

**DEPRESSION AND ITS IMPLICATION TO THE CHARACTER'S PERSONALITY  
DEVELOPMENT IN EDITH WHARTON'S THE HOUSE OF MIRTH (1904): A  
HUMANISTIC PSYCHOLOGICAL PERSPECTIVE**



**Submitted as a Partial Fulfilment of the Requirements for Getting Bachelor Degree in  
Education in English Department**

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**|APPROVAL**

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**RESEARCH PAPER**

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DEPRESSION AND ITS IMPLICATION TO THE CHARACTER'S  
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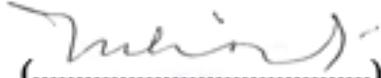


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## TESTIMONY

Herewith, I testify in this Publication Article, there is no plagiarism from previous study which have been raised to obtain bachelor degree, nor there are opinions or masterpieces which have been written or published by others, except those which are referred in the manuscript and mentioned in literary reviews and bibliography.

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The Researcher



**LUTFI INDAH PERTIWI**

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## **DEPRESSION AND ITS IMPLICATION TO THE CHARACTER'S PERSONALITY DEVELOPMENT IN EDITH WHARTON'S THE HOUSE OF MIRTH (1904): A HUMANISTIC PSYCHOLOGICAL PERSPECTIVE**

### **Abstrak**

Penelitian ini menganalisis tentang Depresi dan Implikasinya terhadap Perkembangan Kepribadian Karakter dalam Novel *The House Of Mirth (1904): A Humanistic Psychological Perspective* karya Edith Wharton. Tujuan penelitian ini adalah: 1) mendeskripsikan penyebab depresi pada tokoh utama dalam novel *The House of Mirth*. 2) mendeskripsikan akibat depresi terhadap perubahan hidup tokoh utama. 3) mendeskripsikan alasan mengatasi depresi dalam novel *The House of Mirth*. Pendekatan penelitian yang digunakan adalah penelitian kualitatif deskriptif. Objek penelitian ini adalah tokoh utama dalam novel *The House of Mirth*. Data penelitian ini adalah depresi pada tokoh utama dalam novel *The House of Mirth*. Sumber data penelitian ini adalah novel *The House of Mirth*. Teknik pengumpulan data dalam penelitian ini menggunakan dokumentasi dan untuk mempelajari dokumen peneliti menggunakan analisis konten. Peneliti menggunakan teknik analisis data yaitu menurut Miles dan Huberman. Tahapan dalam menganalisis data, yaitu reduksi data, penyajian data, dan penarikan kesimpulan atau verifikasi. Dalam penelitian ini, peneliti menggunakan triangulasi data untuk mengecek keabsahan data. Berdasarkan temuan penelitian ini dapat disimpulkan bahwa penyebab depresi tokoh utama dalam novel *The House of Mirth* Lily Bart adalah kemiskinan, kekecewaan, kesepian yang berujung pada keputusan dan kurangnya dukungan sosial (*Loss of Popularity*). Akibat dari depresi terhadap perubahan hidup tokoh utama, dari ceria menjadi sedih, dari terbuka menjadi tertutup dan dari optimis menjadi pesimis. Dan juga, alasan mengatasi depresi di dalam novel *The House of Mirth* berdasarkan kisah hidup Lily, dari hidupnya penuh dengan tragedy adalah dia mencoba keluar dari depresi tetapi sepertinya dia harus menghadapi kegagalan selama hidupnya. Dia telah gagal mengatasi depresinya dan memilih untuk terus menggunakan narkoba sampai dia meninggal.

**Kata Kunci:** pengembangan kepribadian karakter, depresi, perspektif psikologis humanistik

### **Abstract**

This research was study about Depression and Its Implication to The Character's Personality Development in Edith Wharton's *The House of Mirth (1904): A Humanistic Psychological Perspective*. The objectives of this research were: 1) to describe the causes of depression of the main character in the *House of Mirth* novel. 2) to describe the consequence of depression on life changes in the main character. 3) to describe the reason of addressing depression in the *House of Mirth* novel. The research approach used descriptive qualitative research. The object of this study is the main character in the *house of mirth* novel. The data of this research is the depression in the main character in the *house of mirth* novel. The data source of this research is the *house of mirth* novel. The technique of collecting data in this research that will used by the researcher is documentation and to study the document the researcher uses content analysis. In this research, the researcher will use Miles and Huberman model of technique of collecting data. Activity in analyzing data, they are data reduction, data

