

JOURNAL PUBLICATION

**ANXIETY OF TIM THOMAS GUILTY FEELINGS IN *SEVEN POUNDS* MOVIE DIRECTED BY GABRIELLE MUCCINO:
A PSYCHOANALYTIC APPROACH**



by

KUKUH IMAN ALTESAR

A 320040193

**SCHOOL OF TEACHER TRAINING AND EDUCATION
MUHAMMADIYAH UNIVERSITY OF SURAKARTA**

2013



**UNIVERSITAS MUHAMMADIYAH SURAKARTA
FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN**

Jl. A. Yani Tromol Pos I – Pabelan, Kartasura Telp. (0271) 717417 Fax : 715448 Surakarta 57102
<http://www.ums.ac.id> E-mail: ums@ums.ac.id

Surat Persetujuan Artikel Publikasi Ilmiah

Yang bertanda tangan dibawah ini pembimbing skripsi/tugas akhir :

Nama : Drs. Abdillah Nugroho, M.Hum.
NIK : 589

Telah membaca dan mencermati naskah artikel publikasi ilmiah, yang merupakan ringkasa skripsi (tugas akhir) dari mahasiswa :

Nama : Kukuh Iman Altesar
NIM : A 320040193
Program Studi : FKIP Bahasa Inggris
Judul skripsi : **ANXIETY OF TIM THOMAS GUILTY FEELINGS IN SEVEN POUNDS MOVIE DIRECTED BY GABRIELLE MUCCINO: A PSYCOANALYTIC APPROACH.**

Naskah artikel tersebut, layak dan dapat disetujui unuk dipublikasikan.

Demikian persetujuan dibuat, semoga dapat dipergunakan seperlunya.

Surakarta, 14 Maret 2013

Pembimbing I

Drs. Abdillah Nugroho, M.Hum.

NIK 589



UNIVERSITAS MUHAMMADIYAH SURAKARTA
FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN

Jl. A. Yani Tromol Pos I – Pabelan, Kartasura Telp. (0271) 717417 Fax : 715448 Surakarta 57102
<http://www.ums.ac.id> E-mail: ums@ums.ac.id

Surat Persetujuan Artikel Publikasi Ilmiah

Yang bertanda tangan dibawah ini pembimbing skripsi/tugas akhir :

Nama : Drs. Abdillah Nugroho, M.Hum. (Pembimbing I)
NIK : 589
Nama : Titis Setyabudi, S.S.,M.Hum (Pembimbing II)
NIK : 948

Telah membaca dan mencermati naskah artikel publikasi ilmiah, yang merupakan ringkasa skripsi (tugas akhir) dari mahasiswa :

Nama : Kukuh Iman Altesar
NIM : A 320040193
Program Studi : FKIP Bahasa Inggris
Judul skripsi : **ANXIETY OF TIM THOMAS GUILTY FEELINGS IN *SEVEN POUNDS* MOVIE DIRECTED BY GABRIELLE MUCCINO: A PSYCOANALYTIC APPROACH.**

Naskah artikel tersebut, layak dan dapat disetujui unuk dipublikasikan.

Demikian persetujuan dibuat, semoga dapat dipergunakan seperlunya.

Surakarta, 14 Maret 2013

Pembimbing I

Drs. Abdillah Nugroho, M.Hum.
NIK 589

Pembimbing II

Titis Setyabudi, S.S., M.Hum
NIK 948

**ANXIETY OF TIM THOMAS GUILTY FEELINGS IN SEVEN
POUNDS MOVIE DIRECTED BY GABRIELLE MUCCINO :A
PSYCHOANALYTIC APPROACH.**

Kukuh Iman Altesar (Student)

Drs. Abdillah Nugroho, M.Hum (Consultant I)

Titis Setyabudi, S.S., M.Hum (Consultant II)

**(School of Teacher Training and Education, Muhammadiyah University of
Surakarta)**

ABSTRACT

The problem of the study is to reveal how is major character reflects his anxiety. The objective of the study is to analyze the film based on its structural analysis and based on the psychoanalytic analysis. this study is qualitative study. The object of the study is Seven Pounds movie directed by Gabrielle Muccino and written by Grant Nieporte published in 2008 in New York by Columbia Picture. The data sources are divided into two namely primary data source and secondary data source. The primary data source is the film itself and the secondary data source is the other sources related to the analysis such as references, author's biography, criticisms relation to the problems and material related to the study whether picking up from books or internet. The methods of data collection are observation and library research. The technique of data analysis is descriptive analysis. Based on the analysis, the writer concludes that the problems of the major character cause the conflict of his mental condition. It happens when there is contradiction between Id, Ego, and Superego and it brings him into anxiety.

