

CHAPTER I

INTRODUCTION

A. Background

School is an institution where students get education and learning by teacher. School prepares students to get knowledge and skill to make them can stand alone in the community. In national education, the attention toward children life can not be ignored. Children are an investment in the field of labor and hear of the country to the future so the supervision of this group needs to be started as early as possible. In this regard, the education and health has a big role because in organization, the school under the National Education Department and functionally the Health Department has a responsible toward students' health.

School has an important role in delivering health information to students and community. The need of health for students and community is almost same. Both of them develop together because both education and students welfare can not de develop when the health of the community is not advanced.

Education and health are the two things and can not be separated due to both of them are part of Human Development Index indicators or internationally called as Human Development Index (HDI). This indicator shows the quality of a country. Even, based on the law, the opportunity to get

education and health is the right of children and must be fulfilled by the community and state.

Healthy behavior should be inculcated as early as possible from basic education, secondary, high education and education at home due to it is a habit that needs patience. In instilling a healthy life should be started from parent, children and teachers at school. School Health Program is organized to improve the ability of healthy life for students in a healthy environment, so they can learn, grow and develop in harmony and optimal to become a qualified human (*UU Kesehatan RI, 1992: 18-63*).

The number of students in Indonesia is more than 60 million. It makes school as the key force to fulfill the right and need of the young generation of Indonesia. School Health Program (UKS) is a healthcare that is held and developed by schools to enhance the health quality of students, teachers and employees.

School Health Program is a form of holistic activity. This program does not only emphasize on the curative issues but include three aspects of supervision, namely education, service and environment. Those three aspects are called Triad School Health Program. School holds supervision through education by extracurricular and curricular activities.

School-age children whether in pre-school level (kindergarten), primary school, Secondary school, and high school are a period of children age that very different with adulthood. There are a lot of health problems that determine the quality of children in the future found in this period. The

problems include general health, developmental disorder, behavioral disorder and learning disorder.

Behavioral health problems in the kindergarten and primary school children are usually related to personal and environmental hygiene such as brushing teeth, washing hand with soap and personal hygiene. For secondary and high schools, health problems that are usually appeared related to behavior that effect a risk such as smoking, fighting between students , drug abuse (narcotic, psychotropic and other addictive substances), unwanted pregnancies, unsafe abortion and sexually transmitted infection including HIV /AIDS. Another issue that has not been considered is developmental and behavioral disorder of students that are very varied.

School is a place of transmission of infectious diseases for children. Disease that is quite disturbing and danger even threaten life is a contagious disease is school children. Contagious infections that can be transmitted in school include hemorrhagic fever, infection mouth arms, measles, rubella (German measles), chickenpox, mump and eye infections (conjunctivitis virus).

The health problems generally would impede the students' achievement in school. Unfortunately, these problems do not get many attentions from the parents or clinicians and other health professional because they give prioritize on health of under-five years children.

Parents and teachers are really to be the children's companion when doing their activities everyday. Their roles are very dominant and determine

children life quality for the future. Therefore, it is so important for them knowing and understanding the health problems of children that more complex. Early detection of health problems for children can prevent or reduce the complication and problems that are tougher. Giving more attention to the health of school-age children is expected to create an intelligent, health and outstanding children in Indonesia.

B. Research Focus

This study has a focus on “What are characteristics of based-health learning management at *SD Negeri Magelang 6*, Central Magelang?” Then, the focus is elaborated into two sub-focuses as follow.

- a. What are characteristics of the implementation of based-health learning at *SD Negeri Magelang 6*?
- b. What are characteristics of the role of School Health Program in the implementation of based health learning at *SD Negeri Magelang 6*?

C. Research Objective

1. General Objective

The general objective of this study is to describe based-health management learning at *SD Negeri Magelang 6*, Central Magelang.

2. Specific Objective

The specific objective of this research is to describe.

- a. To describe the characteristics of the implementation of based-health learning at *SD Negeri Magelang 6*.

- b. To describe the characteristics of the role of School Health Program in the implementation of based health learning at *SD Negeri Magelang 6*.

D. Research Benefit

The writer hopes this research results have theoretical and practical benefits as the followings.

1. Theoretical Benefit

The result of this research is expected to add insight and knowledge for teachers and students about the important of health so that in everyday life can apply the knowledge that already got.

2. Practical Benefit

This research is expected to provide practical benefit as follow.

- a. For the school, this research paper can be used as an input in improving the ability of teachers to give learning especially related to health.
- b. For teachers, this research paper can be used as an input of the implementation of teaching and learning to make students' understanding about the health always increased.

E. Glossary

1. Learning is the process which is designed to change a person whether cognitive, affective and psychomotor aspects.
2. Health education is an effort to resolve the difference between the optimal health practice with what is happening.

3. Management is the process of planning, organizing, directing, and controlling of organizational member's efforts that have been set.
4. Management of education is the implementation of management principles in education.
5. School Health Program is the health of school-age children and their environment that can provide an opportunity to learn and grow in a harmony to achieve the good health degree