

CHAPTER I

INTRODUCTION

A. Background of the Study

The stories in the films are usually inspired by reality life. Most of writers or directors write their own experience or the journey of their life, sometimes also their story or experience from other person in their society, it can be from their mind and feel. In this century, many people get depression or stress in their life. Most of them get depression caused by their work, love, economic, also family problem. So, many people find the way to get happiness. Happiness is a mental state of well-being characterized by positive emotions ranging from contentment to intense joy, for example, get vacation; leave their job temporary, and other ways. People have right to pursue the happiness in their life.

In *Eat Pray Love* movie, Elizabeth Gilbert as first character gets depression from her love problem, she is divorced from her husband and could not feel happy anymore, although she has a new boyfriend. Elizabeth Gilbert is an American, and thus views it as a given that she has the inalienable right to pursue happiness. As a suburban New Yorker, she is unspeakably depressed, and decides to go on a year-long journey through Italy, India, and Indonesia in searching of the personal fulfillment to get happiness.

Eat Pray Love movie is directed by Ryan Murphy, based on the novel in same title, written by Elizabeth Gilbert which tells her reality life. This film was released in USA on August and in Indonesia on October 13, 2010, produced by Columbia Pictures. And the producers are Dede Gardner and Brad Pitt. It took location in 4 countries, first as the Gilbert's own town is New York, USA, second the place where she enjoys the food and learns the beautiful language is Italy, third the place where she is doing meditation and meets the Guru is India, and also fourth the place where she meets Ketut Liyer, who is read her future and person who tells her everything he knew, also the place where she meets her love.

The casts of the film are, Julia Roberts as Elizabeth Gilbert, Javier Bardem as Felipe, Billy Crudup as Stephen, James Franco as David Picolo, also Indonesian artist Hadi subiyanto as Ketut Liyer and Christine Hakim as Wayan Nuriasih.

Ryan Murphy is the director in this movie. He was born on November 30, 1965 in Indiana Polis, Indiana. He is popular for creating the television shows *Nip/Tuck*, *Popular* and *Glee*. Murphy grew up in an Irish Catholic family. He attended Catholic school from first through eighth grade, and graduated from Warren Central High School (Indianapolis). He has described his mother as a "beauty queen who left it all to stay at home and take care of her two sons." She has written 5 books and worked in communications for over 20 years before retiring. His father worked in the newspaper industry as a circulation director before he

retired after 30 years. After coming out as gay, he saw his first therapist, who found nothing wrong with him other than being too precocious for his own good. Murphy performed with a choir as a kid, which would later inform his work on *Glee*.

He started out as a journalist working for *The Miami Herald*, *The Los Angeles Times*, *New York Daily News* Knoxville News Sentinel and *Entertainment Weekly*. He began scriptwriting in the late 1990s, when Steven Spielberg purchased his script, *Why Can't I Be Audrey Hepburn?* Murphy is the Golden Globe-winning creator of *Nip/Tuck*, which aired on FX and is both a commercial and critical hit. He is executive producer and has written and directed many episodes; in 2004, Murphy earned his first ever Emmy Award nomination for Outstanding Directing for a Drama Series.

In 2006, Murphy wrote the screenplay for and directed the feature film *Running with Scissors*. Based on the memoir by Augusten Burroughs, the movie version starred Annette Bening, Alec Baldwin and Brian Cox, and, as the young Burroughs, newcomer Joseph Cross. A lawsuit was filed by Burroughs's mother and other relatives regarding the film, alleging defamation. The outcome of the case is unknown.

In 2010 Murphy directed Julia Roberts in an adaptation of Elizabeth Gilbert's memoir *Eat, Pray, Love*. The film was a box office success but a critical failure, getting harsh reviews criticizing its pacing and lack of credibility. As of 2011, Murphy has several films in development – *Dirty*

Tricks, a political comedy; *Face*, a plastic surgery thriller; *Need*, an erotic thriller, and *Alfred Hitchcock and the Making of Psycho*.

