

**THE OPTIMISM OF JULIA STANFORD IN SIDNEY
SHELDON'S *MORNING, NOON AND NIGHT*:
AN INDIVIDUAL PSYCHOLOGICAL APPROACH**



Research Paper

Submitted as a Partial Fulfillment of the Requirement
for Getting Bachelor Degree of English Department

by:

RAINDRI WIBOWO

A 320 990 192

**SCHOOL OF TEACHER TRAINING AND EDUCATION
MUHAMMADIYAH UNIVERSITY OF SURAKARTA**

2007

APPROVAL

**THE OPTIMISM OF JULIA STANFORD IN SIDNEY SHELDON'S
MORNING, NOON AND NIGHT:
AN INDIVIDUAL PSYCHOLOGICAL APPROACH**

**RAINDRI WIBOWO
A 320 990 192**

Approved to be examined by
Consultant Team

Consultant I

Consultant II

(Drs. Abdillah Nugroho, M.Hum.)

(Aryati Prasetyarini, S.Pd)

ACCEPTANCE

Research Paper

**THE OPTIMISM OF JULIA STANFORD IN SIDNEY SHELDON'S
MORNING, NOON AND NIGHT:
AN INDIVIDUAL PSYCHOLOGICAL APPROACH**

RAINDRI WIBOWO

A 320 990 192

Has been defended in front of the board of examiners on March 3, 2006, and stated meeting the requirement.

Team of examiners:

1. Drs. H. Abdillah Nugroho, M.Hum (.....)
2. Aryati Prasetyarini, S.Pd (.....)
3. (.....)

Surakarta, March 3, 2006
Muhammadiyah University of Surakarta
School of Teacher Training and Education

Dean,

Drs. H. Sofyan Anif, M.Si
NIK. 5 4 7

MOTTO

“Take the good thing of every bad thing happens”

“Don’t say that you can, but prove that you can”

“Knowledge is a treasure but practice is the key”

DEDICATION

This Research Paper is wholeheartedly dedicated to:

My Dad and My Moms

My Brothers Cesar

My Sisters Dewi

The Keeper of My Heart, Puji lestari

My entire families and friends

SUMMARY

RAINDRI WIBOWO. A 320 990 192. THE OPTIMISM OF JULIA STANFORD IN SIDNEY SHELDON'S *MORNING, NOON AND NIGHT*: AN INDIVIDUAL PSYCHOLOGICAL APPROACH. RESEARCH PAPER, MUHAMMADIYAH UNIVERSITY OF SURAKARTA. 2006.

The major problem of this study is to elucidate the optimism of Julia Stanford reflected in Sydney Sheldon's *Morning, Noon and Night*. The objectives of the study are; to analyze the structural elements of the novel and to analyze the character of Julia Stanford based on individual psychological perspectives.

In conducting this study, the researcher uses qualitative research in which the data are based on primary data, the novel Sydney Sheldon's *Morning, Noon and Night* itself. While secondary data are Sydney Sheldon's biography and other data which deal with the research.

In analyzing the data, she applies some approaches. Firstly, structural analysis approach is used to analyze the elements of the novel. It consists of characterization, setting, point of view, plot, style and theme. Secondly, the individual psychological approach is used for analyzing the optimism of Julia Stanford that influences her daily activity and behavior toward life. These approaches are applied in order to get the appropriate analysis and answer the problems. The writer finds that Julia's optimistic feeling lead her to an autonomous personality that has a great self confident in life.

ACKNOWLEDGEMENT

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah SWT, the Merciful, the Compassionate and peace is upon His messenger, Muhammad SAW. The writer would like to thank His great blessing so that he can finish his research paper entitled *THE OPTIMISM OF JULIA STANFORD IN SIDNEY SHELDON'S MORNING, NOON AND NIGHT: AN INDIVIDUAL PSYCHOLOGICAL APPROACH*.

He also would like to express his deepest gratitude and appreciation to:

1. Drs. H. Sofyan Anif, M.Si, as the Dean of the School of Teacher Training and Education.
2. Dra. Koesoema Ratih, M.Hum, as the Chief of English Department and all lecturers in English Department.
3. Drs. H. Abdillah Nugroho M.Hum as the Academic Consultant and also his first consultant of this research for his great helpful guidance and attention in writing this research.
4. Aryati Prasetyarini, S.Pd, as his second consultant who also gives her guidance to make the research better.
5. The library of UMS that have helped him in providing references.
6. The great honors and thank for his Dad, Pak Ary Widodo, his Mom Bu Eny Dwi Hastuti. A million thanks for his brother Cesar. Thanks for my sisters Mbak Dewi, and all his big family who support her morally and materially.

7. The most supporting friends from the first time of his study, Awik Sehat Sempurna, Cacatan Si Boy, adik angkat Yuliet and hunik, Indra, Anung, Trimbil, Afud. Also thanks to Karang Taruna “KMMP” Paingan – Sragen.
8. His sweetest angel, Puji Lestari that has given him a lot of support, motivation, love, care and colorful life.
9. All his friends and everyone who have helped her in writing this research.

Finally, the writer realizes that this research paper is still far from being perfect. Therefore, the writer is very pleased to accept suggestions.

Surakarta, juli 2006

Raindri

TABLE OF CONTENT

	Page
TITLE	i
APPROVAL	ii
ACCEPTANCE	iii
MOTTO	iv
DEDICATION	v
SUMMARY	vi
ACKNOWLEDGEMENT	vii
TABLE OF CONTENT	ix
CHAPTER I: INTRODUCTION	1
A. Background of the Study	1
B. Literature Review	3
C. Problem Statements	3
D. Objective of the Study	3
E. Benefits of the Study	4
F. Research Method	4
G. Paper Organization	5
CHAPTER II: UNDERLYING THEORY	7
A. Notion of Individual Psychology	7
B. Basic Assumption of Individual Psychology	8
1. Inferiority Feeling	8

2. Striving for Superiority	10
3. Fictional Finalism	10
4. Style of Life	11
5. Social Interest	12
6. Creative Self	13
C. Theoretical Application	13
CHAPTER III: STRUCTURAL ANALYSIS	15
A. Structural Element	15
1. Character and Characterization	15
2. Setting	24
3. Plot	26
4. Point of View	32
5. Style	32
6. Theme	35
B. Discussion	36
CHAPTER IV: INDIVIDUAL PSYCHOLOGICAL ANALYSIS	38
A. Character Development	38
1. Inferiority Feeling	38
2. Striving for Superiority	39
3. Fictional Finalism	41
4. Style of Life	41
5. Social Interest	43
6. Creative Self	44

B. Discussion	45
CHAPTER V: CONCLUSION AND SUGGESTION	47
A. Conclusion	47
B. Suggestion	48

BIBLIOGRAPHY

APPENDIX