CHAPTER I
INTRODUCTION

A. Background of the Study

Human makes a great effort to fulfill their daily need. The main goal of those efforts is to reach the happiness. Everyone has different opinions in interpreting the meaning of happiness. Someone will be happy when they become successful in all aspects of life. Success will bring the person happiness in their life. Then, someone may feel happy when he/she can live with a loved person.

Every human will make any efforts in order to reach their happiness, such as working hard and praying to the God. The people have to defense for facing the problem in their life to get their happiness. The problem of each person is different, but there is something that can make them same. That is an effort that can survive their life.

In addition, if someone just prays without working hard, the success of the goal will never come. To get everything people need struggle not only wait and hope that it will fall from the sky. Moreover, as social creatures, it is impossible to work alone without support from their environment. In short, achieving the happiness can be regarded as the dream of person’s obsession.
The psychology aspect is very interesting for the researcher to create the literary work. Here, an effort for achieving happiness of the man as a part of psychological studies gets special attention from Rajkumar, one famous director. The ways that are done by one of major characters to fulfill his desire are clearly portrayed in one of his movies, *3 Idiots*.

According to Fredenburg (1971:4) everything in nature is unique, then it follows that every personality is different and must be studied in such a way as to capture this in this view; the psychology of personality is describing what is unique and peculiar to the individual.

According to the above explanatory, there is a relationship between literary work and psychology. That is the reasons why there are many authors displace the realism of life into the literary. One of them is Rajkumar Hirani who is the director of *3 Idiots* movie which is as researcher object.

One of the movies that is related to the individual psychology is *3 Idiots* directed by Rajkumar Hirani. It was loosely adapted from the novel *Five Point Someone* by Chetan Bhagat. *3 Idiots* stars Aamir Khan, R. Madhavan, Sharman Joshi, Kareena Kapoor, Omi Vaidya, Parikshit Sahni and Boman Irani. The music of this movie is by Shantanu Moitra and the cinematography is C. K Muraleedharan. It is edited by Ranjeet Bahadur. This movie is running for 164 minutes. It was released on 25 December 2009. It was the highest-grossing film in its opening weekend in India and has the highest opening day collections for a Bollywood film. The film
also went on to win many awards, winning six Filmfare Awards including best film and best director, ten Star Screen Awards and sixteen IIFA awards.

Rajkumar Hirani (very commonly known as Raju Hirani) was born in Nagpur to a Sindhi family. His father Mr Suresh Hirani had a typing institute in Nagpur. Hirani family migrated to India after Partition of India when Suresh Hirani was 14 year old. Rajkumar Hirani studied in St. Francis De'Sales High School, Nagpur, and Maharashtra. Rajkumar did not have enough marks to get admission in either engineering or medical courses so he did his graduation in commerce. Rajkumar Hirani helped his father in his business but he wanted to be actor in Hindi films. In college days he was involved with hindi theatre. Suresh got his son's photographs shot and packed him off to an acting school in Mumbai. But Raju could not blend in and returned to Nagpur after three days. His father then asked Raju to apply to the Film and Television Institute of India in Pune, but the acting course had shut down by then and chances of admission to the directorial course looked slim as there were way too many applicants. So Raju opted for the editing course. He earned a scholarship, thereby reducing the load on his father's shoulders.

with Sanjay Dutt and Arshad Warsi that revived jappis and Gandhian thinking. The movie won the National Film Award for Best Popular Film and Filmfare Critics Award for Best Movie. The sequel Lage Raho Munna Bhai (2006) was also immensely popular and won several awards like Filmfare Critics Award for Best Movie, Filmfare Best Story Award and Filmfare Best Dialogue Award. He was nominated for the Filmfare Best Director award too. Later in 2009, his third directorial venture 3 Idiots with Aamir Khan will be released. The movie is based on Chetan Bhagat’s Five Point Someone and the screenplay is written by Hirani and Abhijat Joshi.

This drama movie is about an intelligent man. The man named Ranchoddas "Rancho" Shamaldas Chanchad / Phunsukh Wangdu. It is played by Aamir Khan. He has two friends named Farhan Qureshi (R. Madhavan) and Raju Rastogi (Sharman Joshi). They are three engineering students who share a room in a hostel at the Imperial College of Engineering, one of the best colleges in India. Rancho is passionate about machines. He believes 'if you follow excellence, then success will run after you'. However, due to this different approach Rancho incurs the wrath of dean of college, Professor Viru Sahastrabudhhe (Boman Irani). Rancho irritates lecturers with his creative and unorthodox answers.

Viru labels Rancho and his friends as "3 Idiots" and attempts on a number of occasions break Rancho's friendship with Farhan and Raju.
Meanwhile, Rancho also falls in love with Viru’s medical student daughter, Pia (Kareena Kapoor).

