

CHAPTER I

INTRODUCTION

A. Background of the Study

Each person has unique characteristics, with the experience and problems that occur in her or his lives. Many problem sometimes makes people feel anxious, uncomfortable, sad, and despair, but sometimes they also feel the happiness in their live. Actually, people are capable to solve the problem rationally, but in certain day, they cannot and the people will disclose falsehood. The people have capability to create feeling and thought. The composition of their feeling and thought are not static, but changeable. Every problem can be solved. It is sensitive problem to the people. Because of love, the people can feel happy, unhappy, hesitation, despair and anxiety.

Anxiety is a consequence of depression. It reflects a combination of biochemical changes in the body, which have relation with personal history, memory, and the social situation. Anxiety is a uniquely human experience. Other animals know fear, but human anxiety involves an ability, to use memory and imagination to move backward and forward in time. The anxiety that occurs in posttraumatic syndromes indicates that human memory is a much more complicated mental function than animal memory. Moreover, a large portion of human anxiety is produced by anticipation of future events. Without a sense of personal continuity over time, people would not have the “raw materials” of anxiety.

It is important to distinguish between anxiety as a feeling or experience, and an anxiety disorder as a psychiatric diagnosis. A person may feel anxious without having an anxiety disorder. In addition, a person facing a clear and present danger or a realistic fear is not usually considered to be in a state of anxiety. In addition, anxiety frequently occurs as a symptom in other categories of psychiatric disturbance.

Anxiety is a state closely related to fear and it has motivational consequence. Anxiety can be a nightmare for some individuals, because based on intense inner conflict it may appear when they have a problem and they are too hard to solve. Some people reduce the anxiety by escaping from the problem for a moment, it happens because of internal and external factors in facing the problem. Anxiety may occur when one individual feels his or her society does not treat him or her as an individual who has the right to decide. Anxiety occurs when someone does not get the freedom to do anything and get pressure from their environment. Usually someone who is experiencing anxiety, they will protest in the form of expression such as anger, crying, anxiety and may even commit suicide. Where a person feels hopeless and they cannot out of their own problem.

Clare is the main character in *Ugly* novel and she is a child who is full of anxiety and fear. Anxiety occurs when her mother and stepfather always perform an act of violence to Clare and she is always tortured both physically and emotionally. Clare feels anxious and fearful. So, she goes to the

Social Services and tries to get a protection. When Clare was thirteen years old, Carmen leaves her without gas, no electricity and no food.

According to the explanation above, there is a relationship between literary work and psychoanalytic. Literary work has the same significance in meaning as understanding human's existence with this mental and inner-self problem. Literature is the exposition of human mental life, it can be said that literary works has relationship to psychoanalytic.

Ugly is one of story 2006 of the British, this book is written by Constance Briscoe. She was born 18 May 1957. She is a barrister and one of Britain's first black female recorders in the United Kingdom. Constance Briscoe studies Law at the University of Newcastle upon Tyne, financing her studies by having several jobs at weekends and during the holidays, including working at the hospital. She also takes an MA at the University of Warwick. She was called to the Bar in 1983, and in 1996 became a recorder. She is one of the first black women to sit as a judge in the UK. Briscoe's legal practice focuses on criminal law and fraud, principally defense. She also undertakes in tribunal work, public inquiries and acts as President of Mental Health Tribunals.

In the late 1990s, Briscoe was unsuccessfully nominated for peerage. She is known for her books *Ugly* which she often talks about her experiences publicly. Her mother, Carmen Briscoe-Mitchell is sued her daughter along with publishers Hodder & Stoughton for libel. The case concludes in

Constance Briscoe's favor, when a civil jury in the High Court unanimously finds that this book is not libelous.

Ugly written by Constance Briscoe is the story of anxiety which is faced a child due to bad treatment. She was born into a West Indian family. She suffers abuse in the hands her mother and stepfather. Constance's mother always beats Clare, both physically and emotionally. She is bullied and beaten up, subjected to verbal abuse and treated like a slave within her own home. She shows protest with she is wetting her bed. She always tries to defend and then she is success for survives in her situation.

Ugly is an interesting novel, there are four reasons that make this novel really interesting. The first *Ugly* is the story of anxiety experienced by a child who can survive against the cruel behavior of her parents. Clare always gets the violence of her mother and stepfather. As a child, she feels different from other siblings. She always tries to hold out from her problem.

The second reason is a story about that every child has the right to get a sense of love or affection from their parents. This book gives an overview of existing problems in family, where Clare is as child violated her rights by her own mother, so this novel makes the reader very enthusiastic. The third reason is about violence, violence is a very cruel act, which can interfere emotionally and physically of a child. Violence is a violation of human rights, especially in this novel, it happens to a child.

The last reason is about the strength of a child in facing of violence from her parents, trying to survive and out of the situation. Constance feels

uncomfortable by her mother, so she strives to get the protection of social department. Anxiety is reflected in *Ugly* is one of the appealing aspects to be studied. That every child wants a freedom and they wants to get love, attention from their parents which will bring influence for themselves in the future. The psychological effects can be studied in terms of the study of human social life.

