A. Background of the Study

Every human being has a belief in some cases, for example, a person has faith in himself and in presence of the natural surroundings and feeling, but he gets hesitancy on various matters. Hesitancy is an attitude that describes distrust towards something that will not necessarily be the truth. Every human might have an experience in differences quality of faith and hesitancy, although there is no matter of individual that is doubted. Person will experience a real doubt in certain parts of the case. Sometimes, factors of human in the degree of doubt and faith come from psychology problems, internal aspect of humans, and of thought.

People in this world have many problems in their life. It will bring negative impact or positive impact. People that think wisely will overcome their problem patiently, because they know the problem that is experienced will deliver a wisdom to their life. They think the problem is a whiplash for their life in order to get obstinacy. When people cannot take in hand of their problems, they will get buried and depression of it. Moreover, they are able to do unusual thing to settle the problem in order to leave their problem. It is like the story that is described in *Eat Pray Love* movie. This movie is very interesting because there are many inspirations from the impact of Elizabeth Gilbert’s problems that are able to be taken.
*Eat Pray Love* movie is directed by Ryan Murphy. Ryan Murphy was born on November 30, 1965. He is an American film and television screenwriter, director, and producer. Murphy started as a journalist working for The Miami Herald, The Los Angeles Times, and Entertainment Weekly. Murphy started his career in television in 1999 with the teen comedy series Popular. The show aired on The WB for two seasons. In 2006, Murphy wrote the screenplay for and directed the feature film *Running with Scissors*. Based on the memoir by Augusten Burroughs, the movie version starred Annette Bening, Alec Baldwin and Brian Cox, and, as the young Burroughs, Joseph Cross. In 2010 Murphy directed Julia Roberts in an adaptation of Elizabeth Gilbert's memoir *Eat, Pray, Love*. The film was a box office success but a critical failure, receiving harsh reviews criticizing its pacing and lack of credibility. To date, the film has grossed $204,482,125 worldwide.

*Eat Pray Love* is a movie inspired from Elizabeth Gilbert’s novel. Elizabeth was born in July 18, 1969 in Waterbury, Connecticut, The United States. She is a writer of fiction and non-fiction. Elizabeth’s short story collection Pilgrims was a finalist for the PEN/Hemingway award, and her novel Stern Men was a New York Times notable book. In 2002, Elizabeth’s book *The Last American Man* was a finalist for both the National Book Award and the National Book Critic’s Circle Award. In January 2006, her most recent book *Eat, Pray, Love* spent 57 weeks in the #1 spot on the New
York Times paperback bestseller list. It has shipped over 6 million copies in the US and has been published in over thirty languages.

*Eat Pray Love* movie was released on August 13, 2010 in United State. This movie is directed based on true story of Elizabeth Gilbert. Elizabeth Gilbert is a writer and journalist. This movie tells about Gilbert’s life after she got depressed because of her divorce. Gilbert is a writer and journalist that write an article about Bali. She came in Bali and met Ketut Liyer as a medicine man. He makes a prediction that Liz will have two marriages, long time, and short time, and because his prediction, Liz gets doubt of it. Liz feels uncomfortable with her husband, and finally she is divorced. Gilbert has all of she wants, a husband, a lot of money, and great career. But she is not happy although she gets all of she wants. To get happiness, Gilbert takes an extreme chooses. She leaves her job and many people that are loved to adventure around the world.

At a crossroad after a divorce, Gilbert takes a year-long sabbatical from her job and goes out from comfort zone as a choice, risking everything to change her life. In Gilbert’s wondrous and exotic travels, she experiences the simple pleasure of nourishment by eating in Italy; the power of prayer in India, finally, the inner peace and balance of love in Bali. Cap it all, in Italy Liz can build her appetite that was lost, she recovers her peace, and finds her true love.

The film debuted at #2 behind The Expendables with $23,104,523. It had the highest debut at the box office with Roberts in a lead role
since America's Sweethearts in 2001. In its initial ten-day run, it increased its revenue to a total of $47.2 million. The film, made on a budget of $60 million, has so far grossed $80,574,382 in the United States and Canada and has a worldwide total of $204,594,016.

There are several players in *Eat Pray Love* movie. Julia Roberts is as Elizabeth Gilbert. She is the major character in this movie. Javier Bardem is as Felipe. He is a man who falls in love with Gilbert on her journey. Billy Crudup is as Stephen, he is Gilbert’s former husband. Richard Jenkins is as Richard. He is a Texan man in Indian Ashram. Viola Davis is as Delia Shiraz, she is Gilbert’s best friend. James Franco is as David, he is the man who has an intense relationship with Gilbert while she is finalizing her divorce. Sophie Thompson is as Corella. She is a woman in Indian Ashram. Mike O’malley is as Andy Shiraz, he is Delia’s husband. Christine Hakim is as Wayan, she is Gilbert’s advisor in Bali. Tuya Novotny is as Sofie. Sofie is Gilbert’s Swedish best friend in Rome. And then, Luca Argentero is as Giovanni, he is Gilbert’s Italian tutor and Sofie’s love interest.

