

# CHAPTER I

## INTRODUCTION

### **A. Background of the Study**

People as long as their lives always get in touch with other person or their society. That is why people cannot avoid problems between their society and even with them selves. Problem will exist when there is a discrepancy between their present state and their perceived goal state and there is no readily apparent way to get from one to other. They sometimes have experiences in sadness, happiness, hesitation, and anxiety.

Anxiety is one psychological problem. Anxiety can be a nightmare for some individual. Anxiety may occur when one individual feels his society no to treat him as an individual who has right to decide what he or she wants to express his or her feeling. Instead he or she pushes to speak. Anxiety is an unpleasant emotional experience similar but not identical to feelings of nervousness, worry, agitation, or panic (Burger, 1986:59).

Under the pressure of excessive anxiety, the ego is sometimes forced to take extreme to relieve the pressure. These measures are called defense mechanism. In general, defense mechanism serves the useful purpose of defending the ego against the pain of anxiety. Although they are normal and universally used when carried to an extreme they lead to compulsive, repetitive, and even neurotic behavior. The establishment and maintenance of defense

mechanism require a consist expenditure of energy any person who elaborates them has little psychic energy left to satisfy id impulses. Defense mechanism deals directly with instinctual demands and defense itself against the anxiety (Feist, 1983:33).

Defense mechanism is unconscious process to protect someone from anxiety. It aims to reduce or even to avoid unpleasant condition when he or she faces a problem. (Freud in Dworetzky, 1972: 421) argues that “it was necessary for individual distort reality in someway to protect them self from unacceptable unconscious thoughts and unwanted reality”.

Defense mechanism is proposed by Sigmund Freud, it is “a method used by the Ego in dealing with anxiety aroused by the *id* or the *super ego*” (Sigmund Freud in Dworetzky, 1972: 421). Psychologically, I occur when there is a struggle between the *id* and *super ego* which produce anxiety (Dworetzky, 1972: 421).

Basically, all defense mechanism is an effort to deny on falsify of reality, Hjelle and Zieghar (1992: 104) state that, “all defense mechanism share two commons characteristics are: (1) they operate an unconscious level and are therefore self-deceptive and (2) they distort, deny, or falsify perception or reality, so as to make anxiety less threatening in the individual”.

Literature as artwork has a close relationship with the psychoanalysis. The author gives the characters in his or her work which this character is faced

on two or more choices or some difficulties and the character becomes anxious. Therefore, the character and do defense mechanism to solve his or her anxiety or problem.

This movie is indeed made for teen audiences. The story tells about a relationship between two people, between an individual and the State, and between an individual and the country not about terrorism. In short, there the three important components: love story, Islam and a mild form of autism. The film was directed by Karan Johar. The movie was released in the Mumbai on February 12, 2010. Upon release, the film broke many box office records overseas, where it is currently the highest-grossing Bollywood film.

Karan Johar born on 25 May, 1972 Bombay, Maharashtra, India. As a child, Karan Johar always dreamt of being famous. His father, Yash Johar was a top filmmaker, so Karan grew up amidst the company of Amit uncle and Jaya aunty, who were close friends of his parents. He school in Green Lawns, he used to be a complete movie buff. However, having lived and studied in South Mumbai all along, he hardly had any filmy friends. A close friend of Shahrukh Khan, he assisted Yash Chopra's Yash Raj Films during the early days of of his career, making his directorial debut with the mega-hit *Kuch Kuch Hota Hai* (1998). He also had a popular chat show named "*Koffee with Karan*" (2004). The success of "*Kuch Kuch Hota Hai* " made him one of the most high-profile directors in the Hindi-language Mumbai Film industry, popularly known as Bollywood. He production film such as *Dilwale Dulhania Le Jayenge* (1995), *Kuch Kuch Hota Hai* (1998), *Mohabbatein*, *Kabhi Khushi Kabhie Ghum*. *Veer-*

*Zaara* (2004), *Dil To Pagal Hai* (1997), *Mohabbatein* (2000), and *My Name is Khan* (2010).

*My Name Is* is a 2010 Bollywood film directed by Karan Johar, with a screenplay by Shibani Bathija, produced by Hiroo Yash Johar and Gauri Khan, and starring Shahrukh Khan and Kajol, who reunite after nine years (their last film together was *Kabhi Khushi Kabhie Gham* in 2001). It is overseen by both Dharma Productions and Red Chillies Entertainment and distributed by FOX Star Entertainment, which bought the rights for the film for a sum of INR 1 billion, thus becoming the second most expensive Bollywood film, behind *Blue*. It is also the highest buyover for any Indian film, breaking *Ghajini's* record of INR 900 million.