Eat Pray Love movie was more than just one woman's story from the very beginning-- writer Elizabeth Gilbert funded her year-long trip around the world with a publisher's advance, and experienced her stays in Italy, India and Indonesia with the knowledge that they would go into a book, and hopefully a successful one. The resulting bestseller phenomenon is something no one could have anticipated, but now that we have *Eat Pray Love* the movie, it's clearer than ever that Liz Gilbert, as played by Julia Roberts, is more avatars for all women than an actual human being. We watch her and her blond highlights and her tasteful clothes travel the globe because we cannot do the same, and whatever story might come along with it needs only to not get in the way of all the wish-fulfillment going on in the theater.

Eat Pray Love tells Gilbert does any of the three things promised in the title; the story lingers on her divorce (from an affable and slightly pathetic Billy Crudup) creates a romantic god out of a minor fling (played by a disheveled and sexy James Franco), and doggedly sticks with Gilbert's New York life until we're practically screaming at her to get the hell on that plane because she desperate resulting in panic, confusion and weight loss. When Gilbert arrives in Italy we're intended to feel her thrill of being alone at last, but despite all that exposition we're still struggling to

understand this unusual woman able to live the fantasy of leaving it all behind.

The real Gilbert spent her time in Rome learning how to live life on her own and deliberately resisting romance; movie Gilbert constantly shares meals at tables full of laughing, international faces, and ends her stay with a speech about how lucky she is to be part of a community. The segment at an ashram in India is mostly unscathed, thanks to a beautifully felt performance from Richard Jenkins as a fellow worshipper, Gilbert visits the ashram at the suggestion of her young boyfriend, David, not due to her own spiritual devotion; what was originally a symbol of self-reliance becomes in the movie another example of a woman doing something because a man encouraged her to.

The final section in Bali is the most traditional-- a woman travels to an exotic location, meets an exotically handsome man (Javier Bardem, delectable), falls in love-- and also the best executed, maybe because all the spirituality of India and hedonism of Italy were harder to translate to the screen. Before it, Elizabeth met Ketut, a ninth generation Indian medicine man, two years ago prior to this trip. She explained to him then that she wanted to learn to live in this world, and enjoy its delights, but also to devote herself to God. He told her to find the balance that she wants. He told that she can stay in the world, but she must stop looking at the world through her head and she must look through her heart instead. By that way she will know God. The real-life Gilbert is once again let

down. Her romance with Brazilian Felipe is left deliberately uncertain in the book, written by a woman burned by divorce who has just learned to live for herself again. Movie Gilbert says heated but vague things about not needing to love someone else to prove that she loves herself, but just in time for closing shot she's clambering onto a boat with her love and quite literally riding off into the sunset.

There are four reasons why the writer is interested to study this movie: first is because it is the realistic movie. Second is because of its conflicting value. Third is because attractive setting. Fourth is because pursuing the happiness that becomes the main issue of the film is reflected well.

The first reason is because it is the realistic movie. The story of the movie is the reality experience of Elizabeth Gilbert's life that is adapted by Ryan Murphy as director. It tells Gilbert's love depression, and the journey to find the happiness.

The second reason is because of its conflicting value. Murphy can cover the psychology problem strongly. The movie shows Gilbert's depression clearly and the struggle to find the problem solver in her life by the long journey in a year to pursue the happiness.

The third reason is attractive setting. This movie shows beautiful scenery in each setting of place, the beauty building in Italy, good religion and also culture in India, good tradition, beautiful beach and views in Bali, Indonesia.

The fourth reason is because pursuing the happiness that becomes the main issue of the film is reflected well. In this movie, Murphy covers the journey of Gilbert to pursue the happiness for a year. Because of her depression in her life that results panic, confusion and weight loss.

