

DEFENSE MECHANISM IN SIDNEY SHELDON'S
ARE YOU AFRAID OF THE DARK?:
A PSYCHOANALYTIC APPROACH



RESEARCH PAPER

Submitted as Partial Fulfillment of the Requirement
for Getting Bachelor Degree of Education
In English Department

by:

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SCHOOL OF TEACHER TRAINING AND EDUCATION
MUHAMMADIYAH UNIVERSITY OF SURAKARTA

2007

APPROVAL

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MOTTO

- Ingatlah

Hanya dengan mengingat Allah sajalah diperoleh ketentraman hati

(QS. Ar-Ra'd: 28)

- ...Maka berlomba-lombalah kamu (dalam berbuat) kebaikan. Dimana saja kamu berada...

(QS. Al-Baqarah: 148)

- Never ending improvement (*R.A*)
- You are what you think !! (*H. H*)

DEDICATION

❖ *My Beloved mother and father, you are my greatest love.*

Thanks for everything.

❖ *My beloved brothers and my big family,*

thanks for giving me love and support

❖ *Everyone who has helped me in arranging this research*

paper,

thank you to all your prayer.

SUMMARY

DENI APRILINA. A 320 020 094. **DEFENSE MECHANISM IN SIDNEY SHELDON'S *ARE YOU AFRAID OF THE DARK?*:A PSYCHOANALYTIC APPROACH.** RESEARCH PAPER. MUHAMMADIYAH UNIVERSITY OF SURAKARTA. 2007

The major problem of this study is to elucidate how defense mechanism of Kelly is reflected in Sidney Sheldon's *Are You Afraid of the Dark?*. The objectives of the study are to analyze the novel based on its structural elements and to analyze the novel based on the psychoanalytic analysis.

In analyzing *Are You Afraid of the Dark?*, the researcher uses qualitative method and psychoanalytic approach. The object of the study is Sydney Sheldon's *Are You Afraid of the Dark?*, published in 2004 by Warner Book. The data sources are primary data and secondary data sources. The primary data sources are the novel *Are You Afraid of the Dark?* itself and the secondary data sources are the books and websites about the author bibliography, literature and the theory of psychoanalytic approach. The method of data collection is library research. The technique of data analysis is descriptive analysis.

The result of the study shows that sometimes several people are difficult to face the fact in their lives. They do not want to know the truth because they think it will hurt them. They often do defense mechanism to cover the fact. The several shocking truth in the major character makes her lonely. She loses her trust to everybody around her. That fact makes her lonely in the end.

ACKNOWLEDGMENT

First of all, I would like to say Alhamdulillahirobbil'alamin praise to Allah SWT, for blessing me in completing this research paper entitled: "Defense Mechanism in Sidney Sheldon's *Are You Afraid of the Dark?*: A Psychoanalytic Approach". I realize that in arranging this research paper, I get helps, support and encouragements from many persons. In this opportunity, I would like to express my deepest gratitude to all persons who have helped me directly and indirectly in finishing this research paper.

1. Drs. H. Sofyan Anif, S. Pd., Msi, as the Dean of Teacher Training and Education Faculty.
2. Koesoemo Ratih, S. Pd., M. Hum., as the Chief of English Department.
3. Drs. M. Thoyibi, M. S., the first consultant who has guided and advised patiently during the arrangement of this research paper.
4. Mauly Halwat, S. Pd., M. Hum., as the second consultant for guidance, advice, and correction from the beginning until the end of this research paper.
5. Dra. Dwi Haryanti M.Hum., as the academic consultant for guidance and advice during study in Muhammadiyah University of Surakarta.
6. All lecturers of English Department, who have shared and given their knowledge for me in mastering English.
7. For my lovely parents, Bapak dan Ibu. For the greatest love, affection and prays. All I can say is I LOVE YOU. To my beloved brothers, Mas Tyo and De' Danie who always give me love and support.

8. My big family, thanks for their love, affection, support, praying and giving attention.
9. My close friends, Arie Soba, Endung Wngr, Miya Btn, Dwix Krdw, Wa2n Klt, Zul Byll and Aix Pati. Thanks for your support, thanks for listening me and giving me great advice. Mba Yuni and Mba Ria thanks for your guidance and all you give to me.
10. My friends in Greenhouse, Nophex, Goteen, Ritoel, Renny “krempeng”, Cupethong, Meleth, Budhe Ratih and Mba’ Adex, thanks for our familial.
11. My friends in English Dept’02, Yanti, Sugie, Bintang, X-O, Khusnet, Ge-Noeg, Bowie, Tomblok, Hestie, Mr. Gondhez and all of my friends in class B, thanks for our friendship.
12. My friends who can not be mentioned one by one. Thanks for everything that they give to me.

Finally, I realize that this paper still has a lot of weaknesses because nothing is perfect but Allah SWT. Therefore, I would be thankful to the readers to give me supportive criticism and suggestion to make the research paper better.

Surakarta, Februari 2007

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