*My Name Is Khan* opened very well in most places across the world, and set many records in the process. However, the performance of the film could not sustain beyond the first or second week in some places, including India and USA. The film's performance in India was quite good but still is generally regarded as "below expectations" due to the high price, while the overseas performance of the film has been record breaking. As of April 4, the worldwide gross revenue for *My Name Is Khan* from the box office is US\$ 36,145,870. Domestically, *My Name Is Khan* generated INR 731.4 million net (equating to INR 1.2 billion gross), while overseas the film has generated roughly INR 735 million at the end of its first phase (this number is expected to rise in the film's second phase release across virgin markets from April onwards), the rough INR 1.95 billion worldwide gross makes this film the third-highest-grossing film according to

worldwide collections behind *3 Idiots*, which grossed INR 4 billion and *Ghajini* with INR 2.2 billion. In India, the film opened with a massive INR 295 million (US\$ 6,356,688), which is the third-highest weekend net for a Bollywood film, behind *3 Idiots* and *Ghajini*. It recorded the third-highest first day business across India, behind *3 Idiots* and *Ghajini* at the time of release. The film broke the record of *Race* for the biggest opening weekend in the first quarter of the year. The film was reported to have done very well in multiplexes, but comparatively on the lower side in single screens. The film managed to net INR 460.8 million (US\$ 9,952,857) in its first week and debuted at the Indian box office, thus attaining the third highest first-week net collections, again behind *3 Idiots* and *Ghajini*. The film managed to retain the spot at the Indian box office for two consecutive weeks, and remained in the top five for six consecutive weeks. At the end of its theatrical run, *My Name Is Khan* earned INR 731.4 million (US\$ 16,419,056) in India.

*My Name Is Khan* is the fourth directorial venture of Karan Johar. Cinematography is by Ravi K. Chandran, Shankar-Ehsaan-Loy composed the film's score, choreography is by Farah Khan, and lyrics were written by Niranjan Iyengar. Visual Effects are by Red Chillies VFX.

*My Name is Khan* debuted in Abu Dhabi, UAE on 10 February 2010. It released globally in theaters on 12 February 2010. It was also screened as part of the 60th Berlin International Film Festival's official selection the same month. In the months leading up to its release, the film has also been involved in some controversy related to international airport security and Indian politics. In airport

Shah Rukh Khan had problem with his last name and religion. His questioned for over an hours in about the nature of his visit, and was later released. Karan Johar (as director) really shocking is the fact that when he was writing the film, he never thought that what happened to the protagonist of the film would happen to Shah Rukh Khan. Controversy of Indian politics is the incident sparked debate and commentary among Indian politicians, actors, and others. It also led to demonstrations in India. California Governor Arnold Schwarzenegger later invited Khan to have dinner with him, in a bid to diffuse what has become a slight diplomatic row. Shah Rukh Khan also have problem with who owns the Kolkata Knight Riders Cricket team criticized about Shah Rukh Khan speak in *My Name is Khan*, who speak the fact that members of the Pakistani Cricket Team were not bought by the clubs competing in the 2010 Indian Premier League (IPL), he was condemned by Shiv Sena (a Hindu nationalist political party). There were consequent protests and demonstrations against him and demands that cinemas in India refuse to screen *My Name Is Khan*.

This film tells about Rizwan Khan is a Muslim child who grew up with his brother Zakir and his mother in a middle class family in the Borivali section of Mumbai. Rizwan is different from the other children and no one, including his mother, can understand why. However, he has certain gifts, particularly a special ability to repair any machine that is broken. His difference leads to special tutoring from a reclusive scholar and extra attention from his mother. This attention, however, leads to a heightened level of jealousy from his brother Zakir, who eventually leaves his family for a life in the United States.

Despite this resentment, as an adult Zakir sponsors Rizwan to come and live with him in San Francisco. It is at this time that Zakir's psychologist wife, Haseena diagnoses Rizwan as having Asperger's syndrome, a disorder which makes it difficult for people to interact socially. Rizwan also begins to work for Zakir as an herbal salesman and in the process he meets a Hindu woman, Mandira and her young son, Sameer or Sam from a previous marriage. Despite Zakir's hostility to the match, they marry and settle down in the fictional town of Banville, where both Mandira and Samir take Rizwan's last name as their own. They also live next door to the Garrick family. Sam is close with their young son, Reese while Mark is a journalist and Sarah is a friend of Mandira.

The Khans' perfect existence gets disrupted, however, after the September 11 attacks on the twin towers in New York City. Mark goes to cover the war in Afghanistan and dies there. At the same time, the Khan family begins to experience post 9-11 prejudice in their community and Reese begins to turn against Sam as well. One afternoon, an argument between them turns into a racially motivated schoolyard fight between Sam and a number of older students. Reese tries to stop the fight but is held back and Sam is injured so badly that he dies. A shattered Mandira blames Rizwan for his death stating that Sam "died only because his name was Khan." She then tells Rizwan that she no longer wants him in her life. When he asks her what he has to do to be a part of her life, she tells him that he has to tell the people of the United States, and the President that his name is Khan and that he is not a terrorist.

Rizvan thus sets out on a journey that takes him from one US state to another (including Georgia, where he is befriended by Mama Jenny) in order to first meet President George W. Bush and later Barack Obama. During this quest, he is detained and later freed from the San Francisco Airport. Later, in Los Angeles, he prays in a Mosque and overhears violent rhetoric from Faisal Rahman. He reports this to the FBI but there is no response at that moment. Later, while waiting in a crowd to meet President Bush and repeating again and again, "my name is Khan and I am not a terrorist," Rizvan is arrested and placed in a prison by police who misinterpret his statement.