Based on the reason the writer will observe *Ugly* novel by using psychoanalytic theory by Sigmund Freud. So the writer constructs the title **ANXIETY OF CLARE IN CONSTANCE BRISCOE'S *UGLY* NOVEL (2006): A PSYCHOANALYTIC APPROACH.**

B. Literature Review

Before analyzing, the researcher has read other paper that is relevant with the analysis, especially about the approach and the object. The first research was conducted by Triyono (UMS, 2007 entitled "Defense Mechanism In Anton Chekhov's *The Seagull*: A Psychoanalytic Approach". Results of his study states that the structural analysis, it appears that in this play Anton Chekhov wants to deliver message that life does not always run as expected. Second, based on the psychoanalytic analysis it shows the conflicts between *Id*, *Ego*, and *Superego* in the major character.

The second research was conducted by Iin Raka Fathoni (UMS, 2007) entitled "Anxiety In David Fincher's *The Curious Case Of Benjamin Button* (2008): A Psychoanalytic Approach". Result of her study states that the

problems of the major character cause the conflict of his mental condition. It happens when there is contradiction between *Id*, *Ego*, and *Superego* and it brings him into anxiety.

The third research was conducted by Hangga Nur Pradhipa (UMS, 2006) entitled “Anxiety Of Queen Gorgo In Sneyder’s *300* Movie (2007): A Psychoanalytic Approach”. The results of her study states that the director wants to deliver a moral message that it requires a sense of danger in order to make an individual realize the reasonability. The psychoanalytic analysis shows that anxiety develops out of a conflict between *id*, *ego* and *superego* resulting in different types of anxieties.

The fourth research was conducted by Febriansari Ratna Wulan (UMS, 2007) entitled “Sex And Aggression In Nelson Mc Cormick’s *Prom Night* Movie (2008): A Psychoanalytic Approach”. First, based on the structural analysis it seems that in this movie, Nelson Mc Cormick delivers a message about unnatural obsession can cause negative ability until make an aggression to another people. Second, based on psychoanalytic analysis, Nelson wants to convey the psychological phenomena that is a type of personality that leads to sex and aggression.

The last is Farida Ayu Widyastuti (UMS, 2006) entitled “Sadistic Innocence In Jaime Collet-Serra’s *Orphan* (2009): A Psychoanalytic Perspective”. The results of this study states that the structural elements the movie presents a unity. It appears in the beginning, middle and end of the story. The psychoanalytic analysis shows the phenomenon of sadism behind

the innocence face from the major character. Finally, the psychoanalytic analysis shows that sadism may be hidden behind innocence appearance.

The difference between the writer with the previous study is in the object. And the similarity between the writer with previous is in the approach that the writer and the previous study use. The present researcher assumes that there is no researcher who has analyzed Anxiety of Clare as a major character in the *Ugly* novel using Psychoanalytic Approach.

C. Problem Statement

Knowing that the problem is the most important part of research, the writer proposes the problem “ How is the anxiety of Clare reflected in Constance Briscoe’s *Ugly* novel?”

D. Limitation of the Study

The writer focuses this research in analyzing anxiety of Clare in Constance Briscoe’s *Ugly* novel based on psychoanalytic approach.

E. Objectives of the Study

The objectives of the study are mentioned as follows:

1. To analyze Constance Briscoe’s *Ugly* novel based on the structural elements of the novel.
2. To analyze anxiety of Clare in Constance Briscoe’s *Ugly* novel based on psychoanalytic approach.

F. The Benefits of the Study

The benefits of the study are:

1. Theoretical Benefit

To give a new information to the larger body of knowledge, particularly the studies on *Ugly* novel.

2. Practical Benefit

To improve the researcher to understand about literature, especially in analyzing Constance Briscoe's novel based on psychoanalytic perspective.

G. Research Method

1. Type of the study

The writer uses a library research, which employs qualitative method. The writer also applies a psychoanalytic of the main characters as a means of further research. The steps to conduct this research are (1) determining the type of the study, (2) determining object of study, (3) determining data and data source, (4) determining technique of data collection, and (5) determining technique of data analysis.

2. Object of the study

The object of the study is the *Ugly* novel written by Constance Briscoe and publishing by Great Britain in 2006. It is analyzed by using psychoanalytic approach.

3. Type of the Data and Data Source

There are two data sources that are needed to do this research.

a. Primary data source

The primary data source of the study is the *Ugly* novel written by Constance Briscoe from Great Britain in 2006.

b. Secondary data source

The secondary data sources are books and internet.

4. Technique of the Data Collection

The technique of data collection is library research, the steps are :

a. Reading the novel

b. Determining the character that will be analyzed.

c. Taking notes of important parts in both primary and secondary data,

d. Classifying and determining the relevant data.

e. Taking notes from the material and some other resources related to the novel.

5. Technique of the Data Analysis

The technique used in analyzing the data is descriptive analysis. It concerns with the structural element of the novel and psychoanalytic aspect.

H. Paper Organization

This research paper organization of “Anxiety of Clare in Constance Briscoe’ *Ugly* Novel (2006): A Psychoanalytic Approach” is as follows: The first chapter is introduction, which consists of background of the study,

literature review, problem statement, limitation of the study, objectives of the study, benefit of the study, research method, and the last is paper organization. Chapter two is underlying theory, covering notion of psychoanalytic theory, personality of psychoanalytic, anxiety, structural elements and theoretical application. The third chapter is structural analysis of the novel, which involves the structural elements of the novel; it consists of character and characterization, setting, plot, point of view, theme, style. The fourth chapter is a psychoanalytic analysis of the novel; it presents the application of underlying theory in analyzing the problem. The last chapter is conclusion and suggestion.