The writer uses the psychoanalytic theory as an approach to analyze this movie, because the story of the film is about pursuing the happiness, which relates to the psychology problem. Elizabeth Gilbert is pursuing happiness for a year in three country because of her depression. It relates to wants and needs that are focussed on her psychology problem. By so doing, the writer gives the title: *Pursuing Happiness in Eat Pray Love Movie (2010) Directed by Ryan Murphy: a Psychoanalytical Approach*

B. Literature Review

The writer finds a reseacher, Angraini, Dyta Deasy (Universitas Sumatra Utara, 2010) conducted a study entitled *An Analysis of Searching True Identity in Elizabeth Gilbert's Eat Pray Love (2010)*. The writer discusses about the effort of Elizabeth to discovering her true identity. She tries to explain the journey of Elizabeth Gilbert after her decision to divorce from her husband.

The differences between research above and this research are : the issue of this research is pursuing happiness and research above is searching true identity, the research above discuss about the effort of Elizabeth to discovering her true identity, and this research discuss about

the way of Elizabeth pursue her happiness. The similarity is the object of the research that is *Eat Pray love movie*.

C. Problem Statement

The problem statement of this paper is “How the pursuing happiness reflected in *Eat Pray Love movie*?”

D. Limitation of the Study

To carry out the study, the researcher needs to limit the study. The researcher is going to analyze Elizabeth Gilbert as one of the major characters in *Eat Pray Love movie* based on psychoanalytic approach.

E. Objective of the Study

Dealing with the problem statement above, the objectives of the study are as follows:

1. To analyze the film based on its structural element.
2. To analyze the film based on the psychoanalytic approach.

F. Benefit of the Study

The benefits of this study are as follows:

1. Theoretical Benefit

This study gives contribution to the larger body of knowledge, particularly literary study on *Ryan Murphy's Eat Pray Love* in the movie.

2. Practical Benefit

To get better understanding of the movie, in literary field as references to other researchers in analyzing the movie especially based on the Freud theory psychoanalysis approach.

G. Research Method

1. Type of the Study

The type of research, which is used by the writer, is descriptive qualitative research.

2. Object of the Study

The object of research is pursuing happiness in Ryan Murphy's *Eat Pray Love* movie, which was premiered in United States on August and in Indonesia on October 13, 2010, produced by Columbia Pictures.

3. Type of the Data and the Data Source

a. Primary Data Source

The primary data sources in this research are the film and the script film of *Eat Pray Love* that directed by Ryan Murphy.

b. Secondary Data Source

Secondary data source are taken from other materials related to the data required such as from internet, some of guided books, and the notes which taken by the writer when watching the film.

4. Technique of Data Collection

The method of collecting data is library research by collecting both primary and secondary data. The writer also involves some required steps to collecting data is as follows:

- a. Watching the film repeatedly to get deep understanding.
- b. Determining the character that will be analyzed.
- c. Reading some related books to find out the theory, data, and information required.
- d. Taking notes of important part either primary or secondary data.
- e. Classifying and determining the relevant data.
- f. Arranging, researching, and developing the selected material into good unity toward the topic of the study.

5. Technique of the Data Analysis

Data analysis in the research are consists of three steps, classifying the data, verifying the data and interpreting the data based on underlying theories into conclusion.

H. Research Paper Organization

The research organization of Pursuing Happiness in *Eat Pray Love* Movie (2010) Directed by Ryan Murphy: a Psychoanalytical Approach, to make it easier to be understood is as follows: Chapter I is Introduction, it consists of Background of the Study, Previous Study, Problem Statement,

Limitation of the Study, Objectives of the Study, and Benefits of the Study. Chapter II is Underlying Theory, consisting of notion of psychoanalysis, structure of personality, anxiety, structural element of the movie. Chapter III is Structural elements of the movie that includes character and characterization, setting, plot, point of view, theme of movie, and style. Beside, this chapter also contains discussion about the structural elements of the movie. Chapter IV is psychoanalytic approach pursuing happiness toward the movie. Chapter V is conclusion and suggestion. And the last part is bibliography and appendix.