display, and conclusion drawing or verification. In this research, the researcher will use data triangulation to check the validation of the data. Based on the finding of this research it can be concluded that the cause of depression of the main character in the house of mirth novel Lily Bart were poverty, disappointment, loneliness led to despair and lack of social support (Loss of Popularity). The consequence of depression on life changes in the main character, were from cheerful to sorrow, from open to closed and from optimistic to pessimistic. And also, the reason of addressing depression in the house of mirth based on Lily's life story, her life was full of tragedies. She tried to come out from the depression but it seemed that she had to face the failure during her life. She had failed to overcome her depression and chose to continue taking drugs until she died.

**Keywords:** character's personality development, depression, humanistic psychological perspective

## 1. INTRODUCTION

Literature is more than just fun. Boyd (2014, p. 17) states that literature is very close to human life and, from all knowledge, the closest to psychological literature. Literary psychology is associated with personality and characterization in three areas of analysis. Author Psychology, Personality of Literary Psychology, Readers of Literary Psychology. Literary Psychology is a literary science that regards literary works as psychological activities, and the author uses thoughts, emotions, and work in the works (Endraswara, 2003, p. 96). One of the most famous literatures today is novels. As a literary work, the novel has several elements. There are intrinsic and extrinsic elements. The essential elements are the elements that make up the literary work itself. It consists of themes, personalities and characterization, settings, plots, perspectives and styles (Nurgiyantoro, 2010, p.23). Although the extrinsic element is an element that goes beyond this literary work. Some of the external factors are economic, social, cultural and religious values (Nurgiyantoro, 2010, p.24). The House of Mirth, a novel written by American author Edith Wharton in 1905, tells the story of Lily Bart, a born-poor woman who belonged to the New York Higher Society in the late 19th century. In The House Of Mirth, "Mirth", not "Mourning," also speaks of moral purpose. It emphasizes the frivolity of social groups that not only worship her money, but use it empirically only for her own entertainment. expansion. In the novel "The House Of Mirth," researchers want to present a psychological approach to literary studies and address some important issues in literary studies. Researchers analyze a novel that focuses on depression, the main character of The House Of Mirth novel.

Two main goals in Lily's life: marriage and wealth. She wanted to marry a rich man to secure her position in her society, but she missed many opportunities due to her own

indecision. Unfortunately, her true love, Lawrence Selden, didn't have enough money to marry her. When Lily returned to the United States, she was deeply disappointed that her aunt inherited her, and her aunt left her only \$ 10,000. This was enough to repay her debt to Trenor, even though Lily didn't have the money until a year later. She was depressed because Lily didn't have anything to make her living. Desperately, Lily took on the job of secretary and hat maker, and eventually retired to lead a meaningless life. Following Lily Bart's story, researchers realized that her life was full of tragedy. One failure of her and another failure that followed left her depressed. Her debt, reputation, and life in poverty are examples of depression. Therefore, the subject of this study is the depression Lily experienced and its impact on her personality. Due this reason above, the researcher wants to conduct research entitled "Depression And Its Implication To The Character's Personality Development In Edith Wharton's The House Of Mirth (1904): A Humanistic Psychological Perspective".

## **2. METHODS**

This research is This survey is a descriptive qualitative method. The subject of this study is the main character of the novel "The House Of Mirth". The data in this study is depression of the main character in the novel "The House Of Mirth". The data source for this survey is The House Of Mirth novel. The method used by researchers to collect data in this study is documentation, a method for researchers to study documents that use content analysis. Content analysis is a research method for studying documents. This can be text in a variety of formats, images, sounds, or videos (Moleong (2017, p.219). Researchers use data triangulation to confirm data validation. In this study, researchers use Miles and Hooberman's model as a method of data collection. Data analysis activities are data reduction, data display, conclusion or validation drawing (Miles and Huberman (Rahmad & Kristina, 2020, p.69).

