
Walter	: I can't.

(TB, VCD 1 00:11:44,371 - 00:13:23,677)

b) The *Ego*

Walter Black's *ego* when Walters attempted suicide, he go to the hotel bathroom in his room and tries to bind his neck up on the bathroom using the tie was he wore, but the experiment failed because the pole shower was not enough to hold the load weight of Walter black, but not quite up there, because the ego its very large to suicide then he decided to try it again with a jump from a height of building in occupied his hotel.

Walter as Mr. Beaver : Is this what you want?
Is this progress? Christ, woman!
He's suffering from depression,
not amnesia!
You think the problem
is he can't remember these things?

Meredith :No.

Walter as Mr. Beaver : He can't go back. Don't you see that?
This is all in the past, and dredging it up...
Do you know where this leads?
You know where this Walter goes?
To a 10th floor balcony,
tied to a shower curtain rod.
Is that what you want?
You want the rest of your life
to be just like tonight?
Well, that was Walter.

Meredith : No, Walter. No, come on.
Look at this. You really look at this.
That's you, Walter.

(TB, VCD 2 00:48:28,698 - 00:50:05,335)

c) The *Superego*

Walter Black's *superego* when Walter hospitalized after cut off his hand to escape a beaver hand puppet which for some time was master him, as long as the treatment for healing his hand, the superego of Walter Black decides that he must back in therapy in order to recover from the depression which had been in misery for the past two years. Then when his youngest son visited him in the hospital, Walter tries to communicate with his son as his own self; he began to build the confidence be able to communicate with others without any assistance including a beaver hand puppet. And it works; Walter can become his self, talk with other people without feeling fear, shock or lost spirit.

Nurse : Your family's here.
Walter : It's okay. Go on.
Hey, little fella. How are you?
Henry : Good.
Walter : What's that?
Henry : It's a brain.
Walter : Wow. It's a brain!
Henry : Mom says yours got broken.
Walter : This will come in handy.
Henry : So, are you crazy?
Walter : Maybe.
We're working on it.
Henry : Does that mean you can come home?
Walter : We're working on that, too.

(TB, VCD 2 01:14:59,954 - 01:15:51,171)

3. Theory of Major Depression

a. Causes of Major Depression

1) The Psychodynamic View

Walter feels the loss of attention from his family, especially from his younger son (Porter Black) who hates his father because of the depression suffered by Walter Black. Porter considers his father is crazy, and do not want to meet his father. So Walter feels they don't have the support from his child to recover from the depression in misery and actually make depression more severe with regard a beaver hand puppet which Walter thinks can speak and live.

2) The Behavioral View

In *The Beaver* movie do not tells genealogy Walter Black life, how his life as a youth and as to what his parents raised him. But *The Beaver* movie tells how Walter Black very depressed and stress when he gets the problems of life, especially when he cannot communicate with anyone. Although just expressing what he feels or what he is thinking. So the problems piling up in his mind and causes Walter increasingly depressed and distressed.

3) The Cognitive-Behavioral View

In *The Beaver* movie also talks about things that cause Walter Black depression and worse. The other part is the cognitive-behavioral view, in this movie Walter deviate from reality. He finds a beaver hand

puppet and then became a tool for him to communicate with others, and he thinks the puppet actually is alive and able to talk, but in fact a beaver hand puppet is just as a tool that he uses to express what he thinks or expresses the other side of him, and in fact the object is not really live.

4) Biological View

In *The Beaver* movie, Walter Black as a character who suffers from depression was not due to genetic or hereditary factors. This is purely because of problems being experienced by Walter Black and he cannot be able to finish it, causing a major depression. But this movie tells that Walter looked has a very bleak future that causes him have worthlessness feelings and low self-feelings and then the result of depression from his daily activities is just drinking and sleeping.

b. Symptoms of Major Depression

1) Emotional Symptoms

In *The Beaver* movie, clearly visible that symptom of depression has experienced by Walter Black. The most obvious is the emotional symptom of depression experienced by each patient including those experienced by the major character in *The Beaver* movie is Walter Black. Walter lost his responsiveness to do anything; he just lies in bed and daydream of his fate that he has been through, without any desire to improve its state.

2) Physical Symptoms

In *The Beaver* movie a physical symptoms which experienced by Walter Black is fatigue; mental fatigue and mind, When Walter Black cannot reveal what was on his mind or share his problems that he has experienced, he feels mental and mind fatigue, which causing other disturbances physic emerged, including sleep disorders.

3) Intellectual or Cognitive Symptoms

Then when Walter is abandoned by his family (his wife and sons) Walter tries to live alone, he grows some sentiment, that he can live alone, without his family or his sons beside him. But for a few time, Walter realizes that he loss of something, loss of someone who he loved so much. Then he feels so confused, and indecisiveness, he really afraid of losing his family.

4) Psychomotor Disturbances

The Beaver movie is also very obviously visible, the depression symptoms experienced by Walter Black, it is a psychomotor disturbance. This symptom shows Walter Black experienced as someone who suffers from the depression, the situation is slowed physical movements, the process of thinking, and talking.

D. Conclusion

The result of the analysis shows from the major character's 'Walter Black' in *The Beaver* movie (2011) reflected by Jodie foster. This study conducted by researcher that the major characters in *The Beaver* movie (2011) has been inferred from several aspects and approaches used by researcher, especially she use psychoanalytic approach to analyze major character, Walter Black's personality. Then the researcher raises the issue that how someone suffers a major depression, in this movie the researcher analyzes a major depression disorder suffers by Walter Black as a major character.

Based on structural analysis, *The Beaver* movie has a good quality in all scene of the movie that tells about someone who suffers major depression. The structural analysis of the movie which contains the structural elements- narrative elements (character and characterization, setting, point of view, theme, plot) and technical elements (mise-en-scene consists of setting, costume and make-up, lighting), Cinematography.

Then based on psychoanalysis of this movie, first, the problem occurs when Walter suffers a major depression, and then how he uses his mind to perform common actions were reasonable and fair. Where Walter's *id* work to fulfill what he needs and gets some joy in his life, and his *ego* will capture the *id*, but the measure from *ego* not

always true. Have a time when Walter fulfill the *id* need with take the incompatible action, until his *superego* gives reality to be lived with positive thinks and heed that he needs which bringing the devastating effect on him.

The last based of the issue which convoy by researcher, *The Beaver* movies shows a major depression that suffers by Walter Black as a major character especially based on causes and symptoms of the depression. The effect of his disorder is makes him become someone who loss of confident and cannot communicate to others.

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