Keywords : *Guilty feelings, Seven Pounds, Psychoanalytic.*

1. Introduction

Background of the study: Everybody has own their problem in their life. There is no one who lives in the world without having a problem. Generally, a kind of problem could motivate a person to do something better, so they felt challenged. But, there are many existing problems that could make uncomfortable and anxious. Sometimes, people are capable of solving the problem rationally; that is the can face the problem squarely.

Anxiety is a problem in the real world, it becomes a problem for people. Some people try to reduce the anxiety by escaping from the problem a moment and getting happiness from the environment Anxiety is state closely related to fear and, like fear it has motivation consequences.

Anxiety as one of psychoanalytic principles is part of psychoanalytic studies. An Australian Physician, Sigmund Freud, found the psychoanalytic theory of human being personality in the early 1900s. The term of psychoanalysis has fundamental assumption that the mental element of human divided into two levels: The conscious (the rational) and the unconscious (the irrational). Then Freud described three components of personality: there are *Id*, *ego*, and *superego*. In the concept of psychoanalytic theory, Anxiety is the most important. In defining anxiety, Freud emphasized that is “a self effective, unpleasant state, accompanied by a physical sensation that warn the person against impending danger. The unpleasantness is often vague and hard to pinpoint, but the anxiety itself is always felt” (Freud, 1933/1964: 82-85). According to Hall (1985: 41), anxiety is “a key variable in almost all theories of personality. The point of conflict, which is an inevitable part of life, anxiety is often seen as a major component of personality dynamics”.

In the daily life, we often find people who are anxious, it might be easy for us to know the anxious person in a story or film, because through those media we will know about this problem that we never know in a real situation. Film is a kind of media that represents individual problems can be occurred through the characters, the one of is anxiety.

Film has the same position as another literary work like novel, drama and poetry. Nowadays, film has become part of daily life of the people around the world; even film becomes popular at this time. Through the films we can find the interesting fact, such as plot of story, characters and characterization, theme setting, etc. Sometimes film gives the moral messages for us, it depends on the story of the film, a film usually has normal sense of real-life experience.

And here the research wants to explore the anxiety on the main character's personality that shows in *Seven Pounds* movie directed by Gabriele Muccino. *Seven Pounds* is based on a script written by Grant Niepoorte, and was released on December 19, 2008 by Columbia picture. This film tells about Tim Thomas texting while driving, causes a car crash in which seven people died: six strangers and his fiancée, Sarah Jenson. In a bid for redemption, Tim sets out to save the lives of seven good people.

A year after the crash, having quit his job as an aeronautical engineer, Tim donates a lung lobe to his brother, Ben, an IRS employee. Six months later he donates part of his liver to a child services worker named Holly. After that, he begins searching for more candidates to receive donations. He finds George, a junior hockey coach, and donates a kidney to him, and donates bone marrow to a young boy named Nicholas. Two weeks before he dies, he contacts Holly and asks if she knows anyone who deserves help. She suggests Connie Tepos, who lives with an abusive boyfriend. Tim moves out of his house and into a local motel, taking with him his pet box jellyfish. One night, after being beaten, Connie contacts Tim and he gives her the keys and deed to his beach house. She takes her two children and moves in to their new home.

Having stolen his brother's credentials, and making himself known by his brother's name Ben, he checks out candidates for his two final donations. The first is Ezra Turner, a blind meat salesman who plays the piano. Tim calls Ezra Turner and harasses him at work to check if he is quick to anger. Ezra remains calm and Tim decides he is worthy.

And then he contacts Emily Posa, a self-employed greeting card printer who has a heart condition and a rare blood type. He spends time with her, weeding her garden and fixing her rare Heidelberg windmill press. He begins to fall in love with her and decides that as her condition has worsened he needs to make his donation.

Stimulated by all of fact clarified above the writer propose a psychoanalytic approach to study about the main character's anxiety and entitled this research paper: ANXIETY OF TIM THOMAS GUILTY FEELINGS IN *SEVEN POUNDS* MOVIE DIRECTED BY GABRIELE MUCCINO. A PSYCHOANALYTIC APPROACH.

Problem Statment: The problem of this study is how anxiety is reflected in *Seven Pounds* Movie.

Objective: To analyze the structural elements of film *Seven Pounds* and the main character using Psychoanalytic Approach.