## **3. RESULT AND DISCUSSION**

### **3.1 The Causes of Depression of The Main Character in The House of Mirth Novel**

#### **3.1.1 Poverty**

Since her childhood, Lily has lived an expensive life. Her mother had a great influence on her and shaped her personality into a woman who loves expensive things. Her mother usually spent her money in luxury way. She also hated living in terrible situations.

#### DATA 1

“She was desperate to get out of the race and live an independent life for herself, so she began to rebel against her destiny, but what about that? She tailored the invoice. There was little money to pay the gambling debt and there was no fleeting benefit she admired in the name of the taste of living happily in the dark. Be honest with her. She knew she hated dirty things as much as her mother. I was there so I wanted to fight to the end. She pulled the tide over and over again to reach the climax of sparkling success on the slippery surface of the clutch”. (Wharton, 1905, p.40)

Lily loved it because she was with her aunt. But after her aunt died, Lily could no longer rely on her. She had to leave her alone. Ironically, her aunt inherited her with just enough money to repay her debt. Desperately, Lily decided to find her job as soon as possible to keep her alive. My first job was as Mrs. Norma Hatch's secretary. Really, Lily couldn't experience her new trial. She also found that people talked to me about her on her behalf. She then decided to quit her job to protect her reputation, and she became a fashion shop hat maker. Hat maker was a difficult process for her. She had to analyze hard to sew and decorate her hat. Lily was a heavy burden. She was often reprimanded for not being able to wear her hat.

But despite the fact that Lily worked at a hat shop, her income was definitely not enough to support her livelihood. It can be seen from their direct transfer to the boarding school. That meant her condition was very bad. The decline affected her health as well as her social reputation and finances. Weaknesses in both her body and mind affected her appearance. Lily was once known as a beauty and she was loved by someone. But when she was depressed, Lily's condition changed primarily her physical condition. She turned pale and exhausted. It was due to the fact that she couldn't sleep.

#### DATA 2

"Gerty looked anxiously at her pale face, where her eyes were shining with a distinctive sleepless glow.



" You look terribly tired, Lily. Drink your tea !! and this is a pillow"

Miss Bart received the tea, but pushed the pillow back with his impatient hands.

"Don't give it to me! I don't want to sit-when I do, I'll fall asleep."

"Well, why? I'll be quiet like a mouse," Gerty said. Lovingly urged.

"No-No; Don't shut up. Talk to me-Wake me up! I don't sleep at night and I feel very sleepy in the afternoon."

"Don't you sleep at night? from when? " I don't know-I can't remember. 'She stood up and placed her empty cup on the tea tray. 'One more thing, please make it stronger. If I weren't awake now, I would see horror tonight-total horror! (Wharton, 1905, p. 278)

In fact, Lily was afraid to face her future in her heart. Despite her pessimistic feelings, he continued to attack her. "But her terrible tranquility and emptiness seemed to symbolize her future, because she is alone in the emptiness and lifelessness of homes, streets, and the universe of the world.... I felt it, Paddy. (Wharton, 1905, p. 339). She couldn't accept the fact that she was poor and she only experienced it until she finally fell into depression. Based on Freud's psychoanalytic theory, the Id of Lily could not accept the fact that she was poor, and finally she fell into depression, escaping completely unconsciously (beyond her conscious thoughts).

### 3.1.2 Disappointment

#### DATA 3

"Terrible-What?" Garty asked, gently removing his wrist from his friend's hot fingers.

"Well, poverty for one thing-and that's all I know." Lily suddenly got tired and turned her by the tea table and sank in her chair. Paddy field. "I was just asking if I could understand why Ned Silverton spent so much money. Of course I understand-he spends it to live with the rich. You want us to live affluently rather than live with them: and our way-but that's a privilege we have to pay! We eat their supper, drink wine, smoke, use carriages and opera boxes, and private cars-yes, but each of these luxury goods is taxed.

A man pays a large amount of chips to his servants, beyond the means of playing cards at the expense of flowers, gifts, and so on. The girl also pays this with tips and cards-yes, I had to cross the bridge again-and to the best tailor to wear the perfect dress on every

occasion, always fresh and fresh by keeping something exquisite and interesting! (Wharton, 1905, p. 279).

