

**CONFLICT OF LOVE OF SUMMER LYNDON IN NORA ROBERT'S
"TABLE FOR TWO NOVEL (2002)"
AN INDIVIDUAL PSYCHOLOGICAL APPROACH**



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by:

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**SCHOOL OF TEACHING TRAINING AND EDUCATION
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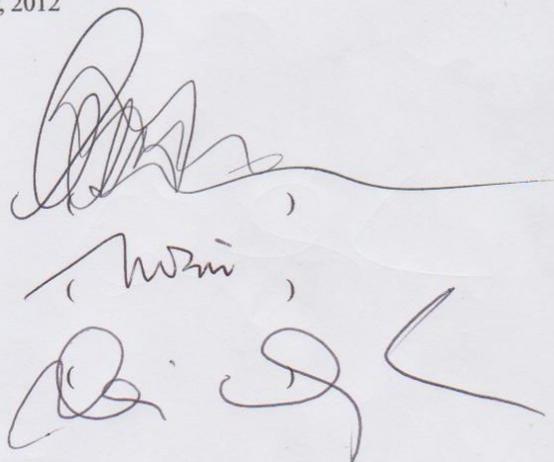
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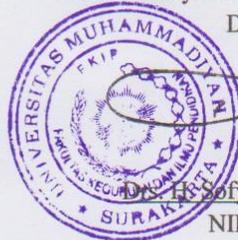
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ABSTRACT

This study is aimed to show Conflict of Love of Summer Lyndon in Nora Robert's Table for Two Novel by using individual psychological approach. It is done by establishing two activities: the first is analyzing the novel based on its structural elements and the second is analyzing the novel based on the Individual approach.

This research is descriptive qualitative research. Type of data of the study is text taken from two data sources: primary and secondary. The primary data sources is conflict of love: Table for two novel by Nora Robert's. While the secondary data sources are other material from other books, journals, and internet related to the study. Both data are collected through library research and analyzed by descriptive analysis.

The study comes to the following conclusion. First, based on the structural analysis of each elements, it shows that the character and characterization, setting, plot, point of view, style, and theme. Second, based on the Individual Psychological analysis reflected in the inferiority feeling, Striving for superiority, creative self, style of life, social interest, fictional finalism.

Keywords: Literature, structural elements

INTRODUCTION

A. Background of the Study

Conflict of love is a conflict in the person's own self. Rachna Gupta (2010) states that a conflict is more than a mere disagreement - it is a situation in which people perceive a threat (physical, emotional, power, status, etc.) to their well-being. Then, Reuben Fine (1988) said that love is the central experience of every human being's life. Loved based on fear of the other person is seen quite commonly. The person feels terribly guilty about some past act and clings to the man as protection against the "revelation" of this act to the world.

Nora Roberts was born in Silver Spring 1980, Maryland, the youngest of five children. After a school career that included some time in Catholic school and the disciplines of nuns, she married young and settled in Keedysville, Maryland. She worked briefly as a legal secretary. After her sons were born she stayed home and tried every craft that came along. A blizzard in February 1979 forced her hand to try another creative outlet. She was snowed in with a three and six year old with no kindergarten respite in sight and a dwindling supply of chocolate.

Born into a family of readers, Nora had never known a time that she wasn't reading or making up stories. During the now-famous blizzard, she pulled out a pencil and notebook and began to write down one of those stories. It was there that a career was born. Several manuscripts and rejections later, her first book, *Irish Thoroughbred*, was published by Silhouette in 1981. Nora met her second husband, Brace Wilder, when she hired him to build bookshelves. They were married in July 1985. Since that time, they've expanded their home, traveled the world and opened a bookstore together. Nora is a member of several writers groups and has won countless awards from her colleagues and the publishing industry. Recently *The New Yorker* called her "America's favorite novelist."