Literature Review: As long as the writer knows, *seven pounds* movie has not been analyzed in Muhammadiyah University of Surakarta. And the research analyzed this movie focusing on Anxiety of Tim Thomas by using psychoanalytic approach.

2. Research Method

Data: there are two type of data; Text and Image. Text data in this research is movie manuscript, which consists of words, phrases and sentences. Image data in this research are image capturing of an action in the movie which is related to the research.

Data Source: the researcher uses two data; there are Primary Data, The Primary data source of the study is Film *Seven Pounds* directed by Gabriele muccino, and the secondary data is from many source as reference, author biography, criticism in relation to the problems and material related to the study whether study picking up from books or internet.

Data Colection: the technique of data collection is library research, the steps are: watching the movie several times, reading the movie script,

determining the character that will be analyzed, taking notes of important parts in both primary and secondary data, classifying and determining the relevant data, taking notes from the material and some other resources related to the movie.

Data Analysis: The data are analyzed by using descriptive qualitative analysis and analyzing the structural elements of the film.

3. Psychoanalytic Theory

a. *Id*

Id is home base for the instincts. It constantly strives to satisfy the wish impulses of the instincts by reducing tensions. The *id* serves the pleasure principle. (Feist, 1985: 25).

b. **Ego**

The *ego* is the buffer between the *id* and the world's realities. The *ego* operates on the reality principle. In this principle, instinctual energy is restrained in order to maintain the safety of the individual and help integrate the person into society. The *ego* is sometimes called "the executive" of an individual's personality. The *ego* makes the decisions, controls actions and allows for a higher capability of problem solving. The *id* is not capable of such higher level of thinking. The *ego* is responsible for the higher cognitive functions such as intelligence, thoughtfulness and learning.

c. **Superego**

The *superego* is the final element of Freud's model of personality. It is similar to the *id* in that it is somewhat unrealistic. The *superego* represents the rights and wrongs of the society as handed down to an individual over their lifetime. The *superego* has two subparts: the conscience and the *ego-ideal*. The conscience prevents us from doing morally bad things. The *ego-ideal* motivates us to do what is morally proper. The *superego* helps to control the *id*'s impulses, making them less selfish and more morally.

4. Anxieties of Thomas' Guilty Feelings

The anxiety is divided into three parts, one of realistic anxiety, fifth kinds of neurotic anxiety and two kinds of moral anxiety.

a. Realistic Anxiety

Realistic anxiety is a feeling experience as the result of the detection of the danger from other world (Hjelle and Ziegler, 1992: 103).

b. Neurotic Anxiety

Neurotic anxiety deals with someone's personal feeling those who actually afraid of the *id* system of personality.

c. Moral Anxiety

Moral anxiety is the anxious of the conscience (Hall, 1970: 44).

5. Research Finding

a. Structure of Thomas' Personality

1) *Id*

Thomas is a rich and successes fully person, he lives in a big house with a girl friend he wants to marry. As a man, he always needs care and love while wealth is not everything on his life. It can be seen on the and dialogue below:

Pager : WHERE ARE YOU DINNER
Thomas : now will you excuse me; I've very lovely very hungry women at home waiting for me

On the dialogue above, it can be seen that Thomas, a rich man, cannot live without love. On the meeting in his office, he dares to leave it because his girl friend is calling. This is one of his *id* that he needs love and happiness.

2) *Ego*

The *egos* appears when he wants to do all this, he must cover as an IRS agent. He knows that this is bad and can make his brother's

reputation drawn. But he does not care anymore, he steals the IRS badge from his brother and he uses it.

Thomas' brother : Hey Ben tell me what's going on
Thomas : hey you need to go home
Thomas Brother : no, what you are doing is a crime you are pretend to be a federal officer,
Thomas : listen....
Thomas brother : you can't play the people's life

On the dialogue above, it can be seen that Thomas brother does not know about what Thomas did. Thomas brother does not want his brother to be arrested because of his action, so he is angry at him.

3) Superego

Thomas has his own personal life that cannot be told to anybody. But finally he has a special relationship with Emily. He always helps Emily until she can get her new heart. This relation makes Thomas confused; in one side he does not want his past to have been known by other people, but on the other side he does not want to hurt Emily's feeling. So he is little bit angry when Emily asks about his girlfriend.