The experience has changed Farhan and Raju, they adopt Rancho's outlook. Farhan decides to pursue his love of photography, while Raju takes an unexpected approach for an interview for a corporate job. Rancho in his unique way touched and changed their lives.

The movie is interesting to be discussed; there are four reasons that make this film interesting. The first reason is because this movie is categorized as the box-office film in this year. It creates a new box office record for a release in the last quarter of a year (October to December).

The second reason is because this movie is stared by the famous actor, Aamir Khan. Aamir Khan essaying the role of a college student although he was a forty-four year old, he must play the role of a twenty. He has a great aplomb. It is makes this film attractive.

The third reason is because the nuance and the reflection of the movie. The film portrayed poverty, pain, joy, and orphan in India. The last reason, there is a good message that can be found in this movie. That is about education.

Based on the story of the film, the writer is interested in doing the research on the problem of 3 Idiots by using Individual Psychological Approach by Alfred Adler to disclose an effort for achieving happiness of the major character Aamir khan in his personality. The writer conducts a
research entitled: HAPPINESS IN RAJKUMAR HIRANI’S 3 Idiots MOVIE (2009): AN INDIVIDUAL PSYCHOLOGICAL APPROACH.

B. Literature Review

As long as the researcher knows, there has been other researcher who did a research about 3 Idiots. The previous research has been conducted by Krisnawati (UMS, 2011), her title is The Anxiety of Raju Rastogi in Rajkumar Hirani’ s 3 Idiots Movie (2009). She used Psychoanalytic Approach. On that research, she found two research results. First, she wants to deliver moral message that education is not all about running blindly after success but it is about aiming at excellence. Second, based on Psychoanalitic analysis, Rajkumar reflects anxiety which is caused by contradiction of his id, ego and superego.

In this occasion, the researcher tries to conduct the research paper on an effort for achieving happiness that appears in major characters personality, which appears by using individual psychological approach.

C. Problem Statement

Based on the title and background of the study, the researcher formulates the problem as follows: “How is happiness reflected in 3 Idiots movie directed by Rajkumar Hirani?”
D. Limitation of the Study

In this study, the writer will focus on the analysis of main character, Aamir Khan which appears using the individual psychological approach.

E. Objective of the Study

Dealing with the problem statement above, the objectives of the study are as follows:

1. To analyze the structural elements of the 3 Idiots movie.
2. To analyze the movie based on the individual psychological approach.

F. Benefit of the Study

There are two benefits of the study:

a. Theoretical Benefit

This research will become a reference to study literature, especially drama analysis using psychoanalytic approach and this research can give a contribution to English learning.

b. Practical Benefit

This research can give more understanding about the movie, especially the main character in 3 Idiots movie from individual psychological approach.
G. Research Method

In analyzing this movie, the researcher uses qualitative method that has some steps as follows:

a. Type of the Study

The researcher uses descriptive qualitative method. Here the researcher tries to relate the discussion of analysis based on the underlying theory. It purposes to analyze the movie using individual psychological approach.

b. Objects of the Study

The writer takes the film *3 Idiots* as the object of the study. This film is directed by Rajkumar Hirani, it is Indian Comedy Film.

c. Types of the Data and Data Source

There are two types of data namely primary data and secondary data that are needed to do this research.

a) Primary Data

The primary data source is the scripts play itself, *3 Idiots* by Rajkumar Hirani.

b) Secondary Data

The writer takes the secondary data source, including reference and materials related to the study whether picking up from books or internet.
d. **Technique of the Data Collection**

The method of collecting data that the writer uses is library research. Firstly, the writer reads and comprehends the primary and secondary data source. Secondly, she notes down important information in both sources. Then, she selects them by accepting the relevant information with the problem and rejecting the irrelevant information that does not support the topic of the study. Beside that the writer uses internet to find the information about the novel and literary theory that she uses.

e. **Technique of the Data Analysis**

The first step in analyzing the data of this research is clarifying the obtained data by selecting the necessary ones. The second step is analyzing the data based on Individual Psychological theory proposed by Alfred Adler.

H. **Research Paper Organization**

The writer makes an organization of this paper in order to make an easy understanding. There are five chapters in this research paper.

**Chapter I** is introduction including the background of the study, literature review, problem statement, objective of the study, limitation of the study, benefit of the study, research method, theoretical approach, and paper organization.
**Chapter II** is underlying theory. It deals with the notion of An Individual Psychological theory, the basic concepts of An Individual Psychological and theoretical application.

**Chapter III** is structural analysis of the film, including narrative and technical elements.

**Chapter IV** is dealing with the analysis of the major character using An Individual Psychological approach.

**Chapter V** is conclusion and suggestion of the research.