Nora Roberts writes many novels included *Table for Two* novel. The other novels are in the following, in 1993, she wrote *Honest Illusions*. Then in 1994, she has written two novels: *Born in Fire* and *Private Scandals*. During 1995 she wrote two novels: *Born in Ice* and *Hidden Riches*. She has written four novels in 1996: *From the Heart*, *Daring to Dream*, *True Betrayals*, *Born in Shame*. In 1997: *Holding the Dream*, *Montana Sky*; *Finding the Dream*. In 1998: *Once Upon a Castle*; *Sea Swept*; Three Complete Novels: *Born in Fire*, *Born in Ice*, *Born in Shame*; *Sanctuary*; *Rising Tides*, hi 1999: *Inner Harbor*; Three Complete Novels: *Daring to Dream*, *Holding the Dream*, *Finding the Dream*; *Homeport*; *The Reef*; *Jewels of the Sun*; *Once Upon a Star*. Then in 2000, she also wrote some novels: *River's End*; *Tears of The Moon*; Three Complete Novels: *Honest Illusions*, *Private Scandals*, *Hidden Riches*; *Once Upon a Dream*; *Heart of the Sea*. In 2001: *Carolina Moon*; *Dance Upon Air*; Three Complete Novels: *True Betrayals*, *Montana Sky*, *Sanctuary*; *Once Upon a Rose*; *Heaven and Earth*; *A Little Magic*. In 2002: *The Villa*; *Face the Fire*; *Once Upon a Kiss*; *Midnight Bayou*. Then in 2003: *Three Fates*; *Once*

Upon a Midnight; *Key of Light*; *Irish Born*; *Key of Knowledge*; *Key of Favor*. In 2004: *Chesapeake Blue*; *Birthright*; *Remember When*; *A Little Fate*; *Moon Shadows*; *Blue Dahlia*; *Lovers and Dreamers*. In 2005: *Black Rose*; *Northern Lights*; *Spellbound*; *Blue Smoke*; *Red Lily*. In 2006: *The Quinn Brothers*; *The Quinn Legacy*; *Morrigan's Cross*; *Dance of the Gods*; *Valley of Silence*. Then in 2007, she wrote *Angels Fall*; *Blood Brothers*. In 2008: *The Hollow*; *High Noon*; *Tribute*; *The Pagan Stone*. Then in 2009: *Vision in White*; *Black Hills*; *Bed of Roses*, In 2010: *Savor the Moment*; *The Search*; *Happy Ever After*. Finally in 2011, she has written two novels, they are *Treachery in Death* and *Chasing Fire*.

Table for Two is a reprint of two of Nora Roberts' classic romances, and it is excellent. The characters are all likable and interesting, and the fact of the matter is,

nobody writes romance like Nora Roberts. The first tale, "Summer Desserts", introduces Summer Lyndon, a world-renowned French pastry chef whose life is spent jetting from one exotic locale to another to prepare a single stunning dessert before moving on. Summer has always avoided tying herself down to any one place, so when American hotel magnate Blake Cocharan III asks her to remodel and manage the restaurant of the Philadelphia Cocharan House, Summer's not quite sure why she doesn't just dismiss his request right away. But the truth is, Summer can't dismiss this proposal or Blake himself. There is an instant attraction between the two, and Blake is just as fascinated by Summer as Summer is by Blake. But the dangerously good looking Blake is highly distracting to Summer, and though it's against her better judgement, she can't deny the attraction between them any longer. A passionate and exciting romance ensues, and Blake finds himself falling in love with Summer. Knowing his own heart and that Summer has become his life, Blake proposes, only to be rejected by a terrified and confused Summer, who has sworn off marriage because of her parents. But though she has effectively thrown Blake out of her life, it's not so easy to get him out of her heart.

