

DAFTAR PUSTAKA

- Adijaya, Nuryansyah. 2018. "Persepsi Mahasiswa Dalam Pembelajaran Online*
*Pengembangan Teori Dari Penelitian Berjudul 'Persepsi Mahasiswa Terhadap Materi Ajar Pada Pembelajaran Online' Yang Telah Dipublikasi Di Jurnal Eduscience Vol. 3/1." *Wanastra: Jurnal Bahasa Dan Sastra* 10 (2): 105–10. <https://doi.org/10.31294/w.v10i2.3931>.
- Allegri, Massimo, Silvana Montella, Fabiana Salici, Adriana Valente, Maurizio Marchesini, Christian Compagnone, Marco Baciarello, Maria Elena Manfredini, and Guido Fanelli. 2016. "Mechanisms of Low Back Pain: A Guide for Diagnosis and Therapy [Version 1; Referees: 3 Approved]." *F1000Research* 5: 1–11. <https://doi.org/10.12688/F1000RESEARCH.8105.1>.
- Alrwaily, Muhammad, West Virginia, Michael Timko, Michael Schneider, Joel Stevans, Christopher Bise, Karthik Hariharan, and Anthony Delitto. 2016. "Revision and Update." *Phys Ther* 96 (7): 1057–66.
- Amran, Ali. 2021. "Dampak Positif Dan Negatif Proses Pembelajaran Daring Pada Mata Kuliah Responsive Speaking Dari Segi Tulisan Bagi Mahasiswa Di Masa Pandemi Covid - 19," 431–41.
- Dampati, Putu Srinata, Elvina Veronica, and Ni Kadek Sinta Dwi Chrismayanti. 2020. "Potensi Peningkatan Keluhan Muskuloskeletal Penduduk Indonesia Pada Pandemi Covid-19." *Gema Kesehatan* 12 (2): 57–67. <https://doi.org/10.47539/gk.v12i2.135>.
- David Siahaan, Mahmuddin. 2020. *Dasar-Dasar Biomekanika Olahraga*.
- Hadi, Putra, and Wanti Hasmar. 2021. "Ergonomi Duduk Yang Benar Untuk Mencegah Terjadinya Low Back Pain (LBP) Di Kelurahan Mayang Mangurai Kota Jambi." *Jurnal Abdimas Kesehatan (JAK)* 3 (3): 287. <https://doi.org/10.36565/jak.v3i3.258>.
- Hanifa, Emilda, Deddy Koesmayadi, and Yuli Susanti. 2020. "Hubungan Beban Kerja Fisik Dengan Kejadian *Low Back Pain* (LBP) Pada Kuli Panggul Beras Di Pasar Induk Gedebage." *Jurnal Integrasi Kesehatan & Sains* 2 (2): 122–25. <https://doi.org/10.29313/jiks.v2i2.5668>.
- Haryati, M.Pd, Dr. Sri, and Sukarno Sukarno. 2021. "Inovasi Pembelajaran Daring Di Era Pandemi Covid-19." *Indonesian Journal of Education and Learning* 4 (2): 479. <https://doi.org/10.31002/ijel.v4i2.3717>.
- I Ketut Swarjana, S.K.M., M.P.H. 2015. *Metode Penelitian Kesehatan (Edisi Revisi)*. Edited by Monica Bendatu. Edisi Revi. "KBBI." n.d.

