

DAFTAR PUSTAKA

- Arachchi, N. S. M., Ganegama, R., Husna, A. W. F., Chandima, D. L., Hettigama, N., Premadasa, J., Herath, J., Ranaweera, H., Agampodi, T. C., & Agampodi, S. B. (2019). Suicidal ideation and intentional self-harm in pregnancy as a neglected agenda in maternal health; an experience from rural Sri Lanka. *Reproductive Health, 16*(1), 166. <https://doi.org/10.1186/s12978-019-0823-5>
- Asih, N. W. Y., Ariyani, N. W., Darmapatni, M. W. G., Lindayani, I. K., & Somoyani, N. K. (2021). Gambaran Tingkat Kecemasan Menjelang Persalinan pada Ibu Hamil Trimester III di Puskesmas II Dinas Kesehatan Kecamatan Denpasar Barat. *Jurnal Infokes Informasi Kesehtan, 11*(2), 404–412.
- Ayuanda, L. N. (2023). Analisis pengetahuan Ibu Hamil tentang gangguan kesehatan mental perinatal dengan tingkat kecemasan Ibu Hamil. *Jurnal Ilmiah Penelitian, 06*.
- Bedaso, A., Adams, J., Peng, W., & Sibbritt, D. (2021). The relationship between social support and mental health problems during pregnancy: a systematic review and meta-analysis. *Reproductive Health, 18*(1), 162. <https://doi.org/10.1186/s12978-021-01209-5>
- Chan, A. W., Reid, C., Skeffington, P., & Marriott, R. (2021). A systematic review of EPDS cultural suitability with Indigenous mothers: a global perspective. *Archives of Women's Mental Health, 24*(3), 353–365. <https://doi.org/10.1007/s00737-020-01084-2>
- Claesson, I.-M., Josefsson, A., & Sydsjö, G. (2014). Prevalence of anxiety and depressive symptoms among obese pregnant and postpartum women: an intervention study. *BMC Public Health, 10*(1), 766. <https://doi.org/10.1186/1471-2458-10-766>
- Cox, J. L., Holden, J. M., & Sagovsky, R. (1987). Detection of Postnatal Depression. *British Journal of Psychiatry, 150*(6), 782–786. <https://doi.org/10.1192/bjp.150.6.782>
- Da Costa, D., Zelkowitz, P., Nguyen, T.-V., & Deville-Stoetzel, J.-B. (2018). Mental health help-seeking patterns and perceived barriers for care among nulliparous pregnant women. *Archives of Women's Mental Health, 21*(6), 757–764. <https://doi.org/10.1007/s00737-018-0864-8>
- Davalos, D. B., Yadon, C. A., & Tregellas, H. C. (2012). Untreated prenatal maternal depression and the potential risks to offspring: a review. *Archives of Women's Mental Health, 15*(1), 1–14. <https://doi.org/10.1007/s00737-011-0251-1>
- Dennis, C.-L., Falah-Hassani, K., & Shiri, R. (2017). Prevalence of antenatal and postnatal anxiety: Systematic review and meta-analysis. *British Journal of Psychiatry, 210*(5), 315–323. <https://doi.org/10.1192/bjp.bp.116.187179>

- Eka Mustika Yanti, B. D. F. (2022). *Buku Psikologi Kehamilan, Persalinan, dan Nifas* (1st ed.). NEM- Anggota IKAPI.
- Elvina, L., ZA, R. N., & Rosdiana, E. (2018). Faktor Yang Berhubungan dengan Kesiapan Psikologis Ibu Hamil Trimester III dalam Menghadapi Persalinan. *Journal of Healthcare Technology and Medicine*, 4(2), 176. <https://doi.org/10.33143/jhtm.v4i2.207>
- Fidora, I. (2019). Ibu Hamil dan Nifas Dalam Ancaman Depresi. *Journal of Physics A: Mathematical and Theoretical*, 44(8), 1–14.
- Fitriahadi, E. (2017). *Buku Ajar Asuhan Kehamilan*. Universitas Aisyiyah Yogyakarta.
- Ghahremani, T., Magann, E. F., Phillips, A., Ray-Griffith, S. L., Coker, J. L., & Stowe, Z. N. (2022). Women's Mental Health Services and Pregnancy: A Review. *Obstetrical & Gynecological Survey*, 77(2), 122–129.
- Hidayat, S. Dan Sumarni, S. (2016). *Kecemasan ibu hamil dalam menghadapi Proses persalinan*. Wiraraja Medika.
- Howard, L. M., Piot, P., & Stein, A. (2014). No health without perinatal mental health. *The Lancet*, 384(9956), 1723–1724. [https://doi.org/10.1016/S0140-6736\(14\)62040-7](https://doi.org/10.1016/S0140-6736(14)62040-7)
- Humayun, A., Haider, I. I., Imran, N., Iqbal, H., & Humayun, N. (2013). *Antenatal depression and its predictors in Lahore, Pakistan*. 19(4), 327–332.
- Husna, R. K. N., Wardanis, M., & Rahmi, J. (2018). Faktor Yang Berhubungan Dengan Kejadian Depresi Antenatal Pada Ibu Hamil. *Jurnal Proteksi Kesehatan*, 6(1). <https://doi.org/10.36929/jpk.v6i1.68>
- Ilustri. (2018). Gambaran Tingkat Pengetahuan Ibu Hamil Tentang Perubahan Psikologis Masa Kehamilan. *Jurnal Ilmiah Multi Science Kesehatan*, 9(2), 218–228.
- Juliadilla, R. (2017). Dinamika Psikologis Perubahan Citra Tubuh Pada Wanita Pada Saat Kehamilan. *Intuisi : Jurnal Psikologi Ilmiah*, 9(1), 57–66.
- Kaplan, H. I., & Sadock, B. J. (2015). Synopsis of Psychiatry. *International Clinical Psychopharmacology*, 4(3), 255. <https://doi.org/10.1097/00004850-198907000-00008>
- Kemenkes. (2018). *Pengertian Kesehatan Mental*. Jakarta: Kementerian Kesehatan RI. <https://promkes.kemkes.go.id/pengertian-kesehatan-mental>
- Kemenkes. (2019). *Cara Menghindari Stres Saat Hamil*. Kementian Kesehatan RI. <https://promkes.kemkes.go.id/cara-menghindari-stres-saat-hamil>