After her aunt died, Lily could no longer rely on her. Unfortunately, her aunt inherited only a certain amount that was just enough to repay her debt. In this situation, Lily was very disappointed and saddened. She expected to receive all of her aunt's inheritance, but in fact her aunt gave her cousin Grace Stepney her inheritance.

Lily made a move to show her imperfect view of this example. "But you will have everything, Grace-it will be easy to borrow 10 times what I am for". Bertha Dorset was someone who had an important role in ruining Lily's reputation. Bertha is actually one of her friends. She hated her so much on account that Lily turned into greater attractive than her. Bertha used her relation with a few married man as a manner to wreck her reputation. Furthermore, she had many ways to take a vengeance on her. As she noticed Lily and her husband so close, Bertha have become jealous. She released her jealousy by spreading an uncongenial rumour approximately her.

When she returned from Europe, nasty rumors spread among her peers. Lily really wanted to tell her about the truth, but she felt she wasn't strong against her. She seemed to give up. She didn't have to, even if she should have revenge on her. Lily thought her good reputation was of the most importance to her. Her reputation has made it easier for her to make many friends from an elegant society and reach her goals in life. But when her reputation was ruined, all her expectations disappeared. She was also fired for spreading gossip.

#### DATA 4

"How can I speak that way, Lily? Of course, the money had to be yours, but in the end it doesn't matter. Most importantly-' Gerty pauses and then firmly "The most important thing is that you get yourself-you should tell your friends the perfect truth. '

"The perfect truth?" Bart laughed. Truth and What is it? When it comes to women, that's the most believable story. In that case, it's much easier to believe the story of Bertha

Dorset than I am, because she has a big house and an opera box and is easy to get along with. (Wharton, 1905, p. 236)

Her loss of reputation has become one of the causes of her depression. She felt that she was banished by the people around her. She seemed to have a hard time accepting that fact. Lily knew that Rosedale did not exaggerate the difficulty of her position or the completeness of the justification he provided. Her understanding of what such a rule entails and the disadvantages of rejecting it became clearer than ever for Lily in the first few weeks of winter. So far, she has maintained movement similarities outside the mainstream of social flow. ??However, she was undoubtedly marked as excluded from them simply by the fact that she did not naturally return to her old lifestyle as she returned to the city and concentrated scattered activities. Lily had never really considered the possibility of turning another center around for all her dissatisfied fantasies. It was easy to look down on the world, but it was clearly difficult to find another habitable area. Her ironic sensations never leave her altogether, she is a self-referential ridicule and still notices the extraordinary value that the most boring and insignificant details of her early life suddenly gained. (Wharton, 1905, p. 275).

### 3.1.3 Loneliness Leads to Despair

At the time Lily Bart belonged to the upper class. Their social life included wealthy men such as aristocrats and nobles. Their lifestyle is significantly different from the average person. They have always hosted parties, sailing activities, charity events and gambling. But in the end, Lily was kicked out of them because her reputation was ruined. Under such circumstances, she was forced into contact with the working class. It was very difficult for Lily, but she tried to get in touch with them. Lily still considered herself a member of the higher society. She makes her no longer associated with the working class. At the end of the story, Lily was still unable to interact with the workers. She rejected the kindness of her friends while still working at the hat shop. By that time, Lily was fed up with them and she wanted to go home. One of her working class friends offered to walk her house. But Lily refused.

### DATA 5

"Miss Bart, if you feel comfortable, I think you can sew these sequins like I do. Miss Haynes wasn't fair to you."

Lily's color is an unexpected step forward. Climbed in: It's been a long time since she saw eyes other than Gerty's genuine tenderness.

"Oh, thank you. I'm not feeling well, but Mr. Haynes was right. I'm clumsy."

"Well, that's a mean job for someone with a headache." Miss Kilroy pauses. It was undecided. "You should go straight home and lie down. Have you tried Orangeine?"

"Thank you." Lily extended her hand. "It's very kind to you-I want to go home."

She saw Miss Kilroy in her gratitude, but no one knew what to say anymore. Lily knew that another was going home with her, but she wanted to be quiet alone-kindness, like Miss Kilroy could give. Even with kindness, she would have been shocked now.