The second tale, *Lessons Learned*, tells the story of Summer's best friend, Carlo Franconi, a world class Italian chef and notorious playboy. Promoting his newest cookbook, Carlo travels to the U.S. where he meets his pretty publicist, Juliet Trent. The unfailingly organized and proper Juliet intrigues Carlo from the first, and she finds him gorgeous good looking and totally off limits. The two begin Carlo's three-week book tour across America, and the chemistry and tension between Carlo and Juliet intensifies each day. Juliet never mixes business with pleasure, but the sight of dozens of beautiful women latching onto Carlo at every stop brings on an unexpected, and unwelcome, flare of jealousy. As the tour goes on, Carlo finds his interest in other women waning rapidly, as his desire for Juliet grows. *Table for Two* is an attractive novel. There are four reasons why the researcher chooses *Table for Two* novel as her object.

Firstly, Nora Roberts as the author of *Table for Two* is a New York Times bestselling author. She is a artist, painting her story and characters with vitality and verve. It is like she does in *Table for Two* novel when she characterizes its characters novel such as Summer Lyndon as the major character in the novel. She draws every character well and vitality,

Secondly, *Table for Two* novel consists of two parts that each of them is interesting story. The parts are *Summer Desserts* and *Lesson Learned*. They are very

special romantic concoctions to tempt the most discriminating palate. It makes the novel be more interesting to be read and studied.

Thirdly, *Table for Two* has some moral lessons. Because of it, it is appropriate to be read by all of adult people. The novel describes how the chef is just like another human who wants to have a rest whenever she wants. It shows us that whoever someone is, she or he also has right to be a normal human being in having everything like love.

Fourthly, the novel draws the life of American in commonly. As all of us know that culture is an important thing in this life, it should be learnt by all of human beings. America as one of western culture should be studied too. *Table for Two* novel describes the life of American like Summer Lyndon and Blake Cocharan well. They and the other characters who are the American are described so attractive by Nora Roberts. This makes the novel has another side of the real life.

Based on the reasons above the researcher will observe *Table for Two* novel by using individual psychological theory. So the researcher constructs *Conflict of Love of Summer Lyndon in Nora Roberts' Table for Two Novel (2002): An Individual Psychological Approach*.

B. Problem Statement and Purpose

Based on the title and background above, the writer formulates the problem statement as follow: “ How does conflict of love influence the life of summer Lyndon in table for two novel by nora robert’s, to solve her conflict in table for two novel by nora Robert’s?”

C. Purpose

Based on the problem statement above, objectives of the study are:

- a. Analyzing conflict of love influence the life of Summer Lyndon in *Table for Two* novel by Nora Roberts.
- b. Analyzing the conflict of love of Summer Lyndon to solve her conflict of love in *Table for Two* novel by Nora Roberts.

D. Benefit of the Study

The study of Summer psychological in table for two novel 2002 by nora Roberts has two benefits:

1. Theoretical Benefit

The research is hoped to give the first contribution and information to the larger body of knowledge. It is particularly in the literary studies on Nora Roberts' *Table for Two* novel.

2. Practical Benefit

The research is hoped to enrich knowledge and experience of the researcher and the other researchers of Muhammadiyah University of Surakarta in specifically. Moreover, it can be studied by the other researchers from another university who have interest in literary study on the novel analyzed by Individual Psychological Approach.

Discussion

A. Structural Analysis

There are two characters based on their role and their importance. The characters of the novel always consist of the major character and minor character. However, each of the characterization has its own character and features.

1. Characters and Characterization

a. Major Characters

Major Character is like a soul of the story. Person who is so central and has the most important role in the plot of the story. In *Table for Two*, there are two major characters that have significant role in developing the plot of the story. They are Summer Lindon and Chocoran.

1) Summer Lyndon

She is twenty-eight years old and she is educated, "Twenty-eight, graduate Sorbonne, certified cordon bleu chef" (TFT,2002:14).