- Kemenkes. (2022). *Perubahan Fisik dan Psikis Pada Ibu Hamil*. Kementerian Kesehatan RI. https://yankes.kemkes.go.id/view_artikel/280/perubahan-fisik-dan-psikis-pada-ibu-hamil
- Khoiriah Nst, M. dan J. (2022). Gambaran Gejala Depresi Pada Ibu Hamil Di Kota Pekanbaru. *11*(2).
- Koh, Y. W., Chui, C. Y., Tang, C. S. K., & Lee, A. M. (2014). The Prevalence and Risk Factors of Paternal Depression from the Antenatal to the Postpartum Period and the Relationships between Antenatal and Postpartum Depression among Fathers in Hong Kong. *Depression Research and Treatment, 2014*, 1–11. <https://doi.org/10.1155/2014/127632>
- Latifah. (2017). Hubungan Dukungan Keluarga dengan Kecemasan Ibu Hamil Primigravida Trimester III di Wilayah Kerja Puskesmas Pandian Sumenep. *Jurnal Kesehatan Masyarakat*.
- Listia Dwi Febriati, & Zakiyah, Z. (2022). Hubungan Dukungan Keluarga Dengan Adaptasi Perubahan Psikologi Pada Kehamilan. *13*(1), 23–31.
- Madhavanprabhakaran, G. K., D'Souza, M. S., & Nairy, K. S. (2015). Prevalence of pregnancy anxiety and associated factors. *International Journal of Africa Nursing Sciences, 3*, 1–7. <https://doi.org/10.1016/j.ijans.2015.06.002>
- Masyuni Putu, Nata I wayan, A. P. (2019). Kejadian Depresi Pada Ibu Hamil. Fakultas Kedokteran, Universitas Udayana ISSN : 2303-13. *E-Jurnal Medika Udayana, 8*(4).
- Mazúchová, L., Kelčíková, S., & Dubovická, Z. (2018). Measuring women's quality of life during pregnancy. *Kontakt, 20*(1), e31–e36. <https://doi.org/10.1016/j.kontakt.2017.11.004>
- Meiranny, A., Nurrokhmah, A., Yumna, J. D., & Zulaekhah, S. (2022). Literature Review : Masalah Psikologis pada Ibu Hamil selama Masa Literature Review : Psychological Problems among Pregnant Women during Covid-. *Faletehan Health Journal, 9*(1), 117–122.
- Moraes, G. P. de A., Lorenzo, L., Pontes, G. A. R., Montenegro, M. C., & Cantilino, A. (2017). Screening and diagnosing postpartum depression: when and how? *Trends in Psychiatry and Psychotherapy, 39*(1), 54–61. <https://doi.org/10.1590/2237-6089-2016-0034>
- Novitasari, Y., & Pratiwi, A. (2019). Keyakinan Makanan Dalam Perspektif Keperawatan Transkultural Pada Ibu Hamil. *Jurnal Berita Ilmu Keperawatan, 12*(1), 7–14. <https://doi.org/10.23917/bik.v12i1.10460>
- Nugraha, M. A., & Keliat, B. A. (2020). Depresi selama kehamilan sebagai faktor risiko stunting. *Jurnal Ilmu Keperawatan Jiwa, 3*(3), 249–262.
- O'Hara, M. W., & Wisner, K. L. (2014). Perinatal mental illness: Definition,