DATA 6

"Thank you," she repeated, turning her back. She slammed west through the dark March dusk towards the street where the boarding house stood. She categorically declined Gerty's offer of hospitality. Something of her mother's terribly shrinking observations and sympathy began to develop in her ... "(Wharton, 1905, p. 302).

It showed that Lily was still standing in front of her friend. Lily didn't want them to feel sorry for her. She also likes to be alone and seems to be away from them. According to Freud's psychoanalytic theory, Lily unknowingly drove her to loneliness, but eventually she became lonely. But her rejection of the new social environment left her lonely. According to Brehm (2002), the factor that Lily feels lonely is self-esteem, and loneliness is associated with low self-esteem. People with low self-esteem are more likely to feel uncomfortable in socially risky situations. In this situation, the person permanently avoids certain social contacts and feels lonely.

### **3.2 The Consequence of Depression on Personality Development Life Changes in The Main Character**

#### **3.2.1 From Cheerful to Sorrow**

To achieve her life goals, Lilybert had her own lifestyle. Her dream was to marry a rich man. Lily was born into a wealthy family. Her parents raised her in luxury. Her mom. Mrs Bart always spends money only to buy luxury goods. Meanwhile, her father, Mr. Bert, was afraid to reject his wife's wishes.

## DATA 7

She remembered telling her with some kind of fierce faith after her mother lost money. Memories evoked a series of ambiguous associations and reconstructed the past in which the present grew. (Wharton, 1905, p. 30)

After the death of her mother, Lily was taken care of by her aunt. Her aunt was so wealthy that Lily lived very well. She also felt very comfortable with Lily. Her aunt always gave her everything she wanted. It includes nice dresses, jewelry, and enough money. Her Lily lifestyle was a luxury before she became depressed. She spent her days with her surroundings, who were mostly sophisticated societies. In the end, her luxury lifestyle went downhill after her reputation was shattered. Lily had to live under pressure. It came not only from her, but also from the people around her. Deeply, she became very sad because Lily couldn't achieve all the goals of her life. She also felt guilty about the extravagant lifestyle that never made her happy. In fact, it only afflicted her because she was so ambitious about her luxury. As she told to Selden;

## DATA 8

Her voice grew stronger and she continued to meet deep into his eyes. "Once or twice-you gave me the opportunity to escape of my life, and I declined it: I declined it because I was a coward. Then I noticed my mistake. I found that I was never satisfied with what I was satisfied before. But it was too late. You judged me-I understand, its late for happiness. Too much-but it wasn't too late to help me by thinking about what I missed. That's all I've lived in-don't take it from me now! Even at my worst moment, it was like a little light in the dark. Some women are strong enough to work on their own, but I needed the help of your belief in me. I may have resisted the big temptation, but the little one would have beaten me. And I remembered-I remembered your words that such a life can never satisfy me. And I was ashamed to admit that it was possible. You did it for me-I wanted to thank it. I always wanted to tell you that I remembered it. That's what I tried-I tried very hard ... "

She suddenly stopped. Her tears blew up again, pulling out her handkerchief, and her fingers touching the folds of her dress. A wave of color struck her and her words died on her lips. Then she looked up at him and continued with a strange voice. (Wharton, 1905, p. 324). You can see that Lily's lifestyle before and after depression is very different. Before she fell into depression, Lily lived a luxurious life, but she always got what she wanted. People who suffer from depression suffer from emotional and mood swings. Individuals also act to

express their feelings directly. Lily was so sad that she was poor and depressed and couldn't accept the fact that her lifestyle changed dramatically.

### 3.2.2 From Open to Closed

After her reputation was shattered and Lily felt inferior. Her reputation was ruined by widespread rumors about her. Rumors about a relationship with a married man. She has never been in a romantic relationship with a married man, but society considers her an immoral woman. It made her feel inferior because her friends didn't want to hang out with her anymore. Not surprisingly, she feels inferior in life, both mentally and socially. She used to be loved by all because Lily was so beautiful and charming. She was not only beautiful for Lily, but also smart for her. Lily was legitimately impressed with her range of abilities. The dirt of her current life cast a fascinating relief on her presence, which she felt empowered. Mrs. Bart's advice could have been dangerous to the less intelligent. But Lily understood that beauty was just the source of conquest, and that other art was needed to turn it into success. She knew that her superiority complex was a subtle stupidity that her mother blamed. And she didn't take much time to learn that beauty requires more sophistication than the average facial expression owner (Wharton, 1905, p. 36). So she had a lot of friends, especially from the higher society. But after her reputation was shattered, Lily became an inferior woman. Besides, she had nothing left to be proud of her. Their friends like Trenors and Dorsets abandoned them.

