# SABINA'S STRUGGLE TO GET SELF-ACTUALIZATION IN DANIELLE STEEL'S *SECRETS*: A HUMANISTIC PSYCHOLOGICAL APPROACH



### **RESEARCH PAPER**

Submitted as a Partial Fulfillment of the Requirement for Getting Bachelor Degree of Education in English Department

Proposed by:

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## APPROVAL

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# ACCEPTANCE

## **DEDICATION**

Whole-heartedly dedicated

to:

- My beloved parents, you are the greatest parents
- My Big family, my lovely sisters
- > My dearest friends

#### SUMMARY

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This study concerns with the novel entitled *Secrets*, which is written by Danielle Steel. The analysis of this research paper is focused on how the major character's struggle to get self-actualization is reflected in the major character, namely Sabina Quarles based on its structural elements and humanistic psychological approach.

The researcher uses a qualitative method whose data are based on primary source, the novel Danielle Steel's *Secrets* itself and secondary source, such as Danielle Steel's biography and other data dealing with the research. The data collection is documentation and technique of data collection is descriptive.

The result of this study is as follows: firstly, the structural elements of the novel present a unity. It appears in the exposition, complication, climax, and resolution of the story. Secondly, the humanistic psychological approach shows that basic needs are the needs owned by every human being that are urgent to be fulfilled. The basic needs appear in inner sense as a motivation of human activities to struggle.

### ΜΟΤΤΟ

Tomorrow is a result of today's effort (NN) Don't only think just do it! Prove it, if you can (S. K.) Don't be afraid of going slowly, be afraid of standing still (NN) If you have dream get up and reach with your bare hand (N. D. A.)

A winner never stops struggling

(N. S.)

#### ACKNOWLEDGMENT

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First of all, I would like to say Alhamdulillahi robil'alamin to express all my praise, gratitude and adoration to Allah SWT. He has enabled me to accomplish this research paper. Without His power and permission, it is impossible for me to finish my research.

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  I really love them very much. They are my best parents in the world.

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- 8. My beloved friends Upix Poe, Yulex, Dewi, Mas Budi, "thanks for your prayers, loves, cares, advice and support."
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- 11. All the parties I cannot mention one by one. "Thanks for your support."

Finally, I realize that this paper still has a lot of weakness because nothing is perfect but Allah SWT. Therefore, I would be thankful to the readers to give me supportive criticism and suggestion to make the research paper better.

Surakarta, February 2007

N. D. A.

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