2) Blake Cocharan III

He is thirty-five years old and talented, "Because of his talent for doing just that, Blake, at thirty-five, had almost complete control of the Cocharan empire" (TFT,2002:14).

b. Minor Characters

1) Carlo Franconi

Physically, he is stylish man

"He wore straight, tight jeans that flattered narrow hips, a Salmon-colored silk shirt and a cloth federa that was tilted rakishly over his dark, almond-shaped eyes. An outrageous diamond glinted on his finger. As always, he was beautiful, male and aware of it" (TFT,2002:56)

2) Simon

He is a director of TV program and he is small, excitable man,

"The director, a small, excitable man whom Summer had worked with before, hustled from grip to gaffer, light to camera, tossing his arms in gestures that signaled pleasure or dread" (TFT,2002:54)

3) Blake Cocharan III(BC)

He is like his son, Mr Cocharan II and physically he is exercise and athletics.

4) Max

He is head chef, " "I'm Max" His chest expanded, his voice stiffened. "Head Chef" "(TFT,2002:108)

5) Monique

She is Summer's mother, (TFT,2002:163).

6) Lillian

She is BC's wife. She has her style, "Lilian had always had style"(TFT,2002:234). She is good wife, "She'd been his partner, always, had stood up to him, stood by him"(TFT,2002:234).

2. Setting

a. Setting of Place

1) Paris and Philadelphia

Then she comes back to Philadelphia and work in such hotel as a chef.

2) The Cocharan Hotel

Summer spends more than half of her times in the Cocharan hotel everyday, 3Summer's apartment

3) Rome, Italia

After Summer has problem in her relationship with Blake, She goes to Roma for visiting her friend, Carlo and attending their friend's birthday party, "It was only just past 10:00 A.M. in Rome, and already hot under a spectacular sky. She remembered she'd left Philadelphia in a thunderstrom" (TFT,2002:220).

4) Hospital

Because of an accident in the kitchen that makes Summer's arm hurt, she is brought into the hospital to get treatment, "Moistening her lips, she studied the room again. "Hospital"? "Emergency Room. They're going to fix your arm." " (TFT,2002:186).

b. Setting of Time

Table for Two author, Nora Robert describes the time of each event that occurs in the story implicitly. The author does not mention certain time when the story takes place. She only mentions hour, month and date, the period of day such as morning, night and evening.

3. Plot

a. Exposition

Exposition is the kind of introduction where settings and characters are clearly developed. The very beginning of the story can be seen through the introduction of the major characters, namely Summer Lyndon. Summer works in the Cocharan hotel as a chef.

b. Complication

Complication is the middle part of a story which plays a role to develop the conflict. In *Table for Two*, there are two factors which influence the development of conflict, they are the external factors and the internal factors. The first is the external factors that arise from the relation between the major character and the people around him.

c. Climax

Climax is the highest point where the chains of conflicts reach the highest concentrating effort. The climax of *Table for Two* breaks down when forbidden relationship still continues.

d. Resolution

The resolution of this novel begins when Monique, Summer's mother makes a scenario. She calls Summer who is still in Rome by a phone, she says her if she will come back again to Philadelphia from Paris for a job, therefore she needs her daughter to go home and see her.

e. Causality

Causality is a part of the plot where one event may cause or can be caused by another event. Therefore plot must have a causal connection between the events.

f. Plausibility

Plausibility in a story is purposed to make the plot believable, plausible and realistic. The plot of a story should be convincing on its own terms, reasonable

and is likely to be true. The plausibility *Table for Two* changes in Summer Lyndon.

4. Point of View

Point of view here means the relationship between the author and the reader's thought and feeling. After the researcher analyzed and investigated the text of *Table for Two* novel, the researcher considers the author, Nora Roberts as a non-participant point of view or she is also known as third person narrator.

5. Style

a. Diction

Diction means the author's style in using language to write the literary works, here especially the novel. She is very selective in choosing the words. Because this novel tells kind of romance story, she chooses the words which burns into romantic.

b. Grammatical Structure

Grammatical structure contains with sentence structure which is used by the author. In *Table for Two* the author often uses conditional sentence and also indirect sentences.

c. Sentence Construction

Nora Roberts is interested to use a combination between long and short sentences as language narrative. This type of sentences are found in the following narration

d. Rhetoric

Such kind of Rhetoric can be in the form of figurative language imagery and also symbol.