While in the prison he is tortured as a terrorist suspect and meets the psychiatrist Radha who believes he is innocent. He is later released after a media campaign by two Indian student reporters Raj and Komal and Bobby Ahuja prove his innocence by unearthing his attempts to inform the FBI about Faisal Rahman. After his release, he returns to hurricane-hit Georgia to help Mama Jenny and her son. His efforts attract media attention and numerous Muslims come to help as well. At the same time, Reese confesses to Mandira and reveals the identity of the boys who beat up Sam. She informs Detective Garcia who has been assisting her on the case.

After they are brought to justice, she joins Rizvan in Georgia. At the moment she arrives, Rizvan is stabbed by a follower of Faisal Rahman and is rushed to the hospital. With Mandira's help, he survives and meets President-elect Barack Obama who tells him: "My name is Khan and I am is not a terrorist."

*My Name Is Khan* is the success film and interesting many people. There are some points that make his film interesting. Firstly, this movie has a good story. It is about defense of Rizwan Khan about his name is Khan and his not terrorist. He desire tells there with the president USA and all people. Many hindrance he obtain for achieve that.

Second, this film tell about love between Rizwan Khan is suffering from the Asperger syndrome which is an autism disorder, with Mandira is single parent.

Third, this film tells about religion between Islam, Kristen, and Hindu. Where Rizwan Khan is a Muslim married with Mandira is a Hindu woman. After they married many problem happen with them, because Rizwan Khan is a Muslim many people consider him as terrorist and he must loss who children.

Four, this film tells about defense mechanism of Rizwan Khan for tell all people and president USA, that he is name is Khan and he is a not terrorist. Rizwan thus sets out on a journey that takes him from one US state to another, in order to first meet President George W. Bush and later President-elect Barack Obama. Although he is a autism and his limitedness, he never give up for defense himself and defend his religion about not all Muslims is terrorist.

Five, this film contained a lot of social message, and it as happen our life, because this film adopted from the reality is happen in the world especially in the USA.

Six, the film tells about the autism. How the who autism can interest bearing the public and the president, until the president proud and want meet him

although who is Muslims. Whereas in there they opinion about Muslims as terrorist.

Based on the background above, the writer propose to conduct a research entitle **“DEFENSE MECHANISM OF RIZWAN KHAN IN *MY NAME IS KHAN* (2010) DIRECTED BY KARAN JOHAR: A PSYCHOANALYTIC APPROACH.”**

## **B. Literature Review**

As long as the writer knows, there is no other research that has been conducted to study the movie *My Name is Khan: A Psychoanalytic Approach* in Muhammadiyah University of Surakarta and Surakarta region. In this researcher the writer wants to analyze about the defense mechanism of Rizwan Khan.

## **C. Problem Statement**

Related to the title and the background of the study, the writer concludes the problem statement “How is defense mechanism reflected in film *My Name is Khan* directed by Karan Johar based on the psychoanalytic approach?”

## **D. Limitation of the Study**

The carry out the study, the researcher limits the study. The researcher is going to analyze Rizwan Khan as one of the major characters in *My Name is Khan* movie based on psychoanalytic approach.

## **E. Objective of the Study**

Dealing with the problem statement above, the objectives of the study will be as follows:

1. to analyze the film based on its structural elements of film *My Name is Khan*, and
2. to analyze the film based on the psychoanalytic approach.

## **F. Benefit of the Study**

### **1. Theoretical Benefit**

The result of this study is expected to be able to give theoretical contribution in literature study, particularly psychoanalytic study on literature about defense mechanism.

### **2. Practical Benefit**

To enrich the literary study, particularly among the students of Muhammadiyah University of Surakarta who have interest in literary study.

## **G. Research Method**

### **1. Type of the Study**

In analyzing film *My Name is Khan* directed by Karan Johar, the writer uses the qualitative method because it does not need statistics to explore the fact.

## 2. Type of the Data and the Data Source

This study, there are two sources, namely; primary and secondary data source.

### a. Primary Data Source

The primary data source of the study is film *My Name is Khan* directed by Karan Johar.

### b. Secondary Data

The secondary data sources are biography of the author, the websites in the internet about the movie *My Name is Khan* and other resources that support to analyze.

## 3. Technique of the Data Collection

The data collecting technique used in this study is library research. The necessary steps are as follows:

- a. Watching the movie repeatedly,
- b. Taking notes of information in both primary and secondary data,
- c. Reading some related references to observe the theory, data and information, and
- d. Arranging the data into several parts based on its classification.

#### **4. Technique of the Data Analysis**

The first step in analyzing the data of this research is clarifying the obtained data by selecting the necessary ones. Secondary step is Freud.

#### **H. Paper Organization**

This research consists of five chapters. Chapter one is introduction, this chapter involves the background of study, literature review, problem statement, limitation of the study, objective of the study, theoretical approach, research method, and paper organization. Chapter two deals with underlying theory. Chapter three is structural analysis which includes character and characterization, plot, point of view, setting and theme. Chapter four discusses with psychoanalytic analysis and chapter five draws with conclusion and suggestion.