There are four reasons why the writer is amazed to study *Eat Pray Love* movie. The first reason is because *Eat Pray Love* movie is one of the realistic movies. Ryan Murphy created the movie based on the true story of Elizabeth Gilbert as a writer the novel. Gilbert gets depression and she gets hesitancy of her life. The second is about the setting of this movie. *Eat Pray Love* movie includes an amazing movie, because this movie shows several great and wonderful countries. There are the building in Italy, the culture in
India, and beautiful view and beaches in Bali. The third is because of major character’s conflict. Gilbert’s depression can cover the psychology problem strongly. It can make Gilbert get hesitancy of her life. The last is because hesitancy that becomes the main issue of the film that is reflected well. Ryan Murphy covers the hesitancy of Liz for a year, because of her depression and confusion.

To analyze this movie, the writer uses the psychoanalytic theory as an approach, because the story of the movie is about the hesitancy of the major character, which relates to the psychology problem. Elizabeth Gilbert gets hesitancy of her life after she gets depression. It relates to wants and needs that are focused on her psychology problem. By so doing, the writer gives the title: *Hesitancy of Liz Reflected in Ryan Murphy’s Eat Pray Love Movie (2010): A Psychoanalytic Approach.*

B. Literature Reviews

The writer finds a researcher, Rutama, Aulia Novika (Universitas Muhammadiyah Surakarta, 2012) who conducted a study entitled *Pursuing Happiness in Eat Pray Love movie (2010) Directed by Ryan Murphy: A Psychoanalytic Approach.* The writer discusses about pursuing happiness of Liz Gilbert’s personalities in facing her depression with using Psychoanalytic Approach. The major problem is how the pursuing happiness is reflected in *Eat Pray Love* movie. The writer gives objective of the study; it is to analyze the film based on its structural element and to analyze the film based on the Psychoanalytic Approach. This study is a
descriptive qualitative study using the movie of Ryan Murphy’s *Eat Pray Love*. *Eat Pray Love*’s major character is as the object of analysis of the study. There are two kinds of data sources used in this analysis, namely primary and secondary data source. The primary data sources are *Eat Pray Love* movie and the secondary data sources are some books, internet, and articles related to the subject. The technique of data collection in this research is watching the original movie for several times; reading the movie script; determining the character that will be analyzed; taking notes of important thing both of primary and secondary data sources; classifying and determining the relevant data and; taking notes the material and other sources related the movie and the analysis. The researcher employs descriptive qualitative analysis. The researcher makes an analysis of Liz Gilbert’s id, ego, and superego. The researcher uses the theory of psychoanalysist by Sigmund Freud. The writer gives conclusions of the study. Firstly, there is a close relationship between a work of literature and psychoanalysis phenomena. Secondly, the general conclusion of psychoanalysis of human is when people get desperate then they pursue the happiness.

The writer finds the second researcher, Sari, Solikhah Arum (Universitas Muhammadiyah Surakarta, 2012) who conducted a study entitled *Freedom To Choose in Ryan Murphy’s Movie Eat, Pray, Love (2010) An Existentialist Approach*. The writer discusses about freedom to choose in *Eat, Pray, Love* movie by using Existentialist Approach. The
writer gives two objectives of the study. The first is to analyze the movie based on the structural elements and the second is to describe the movie based on an Existentialist Approach. The writer uses qualitative research. The data of study are image and text taken from two data sources. The primary source is the *Eat, Pray, Love* movie itself directed by Ryan Murphy, released in 2010. While the secondary data sources are from other materials taken from book, internet, and journal related to the study. The writer gives conclusions of the study. First, structural elements of *Eat, Pray, Love* movie which consist of character and characterization, plot, setting, point of view, theme, casting, *mise-en-scene*, cinematography sound, and editing build a good unity. Second, based on the existentialist analysis, the director Ryan Murphy wants to convey message that people has freedom to choose how to solve problem in the life and should take into account the risks which possibility occur.

Then, Didik Setiyawan, A320080056 in Muhammadiyah University of Surakarta in his research paper entitled *Elizabeth Gilbert’s Adaptation With Many Cultures In Eat, Pray, Love Movie (2010) By Ryan Murphy : A Sociological Approach*, discusses about adaptation with many cultures in *Eat, Pray, Love* movie by using Sociological Approach. The writer gives objectives of the study, there are to analyze the movie based on the structural elements and to describe the movie based on the Sociological Approach. The researcher uses qualitative research. There are two data sources in this study. The primary source is the *Eat, Pray, Love* movie itself
directed by Ryan Murphy, released in 2010. While the secondary data sources are from other materials taken from book, internet, and journal related to the study. The writer gives the following conclusions. First, Ryan Murphy wants to deliver a moral message that is human should be ready to lose everything. The structural elements are related each other and form a unity. Second, based on the sociological analysis, Ryan Murphy describes that Elizabeth Gilbert is able to adapt well in many cultures with diverse types of adaptation.