- description and aetiology. *Best Practice & Research Clinical Obstetrics & Gynaecology*, 28(1), 3–12. <https://doi.org/10.1016/j.bpobgyn.2013.09.002>
- Rompala, K. S., Cirino, N., Rosenberg, K. D., Fu, R., & Lambert, W. E. (2016). Prenatal Depression Screening by Certified Nurse-Midwives, Oregon. *Journal of Midwifery & Women's Health*, 61(5), 599–605. <https://doi.org/10.1111/jmwh.12491>
- Said, N., Kanine, E., & Bidjuni, H. (2015). Hubungan Faktor Sosial Ekonomi Dengan Kecemasan Ibu Primigravida Di Puskesmasmasting. *Jurnal Keperawatan UNSRAT*, 3(2), 1–8. <https://ejournal.unsrat.ac.id/index.php/jkp/article/view/8143>
- Sari, D. N., Diatri, H., Siregar, K., & Pratomo, H. (2021). Adaptation of the Edinburgh Postnatal Depression Scale in the Indonesian Version: Self-reported Anxiety and Depression Symptoms in Pregnant Women Adaptation of the Edinburgh Postnatal Depression Scale in the Indonesian Version: Self-reported Anxiety and De. *Open Access Macedonian Journal of Medical Sciences*, 9(B), 1654–1659. <https://doi.org/10.3889/oamjms.2021.7783>
- Sartika, Hikmah, N., & Sani, A. (2021). Gambaran Kesehatan Mental Ibu. *Kampurui Jurnal Kesehatan Masyarakat*, 3(2), 61–68.
- Skouteris, H. (2012). Pregnancy. In *Encyclopedia of Body Image and Human Appearance* (pp. 664–668). Elsevier. <https://doi.org/10.1016/B978-0-12-384925-0.00105-X>
- Soekidjo Notoatmodjo. (2012). *Metodologi penelitian kesehatan* (Ed. rev.). Rineka Cipta.
- Sugiyono, M. E. (2020). *Metode Penelitian Kesehatan*. Alfabeta.
- Sulastrri, Amalia Arifatul Diktiana, L. T. R. (2019). Penyakit Penyerta Kehamilan sebagai Gambaran Kejadian Komplikasi selama Persalinan. *Proceeding of The URECOL*, 252–258. <http://repository.urecol.org/index.php/proceeding/article/view/609>
- Treasa, A. D., & Daryanti, M. S. (2019). Penggunaan Jaminan Kesehatan Nasional Dalam Kunjungan Antenatal Care Di Puskesmas Kasihan I Bantul Yogyakarta. *Jurnal Kesehatan Masyarakat (e-Journal)*, 7(1), 98–105.
- Tsai, A. C., Scott, J. A., Hung, K. J., Zhu, J. Q., Matthews, L. T., Psaros, C., & Tomlinson, M. (2013). Reliability and Validity of Instruments for Assessing Perinatal Depression in African Settings: Systematic Review and Meta-Analysis. *PLoS ONE*, 8(12), e82521. <https://doi.org/10.1371/journal.pone.0082521>
- Uguz, F., Yakut, E., Aydogan, S., Bayman, M. G., & Gezginc, K. (2019). Prevalence of mood and anxiety disorders during pregnancy: A case-control

- study with a large sample size. *Psychiatry Research*, 272, 316–318. <https://doi.org/10.1016/j.psychres.2018.12.129>
- Veftisia, V., & Afriyani, L. D. (2021). Tingkat Kecemasan, Stress Dan Depresi Pada Ibu Hamil Trimester II Dan III di PMB Ibu Alam Kota Salatiga. *Indonesian Journal of Midwifery (IJM)*, 4(1), 62. <https://doi.org/10.35473/ijm.v4i1.893>
- WHO. (2017). *Depression and Other Common Mental Disorders*. Global Health Estimates.
- WHO. (2018). *World Health Organization | Maternal health*. Retrieved from *Mental Health and Substance*. <https://www.who.int/teams/mental-healthand-substance-use/maternal-mental-health>
- Yulian, V., & Sari, R. P. (2016). Pengaruh Pendidikan Kesehatan Tentang Nutrisi Kehamilan Terhadap Kadar Hemoglobin Ibu Hamil Di Puskesmas Kartasura Sukoharjo. *Jurnal Komunikasi Kesehatan*, 7(2). <https://ejurnal.ibisa.ac.id/index.php/jkk/article/view/98>
- Zulaekah, S., & Kusumawati, Y. (2021). Kecemasan sebagai Penyebab Gangguan Kesehatan Mental pada Kehamilan di Layanan Kesehatan Primer Kota Surakarta. *Jurnal Kebidanan Dan Keperawatan Aisyiyah*, 17(1), 59–73. <https://doi.org/10.31101/jkk.2064>