### DATA 9

"Oh ..." Selden shouted, suddenly getting up and walking to the window. There he stood looking at the dark streets while his cousin continued to explain. Bertha Dosey says such a horrifying thing. And she's very poor-Mrs. Peniston took her life with her little heritage after making her understand that she should have everything (Wharton, 1905, p. 283).

Lily's other inferiority complex manifested itself when she was ill. She wouldn't have imagined that one day she would live in poverty. In fact, the only thing that scared her was poorness, and she couldn't accept her poorness. Her inferiority complex as a poor woman motivated her to make some efforts to improve her life. She then tried to find her job to earn her livelihood. Through her friend Gerty, she got a job as a secretary and hat maker at a women's hat store.

Lily was depressed thinking that the weight of poverty and isolation had begun to sink her life. Also, the head of her hatter fired her for several reasons. A glimpse of her past helped Lily emphasize her sense of purposelessness when she finally returned home. She had nothing to do with the rest of the day or the next few days. The season ended in both fashion and society, and a week ago Ms. Regina informed her that she no longer needed her service. Regina has always reduced staff on May 1st, but Bart's presence has been very volatile lately. Her dismissal had only been a boon to her, as she often became ill and she had little work to do when she came. She was postponed. (Wharton, 1905, p. 312).

### 3.2.3 From Optimistic to Pessimistic

Lily's goal in her life before depression was to marry a rich man. She has had this goal since she was a child. Lily Bart was a girl with a fictional purpose in her life. This fictional goal automatically influenced and guided her in dealing with all the problems of her life. It also motivated them to strive to achieve their life goals using their unique methods and skills.

Lily wants a British aristocrat with political ambitions and vast lands. Or the second option is an Italian prince with a castle in the Apennines and a genetic station in the Vatican. Her lost case had a romantic appeal to her, and she avoided the sneaky coverage of Quirinale and sacrificed her joy in claiming her ancient traditions. I liked to imagine.

One way to reach their goals was to interact with New York's most influential people. They were a social elite group. In this social elite, she meets Lawrence Selden. Selden was a simple lawyer. As a man, he was able to live both inside and outside the world of a rich and privileged society. They really love each other, but Selden doesn't dare to marry her because she doesn't have anything for her. Lily then met, a very wealthy young man, Percy Grace. He was introverted, naive, and shy. In fact, she was fed up with his attitude. I wasn't afraid that Miss Bart would lose her new control over Mr. Grace. Mrs. Dorset may scare or blind him, but she lacked the skills and patience to avoid the capture of she couldn't control his embarrassment by taking too much, and why bother? In the evening she enjoyed his naivety the most-then she only paid for her and, which had too much experience to encourage him. Note. was there. But the mere idea that another woman could pick up and throw away the man made Lily Bart jealous, not considering this as a possible factor in her plan. She was bored with Percy Grace all afternoon-only one idea seemed to reflect his lively voice-but the next day she couldn't ignore it and she succeeded. Based on the mere chance that she ultimately chooses to respect her permission (Wharton, 1905, p. 29). However, their

relationship was suspicious, as none of the dared to act positively on each other. Percy also heard that she was crazy about gambling. It made her avoid her and married her to another woman. After her failure with Percy, Simon Rosdale will marry her. Rosedale was also a fairly wealthy Jew, but he still stood outside the social circle of wealthy people in New York. He wanted to use Lily as a tool known and accepted by her acquaintances. Most of them were in high society. Lily knew her goals, but she refused because she still prioritized her dignity and morality above all else.

