

# **BASED-HEALTH LEARNING MANAGEMENT**

*(Site Study at SD Negeri Magelang 6, Central Magelang)*



**THESIS**

**Submitted as a Partial Fulfillment of the Requirements  
for Getting Master Degree of Education  
in Educational Management Department**

by

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MUHAMMADIYAH UNIVERSITY OF SURAKARTA**

**2012**

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This thesis has been approved to be examined by the board of examiners of  
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ACCEPTANCE

**BASED-HEALTH LEARNING MANAGEMENT**

(Site Study at *SD Negeri Magelang 6, Central Magelang*)

by

**WIWIK MUJI RAHAYU**  
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Accepted by the Board of Examiners  
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## **TESTIMONY**

Herewith, I testify that in this research paper there is no plagiarism of the previous literary work which has been raised to obtain master degree of a university, nor there are opinions or masterpieces which have been written or published by others, except those the writing which are referred to the manuscripts mentioned in bibliography.

Hence later, if it is proven that there are some untrue statements in this testimony, I will hold fully responsibility.

Surakarta, 15<sup>th</sup> December, 2011  
Writer,

Wiwik Muji Rahayu

## MOTTO

Mensana in corporesano  
*(There is healthy soul in health body)*

النَّظَافَةُ جَنَ الْإِيْتَابِ

*(Cleanliness is half of faith)*

## DEDICATION

*This thesis I dedicate to:  
My beloved husband and children*

## ACKNOWLEDGMENT



*Assalamualaikum warahmatullahi wabarakatuh*

The writer thanks to God that the Most Wise, because of His blessing the writer can finish her thesis entitled *Based-Health Learning Management (Site Study at SDN Magelang 6, Central Magelang)*. This thesis is one of the academic requirements to get the degree of Educational Management Master on Graduate School, Muhammadiyah University of Surakarta.

The writing process was not lost of input and suggestion from many parties who can not mention one by one. Therefore, in this occasion, the writer would like to thank to the followings.

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6. Principal of *SDN Magelang 6*, Central Magelang, who had given information during the research process.

The writer realizes that this research paper is far from being perfect, in order to make it better, the writer accepts some advice and criticism. Finally, the writer wishes this research paper would be useful for all readers.

*Wassalamualaikum warahmatullahi wabarakatuh*

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## SUMMARY

Wiwik Muji Rahayu. Q. 100.090.259. Based-Health Learning Management (Site Study at *SDN Magelang 6*, Central Magelang). Thesis. Graduate School. Muhammadiyah University of Surakarta. 2011.

This research has three objectives. Firstly is to describe characteristic of the implementation of based-health learning at *SDN Magelang 6*. Secondly is to describe characteristic of the role of School Health Center in the implementation of based health learning at *SDN Magelang 6*.

It is a qualitative research which was done at *SDN Magelang 6*, Central Magelang. The informants of this research are the principal, teachers, and students of *SDN Magelang 6*, Central Magelang. Data collection technique used observation, interview, and documentation. Data analysis technique used analysis model such as data collection, data reduction, data display, and drawing conclusion. Data validity includes credibility, transferability, dependability, and confirmability.

Based on the analysis, the write finds two results. First, the implementation of based-health learning at *SDN Magelang 6* is applied on several subjects such as sport and health, and Science which is outlined in lesson plan. The materials in lesson plan are related to the daily activities of health and clean living behavior of students. The implementation of based health learning is developed through thematic learning about individual, family, environment, experience, hobby, clean and health. Second, the school health program activities at *SDN Magelang 6* are done relevant to the work program based on School Health Program triad, in which one of it is health education. The existence of School Health Program gives much assistant to school in implementing health-based learning. School Health Program has a responsibility to provide health education to all school members. Health education in primary school can be done in the form of curricular activities that are part of school curriculum. The existence of School Health Program in school has a role to maintain the healthy school environment. The School Health Program has complete facilities such as medical equipment, bed, first aid box, bin, broom, mop, and props which are used by School Health Program staffs when doing health education.

Keywords: *implementation of based-health learning, the School Health Program contribution*

## TABLE OF CONTENT

<b>TITLE</b> .....	i
<b>CONSULTANT NOTE</b> .....	ii
<b>ACCEPTANCE</b> .....	iv
<b>TESTIMONY</b> .....	v
<b>MOTTO</b> .....	vi
<b>ACKNOWLEDGEMENT</b> .....	vii
<b>SUMMARY</b> .....	ix
<b>TABLE OF CONTENT</b> .....	x
<b>CHAPTER I INTRODUCTION</b> .....	1
A. Background.....	1
B. Research Focus .....	4
C. Research Objective.....	4
D. Benefit of Research .....	5
E. Glossary .....	5
<b>CHAPTER II THEORY</b> .....	7
A. Learning Based Health .....	7
B. Learning Management .....	8
C. Previous Research .....	10
<b>CHAPTER III RESEARCH METHOD</b> .....	14
A. Type and Design of Research .....	14
B. Research Location .....	15
C. Researcher Role .....	16
D. Data and Data Source.....	16
E. Technique of Data Collection .....	19
F. Technique of Data Analysis.....	20
G. Data Validity.....	22
<b>CHAPTER IV DATA DESCRIPTION AND FINDING</b> .....	25
A. Data Description .....	25

1. Characteristic of Based-Health Learning Implementation at <i>SDN Magelang 6</i> , Central Magelang .....	25
2. Characteristic of School Health Program in the Implementation of Based-Health Learning at <i>SDN Magelang 6</i> , Central Magelang.....	29
B. Finding.....	35
<b>CHAPTER V DISCUSSION AND PROPOSITION</b> .....	38
A. Discussion .....	38
1. Characteristic of Based-Health Learning Implementation at <i>SDN Magelang 6</i> , Central Magelang .....	38
2. Characteristic of School Health Program in the Implementation of Based-Health Learning at <i>SDN Magelang 6</i> , Central Magelang .....	42
B. Proposition.....	47
<b>CHAPTER VI CLOSING</b> .....	48
A. Conclusion .....	48
B. Implication .....	49
C. Recommendation .....	50
<b>BIBLIOGRAPHY</b> .....	51