- Kemendikbud. 2021. "Pembelajaran Tatap Muka (PTM) Pada Masa Pandemi Covid-19 Di SMA."
- "Kemkes 2018." 2018. 2018. www.kemkes.go.id.
- Keputusan Menteri Kesehatan Republik Indonesia. 2020. "Keputusan Menteri Kesehatan Republik Indonesia Nomor HK.01.07/MenKes/413/2020 Tentang Pedoman Pencegahan Dan Pengendalian Corona Virus Disease 2019 (Covid-19)." *MenKes/413/2020* 2019: 207.
- Lian, Anastasya Rubiyanti, Su Djie, To Rante, Jane E F Sinaga, Posisi Duduk, Lama Duduk, and Universitas Nusa Cendana. 2019. "Hubungan Posisi Dan Lamanya Duduk Dengan Nyeri Punggung Bawah Pada Pegawai Di Perusahaan Media Cetak Victory News Dan Timor Express Kota Kupang." *Cendana Medical Journal* 17 (2): 281–87.
- Manchikanti, Laxmaiah, Radomir Kosanovic, Vidyasagar Pampati, Kimberly A. Cash, Amol Soin, Alan D. Kaye, and Joshua A. Hirsch. 2020. "Low Back Pain and Diagnostic Lumbar Facet Joint Nerve Blocks: Assessment of Prevalence, False-Positive Rates, and a Philosophical Paradigm Shift from an Acute to a Chronic Pain Model." *Pain Physician* 23 (5): 519–29. <https://doi.org/10.36076/ppj.2020/23/519>.
- McAtamney & Corlett. 2000. "REBA Employee Assessment Worksheet." *Applied Ergonomics* 31 (816): 201–5. <http://ergo-plus.com/wp-content/uploads/REBA.pdf>.
- Menkes. 2015. "Permenkes" 3: 2015. www.kemkes.go.id.
- Middlesworth, Mark. 2014. "A Step-by-Step Guide Rapid Entire Body Assessment (REBA)." *Ergonomics Plus Inc* 31: 1–11.
- Novianti, Mirsa Diah, and Sultan Tanjung. 2016. "Analisis Perbaikan Postur Kerja Operator Pada Proses pembuatan Pipa Untuk Mengurangi Musculoskeletal Disorders Dengan Menggunakan Metode RULA." *Seminar Nasional Sains Dan Teknologi* 6 (2): 1–11. <https://jurnal.umj.ac.id/index.php/semnastek/article/view/733>.
- Pratami, Alike Rizki, Yenni Zulhamidah, and Ety Widayanti. 2019. "The Relationship Between Sitting Posture and Low Back Pain Incidents in the First and Second Year Medical Students in YARSI University." *Journal of Agromedicine and Medical Sciences (AMS)* 11 (2): 105–15. <https://jurnal.unej.ac.id/index.php/JAMS/article/view/6793>.
- Rosita, Esi, Wahyu Hidayat, and Wiwin Yuliani. 2021. "Uji Validitas Dan Reliabilitas Kuesioner Perilaku Prososial." *Jurnal Fokus* 4 (4): 279–84.
- Sagat, Peter, Peter Bartik, Pablo Prieto González, Dragoş Ioan Tohänean, and

- Damir Knjaz. 2020. "Impact of COVID-19 quarantine on Low Back Pain Intensity, Prevalence, and Associated Risk Factors among Adult Citizens Residing in Riyadh (Saudi Arabia): A Cross-Sectional Study." *International Journal of Environmental Research and Public Health* 17 (19): 1–13. <https://doi.org/10.3390/ijerph17197302>.
- Shidik, Abdul. 2021. "Pengaruh Pembelajaran Daring Di Masa Pandemi Terhadap Motivasi Belajar Siswa." *Researchgate*, no. June. https://www.researchgate.net/publication/352354759_PENGARUH_PEMBELAJARAN_DARING_DI_MASA_PANDEMI_TERHADAP_MOTIVASI_BELAJAR_SISWA.
- Sumiyati Sumiyati, Dina Dewi Anggraini, Lia Kartika. 2021. *Anatomi Dan Fisiologi*. "TafsirWeb." n.d.
- Traeger, Adrian C, Rachele Buchbinder, Adam G Elshaug, Peter R Croft, and Chris G Mahera. 2019. "Health-System Challenges Access to Suitable Therapies." *Bull Etin World Health Organism* 97 (March): 423–433. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6560373/pdf/BLT.18.226050.pdf>.
- Udayana, Kedokteran Universitas. 2020. "16Aab846Cde4F8a8276225F79C01F6Ee" 9 (8): 3–7.
- Utami, Chyntia, Abdurrahman Hamid, and Yecy Anggreny. 2020. "Hubungan Penggunaan Backpack Dan Posisi Duduk Terhadap Keluhan Nyeri Punggung Pada Anak Usia Sekolah." *Jurnal Ners Indonesia* 11 (1): 51. <https://doi.org/10.31258/jni.11.1.51-64>.
- Wahyuni, Ayu, Cut Shaviatul Bayti, Aufa Rindu Purnama, and Lidya Wahyundari. 2021. "Dampak Implementasi Pembelajaran Daring Pada Masa Pandemi Covid-19." *Biogenesis* 17 (2): 88. <https://doi.org/10.31258/biogenesis.17.2.88-93>.
- Wahyuni, and Dilia Ananda Pratiwi. 2021. "Hubungan Antara Duduk Lama Dengan Kejadian Low Back Pain Pada Mahasiswa Selama Kuliah Online." *The 13th University Research Colloquium 2021 Sekolah Tinggi Ilmu Kesehatan Muhammadiyah Klaten*, 613–21.
- Wijayanti, Murti, Tyna Yunita, and Agus Dharmanto. 2020. "Pembelajaran Perguruan Tinggi Dalam Jaringan (Daring) Masa Pandemi Covid-19." *Jurnal Kajian Ilmiah* 1 (1): 31–38. <https://doi.org/10.31599/jki.v1i1.268>.
- Wulandari, Martina, Dwi Setyawan, and Alfian Zubaidi. 2017. "Faktor Risiko Low Back Pain Pada Mahasiswa Jurusan Ortotik Prostetik Politeknik Kesehatan Surakarta." *Jurnal Keterampilan Fisik* 2 (1): 8–14. <https://doi.org/10.37341/jkf.v2i1.65>.