She rejected Rosedale's proposal, and showed almost amazing self-loathing. She had not lost her ability in the flash of high-pitched indignation. But she couldn't breathe long in the highlands. None of their formation developed a continuity of moral strength. Until now, her urge to resist sporadically was enough to maintain her self-esteem. When she slipped, she found her foothold, and then noticed that she regained it at a slightly lower level each time. She declined Rosedale's offer without conscious effort. Her whole existence was against it. And she was still unaware that she had learned to live with her thoughts that she had previously thought unbearable

### 3.3 Reasons of Addressing Depression in The House of Mirth

The House of Mirth is about the novel's protagonist, Lily Bart, as she struggles to fit into an elite society and secure her life from the rich. The novel House of Mirth was written based on Edith's Warson's own background. The House of Mirth depicts New York society during the American Gilded Age (1876-1901), when there was a great industrial expansion in America and a big city like New York was becoming a world of extremes, where on one block lived millionaires in mansions and in another block lived immigrant families in tenements that the rich got much richer and the poor got much poorer. This is the place that Edith Warson chose as the setting for his novel The House of Happiness.

The House of Mirth is a novel that highlights every aspect of the social behavior of its protagonists, as every detail can have an impact. A novel depicting Lily's attempts to assimilate into New York's elite social circles in order to achieve her goal of being in an elite circle that can act as her social security and earn a steady income in life. The novel House of Mirth, written by Edith Warthon, also explores Lily Bart's long physical and mental decline, as her cowardice and indecision obscure her social status in poverty and indolence.

Edith Warthon knows upper class New York society well and grew up around them. She was familiar with the New York upper class, and she knew how cruel she could be.



Wharton also revealed a letter she wrote herself in 1904 when her novel *The House of Mirth* began appearing monthly in Scribner's magazine that addressed to Francis Kinnicutt, a well-known social physician who specializes in mental disorders spoke. At the time, he was actually treating Wharton's husband manic depression, Teddy, who eventually embezzled her money and set up a mistress in Boston and led to the dissolution in Wharton's marriage life. The novel *House of Mirth* was intended not only to convince society, but also to show the tragic suffering she is going through because of her own experiences.

## 3.2 Discussion

### 3.2.1 The Causes of Depression of the Main Character in *The House of Mirth* Novel

Based on the above analysis, we can see that the causes of depression in novel *The House of Mirth* were poverty, disappointment, and loneliness led to despair. Based on Freud's psychoanalytic theory, the Id of Lily cannot accept the fact that he was poor until out of fell into depression. It works completely unconsciously (beyond conscious thinking). Very depressed, Lily took medicine to fuel her despair. She thought that if she took the medicine, would ignore her problem for a while. But her medicine killed her. The next factor was her lack of social support (her loss of popularity). According to Freud's psychoanalytic theory, Lily's inner self considers her worthless. She seemed to have a hard time accepting that fact. Until it finally hits them mentally and socially. Lily's mental depression symptoms are worthless. Then, according to Freud's psychoanalytic theory, her loneliness led to despair, and Lily unknowingly drove her to loneliness, but eventually she became lonely. But she became lonely because she rejected her new social circle. According to Brehm (2002), the factor that makes Lily feel lonely is self-esteem, and loneliness is associated with low self-esteem. People with low self-esteem tend to feel uncomfortable in socially risky situations. In this situation, the person permanently avoids certain social contacts and feels lonely. Until the end, she lived in loneliness and isolation. This loneliness and isolation culminates in her depression. These results are consistent with the study by M. Afifulloh (2019) pointed out that the protagonist of the novel *Kabar Bunga* was described by Marsiraji Thahiris as a problematic who was worried about being helpless to solve the problem of life.

### 3.2.2 The consequence of Depression on Life Changes in the Main Character

Lily's lifestyle before and after depression is very different. Before she fell into depression, Lily lived a luxurious life. She always got what she wanted, but she was very cheerful.

People suffering from depression experience emotional and mood swings. Individuals also act to directly express their feelings. Lily was so sad, poor and depressed that she couldn't accept the fact that her lifestyle changed dramatically and her life was miserable. People with depressive disorders also exhibit symptoms of cognitive distortion and error when thinking about themselves, their experiences, and their future. People with depression have lower self-esteem and self-blame. In this case, Lily felt she couldn't overcome her inferiority complex. Until she finally releases her depressed emotions by taking the drug. She thought taking her medicine would help her overcome her weaknesses.