Emily : Have you ever been in love?
Thomas : Emily please
Emily : So you have, c'mon you can tell me
Thomas : Yes, but it ended
Emily : What happened?
Thomas : Stop it
Emily : No seriously, you can tell...
Thomas : Stop it
Emily : You need to get some rest; hmm I call you tomorrow maybe I'll stop by
Emily : No If I have some question tomorrow what then?
Thomas : That is not part of the deal
Emily : What the hell is that mean?
Emily : Thank you for everything you did

Emily tries to push Thomas and asks about Thomas' girl friend. But Thomas rejects, he is little bit angry when Emily asks about his

personal life. But on his mind he realizes that, he cannot do that, he cannot hurt Emily's feeling. It can make her sick again and desperate.

b. Anxieties of Thomas' Guilty Feelings

1) Realistic anxiety

The first realistic anxiety appears after Tim is left by his girl friend. His girlfriend dies because of the accident he made. He feels mistake because of this, in his daily life. he always sleeps without doing something at home (the beach house). He is unwilling meeting people. When he talks with his brother on the phone, he talks like an unconscious person. It can be seen on the dialogue below:

Tim : Hallo
Ben : it's me your brother, where are you?
Tim : I'm at the beach house
Ben : Are you ok
Tim : Of course
Ben : Why did you disconnect the line?
Tim : The phone broke, I don't need it anymore
Ben : Did I do something?
Tim : No unless you smoking again

2) Neurotic Anxiety

After a big crash, between his car and a public bus that caused a lot of innocent people die because of it. It makes a big trauma on his daily life, the mistake haunted him and he becomes sad.

Thomas : I need an ambulance
911 emergency : what emergency
Thomas : There will be a suicide
911 emergency : What is the victim
Thomas : I am

The guilty haunted him a lot, this depresses him. Until finally he make a phone call to 911 emergency and make a decision to suicide and end his life.

3) Moral Anxiety

There is moral anxiety within Tim's life, where he fights his *ego* and *superego*. It happens about love, Emily as a woman who needs help, falls in love with Tim, and Tim also falls in love with her. There is a promise from Tim that nobody has no right to know about his past, so does Emily. But Emily really wants to know about Tim's girl friend.

Emily : Have you ever been in love?
Thomas : Emily please
Emily : So you have, c'mon you can tell me
Thomas : Yes, but it ended
Emily : What happened?
Thomas : Stop it
Emily : No seriously, you can tell...
Thomas : Stop it
Emily : You need to get some rest; hmm I call you tomorrow maybe I'll stop by
Emily : No If I have some question tomorrow what then?
Thomas : That is not part of the deal
Emily : What the hell is that mean?
Emily : Thank you for everything you did

6. Conclusion

After analyzing the whole film of *Seven pounds* and also all the facts dealing with Tim Thomas's personality and anxiety, the writer concludes that *Seven pounds* is a film that reflects the author's idea and intention. In this film Gabriele Muccino shows that guilty feelings will cause someone in anxiety. It can make someone face the problems in their life.

In the *Seven Pounds* movie director creates character names Tim Thomas, he was success man as aeronautical engineer who feels guilty because of his fault seven people died including his fiancé Sarah Jensen, In a bid for redemption, Tim sets out to save the lives of seven good people. That condition causes his life in anxiety.

He has three kinds of anxieties, the first one is realistic anxiety, it appears after Tim being left by his fiancée. His fiancée dies because of the accident he made. Ben feels guilty because of this, so daily, he always sleep without do nothing at home (the beach house). It is like he afraid of meeting people. His neurotic anxiety appears after a big crash, between his car and public bus, a lot of innocent people die because of it. It makes a big trauma on his daily life, the guilty haunted him and he becomes sad, the guilty haunted him a lot, this depresses him. Until finally he make a phone call to 911 emergency and make a decision to suicide and end his life. There is moral anxiety within Tim's live, where he fights his ego and superego. It happens about love, Emily as a woman who needs help falling in love with Tim, and Tim also falling in love with her. There is a promise from Tim that nobody have no right to know about his past, so does Emily.

REFERENCES

- Feist, Jess. 1985. *Theory of Personalities*. Japan: CBS College Publishing.
- Freud, Sigmund, 1933/1964. *New Introductory Lectures on Psychoanalysis*. In standar Edition (Vol.21). London: Hogart
- Hall, Calvin S.1985. *Theories of Personality*. New York: John Willey and Sons. Inc.
- Hall, Calvin S and Lindzey Gardner, 1970. *Theories of Personality*. Second edition. New York: John Willey and sons. Inc
- Hjelle, Larry and Ziegler, Daniel J. 1992. *Personalities Theories : Basic Assumption, Research and Application*. Singapore. Mc. Brow Hill.