The last researcher is Amita Dwi Widanti, A320070206 Muhammadiyah University of Surakarta in his research paper entitled *India As Spirituality In Eat Pray Love Movie Directed By Ryan Murphy (2010) : A Sociological Approach*, the writer discusses about India as source of spirituality in *Eat, Pray, Love* movie directed by Ryan Murphy (2010) using Sociological Approach. The research is done by establishing two objectives: the first is analyzing the movie based on its structural elements and the second is analyzing India as source of spirituality in *Eat, Pray, Love* movie based on Sociological Approach. This research is qualitative research. The writer gives two data sources: primary and secondary. The primary data source is *Eat, Pray, Love* movie directed by Ryan Murphy (2010). While the secondary data sources are other materials taken from books, journal, and internet related to the study. The writer shows the following conclusions. Firstly, based on the structural analysis, it indicated that each of narrative elements and structural elements of movie have been related into solid
unity. Secondly, based on Sociological Approach the researcher divides the aspect of movie into six aspects which consist of social aspect, economic aspect, political aspect, cultural aspect, science and technology aspect, and religious aspects.

The differences between research above and this research are: the issues of each research above and this research. The issue of this research is hesitancy of Liz, the issues of research above are: pursuing happiness of Liz, freedom to choose, adaptation with many cultures, and India as source of spirituality. The approaches of researches above are Existentialist Approach and Sociological Approach, and this research is Psychoanalytic Approach. The similarity is the object of the research that is *Eat Pray Love* movie.

C. **Problem Statement**

Based on the background of the study, the writer formulates the problem of the study as follows: “How is hesitancy of Liz reflected in *Eat Pray Love* movie?”

D. **Limitation of the Study**

In order to the researcher easier to analyze the research, the researcher determines to focus on the hesitancy of Liz. The researcher uses the Psychoanalytic Approach to analyze the research paper.

E. **Objective of the Study**

Based on the problem statement, the objectives of the study of the research paper are:
1. To analyze the structure elements of *Eat Pray Love* Movie.

2. To analyze the movie based on the Psychoanalytic Approach.

**F. Benefit of the Study**

The benefits of the study are:

1. **Theoretical Benefit**
   
   The researcher hopes the research paper has function for another people that will analyze the literary work and use the Psychoanalytic Approach.

2. **Practical Benefit**
   
   The researcher hopes the research can help the reader to understand the meaning and the moral value of *Eat Pray Love* movie, because *Eat Pray Love* movie has a good message.

**G. Research Method**

1. **Type of the Study**
   
   The type of the study is qualitative research. It purposes to analyze the movie applying Psychoanalytic Approach. There are several steps to conduct the research, they are; determining the type of research, determining the object of the study, determining data and data source, determining technique of data collection, and determining technique of data analysis.

2. **Object of the Study**
The object of the study for the research paper is *Eat Pray Love* movie directed by Ryan Murphy. Especially, the researcher will analyze the hesitancy of Liz by using Psychoanalytic Approach.

3. **Type of the Data and the Data Source**

   There are the two data sources on this research:

   a. **Primary Data Sources**

      The primary data sources are Video or DVD of *Eat Pray Love* movie. This movie directed by Ryan Murphy and released in 2010.

   b. **Secondary Data Sources**

      The secondary data are taken from other source like author’s biography, internet related to the study, journals, the notes which are taken by the researcher when watching the movie, etc.

4. **Technique of the Data Collection**

   The technique of collecting data is documentation. These are the steps:

   a. Watching the movie repeatedly.

   b. Taking notes of information in both, primary and secondary data.

   c. Finding out the materials that will be used to analyze.

   d. Analyzing the data by using psychoanalytic approach.

   e. Drawing conclusion based on the analyzing data.

5. **Technique of the Data Analysis**
The research uses the descriptive analysis for technique to analyze the data. There are two techniques of analyzing data. The first is analyzing data based on its structural elements. Focus will be paid on the structural analysis of the movie. The second step is analyzing data based on psychoanalytic theory by Sigmund Freud. Focus will be paid on the hesitancy of Liz.

H. Research Paper Organization

This paper is divided into five chapters, there are chapter I as introduction. It consists of the background of the study, literature review, problem statement, limitation of the study, objective of the study, benefits of the study, research method and research paper organization. Chapter II is underlying theory about psychoanalytic approach. Chapter III consists of structural analysis of the movie which includes character and characterization, plot, point of view, setting and theme. Chapter IV consists of analysis based on psychoanalytic approach. Chapter V consists of conclusion and suggestion. The last part is bibliography and appendix.