1) Figurative language

In *Table for Two* novel, the readers will find many figurative languages which are used by the author as a particular way to express idea, emotion, feeling and thought.

a. Personification

"The slim light touched on the gold scattered through her hair"
(TFT,2002:47)

b. Metaphor

"Love was a fickle emotion and, therefore, untrustworthy" (TFT,2002:58).

c. Simile

"A woman, she is like the most exquisite of meals" (TFT,2002:74)

d. Hyperbole

"The mouth alone would make a man's blood move" (TFT,2002:16)

2) Imagery

In *Table for Two* the author uses some visual images to describe characters, places, situations and events in the story.

"He wore straight, tight jeans that flattered narrow hips, a Salmon-colored silk shirt and a cloth fedora that was tilted rakishly over his dark, almond-shaped eyes.

3) Symbol

The events, situations and conditions in Summer season describes her very well personalities and physicals. So she is called Summer Lyndon.

6. Theme

The theme of the novel is "to get a true happiness, sometimes we need braveness, selfsacrifice and take a risk".

B. Individual Psychological Analysis

Every person has a special character; beside there is a stability in some personality. It can be named as personal identity although there is a chance which happened to someone. Basically the person shows personality herself. Basic Assumptions of Individual Psychology

Inferiority Feeling and Compensation

This inferiority feeling is "considered as a challenge to strive for the compensation of inferiority until psychological. Equilibrium is attained "(Hall and Linzey, 1985: 147),

Striving for Superiority

Each individual in the life wants to be better in life. Even, someone always wants to be more superiority than other. Person will do everything to attain the superiority, whether it is true or false. Nonetheless, every person has only one final goal to improve language. It culture tells us nothing about how we, as individual attempt to attain this goal (Hjelle and Ziegler, 1992:149),

Creative Self

Creative powers mean the influences of heredity of any environment toward a person in overcoming the problem of life. Each person is make an effort with state of being free

to create his or her own life style. At last, people are only responsible for whom they are, and how they act in a particular way, .

Style of Life

According to Adler (in Hall and Lindzey, 1981:126) "style of life is a compensation for a particularity. The individual style of life is largely determined by the specific inferiorities, either fancied or real that the person has",

Social Interest

The concept of social interest reflects Adler's event's belief that human being are creativities in community is very important must be think about our relationship to the other. Inspiration people in community motivated by motivation to get struggle to get compensation for her striving for superiority the human suggestion that social interest, it means that we as a human brings are public relation, that have relationship to the community. (Hjelle and Ziegler, 1995: 147),

Fictional Finalism

Fictions are ideas that have no real existence but it has my influence for human's behavior. And the greatest important of fiction is guided by there perception is their present perception of there future every person's attempt different to help by fictional goal the person. Have way of life (Hjelle and Ziegler, 1992:154).

Conclusion

After analyzing *Table for Two* novel based on their structural element and individual psychological analysis, the writer draws conclusion. The conclusions are drawn to answer the problems statement of the study. The researcher comes to the conclusion that all the facts dealing with Summer Lyndon's personalities and acts in solving every probems and conflicts especially in love are a refection of author's main idea. She conveys her purpose to state conflicts in love is not something which should be avoided but it is sometimg which must be faced and solved. Love is also one of the goal in life. It is also kind of the true happiness which every people looks for. The true happiness always motivates every people to reach it, they use many ways, although they must face many problems, conflicts and war of minds and sometimes they must take a risk and every consequences. They must believe that there is no problem which can not be solved.

Life needs braveness, selfsacrifice and taking a risk. To reach the goal also needs them. In this novel *Nora Roberts* describes it very well through character names Summer,

here she needs to describe that to get true happiness can also be reached by good or right way, although there are also many peoples who use wrong way to reach it. Summer solves all her problems patiently and full of wisdom and the result she gets her true love although she must face many problems and conflicts. This is what the author needs to share and inform to the people.

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