Then she became a closed person. Prior to her depression, Lily had a fictional goal in her life. It was to marry a rich man. People with depressive disorders are less motivated. This is seen in behavior and may indicate personal motivation. In this case, Lily fell into depression because of her reputation and poverty, and she had no motivation to pursue her dreams. Based on the above analysis, we can see that the effects of depression on the protagonist's life changed from happiness to sadness, from openness to closure, and from optimism to pessimism. The results of this study are inconsistent with the study of Mutia Sari Nursafira et al. (2019) A person who points out that Fati's personality has negative personalities such as stubbornness, meanness, and temperament. The article also found the same experienced that her psychological conflicts that Fatty experienced were associated with emotions such as anger, fear, anxiety, regret, pressure, and resentment. These types of psychological conflicts have transformed his character into an integrated person. Comprehensive means that we want to be together, even if we recognize the differences.

### 3.2.3 Reasons of Addressing Depression in The House of Mirth

In the midst of her depression, Lily began drinking her chloral hydrate regularly to escape the pain of her poverty and social exclusion. Lily died of overdose of her sleeping pills after paying off all her debts. On the day her Lily died, Lawrence Selden finally came to her dormitory to propose, but she found Lily Bart dead. Among her belongings is a receipt for the payment of the debt she owes to Gus Trenor, that her monetary transaction with Trenor is fine and not evidence of an improper relationship. I'm demonstrating. This leads to a tragic yet heroic ending. Losing their reputation and living in poverty is an example of their depression. The fact that she was trying to get out of depression, but she seemed to have to deal with the failure for the rest of her life. She did not overcome her depression and chose to continue using her medicine until her death.

Based on the analysis above we can know that depression is mental disorder that experienced by Lily can be formed by several factors in her life. The lack of the support of her environment made her choose a bad decision in her life that can lead her to death. Edith Warthon writes *The House of Mirth* Novel to convince society, and also to show the tragic suffering she is going through because of Warthon's own experiences.

Warthon who was grew in influenced by New York elite society try to retell the events that happened in that era. Warthon who also experienced with person who suffered from depression, which is her husband also raise a psychological disorder topic toward this novel. She writes *The House of Mirth* Novel as a reflection of her life when she was young.

#### **4. CLOSING**

The cause of depression of the main character of *The House Of Mirth* novel Lily Bart was poverty, disappointment, and loneliness, which led to despair. Lily couldn't accept the fact that she was poor until she finally fell into depression. It works completely unconsciously (beyond conscious thinking). She was terribly depressed, and Lily used drugs to fuel her despair. But her medicine killed her. The next factor was the lack of social support (loss of popularity). Lily's inner self feels she's worthless. She seemed to have a hard time accepting that fact. Until it finally hits her mentally and socially. The symptoms of Lily's mental depression are worthless. Then loneliness led to despair, Lily unknowingly drove her alone until she was finally lonely. But the rejection of her new social environment makes her lonely, and her loneliness is associated with her low self-esteem.

The consequences of depression for the protagonist's life ranged from happiness to sadness, open to closed, and optimistic to pessimistic. Lily's lifestyle before and after depression is very different. Before she fell into depression, Lily lived a luxurious life. She always got what she wanted, but she was very cheerful. People suffering from depression experience emotional and mood swings. Individuals also act to directly express their feelings. Lily was so sad, poor and depressed, she couldn't accept the fact that her lifestyle changed dramatically and her life turned into sadness.

The reason of addressing depression in the house of mirth is based on the Author's life story when she was young, The author raise a psychological mental disorder, which is depression that experienced by her husband.

#### 4.1 Suggestion

The House of Mirth is an interesting novel to be analysed. There is possibility to another researcher to analyse this novel by using different approaches. One of them is genetic structuralism. It is approach that focused on literary work and society where the novel is written in order to find out the world view of the writer.

The present researcher would like to suggest to the next researcher in order to analyse this novel and study more deeply its social background of the society where and when this novel is written. Those internal and external aspects will help the next researcher to find out worldview in The House of Mirth.

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