

CHAPTER I

INTRODUCTION

A. Background of the Study

Living in the world, human being cannot be separated from the phenomenon and reality of life. Human beings are *individual* creatures who have the capability to create, feel and want some thing. They sometimes have experiences in sadness, happiness, hesitation and anxiety, which contain of humanity, life, and to describe the human suffering struggling, loving, hating, desiring, and every thing which is experienced by human. This behavior can occur in daily life, whenever and whatever condition. It proves that human is creature that has thought and feeling.

The composition of their feeling and thought are not static, but changeable. It conforms to their experiences of life. The reaction of human being to threat or act of damaging that never felt before cause them anxious or *afraid*. We can see in our daily life. When students are *afraid* to fail examination, they face anxiety because they do not have strong belief and way to solve the problem. If they cannot solve it, they will be frustrated, unsatisfied, sad, disappointed and unrest because of their guilty feeling.

Psychoanalytic principles is part of psychoanalytic study. The term of psychoanalysis has fundamental assumption that the mental element of human is *divided* into two levels, the conscious (the rational) and the unconscious

(the irrational). Sigmund Freud, an Austrian Physician established the psychoanalytic theory of human being personality in the early 1900s. Freud described three components of personality, they are *id*, *ego* and *superego*. In defining anxiety, Freud emphasized that “a felt affective, unpleasant state, accompanied by a physical sensation that warns the person against impending danger. The unpleasantness is often vague and hard to pinpoint, but the anxiety is “a key variable in almost all theories of personality. The result of conflict which is an inevitable part of life. Anxiety is often seen as a major component of personality dynamics” (Hall, 1985: 41).

Based on the fact classified above, Danielle Steel shows psychological problem such as anxiety in her novel, *Fine Things* published in 1987 by Michael Joseph, Great Britain. Danielle Steel is an American pop novelist in twentieth century. She had written many literary works such as: *Accident*, *Fine Things*, *Five Days In Paris*, *The Gift*, *dating game*, *journey*, etc. *Fine Things* was published by Sphere book. Ltd. This story tells about the major character, whose name Bernard Fine. In her life, he gets many problems, which makes him anxious. For example, when Bernard’s wife was sick until died that made Bernard Fine pressed. The major character is a perfect example of someone who *avoids* his anxiety. He is a man who must overcome his problems alone. This novel has happy ending story.

This study is conducted with psychoanalytic approaches because of two *considerations*. The first *consideration*, the novel is an expression of human internal battle in overcoming the anxiety. The figure of Bernard Fine of the

novel is a reflection of human being that is undergoing an emotional disturbance. The disturbance is indicated by the emerge of problem that causes anxiety. The second considerations is that Danielle Steel is a famous novelist who is able to interestingly present many characters that experience internal conflicts. In this study, the researcher intends to conduct a study on the major character's anxiety in *Fine Things*, using Sigmund Freud psychoanalytic theory. This study is conducted under the little "Anxiety of Bernard Fine in Danielle Steel's *Fine Things*: A Psychoanalytic Approach".

B. Literature Review

As far as the writer is concerned, there is no study on Danielle Steel's *Fine Things* conducted by university student in Surakarta. The present study gives focus on the author's view on anxiety's based on psychoanalytic perspective.

C. Problem Statement

The problem statement of the research is "How is the major character's anxiety reflected in Danielle Steel's *Fine Things*?"

D. Limitation of the Study

The limitation of the study is focusing on the psychology condition of major character namely Bernard Fine and her anxiety. The theory to analyze the data using Sigmund Freud theories.

E. Objective of the Study

The objective of the study are:

1. To analyze the novel based on the structural elements of the novel.
2. To analyze the anxiety of the major character based on the psychoanalytic perspective.

F. Benefit of the Study

The benefit of the study are:

1. Theoretical Benefit

To give contribution to the larger body in knowledge particularly studies in Danielle Steel's *Fine Things*.

2. Practical Benefit

To give deeper understanding in literary field as the reference to the other researchers in analyzing this novel into different perspective.

G. Research Method

1. Object of the Study

The object of the study is the novel *Fine Things* by Danielle Steel, which has been published in Britain, copyright 1987.

2. Type of the Data and the Data Source

a. Primary data source

The primary data of the study is the novel fine things such as dialogues characters action and narration. They are relevant to the object of analysis.

b. Secondary data source

The secondary data source is obtained from other relevant information.

3. Technique of the Data Collection

The data collecting technique used in the library research. The necessary steps are as follows:

- a. Reading the novel *rapidly* in order to get better comprehension of structural elements.
- b. Taking notes of the important parts in both primary and secondary data source.
- c. Classifying the data into some *categories*.
- d. Drawing conclusion of the analysis that is already done in the former.

4. Technique of the Data Analysis

In analyzing the data, this study employs descriptive (qualitative) analysis, in which the study tries to describe the structural elements of the novel and psychoanalytic analysis. The collected data will be interpreted and analyzed in detail through psychoanalytic approach. In this case by showing the anxiety of Bernard Fine in Danielle Steel's *Fine thing* by psychoanalytic approach.

H. Paper Organization

This research consists of five chapters. The first chapter consists of introduction that included the background of the study, problem statements, limitation of the study, benefit of the study, research method and research paper organization. The second chapter is underlying theory. The third chapter consists of the structural elements of the novel, which contains the character and characterization, setting, plot, point of view, style and theme. The fourth chapter is application of the psychoanalytic theory in the analysis of the novel. The last chapter is conclusion and suggestion.